

# Woodford County High School



## *Weekly Student Bulletin*



Wednesday 5<sup>th</sup> May 2021

Issue No 11

### Welcome to Bulletin No 11

The aim of this bulletin is to give you important information and reminders from your Heads of Year or other members of staff.

It will include information about events taking place at and around school that you can take part in.

Also there will be wellbeing and support advice as well as reminders about how to access support if you should need it.

Hopefully, as more editions are produced students will be able to have an input too.

### **VERY IMPORTANT: PLEASE CONTINUE TO REPORT YOUR LATERAL FLOW TEST RESULTS**

This is for everyone's safety, including your own and that of your family and is simple to do.

Students who have not tested positive for COVID-19 during the past 90 days are to continue with asymptomatic home testing (every 3 – 5 days). Asymptomatic COVID-19 test results whether positive, negative or void should be reported to the NHS as outlined in the booklet and also to the school. [Click here to access information on Lateral Flow Testing including links to report results to the school and the NHS](#)

In this issue:

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- After School Clubs
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- Keep Woodford Tidy
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- Cricket opportunities
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- Webinars
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- Other STEM opportunities



## **Lateral Flow Home Testing kits and the importance of reporting results**

Dear Students,

Testing continues to play a crucial role, in and out of classrooms, in the fight against coronavirus (COVID-19).

Twice weekly testing and reporting enables the Government to track asymptomatic cases of COVID 19 and helps to understand rates of infection in the community. Furthermore, it gives our school community some assurances that the school, students and staff are doing everything they can to make the school as safer environment.

The Government have produced a blog which features further guidance and common questions which you might find useful. It also includes details on financial support available to parents whose children are asked to self-isolate. Please click on the link below for more information:

[why reporting your test result is as important as taking a test](#)

The school has now taken further deliveries of Lateral Flow Home test kits and we are encouraging students to collect these once they have used all of their initial stock.

The number of test results being reported is extremely low as was the collection of further test kits by students last week. We understand you may be picking up home test kits from within your community rather than from school. Wherever you have collected your home test kits from, if you are taking twice weekly tests, please report your result whether negative, positive or void as soon as the test are carried out. Both the NHS and the school need to be informed of the result and this can be done via the following links:

NHS - <https://www.gov.uk/report-covid19-result>

WCHS - Student Covid Result - Home test reporting

(This information can also be found on the schools website under – Our School – COVID 19 Information for parents)

We want to keep our community as safe as possible and twice weekly testing and reporting is an important layer in achieving this.

Thank you for your ongoing support



## AFTER SCHOOL CLUBS

17<sup>th</sup>-28<sup>th</sup> May 2021

Open to Year  
7 only.



**Free taster sessions offered for a 2 week period.**

**Starting Monday 17<sup>th</sup> May till Friday 28<sup>th</sup> May.**

**Places are limited availability due to Covid safety procedures.**

**Activities are available to book on parentpay, from Tuesday 4<sup>th</sup> May, under the activity name.**

**No more than 1 activity can be booked per student.**

**First come first served basis.**





# Woodford County High School Composition Club!

Dear Student,

During these remote times, the BBC have been very helpful in putting together some great resources for us all to continue to make music at home.

As part of this initiative, I would like to introduce you to the *brand new* **Woodford County High School Composition Club!**

**To get started, simply:**

1. Choose a composition style from the **BBC** link below and read through the instructions and tutorials: ***Including genres such as: Film music, Indian fusions, Pop, Jazz, composing a new theme song for Doctor Who...***

<https://www.bbc.co.uk/bitesize/topics/zhdfscw>

2. Join the **eduBandLab** link below to access the **WCHS Composition Club class** and free music sequencing software. (Remember to seek parental permission if visiting another site on the internet). <https://edu.bandlab.com/join/mc8q8sf> - then enter the following pin:

**M C 8 Q 8 S F**

3. [Join the WCHS Composition Club \(MS Teams\)](#) where you can interact with Mr. Ashman-Jones on your composition work.

**Also, look out for 'Singing with the BBC Singers' being shared on the choir Teams with further details (link below).**





Keep Woodford tidy.  
Please use the bins  
provided.







# Wellbeing Tips

## EXAM/TEST ANXIETY



### 1. Be Prepared

Yes, this seems obvious, but it bears repeating. If you feel confident that you've prepped thoroughly, you'll feel more confident walking into the exam/test.

### 2. Get a good night's sleep.

Cramming is never the answer, and pulling an all-nighter can exacerbate your nerves. Having adequate rest (9–10 hours per night) is likely to be more beneficial than rereading a text until dawn.

### 3. Fuel up.

Eat a nutritious breakfast before the exam/test and pack smart snacks for ongoing energy. Look for foods that offer a steady stream of nutrients, rather than a sugar high followed by a crash.

### 4. Get to the room as early as you are allowed.

Feeling rushed will only amp up the anxiety. Pack everything you need for the exam the night before and set the alarm, so you can get out the door on time.

### 5. Have a positive mental attitude.

Bring a picture of your happy place or come up with a morale-boosting mantra like "I can do this" or "I worked hard and deserve this." Peek at your picture or recite your mantra, right before the exam/test begins.

### 6. Read carefully.

Read the directions thoroughly and read all answers before making a choice or starting the essay. There is nothing worse than putting time into a question and realising you are not solving xx, or the essay is off target. Slowing down can help you stay focused.

### 7. Just start.

The blank page can maximise your anxiety. After you've read the directions, dive right in by making an outline for an essay answer. Or, find some questions you can ace to build up your confidence and momentum. You can always go back and change things later if needed, but a few quick answers can get the ball rolling.

### 8. Don't pay attention to what other people are doing.

Everyone else is scribbling away? Ack! What do they know that you don't? It doesn't matter. Pay attention to your own test and pace, and forget about the other students in the room.

### 9. Note the time

Realising that time is almost up and there are lots of test questions left can make it hard to do anything useful in those final minutes. Stay on pace by scoping out the whole test before getting started. Mentally allocate how much time you'll spend on each section. If there's time to recheck, even better.

### 10. Focus on calm breathing and positive thoughts.

Deep breathing can slow down a beating heart or a racing mind, so practice these techniques at home. The very act of concentrating on breathing and thinking can alter those anxious feelings.

Sometimes just remembering that *some* test-taking anxiety is a normal part of school can help make it easier to handle





If you are finding things challenging, as we all do from time to time, do remember to check that you are including the 5 ways to well-being in your daily life, in whatever way you can. Remember the 5 ways to well-being are:

**Connect** (Talk and Listen, feel connected, be there)

**Be Active** (Do what you can: Enjoy what you do: Move your mood)

**Take Notice** (Remember the simple things that give you joy)

**Keep Learning** (Embrace new experience, see opportunities, surprise yourself)

**Give** (Your time, your words, your presence)

It is often helpful to talk through concerns or worries with family or a friend so do both reach out to others and be there for your friends and family should they need to talk to you. Sometimes talking through a worry can really help.

Sometimes it may be helpful for you or a friend to access support to access help outside of or in addition to family and/or friends. You can contact the school in several ways to do this and there are various people who can offer help and support.

## CONFIDENTIALITY

If you speak to a member of school staff about a private matter this will usually remain confidential between you and that member of staff. If the member of staff thinks that it is a good idea to involve someone else such as another member of staff, an external agency or your parents they would talk to you about this and get your consent. However, all members of staff have a duty to pass on information to only the school Safeguarding Team if they had concerns about your own safety or that of another member of the school community. The Safeguarding Team is limited to Mrs Greenfield and Mrs Holman.



## HOW TO ACCESS SUPPORT

**Tootoot** – this is a way of contacting the school anonymously. You can access Tootoot from the School Website and you would have been sent a login to your school email at the start of the year. You can use Tootoot to get help with problems that you are having at school or to report something you are worried about. There is a small selection of staff who will receive your message when it is sent and will endeavour to answer as soon as they can.

**Form tutor** – the first place you should go if you have any problems is to your form tutor. They will offer advice if they can and /or will direct you to the relevant person in the school who can help. Currently you may be able to speak to your tutor at the end of a Teams Meeting or by emailing into the relevant KS Administrator asking your Form Tutor to contact you (you would not need to give any details). You could also get a message to them through Tootoot but would need to give your name so that they would know who to contact.

**Head of Year** – form tutors usually work closely with Head of Year. You can also go directly to your Head of Year if you would prefer to do this.

Continued below/ .....



**Student Guidance Team** – Mrs Holman and Ms Menon are available to speak to you if you have a problem, whether related to school or more personal and will guide you as to the best way to deal with the problem. They may offer to see you again themselves or advise you to see a school counsellor.

**School Counsellor** – Feeling overwhelmed? Scared because your parents are splitting up? Feel like you don't fit in? Sometimes it's just not possible to sort through tough times alone. Problems can build up and you may lose sleep, find you can't concentrate on school work/homework, or even become depressed. When you need to talk to someone, your school counsellor can be a great person to help you through your bad times. They will listen and help. They'll take your problem seriously and work with you to find a good solution. School counsellors are trained to help with most issues. Please speak to your Form Tutor or other member of staff or enquire via Tootoot. Speaking to a counsellor is informal, just like a chat.

Counselling is very informal, like having a chat and the Counsellors may ask questions or give advice. The sessions are about you and is your time to speak about what is worrying you.

#### Helpful websites:

You can text: YM to 85258 for free 24/7 support

<https://youngminds.org.uk/>

Online well-being platform that is accessible through mobile, tablet and desktop and free.

<https://www.kooth.com/>

#### **HOPELINEUK (PAPYRUS)**

**Phone: 0800 068 4141**

<https://www.papyrus-uk.org/>

**Email: [pat@papyrus-uk.org](mailto:pat@papyrus-uk.org)**

**Text: 07860039967**

**(Mon – Fri 0900 – 2200 and Sat – Sun 1400 – 2200)**

**YOUNGMINDS**

**kooth**

 **PAPYRUS**  
PREVENTION OF YOUNG SUICIDE

#### **Sexual Abuse**

There is a helpline run by the NSPCC and is available to current or past victims as well as parents, carers or professionals with concerns. The number is 0800 136 663. The helpline is free and anonymous, and will be open Monday to Friday from 8am – 10pm and Saturday to Sunday from 9am – 6pm.

**NSPCC**





tootoot®

# Speak Up Speak Out

Log your worries on  
tootoot today

 Log in on the web:  
[www.tootoot.co.uk](http://www.tootoot.co.uk)

 GET IT ON  
Google Play

 Download on the  
App Store



## **REWT Competition** **(Redbridge Emotional Wellbeing Team)**

We have launched our **creative writing competition** to give the chance to some of our children and young people across Redbridge to **share their experiences and feelings** around Covid-19.

We have been so impressed with the entries we have received so far! We would like **young people to write to Covid-19** through a letter, poem, diary entry or any other writing style they choose. The competition is open to **all Redbridge schools**.

It's always great when we hear from our young people - **previous competitions have produced lockdown artwork and our REWT logo!** Please send entries to **REWT@redbridge.gov.uk by 1st July**. The best entries will be selected to compile a book which we will share with you all.



# **The Big Ask – a nationwide survey of the views and aspirations of young people**

Dame Rachel de Souza, the new Children's Commissioner for England, has launched the largest ever survey of children and young people (aged 4 – 17), designed to find out what your concerns and aspirations about the future are.

The Big Ask is now live at <http://thebigask.uk/>

Please take the time to make yourself heard in this survey. You can learn more about it from this online assembly [introduced by England and Manchester United footballer Marcus Rashford](#).

The Children's Commissioner will use the results from this survey to identify the barriers preventing children from reaching their potential, to put forward solutions and to set goals for the country. Participation enables you to play a part in putting a focus on the needs of children up and down the country.



# Exercise/Fitness



## Table Tennis

We now have two tables available for students to use during break & lunch time.

Girls will need to provide their own bats & balls.

Enjoy the fun!



## WCHS Virtual Friday Morning Mile



Run a mile every Friday morning. Send a screenshot of your effort to @wchsukpe Instagram and add to your coach miles totals



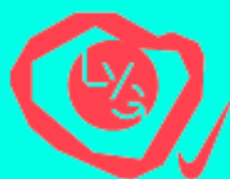


## PE Extra-curricular (Summer)

April & May 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School			<b>Year 8 Athletics Club</b> <i>HBA/KRI – Field</i> 7:45-8:40am		<b>KS3 Morning Mile</b> <i>JBR - Field</i> 7:50-8:15am
Lunch time (Times vary)	<b>Year 8 Rounders</b> <i>HBA – Field</i> 1:20-1:50pm	<b>Year 7 Football</b> <i>TLE – Top Netball Courts</i> 12:20-1:00pm	<b>Year 9 Rounders</b> <i>KRI – Field</i> 12:40-1:20pm	<b>Year 9 Rowing Club</b> <i>HBA – Dance Studio</i> 12:30-1:00pm  <b>Year 10 Rounders</b> <i>VJA – Field</i> 12:50 – 1:30pm	<b>Year 8 Football</b> <i>JBR – Top Netball Courts</i> 1:20-2:00pm  <b>Year 8 Tennis</b> <i>HBA – Courts on Field</i> 1:20-1:50pm  <b>Year 9 Athletics</b> <i>KRI – Field</i> 12:40-1:20pm
After school	<b>Year 7 Rounders</b> <i>JBR - Field</i> 3:20-4:30pm	<b>Year 10 Trampolining</b> <i>VJA – Sports Hall</i> 3:40 – 4:40pm	<b>Year 7 Athletics</b> <i>JBR - Field</i> 3:10-4:20pm  <b>Year 10 Athletics</b> <i>VJA – Field</i> 3:40 – 4:40pm		





## VIRTUAL SPRING RUN

### Calling All Young Londoners

London Youth Games is launching a Virtual Spring Run competition for all Londoners aged 18 or under.

The competition will begin on Monday 10th May and run for a two-week period until Monday 24th May.

### How To Get Involved

- 1.** Choose a distance between 0.5km and 5km to run.
- 2.** Submit your entry via the [LYG website](#) and the borough that runs the furthest collective distance will win.
- 3.** Get your local squad involved to help back your borough and contribute to the furthest distance.

### The 3km Challenge

Individual prizes are also up for grabs as part of The 3km Challenge. To get involved, submit a time for your 3km distance and prizes will be awarded for the fastest entrants.







# FOUNDATION

## LEYTON HUB

- **Venue:**  
Leyton County Ground  
2 Crawley Road, London E10 6RJ
- **Trial/Taster Session:**  
Tuesday 18<sup>th</sup> May
- **Session Dates:**  
Tues 25<sup>th</sup> May – Tues 13<sup>th</sup> July 2021
- **Age Group & Session Time:**  
U13s (4:30pm – 6:00pm)

## WHAT IS A HUB?

- Have fun whilst being supported to reach your full potential on and off the cricket pitch
- High-quality intensive cricket coaching
- Match play and talent ID opportunities over summer
- Strength & conditioning training
- **Completely Free to Attend**

## ELIGIBILITY

- Aged 11-13  
(School Years 6, 7 & 8)
- Attend a state school
- Committed to putting 100% effort into all training sessions
- Tape ball and hardball cricketers welcome

## APPLY

Thinking about it? Contact the Hub Manager or Hub Coach to find out more:

**Steven Dolben / Jen Liu**  
07305 391 101 / 07713 244 618  
[sdolben@hotmail.co.uk](mailto:sdolben@hotmail.co.uk)

Ready to go? Register by scanning the QR Code to obtain the form or click on the link below by the 17<sup>th</sup> May 2021:

<https://forms.gle/k4fRca3JkterRb4U6>



# Your invitation to join the MCCF Cricket Hub





# This is our game.

Join us at:

Woodford Wells Club

Sessions will run:

Tuesdays 5.30pm from May 11th

[dynamocricket.co.uk](http://dynamocricket.co.uk)





# This is our game.

**Dynamo Cricket provides a fantastic next step for all those graduating from All Stars Cricket and the perfect introduction for all 8-11 year-olds new to the sport!**

Sessions are all about playing together and developing new skills, teamwork and friendship.

Every child that registers will receive their very own Dynamo Cricket New Balance t-shirt, personalised with their name and number on the back and have access to a brand new digital app, packed with exclusive cricket content, unlockable skills challenges, quizzes and activities.

**Sign up today to your nearest  
Dynamo Cricket centre.**

**[dynamoscricket.co.uk](https://dynamoscricket.co.uk)**





Chingford  
Cricket Club

Follow in the  
footsteps of our  
England & England  
Lions players Dan  
Lawrence and  
Jamie Porter!

## Chingford Cricket Club

\*Forest Side ground, Kimberley Way, Chingford E4 6DE

### Cricket Training sessions for boys and girls

Only  
£5 per session

Male and female coaches



Dan and Jamie



Small group sizes  
based on age and  
experience



#### FRIDAYS

5.00pm – 6.15pm

**Girls ages 7-16**

**and**

**Boys ages 6-12**

6.45pm – 8.00pm

**Boys ages 13-18**



For more info contact Hassan Malik

on 07951 242393 or email [chingfordcccolts@gmail.com](mailto:chingfordcccolts@gmail.com)



# Library Sessions

**Year 7**      Monday (9.55–10.15 & 12.20-1.20)

**Year 8**      Tuesday (10.55-11.15 & 1.20-2.20)

**Year 9**      Wednesday (9.55-10.15 & 12.20-1.20)

**Year 10**      Thursday (10.55-11.15 & 12.50-1.50)

**Year 11**      Friday (9.55-10.15 & 12.20-1.20)

**Year 12** access during your EPQ study sessions held in H3. If you are not doing an EPQ, please see me regarding your Library access (10.55-11.15 & 1.20-2.20).

**Year 13** all other times, except break & lunch for Years 7 – 11 (9.55-10.15 & 1.20-2.20).

Don't forget you can use the 'click-collect/delivery' service. You access it via the Library Catalogue on the school website (+More).

## TWO GOLDEN RULES:

- 1. RETURN ALL LIBRARY BOOKS BORROWED DURING LOCKDOWN**
- 2. YOU MUST WEAR A FACE COVERING AT ALL TIMES IN THE LIBRARY**



Any questions or concerns about your Library Account see me during your library day or email me: [hornd@woodford.redbridge.sch.uk](mailto:hornd@woodford.redbridge.sch.uk).

Mrs Horn, in the Library

Currently reading...Cane Warriors (shortlisted for the Redbridge Book Awards 2021)



# Spring 2021 Webinar Schedule – April & May

To sign up:

1. Register with each event via the link [using your school email address](#)
2. Advise Mrs Horn, in the Library, which event(s) you have registered for
3. Enjoy!

- 21<sup>st</sup> April @ 1615 – 1715 [Creative Writing](#) with UEA
- 28<sup>th</sup> April @ 1245 – 1330 [Critical Thinking](#) with UEA
- 29<sup>th</sup> April @ 1245 – 1345 [TV & Film/Media Studies](#) with Reading Uni
- 29<sup>th</sup> April @ 1415 – 1515 [Music Technology](#) with Surrey Uni
- 4<sup>th</sup> May @ 1245 – 1345 [Physics: Practical Applications](#) with Sheffield Uni
- 5<sup>th</sup> May @ 1615 – 1715 [Human Rights](#) with Goldsmiths' Uni
- 6<sup>th</sup> May @ 1115 – 1215 [Computer Science](#) with Nottingham Uni
- 12<sup>th</sup> May @ 1615 – 1715 [Maths: Problem Solving](#) Uni TBC
- 12<sup>th</sup> May @ 1700 – 1800 [HE: Clearing 2021](#) with Goldsmiths' Uni
- 13<sup>th</sup> May @ 1115 – 1215 [Sociology](#) with UEA & Surrey Uni
- 13<sup>th</sup> May @ 1600 – 1700 [RS: Teleological/Design Arguments](#) with Glasgow Uni



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1. Register with each event via the link using your school email address
2. Advise Mrs Horn, in the Library, which event(s) you have registered for
3. Enjoy!

- 17<sup>th</sup> May @ 1330 – 1415 [Forensic Science](#) with the Society for Natural Sciences
- 18<sup>th</sup> May @ 1400 – 1500 [International Politics: Terrorism](#) with UEA
- 18<sup>th</sup> May @ 1615 – 1715 [Free Speech & Misinformation](#) Unis TBC
- 19<sup>th</sup> May @ 1245 – 1330 [Computer Sciences](#) with Sheffield Uni
- 19<sup>th</sup> May @ 1400 – 1500 [Media Studies](#) with Goldsmiths' Uni
- 20<sup>th</sup> May @ 1415 – 1515 [Economics: The Labour Market](#) with UEA
- 20<sup>th</sup> May @ 1600 – 1700 [RS: Free Will & Moral Responsibility](#) with Glasgow Uni
- 25<sup>th</sup> May @ 1100 – 1200 [Media](#) with Reading Uni
- 26<sup>th</sup> May @ 1615 – 1715 [Pharmacology](#) with Nottingham Uni & UEA
- 27<sup>th</sup> May @ 1400 – 1500 [History](#) with Goldsmiths' Uni
- 27<sup>th</sup> May @ 1600 – 1700 [RS: The Problem of Evil & Suffering](#) with Glasgow Uni



**Suitable for Year 10, Year 11 & Year 12,  
other years welcome**

## Student motivation webinars

**With the UK's #1 motivational speaker**

In need of motivation and self-belief? Look no further than Cameron Parker. Cameron is the leader of the younger generation: world-class youth coach and speaker. Join his free webinar and get motivated.

Take a look at some of the feedback from the last webinar.

*"I'm not going to lie I was sceptical but this was truly amazing. I learnt more about myself in one hour than I have in a while!"*

*"I don't think I've ever felt so motivated and positive about my future!"*

**Tuesday 30th March or Wednesday 12th May @ 6pm**

**BOOK**





# NATIONAL SATURDAY CLUB

## Free Saturday Clubs for all Year 9, 10 and 11 students - launching at 10am on Saturday 27th February for ten weeks

From this morning, we are keenly accepting online applications to all four Saturday Club programme options being hosted free of charge and virtual initially, then at our Barking & Dagenham College Campus as soon as we're able.

These exciting opportunities are available to all young people aged 13–16 and will develop advanced skills in areas that you currently enjoy or wish to discover and to learn much more about.

In 2021, we are offering the following four options:

**Option 1 - Esports as a future career** - This Saturday Club option would cover an introduction to employability roles within the growing Esports sector, alongside designing and the creation of content. The sessions will allow all Club members to experience broadcasting a live stream, looking at tactics\strategies when playing ESports and finally event planning and the organisation and hosting, of an end of course ESports Tournament. <https://saturday-club.org/club/barking-and-dagenham-college-esports/>

**Option 2 - Film & Media creation** - This Club would introduce you to our brand-new film and audio recording studio within the on-campus, East London Institute of Technology - ELIoT. All Club participants would get the amazing opportunity to create a short film and soundtrack and then edit both into a final broadcast standard, production. At the end of the programme, all the films would be showcased in a Film event held at the College and shown online nationally. <https://saturday-club.org/club/barking-and-dagenham-college-film-media/>

**Option 3 - Creative Industries, Art & Design** - This programme will immerse you in a wide range of exciting and engaging creative arts workshops exploring various Art & Design processes and using sector-standard equipment which will release and enhance all your inner skills and abilities. You will cover different areas of practices, from Fashion to Architecture to Graphic Design and much more. You will need an internet connection, a tablet/phone/computer to join, a free zoom account and something to draw with. <https://saturday-club.org/club/barking-and-dagenham-college/>

**Option 4 - Art & Design, Designing and creating your unique phone case.** You will be measuring your own phone using industry standard equipment, drawing the design in 2D and 3D using CAD and 3D printing, choosing and testing materials and finally, laser cutting to make the final and unique product. *You should have predicted pass grades in GCSE English, Maths, Science and Design & Technology would be preferred - this option will start online on Saturday 6th March.* <https://saturday-club.org/club/barking-and-dagenham-college-product-design/>

**This is a free Saturday Club programme for all Year 9, 10 and 11 students - launching online at 10am this Saturday 27th February for ten weeks**

**David Staley**

Schools Engagement and Alumni Officer

Direct:0203 667 0215

*Please view and share our Course Guide for 2021/22*

<https://barkingdagenhamcollege.pagetiger.com/ckezgxe/1>



Ages 12-18

View [online](#)



# STEM & Medicine Summer Internships

The Ultimate Career Experience | Ages 12-18 | London



*"The only source of knowledge is experience," Albert Einstein*

The best learning experiences happen in-person. Our Summer Internships in London offer students aged 12-18 a dynamic, 360-degree experience of 8 STEM & Medicine-related industries.

Hack into a Tesla car. Learn from NASA scientists. Discover sports psychology at Chelsea F.C. Treat patients in a London teaching hospital. And much more.



There is no application process, but our in-person programmes are over 70% full. Register now to avoid disappointment!

[Register Now: Ages 15-18](#)

[Register Now: Ages 12-14](#)



IN-PERSON STEMM EXPERIENCES

## Unlock Your Potential

We offer a tailor-made blend of personalised career coaching, 1:1 networking opportunities, exclusive site visits and exciting career simulations:

- Architecture: build and exhibit unique 3D models from a bespoke brief
- Computer Science: visit Silicon Roundabout with tech giants like Airbnb



- [Dentistry](#): drill decayed teeth and discover surgical techniques
- [Engineering](#): explore Airbus Defence & Space Headquarters
- [Investment Banking](#): compete to design the most lucrative portfolio
- [Medicine](#): experience a high-fidelity simulator and treat patients
- [Psychology](#): enter the therapy room and discover clinical psychology
- [Veterinary Medicine](#): learn horse rehab at an equine treatment centre

Register now to enhance your future!

[Register Now: Ages 15-18](#)

[Register Now: Ages 12-14](#)



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The **insurance sector** generates a significant impact to the GB economy and, believe it or not, is an interesting and vibrant section that dates back centuries. It's future is steeped in influencing the fourth industrial revolution and key advancements in technology, such as Artificial Intelligence, Quantum Computing, Robotics and Blockchain.

The world will always need insurance, and brokers are there on the front line helping their large corporate clients to have adequate risk management methods, including suitable insurance policies. However, the world is changing, and becoming increasingly complex with innovation often driving this change. There is a real need for experts who are able to innovate and use Design Thinking. Design Thinking is extremely useful in tackling problems that are ill-defined or unknown, by re-framing the problem in human-centric ways, creating many ideas in brainstorming sessions, and adopting a hands-on approach in prototyping and testing. It is based heavily on the methods and processes that designers use (hence the name), but it has actually evolved from a range of different fields — including architecture, engineering and business. Design Thinking can also be applied to any field.

What we want to do is bring together the next future of STEM leaders and help them learn more about Design Thinking and Innovation.

We would like to invite a group of around 20 female students (aged 14 – 18) who possess an interest in Science, Technology, Engineering and Maths based subjects, to take part in a virtual insight week with WTW to learn more about innovation.

Taking place in early March, as part of International Women's Day, each participant will have the opportunity to learn more about Design Thinking and what it means to be an innovator! Participants will be split into small groups, where (supported by a WTW coach) they will be taken on the journey of 'Innovation and Design Thinking'. They will undertake challenges that allow them to develop their innovative thinking skills. A skill which is highly sought after by many employers. At the end of the week teams will present their innovations to a panel with the winning team gaining a prize!

The course will run from Monday – Friday only, and will run for a maximum of 1.5 hours every day. We also ask that participants also have their own laptop to use throughout the week (with internet capability), along with an email address that can be used for invitation purposes.

If you're a young person interested in taking part in this exciting opportunity, please get in touch with **Rhoda Quist** at STEM Learning on [R.Quist@stem.org.uk](mailto:R.Quist@stem.org.uk) who will be able to provide more information and sign up details.



#### About Willis Towers Watson

Willis Towers Watson (NASDAQ: WLTW) is a leading global advisory, broking and solutions company that helps clients around the world turn risk into a path for growth. With roots dating to 1828, Willis Towers Watson has over 40,000 employees serving more than 140 countries. We design and deliver solutions that manage risk, optimize benefits, cultivate talent, and expand the power of capital to protect and strengthen institutions and individuals. Our unique perspective allows us to see the critical intersections between talent, assets and ideas – the dynamic formula that drives business performance. Together we unlock potential.



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**Please share this email with students and parents so they can register now. You can download a PDF of this email [here](#).**

**Register Now (Ages 15-18)**

**Register Now (Ages 12-14)**