


# Woodford Weekly Bulletin..



Issue No. 549  
6<sup>th</sup> March 2026

In this week's bulletin:

1. [Home Page](#) 
2. [Key Dates and Reminders](#)
3. [Contact us](#)
4. [Lost Property](#)
5. [Medical Room During Ramadan](#)
6. [Eid Mubarak Sweet Treat Competition](#)
7. [Robotics Workshop](#)
8. [Become a Parent Volunteer for the WCHS Careers Fair](#)
9. [National Careers Week at WCHS](#)
10. [National Careers Week Resources](#)
11. [Scholastic Book Club Online Order Link](#)
12. [Work Experience](#)
13. [London Philharmonic Orchestra Junior Artist Applications](#)
15. [School Facilities Available for Lettings](#)
16. [Upcoming Webinars](#)
17. [Useful Links](#)



High Rd, Woodford, Woodford Green IG8 9LA

# Key Dates and Reminders...



SPRING 2026		
Term	Monday 5 January 2026	Friday 13 February 2026
<b>Half-term</b>	<b>Monday 16 February 2026</b>	<b>Friday 20 February 2026</b>
Term	Monday 23 February 2026	Friday 27 March 2026
<b>Non-Contact Day</b>	<b>Wednesday 4 March 2026</b>	

SUMMER 2026		
Term	Monday 13 April 2026	Friday 22 May 2026
<b>Half-term</b>	<b>Monday 25 May 2026</b>	<b>Friday 29 May 2026</b>
Term	Monday 1 June 2026	Monday 20 July 2026
<b>Non-Contact Day</b>	<b>Monday 20 July 2026</b>	



26 March – Spring Concert

**The Spring Concert date has been moved back to 26<sup>th</sup> March 2026, apologies for the inconvenience.**

Please remind your daughter to bring in her lanyard, locker key and fob to school every day.



# Contact us...



To report an absence relating to KS3 and KS4, please email [absence@woodford.redbridge.sch.uk](mailto:absence@woodford.redbridge.sch.uk)

Any absences 5 days before or after a school holiday will require medical supporting evidence in order to be authorised. If this requirement is not met, the absence will be marked as unauthorised.

If you need to contact a member of staff regarding your child for any matter relating to Key Stage 3 or Key Stage 4, other than absence, please email [admin@woodford.redbridge.sch.uk](mailto:admin@woodford.redbridge.sch.uk)

For Key Stage 5 (Sixth Form), students are expected to call Miss Mamtora themselves on the day of the absence, before 8.30am on 020 8506 2927.



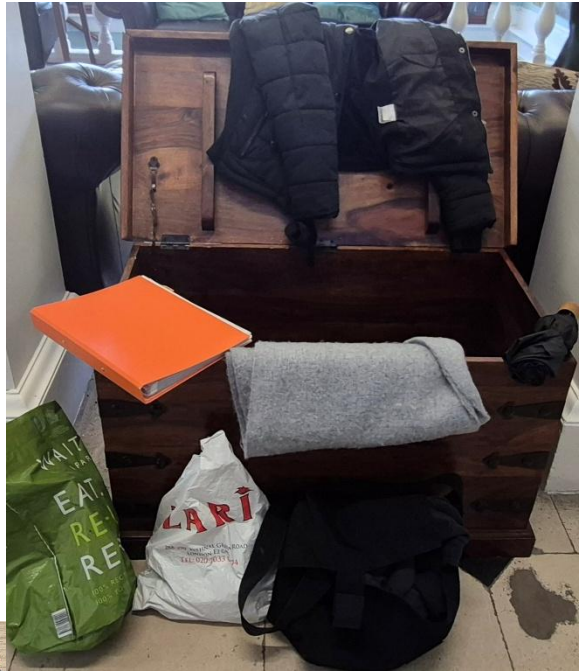
# Lost Property...



If your child has misplaced something, could you please ask them to check the big wooden box, which is situated near Reception in the main school building, as soon as possible.

Small items are normally left at the main school reception.

PE kits are in the PE Office.



# Medical Room During Ramadan

When a student visits the medical room, they will be asked about their symptoms to help determine the appropriate course of action.

Please reassure your child that there is no need to worry about visiting the medical room while fasting. They will be asked about symptoms as usual, but there will be no requirement to break the fast. We will also enquire if the student is fasting to ensure that advice is tailored accordingly. For instance, treatments that do not break the fast, such as a cold compress or heat pack for a headache, or resting briefly if feeling lightheaded, will be recommended first.

If a treatment that may break the fast is suggested, there will be an option to consult with parents beforehand, as many students prefer to do so.

We recognise, respect, and support the diverse religious practices of our students, and we are committed to accommodating individual needs in the event of illness.

Mrs Kaye and Mrs Mann, Medical Room



# EID MUBARAK ✨

## SWEET TREAT COMPETITION



**We want to see your sweet  
treats this Ramadan  
Prizes for 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> place**

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Take a picture and email to  
[harkessl@woodford.redbridge.sch.uk](mailto:harkessl@woodford.redbridge.sch.uk)  
Deadline 20<sup>th</sup> March





# ROBOTICS WORKSHOP

**MARCH 9TH, 2026 IN CONFERENCE HALL**

All day, getting ready for the VEX Competition.

Organized by Mr. A. Mian and Mr. H. Parchment

Guest: Expert from VEX Robotics, "Chris Calver"

- ✓ Hands-on Robotics Challenges
- ✓ Expert Tips and Advice
- ✓ Team Building and Strategy Development

## WORKSHOP DETAILS:



**SCAN HERE  
FOR FULL DETAILS**

Note that you need moderators

Log into the student portal to register

Open to all robotics club members for a full day of engaging and exciting activities to prepare for the upcoming **VEX Robotics competition!**

**Girl  Powered.**

robotics@woodford.redbridge.sch.uk

 Woodford County  
High School for Girls

# Become a parent volunteer for the WCHS Careers Fair

Monday 23<sup>rd</sup> March 2026 10:00am - 3:30pm

## Main Hall

Calling for parent volunteers!

Students of year groups 9, 10, 11, 12 & 13 will have the opportunity to participate in a careers fair to meet employers and talk about career paths.

We already have a variety of different careers and organisations confirmed attending, however if you are interested in volunteering to talk to students one-on-one about your career path and exciting moments so far, please do get in touch!

According to a survey, there is a high interest in the following sectors:

Medicine, Doctors & Surgeons

Business, Accounting & Finance

Psychologists & Psychiatrists

Law

Architecture

Engineering

Careers in tech

Creative careers

Animal care

Green careers / Environment

Researchers

Dentistry

If you are interested, please complete the following [form](#) or email [summersh@woodford.redbridge.sch.uk](mailto:summersh@woodford.redbridge.sch.uk) with details about the career/sector you could represent, or if you have any further questions.



# National Careers Week at WCHS

What can I do?



Listen to the  
High Performance  
podcast



Update your CV



Research a career  
you do not know



Design a  
logo for careers  
at WCHS



Attend the Virtual  
Careers Fair



Speak to adults  
about their careers



Update Unifrog  
to improve your  
profile score



Read about the  
Ikigai philosophy



Watch a video  
about the  
Ikigai philosophy



1. Listen to the High Performance podcast. Some examples below!

Usain Bolt: <https://www.youtube.com/watch?v=6hJCPetR2Wg>

Robin Sharma: <https://www.youtube.com/watch?v=Q7vO9EPbVJE>

Jessica Ennis-Hill: <https://www.youtube.com/watch?v=2zM9SLnlpVc>

Brian Cox: [https://www.youtube.com/watch?v=lsCC\\_G5G9YE&list=PLi-bwh0cb-C0PeaFXPki3CM0H1nkd8TcU](https://www.youtube.com/watch?v=lsCC_G5G9YE&list=PLi-bwh0cb-C0PeaFXPki3CM0H1nkd8TcU)

Keir Starmer: <https://www.youtube.com/watch?v=XOVclZ6cEEw>

Gareth Southgate <https://www.youtube.com/watch?v=nVOTHTVDWu8>

2. Update your CV or complete the CV worksheet
3. Research a career you do not know anything about. You can use the following websites and reflect on the following questions:

[www.unifrog.org](http://www.unifrog.org)

<https://nationalcareers.service.gov.uk/>

- what is their day-to-day like?
- what are the routes into this career?
- what skills are necessary for this career?

4. Enter a careers competition: design a logo for careers at WCHS.
5. Attend the Virtual Careers Fair <https://ncw26.co.uk/>
6. Speak to adults about their careers. You can use the questions above or your own
7. Update Unifrog to improve your profile by favouriting subjects, watching videos, updating your skills locker, researching careers... etc. or reflect on skills using the worksheet
8. Read about the Ikigai philosophy:

<https://www.forbes.com/sites/nelldebevoise/2023/10/06/the-power-of-purpose-how-ikigai-can-help-us-live-longer/>

<https://www.google.co.uk/books/edition/Ikigai/MDksDwAAQBAJ?hl=en&gbpv=1&printsec=frontcover>

9. Watch a video on the Ikigai philosophy:

[https://www.youtube.com/watch?v=rOZtBlrMvek&ab\\_channel=VihanChelliah](https://www.youtube.com/watch?v=rOZtBlrMvek&ab_channel=VihanChelliah)



## Scholastic Book Club Online Order Link

Our new Scholastic Book Club for Parents is up and running!

Go to <https://clubs.scholastic.co.uk/C-91S933G2> to browse the latest books and order online.

For every £1 you spend on this month's Book Club, our school will earn 20p in Scholastic Rewards.

Please place your order online by March 22nd, 2026.

Books will be delivered to school within 3-5 working days of the order link closing free of charge.

World Book Day £1 tokens can be used when placing orders.

Students can pick up their books from the school library .

 SCHOLASTIC



## Dear Parents,

### Can you offer a Year 11 student work experience during the summer?

Help our young people gain real-world skills by creating opportunities in your workplace or community. The placement should be for two weeks (from 29<sup>th</sup> June), however can be flexible. If you are able to accommodate one of our students, please fill in the form below or contact Ms Summers: [summersh@woodford.redbridge.sch.uk](mailto:summersh@woodford.redbridge.sch.uk)

#### [Work Experience Placement Offers – Please Fill Out Form](#)

## 6 Finding Work Experience Tips!

### 1 Questions to ask yourself

If you're not sure what type of work experience you want to do, start by asking yourself a few simple questions:

- What are my interests?
- What types of career paths appeal to me?
- What are my strengths? My weaknesses?
- What hobbies do I have and do any of them relate to careers?



### 4 Plan ahead

Once you've got the dates confirmed, make sure you start looking for placements in plenty of time. Some work experience placements are quite competitive, so getting your application in early will give you an edge over less organised candidates. Researching placement options might also show you some exciting options you didn't know you had.



### 2 Use your network

You can ask friends and family if they know of any employers you could approach, or even if you could do work experience at their workplace.

Look out on Woodford's bulletins for a variety of different opportunities too!

### 5 Don't put too much pressure on yourself

Work experience is a learning activity first and foremost. Committing to a work experience placement doesn't mean you're committing to a career in that industry.

So if you're not sure what you want to do yet, don't panic. Work experience is never wasted as long as you go into it with an open mind and plenty of enthusiasm,

### 3 Apply directly with an employer

If you'd like to work for a particular employer, you can apply directly. First, do a Google search for the name of the company and "work experience". If they have an existing scheme in place, this will direct you to the appropriate webpage. Many large companies have well-defined work experience schemes with a specific application process.

Don't forget that you're not limited to traditional businesses, either. Many charities and public sector organisations also offer work experience placements.



### 6 Follow up on your applications

Work experience placements are competitive. Therefore, it's a good idea to apply for several placements. This will ensure you end up with something that will be beneficial to you.

Also, do not hesitate to contact the employer if you have not heard from them. They might just need a reminder to say yes!



London Philharmonic Orchestra

# LPO Junior Artists

Applications open for 2026/27



Join our free programme for talented young musicians from under-represented backgrounds

[lpo.org.uk/juniorartists](https://lpo.org.uk/juniorartists)

# London Philharmonic Orchestra

**LPO Junior Artists** is a free year-long programme for eight young musicians from backgrounds currently under-represented in professional UK orchestras, offering an immersive, behind-the-scenes experience with the London Philharmonic Orchestra.

As an LPO Junior Artist you become part of the LPO family, develop your musicianship, and gain unique insights into the orchestral profession.

#### **Our LPO Junior Artists take part in:**

- one-to-one sessions with an assigned LPO player mentor
- insight sessions with inspiring artists
- professional skills-building workshops
- mock audition experience
- ensemble performance projects
- behind-the-scenes experience
- LPO rehearsal and concert visits
- Overture sessions with younger musicians to inspire the next generation

#### **Applications for our 2026/27 programme are now open!**

##### **To apply, you will need to:**

- be from a background that is currently under-represented in professional UK orchestras
- play an orchestral instrument at Grade 8 standard or above
- be aged 15–19 on 1 September 2026
- be thinking of studying music beyond school

**Deadline for applications is 5.00pm on Monday 13 April 2026**

The LPO Junior Artists Programme 2025/26 is generously supported by the Margaret Killbery Foundation, the Maria Bjornson Memorial Fund, Peter and Lucy Noble, and with additional support from TIOC Foundation, and the UK Friends of the Felix Mendelssohn Bartholdy Foundation.



**'It's been amazing working with my mentor and it really expands beyond what I do in school and with my regular teacher. My mentor has great experience as a player but is also one of the most knowledgeable people I have access to on our instrument.'**

LPO Junior Artist 2025/26



**'The performances and mentor sessions were invaluable experiences which have intensified my motivation to become a professional musician.'**

LPO Junior Artist 2024/25



# School Facilities



## Available for Lettings...

Looking for the perfect space for your next event, class, or rehearsal?

We are pleased to offer availability in our Dance Studio and Conference Hall for external hire!

- Dance Studio – Ideal for dance classes, fitness sessions, and rehearsals.
- Conference Hall – A spacious venue perfect for meetings, training sessions and community events.

Available Hours: 17:30 – 22:00

For more information on availability and pricing, or to make a booking, please contact <https://schoolhire.co.uk>.

Don't miss this opportunity to secure a fantastic space at our school!



# Barracudas Easter Camp

We will be hosting Barracudas Easter Camp Monday 31<sup>st</sup> March – Friday 10<sup>th</sup> April (Excluding Easter Weekend).  
If you are considering using this facility then you may be entitled to a discount – please see the flyer below.

## **BARRACUDAS** ACTIVITY DAY CAMPS

### AVAILABLE AT YOUR SCHOOL **2026!** EXCLUSIVE PARENT DISCOUNT

GET AN EXTRA £25 OFF A WEEK/£5 OFF A DAY

**USE CODE HSPC26**

\*Not to be used in conjunction with other codes.

- ⦿ 4 to 14 year olds!
- ⦿ 80+ Activities!
- ⦿ Choice each session!
- ⦿ Specialist Courses!
- ⦿ Flexible bookings!



**barracudas.co.uk**  
01480 467 567

Happy  
Easter

HIGHLY RATED  
School Holiday  
camps!!!



 OFSTED REGISTERED



 Trustpilot  
★★★★★



# Useful Links

FREE weekly fitness classes for girls aged 11-16



Popular Apps and Games Guide for Parents

The Wellbeing Hub

**elevate**  
education



The Educational Psychology Service

Call to Action— Educational Psychology Video

#breakthestigma



Little Kickers Free Trial at Woodford County High School

