


Woodford Weekly Bulletin



Issue No. 559
5th June 2026



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High Rd, Woodford, Woodford Green, IG8 9LA

Key Dates and Reminders...



SUMMER 2026		
Term	Monday 13 April 2026	Friday 22 May 2026
Half-term	Monday 25 May 2026	Friday 29 May 2026
Term	Monday 1 June 2026	Monday 20 July 2026
Non-Contact Day	Monday 20 July 2026	



12-13 June – Duke of Edinburgh Practice Expedition

25 June – Year 11 Prom

1 July – Summer Showcase

15 July – Sports Day

17 July – Last Day of the Summer Term

Please remind your daughter to bring in her lanyard, locker key and fob to school every day.



Contact us...



To report an absence relating to KS3 and KS4, please email absence@woodford.redbridge.sch.uk

Any absences 5 days before or after a school holiday will require medical supporting evidence in order to be authorised. If this requirement is not met, the absence will be marked as unauthorised.

If you need to contact a member of staff regarding your child for any matter relating to Key Stage 3 or Key Stage 4, other than absence, please email admin@woodford.redbridge.sch.uk

For Key Stage 5 (Sixth Form), students are expected to call Miss Mamtora themselves on the day of the absence, before 8.30am on 020 8506 2927.



Theatre Visit with the Headteacher



There is a great opportunity for our pupils to go and watch a production of **War Horse** at the **National Theatre** on either **Thursday 11th June** or **Monday 15th June 2026**.

This visit is organised by **Ms Van Praagh** who will be accompanying the pupils on both nights. This trip was initially prioritised for all pupils who are involved in the School production of *The Tempest* which will be performed later this term, however we have a few remaining tickets and would like to open up the opportunity to any pupils who would like to attend.

The production is showing at The Olivier Theatre in London, SE1 9PX. Students will leave school at **17:15** and travel by Tube with members of staff to Waterloo station. The play starts at **19:30** and lasts **2hr 45min**, with a 20-minute interval. Students will then be accompanied back to Woodford Station by Tube and **must** be picked up from **Woodford Tube station at 23:00**. Your child will be able to contact you with an updated pick-up time if we are due to be later than this.

There will be no time for students to purchase food enroute to the theatre so please ensure that your child has eaten before returning to school at 17:15. If your child will be unable to travel home and return back to school in time, please send them to school that day with a packed tea and we will provide space for them to eat and to be supervised at school before we leave for the theatre. There will be an opportunity during the interval for students to purchase ice-cream/snacks if they wish to, so please send them with a small amount of money if you wish.

Tickets cost £11.50 and are available to purchase on ParentPay. If there are extenuating circumstances please complete and return a Financial Assistance Form which can be found on the School Website under Our School, Pupil Premium or can be picked up from the Pupil Support Office.

Note that due to the limited tickets available these will be allocated on a **first come basis**.



THE GREAT BIG GREEN WEEK

8th- 14th June

WCHS community really cares about the future of our world and to celebrate this we are taking part in the **Great Big Green Week** where students will have the opportunity to take part in the events listed below and fundraise, as well as engaging in green-themed lessons linked to the curriculum.

There is also an opportunity for parents/carers to make a difference by ensuring the students:

- bring in *reusable water bottles and minimise plastic food packaging* to reduce plastic waste and litter.
- *Car sharing, taking the bus and walking* more would also support this Initiative, not to mention improve our wellbeing.
- *Donating or swapping plants* in the Green Fair— to help connect with nature.

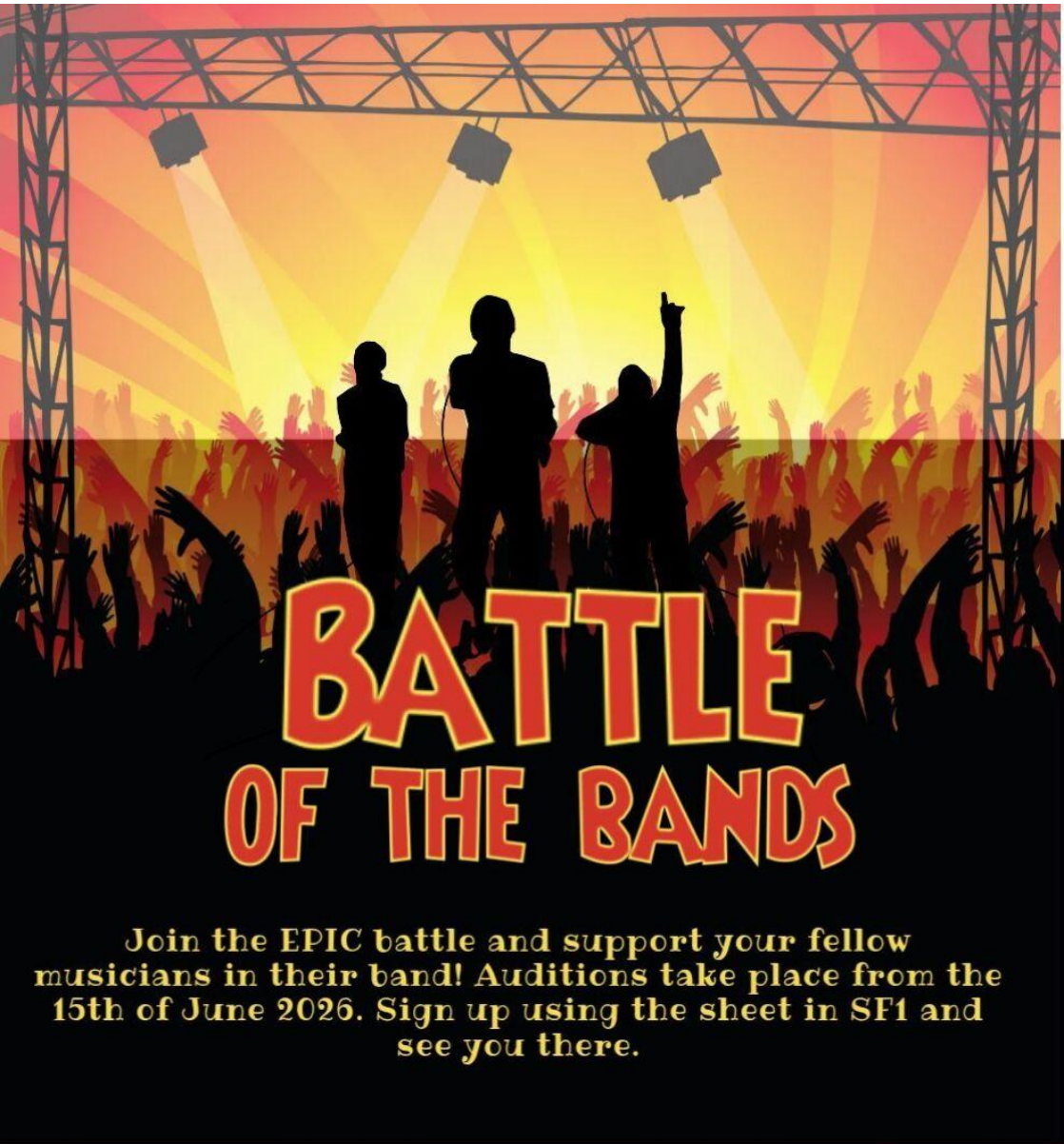
Events Schedule:

Monday	Litter picking challenge—prize for winners
Tuesday	Recycling Relay Race House Competition Y12 David Attenborough's 100th Birthday Celebration—Oceans screening
Wednesday	Soap Making Workshop Appliqué sewing and upcycling clothes workshop
Thursday	Green Fair—plant and book sale/swap, bake sale, henna
Friday	Non-uniform Day - no new clothes and upcycling competition

THE GREAT BIG GREEN WEEK

Together for good

Battle of the Bands



BATTLE OF THE BANDS

Join the EPIC battle and support your fellow musicians in their band! Auditions take place from the 15th of June 2026. Sign up using the sheet in SF1 and see you there.

JULY 14

**MAIN HALL
6PM-8PM**





MUSIC EXTRA-CURRICULAR TIMETABLE SUMMER 2026

Lunchtime	Guitar Club (SF1) 13:30- 14:10	Senior Choir (SF1) 13:30- 14:10	Jazz Band (SF1) 13:40-14:15	Junior Band (SF2) 13:30- 14:10	Orchestra (SF1) 13:40-14:15
	Brass Ensemble (Jubilee room) 13:45-14:15	Junior Choir (SF2) 13:30- 14:10		String orchestra (SF2) 13:40-14:15	
	Tempest Band (SF2) 13:40-14:15				



P.E.



EXTRA-CURRICULAR TIMETABLE SUMMER 2026



	<u>Mon</u>	<u>Tues</u>	<u>Weds</u>	<u>Thurs</u>	<u>Fri</u>
<u>Before School</u> 7.50-8.20am					
<u>Lunchtime</u> 1.40-2.10pm		Athletics for all	GCSE Club (yr11) STA & VJA & KWI & HBA & KRI Rounders for all	SIXTH FORM BADMINTON -NITURA, SANKAVI & ELLIE CRICKET FOR KS3 -ZAINA KANWAR (YR12)	Volleyball for all Sixth formers - Aminah and Saashi
<u>Afterschool</u> 3.30-4.15pm					



Hay Fever Medication & Warmer Weather Reminder



As we move further into the spring and summer months, we are seeing an increase in hay fever symptoms among students. To help ensure your daughter is comfortable and able to learn without disruption, please make sure she takes any required hay fever medication **at home in the morning before coming to school.** This greatly helps to manage symptoms throughout the school day.

With the warmer weather approaching, we also ask that every student brings a **refillable water bottle** to school each day. Staying hydrated is essential for wellbeing and concentration, especially during hotter periods.

Thank you
Mrs Kaye & Mrs Mann
Medical Room





**MOLLY ROSE
FOUNDATION**



The Molly Rose Foundation

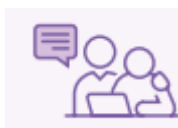
<https://mollyrosefoundation.org/>

has some wonderful resources for parents including guides and other resources.

One of these guides helps families understand who and what may be shaping a child's online world and how these influences can affect mood, confidence and safety.

To download this guide see the link below.

https://mollyrosefoundation.org/wp-content/uploads/2026/03/MRF_Concerned_about_Online_Influences_6_Tips_AW.pdf





Woodford County High School For Girls

MEET OUR PARENTS AND FRIENDS ASSOCIATION (PFA)

PFA Mission Statement

To empower the school and families with a focus on bringing to life programs that benefit all students and their families, enhance their school experience and build a supportive and inclusive community.

Fundraising initiatives that bring families and children together and run events to evoke a strong sense and spirit of community and create a two way feedback loop to improve communication channels.



If you are interested in volunteering for future events, please scan this QR code and complete the registration form for new volunteers.



RASHMI PRABHAKAR: Chair

I'm Rashmi, a Fintech professional, with 25+ years experience Program managing Technology Transformation & Delivery programmes in Banking and Tech Startups. I am a Computer Science Engineer, Trustee of She Plays to Win chess charity and an ambassador and mentor for Girls in STEM and Women in Tech.

As Chair of the PFA, I am very excited to get involved in applying my organisation and fundraising skills via projects and events that benefit our girls, energising the community and creating volunteer spirit among parents. This will ensure we invest in inspiring our girls to dream big, achieve their goals and create opportunities for a positive and uplifting environment for them



REHANA ADIL: Co-Chair

I'm Rehana, a Law graduate with a background of working in the NHS. My past jobs involved managing projects and improving services, so I'm naturally drawn to looking at the 'big picture' and finding ways to make things run more smoothly.

As Co-Chair of the PFA, I'm passionate about using those skills to support our school. Whether it's overseeing a new project or helping to improve how we work behind the scenes, my goal is always the same: making sure our school is the very best it can be for our daughters.



RAJ SATHIYA: Treasurer

I'm Raj, a finance professional with experience in budgeting, planning, and improving processes. I enjoy working with people, solving problems, and helping things run smoothly behind the scenes.

As Treasurer of the PFA, I'm looking forward to supporting our school community and helping make the best possible opportunities available for all our children.



LABEEBA ZIA: Secretary

I'm Labeeba, and I'm delighted to serve as the PFA's Secretary. I am a Real Estate Solicitor with 20 years of experience in both private practice and industry, and a long-standing commitment to advocating for young people.

I have an extensive history of volunteering at school career events, including at WCHS, mentoring women and children, and coaching junior lawyers. In addition, I have served as a trustee for a disability charity, which has further strengthened my passion for community inclusion.

School Facilities



Available for Lettings...

Looking for the perfect space for your next event, class, or rehearsal?

We are pleased to offer availability in our Dance Studio and Conference Hall for external hire!

- Dance Studio – Ideal for dance classes, fitness sessions, and rehearsals.
- Conference Hall – A spacious venue perfect for meetings, training sessions and community events.

Available Hours: 17:30 – 22:00

For more information on availability and pricing, or to make a booking, please contact <https://schoolhire.co.uk>.

Don't miss this opportunity to secure a fantastic space at our school!



Redbridge Mental Health Support Team presents...

PARENT AND CARERS IN MIND: WEBINARS FOR WELLBEING

Hear from mental health professionals about how to promote your child's emotional health and wellbeing. Our summer webinar offer continues with three popular topics

REGISTER NOW!

ENCOURAGING POSITIVE BEHAVIOUR WITH YOUR PRIMARY AGED CHILDREN

In this webinar, we look at behaviour as a form of communication and how testing boundaries is a normal part of child development. Learn to enhance your child's emotional regulation and promote positive behaviour through play, boundary setting and clear expectations.

WED 20.05.26 7-8PM

TALKING WHEN IT MATTERS: STRATEGIES FOR SUPPORTING YOUR CHILD'S IDENTITY

Join this webinar exploring how identity develops through an LGBTIQ+ perspective and the impact of minority stress. The session includes practical tips and strategies to help you navigate challenging conversations with confidence, supporting you and your child to feel emotionally safe.

TUES 16.06.26 7-8PM

DEVELOPING BETTER RELATIONSHIPS WITH TEENAGERS

In this webinar, we focus on working together with your teenagers to support positive communication. We will look at the development of the teenage brain and implications for emotional regulation. You can learn strategies for giving effective instructions using a "connection before correction" approach.

THURS 16.07.26 7-8PM

SCAN ME!



FOR MORE INFORMATION & TO SIGN UP
CLICK HERE,

VISIT WWW.REDBRIDGE.GOV.UK AND SEARCH 'MHST'
OR GO TO LINKTR.EE/REDBRIDGEMHST



Free Parent Webinars



Summer Term Parent Support Series

Free Parent Webinars

Join us and Elevate Education for FREE 60-minute webinars designed to help you support your child's studies at home.

[Click here to Register](#)

In the Summer Term, we'll cover:

1. **Ask Me Anything (Live Q&A)**
- 28th April @6:00pm (BST)
2. **How You Can Help Improve Your Child's Memory**
- 12th May @6:00pm (BST)
3. **How to Help Your Child Alleviate Stress**
- 9th June @6:00pm (BST)
4. **How to Get (And Keep!) Your Child Motivated**
- 23rd June @6:00pm (BST)
5. **How You Can Set Your Child Up for Success**
- 7th July @6:00pm (BST)



Useful Links

FREE weekly fitness classes for girls aged 11-16



Popular Apps and Games Guide for Parents

Free Parent Webinar Series



The Educational Psychology Service

Call to Action— Educational Psychology Video

#breakthestigma



Little Kickers Free Trial at Woodford County High School

