

Woodford Weekly Bulletin



Issue No. 600
12th June 2026

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High Rd, Woodford, Woodford Green, IG8 9LA

Key Dates and Reminders...



SUMMER 2026		
Term	Monday 13 April 2026	Friday 22 May 2026
Half-term	Monday 25 May 2026	Friday 29 May 2026
Term	Monday 1 June 2026	Monday 20 July 2026
Non-Contact Day	Monday 20 July 2026	



12-13 June – Duke of Edinburgh Practice Expedition

25 June – Year 11 Prom

1 July – Summer Showcase

15 July – Sports Day

17 July – Last Day of the Summer Term

Please remind your daughter to bring in her lanyard, locker key and fob to school every day.



Contact us...



To report an absence relating to KS3 and KS4, please email absence@woodford.redbridge.sch.uk

Any absences 5 days before or after a school holiday will require medical supporting evidence in order to be authorised. If this requirement is not met, the absence will be marked as unauthorised.

If you need to contact a member of staff regarding your child for any matter relating to Key Stage 3 or Key Stage 4, other than absence, please email admin@woodford.redbridge.sch.uk

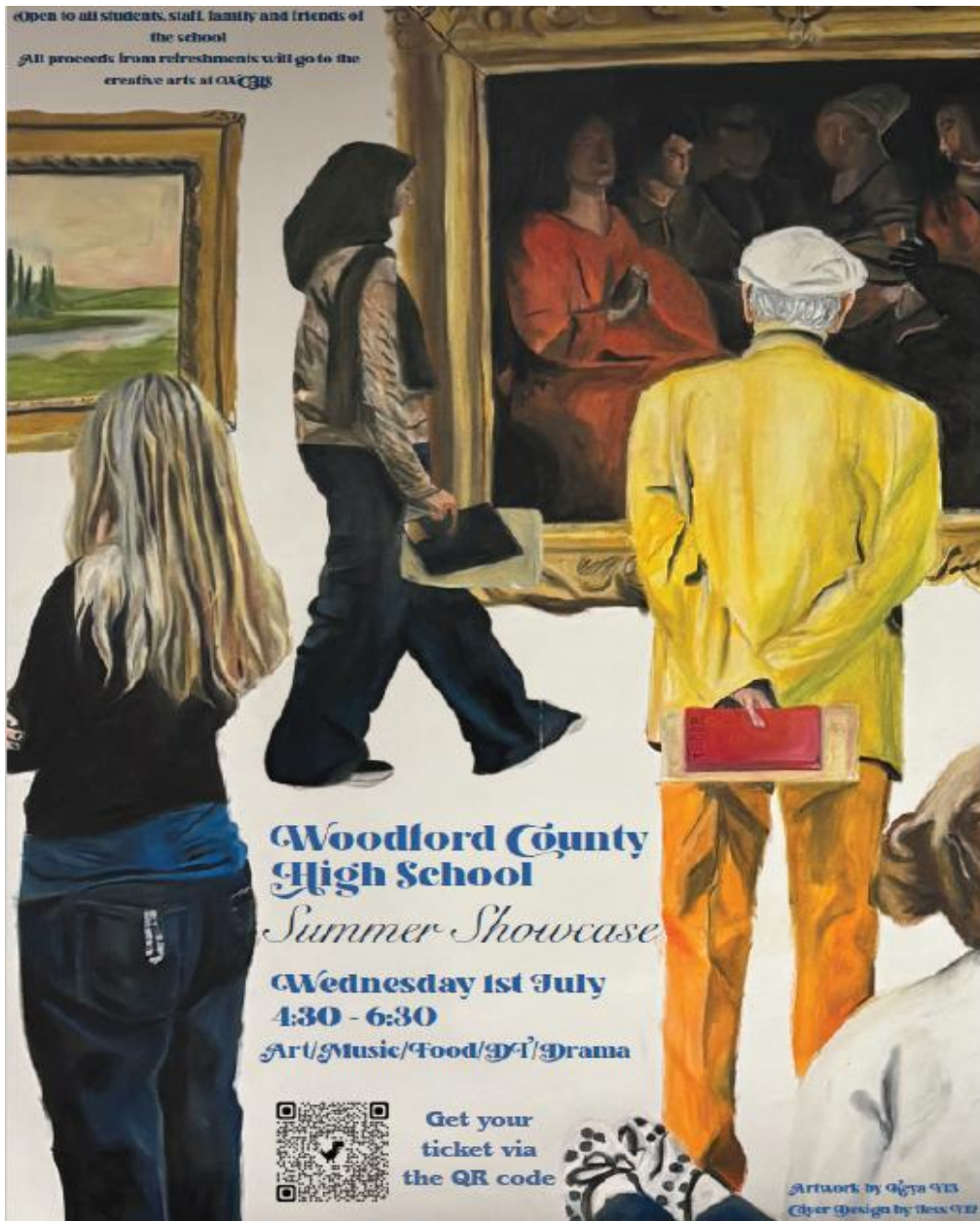
For Key Stage 5 (Sixth Form), students are expected to call Miss Mamtora themselves on the day of the absence, before 8.30am on 020 8506 2927.



Summer Showcase



Open to all students, staff, family and friends of
the school
All proceeds from refreshments will go to the
creative arts at WCHS



**Woodford County
High School**

Summer Showcase

**Wednesday 1st July
4:30 - 6:30**

Art/Music/Food/DI/Drama



Get your
ticket via
the QR code

Artwork by Alyn 913
Cover Design by Alex 912

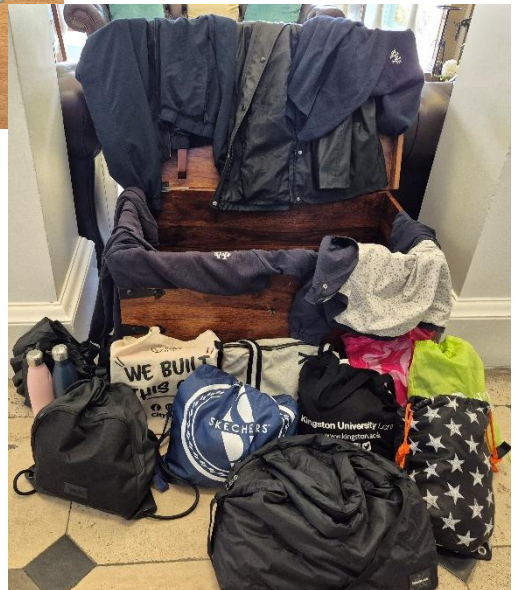
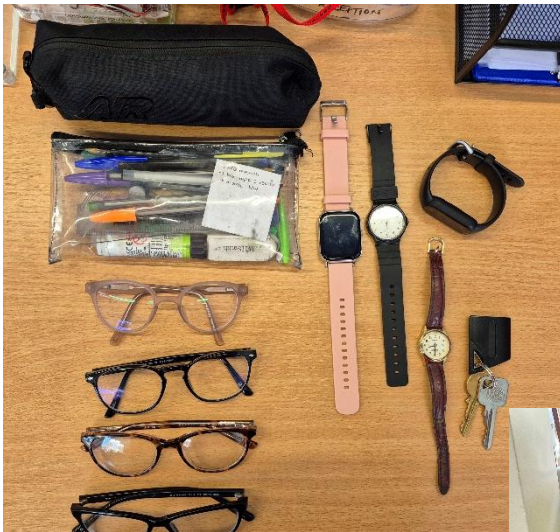


Lost Property...



If your child has misplaced something, could you please ask them to check the big wooden box, which is situated near Reception in the main school building, as soon as possible.

Small items are normally left at the main school reception.



Cyber Security Awareness



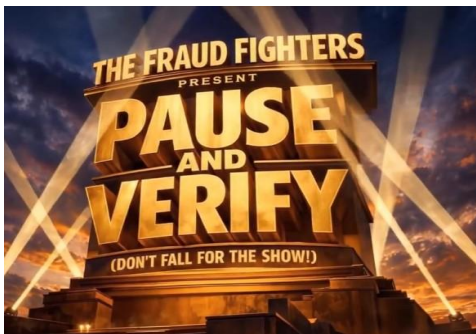
We have recently published two new cyber security awareness videos to support both students and families in staying safe online.

These short videos cover important topics such as fraud awareness, scam awareness, recognising potential threats, and practical steps to protect personal information in today's digital world. They have been created as fun, music based videos, which we hope will get key messages across in a new and engaging way. You can access the videos via our official channels:

- **YouTube:**
<https://www.youtube.com/channel/UCa7iNAR4EgvsbaPa1EgAKJw>
- **Instagram:**
https://www.instagram.com/wchs_uk/?hl=en

We will continue to add a new cyber security video every two weeks, so please keep an eye on our channels for regular updates.

We encourage you to watch these together with your child and use them as a starting point for conversations about safe and responsible use of technology at home. Thank you for your continued support.



Become a volunteer for the WCHS Mock Interview Day

Tuesday 14th July 9:00-13:00

Main Hall

Calling for parent volunteers!

Students in Year 12 will have the opportunity to practice their interview skills and applying for jobs, through a 20–25-minute mock interview. The students would have applied to one of the sixteen job adverts, with CVs and cover letters and the volunteer will interview the student according to the job advert and description.

According to a survey, there is a high interest (and therefore we need many volunteers) in the following sectors :

Medicine

Business & Finance

Dentistry

Engineering

Psychology

Arts & Media

Science & Research

Politics & Social Care

Law

Tech

It would be fantastic to have you on board if you work or have experience in the above sectors or others. If you are interested or would like to know further information, please email in at summersh@woodford.redbridge.sch.uk



Battle of the Bands



Join the EPIC battle and support your fellow musicians in their band! Auditions take place from the 15th of June 2026. Sign up using the sheet in SF1 and see you there.

JULY 14

**MAIN HALL
6PM-8PM**



SEND Updates....



SENDATS is hosting an In-person Parent/Carer event on Autism and Social Communication at Mayfield School on Monday 29th June 2026. This is aimed at parents and carers of students in years 5, 6, 7 and 8. There is a small fee to this event.

This informative and supportive session is designed to help parents and carers better understand and meet the needs of their child at home.

The morning will begin with a **short introduction to Autism Spectrum and Social Communication**, followed by a **carousel of practical workshops**. These workshops are tailored to provide useful strategies and insights across a range of key areas, including:

- Puberty
- Emotions and regulation
- Communication
- Apps and technology
- Preparing for transition and developing independence

This is a valuable opportunity to gain practical tools, share experiences, and connect with other parents and professionals in a supportive environment.

If you would like to attend, please scan the QR code on the poster attached.





In Person Parent Training Event - Autism



Is your child in Year 5, 6, 7 or 8 ?



Are they using phrases and sentences and able to engage in conversations?



Come along to our event and meet our team of Advisory Teachers to discuss ways to support your child's development at home.



BOOK NOW >>

Monday 29th June
9.45am - 12.30pm
Mayfield School



Services attending:

RIASS

Reading Improvement, Advice & Support Service
for Special Educational Needs & Disability



North East London
NHS Foundation Trust



MUSIC EXTRA-CURRICULAR TIMETABLE SUMMER 2026



Lunchtime	Guitar Club (SF1) 13:30- 14:10	Senior Choir (SF1) 13:30- 14:10	Jazz Band (SF1) 13:40-14:15	Junior Band (SF2) 13:30- 14:10	Orchestra (SF1) 13:40-14:15
	Brass Ensemble (Jubilee room) 13:45-14:15	Junior Choir (SF2) 13:30- 14:10		String orchestra (SF2) 13:40-14:15	
	Tempest Band (SF2) 13:40-14:15				



P.E.

EXTRA-CURRICULAR

TIMETABLE

SUMMER 2026



	<u>Mon</u>	<u>Tues</u>	<u>Weds</u>	<u>Thurs</u>	<u>Fri</u>
<u>Before School</u> <u>7.50-8.20am</u>					
<u>Lunchtime</u> <u>1.40-2.10pm</u>		Athletics for all	GCSE Club (yr11) STA & VJA & KWI & HBA & KRI Rounders for all	SIXTH FORM BADMINTON -NITURA, SANKAVI & ELLIE CRICKET FOR KS3 -ZAINA KANWAR (YR12)	Volleyball for all Sixth formers - Aminah and Saashi
<u>Afterschool</u> <u>3.30-4.15pm</u>					



Hay Fever Medication & Warmer Weather Reminder



As we move further into the spring and summer months, we are seeing an increase in hay fever symptoms among students. To help ensure your daughter is comfortable and able to learn without disruption, please make sure she takes any required hay fever medication **at home in the morning before coming to school.** This greatly helps to manage symptoms throughout the school day.

With the warmer weather approaching, we also ask that every student brings a **refillable water bottle** to school each day. Staying hydrated is essential for wellbeing and concentration, especially during hotter periods.

Thank you
Mrs Kaye & Mrs Mann
Medical Room



The Molly Rose Foundation

<https://mollyrosefoundation.org/>

has some wonderful resources for parents including guides and other resources.

One of these guides helps families understand who and what may be shaping a child's online world and how these influences can affect mood, confidence and safety.

To download this guide see the link below.

https://mollyrosefoundation.org/wp-content/uploads/2026/03/MRF_Concerned_about_Online_Influences_6_Tips_AW.pdf





Woodford County High School For Girls

MEET OUR PARENTS AND FRIENDS ASSOCIATION (PFA)

PFA Mission Statement

To empower the school and families with a focus on bringing to life programs that benefit all students and their families, enhance their school experience and build a supportive and inclusive community.

Fundraising initiatives that bring families and children together and run events to evoke a strong sense and spirit of community and create a two way feedback loop to improve communication channels.



If you are interested in volunteering for future events, please scan this QR code and complete the registration form for new volunteers.



RASHMI PRABHAKAR: Chair

I'm Rashmi, a Fintech professional, with 25+ years experience Program managing Technology Transformation & Delivery programmes in Banking and Tech Startups. I am a Computer Science Engineer, Trustee of She Plays to Win chess charity and an ambassador and mentor for Girls in STEM and Women in Tech.

As Chair of the PFA, I am very excited to get involved in applying my organisation and fundraising skills via projects and events that benefit our girls, energising the community and creating volunteer spirit among parents. This will ensure we invest in inspiring our girls to dream big, achieve their goals and create opportunities for a positive and uplifting environment for them



REHANA ADIL: Co-Chair

I'm Rehana, a Law graduate with a background of working in the NHS. My past jobs involved managing projects and improving services, so I'm naturally drawn to looking at the 'big picture' and finding ways to make things run more smoothly.

As Co-Chair of the PFA, I'm passionate about using those skills to support our school. Whether it's overseeing a new project or helping to improve how we work behind the scenes, my goal is always the same: making sure our school is the very best it can be for our daughters.



RAJ SATHIYA: Treasurer

I'm Raj, a finance professional with experience in budgeting, planning, and improving processes. I enjoy working with people, solving problems, and helping things run smoothly behind the scenes.

As Treasurer of the PFA, I'm looking forward to supporting our school community and helping make the best possible opportunities available for all our children.



LABEEBA ZIA: Secretary

I'm Labeeba, and I'm delighted to serve as the PFA's Secretary. I am a Real Estate Solicitor with 20 years of experience in both private practice and industry, and a long-standing commitment to advocating for young people.

I have an extensive history of volunteering at school career events, including at WCHS, mentoring women and children, and coaching junior lawyers. In addition, I have served as a trustee for a disability charity, which has further strengthened my passion for community inclusion.

School Facilities

Available for Lettings...



Looking for the perfect space for your next event, class, or rehearsal?

We are pleased to offer availability in our Dance Studio and Conference Hall for external hire!

- Dance Studio – Ideal for dance classes, fitness sessions, and rehearsals.
- Conference Hall – A spacious venue perfect for meetings, training sessions and community events.

Available Hours: 17:30 – 22:00

For more information on availability and pricing, or to make a booking, please contact <https://schoolhire.co.uk>.

Don't miss this opportunity to secure a fantastic space at our school!



Girls Rugby Sessions



SUMMER OF TRIES

FUN WEEKLY SESSIONS FOR GIRLS

AGE 8 - 18

WEDNESDAYS AT WOODFORD RUGBY CLUB

18.30 - 19.30 FROM 17 JUNE

Come along and discover rugby in a fun, friendly environment, packed with games, fitness, teamwork, and fun. No experience needed—just bring your energy and give it a try!



GIRLSRUGBY@WOODFORDRUGBYCLUB.COM



Sponsored by

Diversitas
Search



Email or message
07968 120810 for further details
or sign up using the QR code



BARRACUDAS

ACTIVITY DAY CAMPS

AVAILABLE AT
YOUR SCHOOL **2026!**
EXCLUSIVE PARENT DISCOUNT

GET AN EXTRA £25 OFF A WEEK/£5 OFF A DAY

USE CODE HSPC26

*Not to be used in conjunction with other codes

- ⦿ 4 to 14 year olds!
- ⦿ 80+ Activities!
- ⦿ Choice each session!
- ⦿ Specialist Courses!
- ⦿ Flexible bookings!



barracudas.co.uk
01480 467 567

HIGHLY RATED
School Holiday
Camps!!!



OFSTED REGISTERED



Wellbeing Webinars



Redbridge Mental Health Support Team presents...

PARENT AND CARERS IN MIND: WEBINARS FOR WELLBEING

Hear from mental health professionals about how to promote your child's emotional health and wellbeing. Our summer webinar offer continues with three popular topics

REGISTER NOW!

ENCOURAGING POSITIVE BEHAVIOUR WITH YOUR PRIMARY AGED CHILDREN

In this webinar, we look at behaviour as a form of communication and how testing boundaries is a normal part of child development. Learn to enhance your child's emotional regulation and promote positive behaviour through play, boundary setting and clear expectations.

WED 20.05.26 7-8PM

TALKING WHEN IT MATTERS: STRATEGIES FOR SUPPORTING YOUR CHILD'S IDENTITY

Join this webinar exploring how identity develops through an LGBTQIA+ perspective and the impact of minority stress. The session includes practical tips and strategies to help you navigate challenging conversations with confidence, supporting you and your child to feel emotionally safe.

TUES 16.06.26 7-8PM

DEVELOPING BETTER RELATIONSHIPS WITH TEENAGERS

In this webinar, we focus on working together with your teenagers to support positive communication. We will look at the development of the teenage brain and implications for emotional regulation. You can learn strategies for giving effective instructions using a "connection before correction" approach.

THURS 16.07.26 7-8PM

**SCAN
ME!**



**FOR MORE INFORMATION & TO SIGN UP
CLICK HERE,**

**VISIT WWW.REDBRIDGE.GOV.UK AND SEARCH 'MHST'
OR GO TO LINKTR.EE/REDBRIDGEMHST**

London Borough of
Redbridge
#BREAKTHESTIGMA



Free Parent Webinars



elevate
education

Summer Term Parent Support Series

Free Parent Webinars

Join us and Elevate Education for FREE 60- minute webinars designed to help you support your child's studies at home.

[Click here to Register](#)

In the Summer Term, we'll cover:

1. **Ask Me Anything (Live Q&A)**
- 28th April @6:00pm (BST)
2. **How You Can Help Improve Your Child's Memory**
- 12th May @6:00pm (BST)
3. **How to Help Your Child Alleviate Stress**
- 9th June @6:00pm (BST)
4. **How to Get (And Keep!) Your Child Motivated**
- 23rd June @6:00pm (BST)
5. **How You Can Set Your Child Up for Success**
- 7th July @6:00pm (BST)



Useful Links

[FREE weekly fitness classes for girls aged 11-16](#)



[Popular Apps and Games Guide for Parents](#)

[Free Parent Webinar Series](#)

elevate
education



[The Educational Psychology Service](#)

[Call to Action— Educational Psychology Video](#)

#breakthestigma



[Little Kickers Free Trial at Woodford County High School](#)

