



Woodford County High School for Girls

Bulletin

Issue No. 372 14th September 2021



Dear Parents, & Carers,

Now that we have successfully navigated the first full week back at school, we continue to adjust to the practicalities of a new term, especially given the changes to our approach from last year.

While we have reverted to the old way of doing things in many respects, other things have changed and, of course, we continue to have to operate in the context of the ongoing Covid pandemic.

Inevitably there have been teething troubles along the way, and we continue to work to alleviate these. We have therefore adjusted our systems at lunchtime to aid through-flow in the canteen and the practical problems posed by a staggered start to afternoon lessons.

There are also a couple of other things I would like to bring to your attention:

All new girls (Years 7 and some Year 12s) have now been provided with their log-ins for Satchel One/Show My Homework. This week parents will receive a communication about *their* log-ins. Please watch out for this.

Lanyards are important for us identifying which year groups girls are in. This is particularly useful when regulating use of the canteen, supervising girls at break and lunchtime and getting girls onto the 679 bus at the end of the day. Please assist us by reminding your daughter to bring her lanyard in 9and wear it!) every day.

I'm sure there will be many other things we shall need to contact you about in the coming weeks, so watch out for those vital communications.

Mr Jenkins (Deputy Headteacher)

Availability of Home Test Kits

The high transmissibility of the Delta virus variant means that, to limit numbers isolating, it is more important than ever to identify cases early, before the infected individual is in school potentially passing the virus on to others.

We therefore seek your assistance and encourage all students to continue twice weekly testing during the remainder of this month. Students will have been issued with a new box of test kits for this purpose following round 2 of mass onsite testing.

We would also ask that you continue to report your test results whether negative, positive or Void to both the NHS via the NHS website <https://www.gov.uk/report-covid19-result>

In addition, please report the result to the school via our Microsoft form [Lateral Flow Test Home Reporting - STUDENTS \(September 2021\)](#)

Contacts who are not required to self-isolate from 16 August

From 16 August, you will not be required to self-isolate if you are notified you have had close contact with someone with COVID-19 and any of the following apply:

- you are fully vaccinated
- you are below the age of 18 years 6 months
- you have taken part in or are currently part of an approved COVID-19 vaccine trial
- you are not able to get vaccinated for medical reasons

Fully vaccinated means that you have been vaccinated with an MHRA approved COVID-19 vaccine in the UK, and at least 14 days have passed since you received the recommended doses of that vaccine.

All other persons should isolate for the required number of days

Should a member of your household test positive for COVID 19. You should take a PCR test even if you have no symptoms. Students should not attend school whilst they await the result of the PCR Test. If the results are negative, students can return to school but continue to take regular Lateral Flow Tests whilst members of their household with COID are isolating. If the PCR test result is positive, students should stay at home for the required isolation period.

Sheila Fonseca
School Business Manager



Music Extra-curricular Timetable



	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	Junior Choir Conference Room 13:50- 14:35	Junior Band IBO (SF1) 13:50-14:40	Jazz Band KHN (SF1) 13:25-14:15 GCSE/A-level support IBO (SF2) 13:25- 14:05	Senior Choir KHA (SF1) 13:25- 14:05 Theory IBO (SF2) 13:30-14:20	Orchestra IBO (SF1) 13:30-14:20
After school	String orchestra IBO (SF1) 15:45-16:30 Brass Ensemble (SF2) 15:45-16:15	Chamber groups IBO (SF1) 15:45-16:30			

These music sessions will be on weekly, girls should bring their own instrument and no registration is required for the sessions.

REDBRIDGE MUSIC SERVICE

Remind your child to check their music timetable for their lessons , the timetables have been sent out. The information is also on the notice board by the hall and in the Jubilee rooms.

Music activities will be starting this week Monday 13th September apart from Senior choir which will start rehearsing on Thursday 9th. I would highly encourage people to attend as we have a wide variety of ambitious works, with all involved performing at our Christmas Concert on Thursday 7th December.

A brief description of musical activities:

String Orchestra: Open to all string players from grade 3 level and tackling classical repertoire.

Brass Ensemble: A visiting brass specialist from the Redbridge centre will be taking these, open to all brass players.

Junior Band: This ensemble is an excellent introduction to music at the school, available to all instruments and appropriate from novices up to roughly grade 3 equivalent standard.

Chamber groups: These are small ensembles which the music department will supervise and coach alongside proposed initiatives from students. I highly encourage anyone interested to speak to a member of the music department ahead of time to allow for planning.

Jazz Band: Mainly for years 10-13 instrumentalists, grade 4/5+ level - woodwind, brass, and rhythm section players (guitar, piano, bass, percussion) We play a range of swing, funk and pop tunes; encouraging learning to improvise confidently.

GCSE/A-level support: This is an ongoing class to aid any students taking the GCSE or A-level music course.

Senior Choir: A choir for all students in years 10-13, singing a wide variety of music from pop to jazz to classical. The Senior Choir performs at some of the school's traditional events – including the School Birthday coming up soon.

Junior Choir: A specialist vocal coach from the Redbridge Music Centre will be attending to lead this. It's an excellent opportunity for those in years 7-9 to attend regardless of prior experience.

Theory: These sessions provide a great boost in confidence for those who wish to understand the theoretical side of music not only to supplement music classes across all years, but also for aiding instrumental progress. Coaching will be based on ABRSM graded books, and will include anyone wishing to do their grade 5 theory exam, which is required for instrumental grade 6 and higher.

Orchestra: This is the main instrumental body of the school and is open to all relevant instruments of grade 4 equivalent standard or higher.



We have witnessed for ourselves and had numerous complaints from members of the public about dangerous, illegal and inconsiderate parking in the roads around the school.

The High Road is a very busy road and drivers not giving due attention to the Highway Code are very likely to cause accidents.

Please be sure not to block access to Haven House or to Lodge Villas off of the High Road.

Please note that there is a yellow line on the High Road.

Please be sure not to stop as soon as you turn into Charter Road (from the High Road) as this blocks traffic back

WHAT IS LYG33?

LYG33 is an exciting project designed to empower young Londoners, giving them a voice to influence the future of London Youth Games and other key issues impacting young Londoners and sport.



WHO ARE WE LOOKING FOR?

We are looking for young people aged between 14-21 from across London's 33 boroughs, who will be selected from a range of different backgrounds to represent the city's rich diversity. Whether you have competed or volunteered at London Youth Games, or maybe you have heard about the Games and would love to be involved – we are looking for you!

HOW DO I APPLY?

You will need to fill out a short application [here](#). Applications are open until Friday 24th September. We will be in touch with everyone who applies on the week beginning 4th October.

WHAT WILL LYG33 DO?

As a member of LYG33 you will attend sessions (virtually and face-to-face) to discuss different elements of London Youth Games. There will also be rewarding experiences with inspirational speakers, opportunities to attend special events and the chance to take your feedback right to the top.

ANY QUESTIONS?

If you have any questions or would like further information, please contact Lucy on lucy@londonyouthgames.org. We look forward to receiving your application.



**"When I grow up,
I want to be a superhero!"**



Foster for Redbridge

0208 708 6068

fostering@redbridge.gov.uk

Kalimba Club



Learn to play
the kalimba, no
previous
experience of
music needed!

For: All years
When: Tuesdays,
13:30-14:00
Where: SF2
First session:
Tuesday 14th
September



Run by Rakhi and Karis (11D)

In the new Kalimba Club, you can learn how to play the kalimba- a small instrument of African origin- also known as the 'thumb piano'. No prior experience is needed and beginners are welcome! It will run on Tuesday lunchtimes every week and we will play music of all kind, beginning with the "Lord of the rings" theme.

RETURN Your Library Books



LIBRARY

Please return all Library books borrowed last term. Our records show that we have a number of seriously overdue books on loan.

If you are unsure of the status of your Library account see me in the Library to discuss.

Many thanks,

Danielle Horn

Librarian

Currently reading Fen

ONLINE SAFETY INFORMATION

What Parents need to know about DISCORD (Communication app)



What is Discord?

Discord is a chat room app commonly used by gamers, it is used to talk to other players while playing games. Users can send direct messages swap tips and advice with other players in game-specific servers (similar to online forums). Some games, like Fortnite and PUBG, have official verified Discords for fans to talk about the game.

Most significantly, you do not have to download an app to use it as it can be accessed via any browser and is free to use.

This is being shared with you to make you aware that the Discord social networking tool is geared towards adults, not children and young people.

[Click on this link for more detailed information from Defend Young Minds](#)

[Parents' Ultimate Guide to Discord](#)



Official
age rating

Rita Del Giudice
Network Manager



With over 14 million daily users, Discord is one of the most popular communication tools for gamers. It allows you to create or join what are known as 'servers', where different users can talk in groups via text message or voice call. There is also the option to send direct messages and make video calls.



What parents need to know about **DISCORD**



INAPPROPRIATE CONTENT

Discord has a large community of users, many of whom are young. This means there is a risk of inappropriate content being shared. Parents should monitor their child's activity and ensure they are not exposed to anything inappropriate.



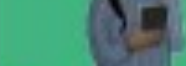
SEXUAL IMAGERY

Discord has a large community of users, many of whom are young. This means there is a risk of sexual imagery being shared. Parents should monitor their child's activity and ensure they are not exposed to anything inappropriate.



RISK OF CYBERBULLYING

Discord has a large community of users, many of whom are young. This means there is a risk of cyberbullying. Parents should monitor their child's activity and ensure they are not exposed to anything inappropriate.



HIDDEN CHARGES

Discord has a large community of users, many of whom are young. This means there is a risk of hidden charges. Parents should monitor their child's activity and ensure they are not exposed to anything inappropriate.



RISK OF CYBERCRIME

Discord has a large community of users, many of whom are young. This means there is a risk of cybercrime. Parents should monitor their child's activity and ensure they are not exposed to anything inappropriate.



STRANGER DANGER

Discord has a large community of users, many of whom are young. This means there is a risk of stranger danger. Parents should monitor their child's activity and ensure they are not exposed to anything inappropriate.



Top Tips to Protect Your Child



1 BEWARE OF WHAT'S SHARED

With over 14 million daily users, Discord is one of the most popular communication tools for gamers. It allows you to create or join what are known as 'servers', where different users can talk in groups via text message or voice call. There is also the option to send direct messages and make video calls.



2 IMPROVE SECURITY SETTINGS

To help protect your child, make sure they are using a secure password. You should also consider using two-factor authentication for extra security. This means you will need to enter a code from your phone or another device to log in.



3 CHECK THEIR FRIEND LIST

Discord has a large community of users, many of whom are young. This means there is a risk of cyberbullying. Parents should monitor their child's activity and ensure they are not exposed to anything inappropriate.



4 REPORT & BLOCK SUSPICIOUS USERS

Discord has a large community of users, many of whom are young. This means there is a risk of cyberbullying. Parents should monitor their child's activity and ensure they are not exposed to anything inappropriate.



5 BEWARE OF NSFW CONTENT

Discord has a large community of users, many of whom are young. This means there is a risk of cyberbullying. Parents should monitor their child's activity and ensure they are not exposed to anything inappropriate.



6 SHOW RESPECT TO OTHERS

Discord has a large community of users, many of whom are young. This means there is a risk of cyberbullying. Parents should monitor their child's activity and ensure they are not exposed to anything inappropriate.



7 TURN ON SAFE MESSAGING

You should encourage your child to enable the Safe Messaging option. This will help protect them from receiving inappropriate messages from strangers.



Meet our expert

Dr. Sarah Houghton is a leading expert in child online safety. She has worked with the police, the NHS, and the government to help protect children from online risks. She is also a regular speaker at conferences and events on this topic.



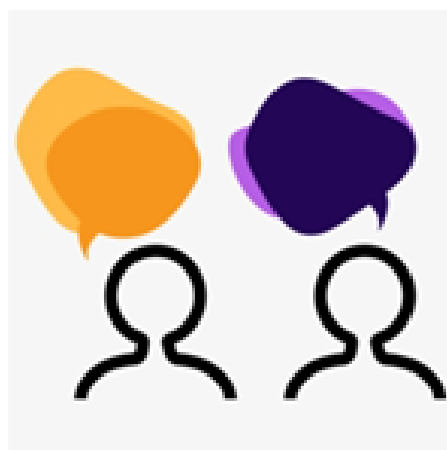


Educational Psychology Parent Helpline

Would you like to talk to someone about difficulties that you or your child are experiencing during the COVID-19 pandemic? Do you need some support with creating a daily routine for your child? Are you concerned about your child's emotional wellbeing? Are you struggling to motivate your children at home or manage sibling relationships? The Educational Psychology Service are here to support you.

The Redbridge Educational Psychology Service have a **dedicated telephone helpline for parents/carers** where you will receive advice and guidance from a professional psychologist.

The EPS helpline is available for all parents and carers - your child does not need to be known to the EPS, does not need to have a special educational need or additional support within school. We welcome calls from all parents and carers.



EPS Helpline

Telephone: 077 41 3 31 009

Opening hours:

Every Wednesday 10am - 4pm

Webpage: <https://www.redbridge.gov.uk/schools/educational-psychology-service/>



FIND: [Educational Psychology Service](#)

@Redbridge_aep Twitter account.

Dates for the Diary

AUTUMN 2021		
Term	Friday 3 September	Friday 22 October
Half-term	Monday 25 October	Friday 29 October
Term	Monday 1 November	Friday 17 December
Non Contact Day	Friday 8 October	
SPRING 2022		
Term	Tuesday 4 January 2022	Friday 11 February 2022
Half-term	Monday 14 February 2022	Friday 18 February 2022
Term	Monday 21 February 2022	Friday 1 April 2022
Non Contact Day	Tuesday 8 March 2022	
SUMMER 2022		
Term	Tuesday 19 April 2022	Friday 27 May 2022
Half-term	Monday 30 May 2022	Friday 3 June 2022
Term	Monday 6 June 2022	Friday 22 July 2022
Non Contact Day	Wednesday 29 June 2022	



KEY DATES TO REMEMBER

Wednesday 29 September—School Birthday (102nd)
 Monday 11 to Friday 15 October—House Charity Week (Newton)
 Tuesday 19 October—Sixth Form A Level Options Day
 Tuesday 19 October—Sixth Form Open Evening