# Woodford County High School



Weekly Student Bulletin



Wednesday 24th February 2021

**Issue No 4** 

#### Welcome to Bulletin No 4

The aim of this bulletin is to give you important information and reminders from your Heads of Year or other members of staff.

It will include information about events taking place at and around school that you can take part in, even during lockdown.

Also there will be wellbeing and support advice as well as reminders about how to access support if you should need it.

Hopefully, as more editions are produced students will be able to have an input too.

#### **Dates for your Dairy**

Week Beginning 8<sup>th</sup> March – Information will follow shortly, to both yourselves and your parents/care givers, to let you know what is happening regarding your return to school.

Don't forget the WCHS February Master Chef competition ends this week.

New this issue:

Updated Boredom Busters and Webinars from Ms Horn Table Tennis tables

**New Wellbeing Tips** 

**New Career Opportunities** 

National Saturday Club

Life Skills from Barclays

Writing for the WCHS STEM Magazine

Remote school practical programming projects

Meme Competition

# Woodford County High School Composition Club!

Dear Student,

During these remote times, the BBC have been very helpful in putting together some great resources for us all to continue to make music at home.

As part of this initiative, I would like to introduce you to the *brand new* Woodford County High School Composition Club!

#### To get started, simply:

- 1. Choose a composition style from the BBC link below and read through the instructions and tutorials: *Including genres such as: Film music, Indian fusions, Pop, Jazz, composing a new theme song for Doctor Who...* <a href="https://www.bbc.co.uk/bitesize/topics/zhdfscw">https://www.bbc.co.uk/bitesize/topics/zhdfscw</a>
- 2. Join the eduBandLab link below to access the WCHS Composition Club class and free music sequencing software. (Remember to seek parental permission if visiting another site on the internet).

  <a href="https://edu.bandlab.com/join/mc8q8sf">https://edu.bandlab.com/join/mc8q8sf</a> then enter the following pin:

  <a href="https://edu.bandlab.com/join/mc8q8sf">M C 8 Q 8 S F</a>
- **3.** <u>Join the WCHS Composition Club (MS Teams)</u> where you can interact with Mr. Ashman-Jones on your composition work.

Also, look out for 'Singing with the BBC Singers' being shared on the choir Teams with further details (link below).

If you wish to join the WCHS Choir Teams, please speak to Ms. Hasler or Mr. Ashman-Jones. <u>Ten Pieces at Home Showcase - Week Four - BBC</u> Teach

Take a look at some wonderful work made by children across the UK whilst they stay at home. In week four's activity the BBC Singers guided you in how to sing the hymn-like section from Sibelius ... <a href="www.bbc.co.uk">www.bbc.co.uk</a>



#### **WCHS MasterChef Junior Competition**

The Food and Nutrition department calls Year 7, 8 and 9 students for

a monthly baking and cooking competition.

Every month, the winner from Year 7, 8 and 9 will be awarded with a certificate and a prize!

February's theme is **VALENTINE BAKE** 

Email the picture of your Valentine bake, a picture of yourself with

the dish and the recipe at

foodentries@woodford.redbridge.sch.uk

In the email title include your full name, Year group and Form class

Submission deadline is 28/02/21, Sunday

#### Rules of the competition

- 1. Enter as individual
- 1. Write a recipe on a Word document
- 2. Prepare the dish with Adult supervision.
- 3. Take a picture of the final dish and a picture of yourself with the dish.
  - 4. Send the two pictures and the recipe sheet to foodentries@woodford.redbridge.sch.uk
- 5. In the subject of your email include Year group, Form class and your full name

# WCHS Virtual Friday Morning Mile



Run a mile every Friday morning. Send a screenshot of your effort to @wchsukpe Instagram and add to your coach miles totals

#### **Table Tennis**

We now have two tables available for students to use during break & lunch time.

Girls will need to provide their own bats & balls.

**Enjoy the fun!** 





THE WOODFORD COUNTY HIGH SCHOOL FRENCH DEPARTMENT PROPOSES:



## CREATE YOUR OWN MEME AND VOTE FOR YOUR FAVOURITES!

#### Objectives

Your meme should be about French news, French culture, or about learning French as an English speaker. Try to use French as much as possible to write your catch phrase. You can also choose to illustrate a quotation. See examples below.

#### How to contribute

Send your meme to the French teaching assistant at:

EtienneM@woodford.redbridge.sch.uk, specifying your full name and class.

After the deadline, you will have access to all meme submissions and will be able to vote for your favourite among each year group.

#### • Please note •

While your meme should aim to be funny, your language should remain respectful.

Any offensive meme will be automatically disqualified.





Deadline: Mon. 1 March (included)
The competition is opened to all year groups.

Competition arranged by Mme Etienne – French Assistant

Entries to: EtienneM@woodford.redbridge.sch.uk

#### Message from Ms. Peters:

Would you like to write for the WCHS STEM magazine?

If the answer is yes, use code pwe61ix to join the STEM magazine Team!

In the 'Article Ideas' channel you should give the title for the article/other feature you would like to produce, along with a brief description of what it will be about by Monday 1st March 2021. We are interested in articles covering a range of STEM subject - biology, chemistry, physics, engineering, computing, psychology, environmental science, maths... the list goes on! We also hope to include ideas for practical work that can be done at home, book reviews and careers information, so if you would prefer to write this sort of feature just let us know. No need to submit the article yet. More information will follow in the Team!

# Ms Horn's Boredom Busting Ideas



<u>Please note: if you need to create an account for any of the resources listed below – use your school email address.</u>

If you do nothing else this week, do this - Origami. Ms Carboni in the Art Department has Y10s making cranes for the staffroom of a local hospital. Why don't we help? Follow the tutorial(s) and create a design that is uplifting and generous, such as a literary quote, line of poetry or words from a famous speech — these are only ideas. Post (snail mail) your cranes to Mrs Horn. Other tutorials: Krokotak; Very long tutorial; Or this one.

Key	Resource/Event
Stage	Resource/Event Description
22/02/21	
All	<u>Watch Grayson Perry's Art Club</u> . The Art Department are asking Years 7, 8 & 9 to mirror the themes on the show, deadline for submissions is 31 <sup>st</sup> March. See the Art Department for the T's & C's.
All	National Theatre Collection. Access details are not to be shared with people outside of our school. Note: some age restrictions for productions. Username: 1Wp*1P3*k+ Password: 0K328Azgq)
5	Science Museum Webinar. Is Capitalism Compatible with Environmentalism? Sign yourself up for this eventuse your school email address.
5	<u>Firstsite</u> . My Name is Not Refugee exhibition. Discover a new view of life in Britain in an exhibition of artworks chosen by a group of refugees and asylum seekers living in Colchester.
All	Redbridge Book Awards. <b>Download</b> (it's safe) this book from the shortlist Boy, Everywhere. Enter the short story and/or poetry competitions, deadline 26 <sup>th</sup> March. All creative writing entries to Mrs Horn, in the Library.
All	ArtFund. Get your art fix here with these digital museum guides.
3/4	WCHS MasterChef Junior Competition. February's theme is Valentine Bake, deadline is 28/02/21. See the Food Technology Department for the T's & C's.
	School Resources (find these on the school website (+More)
All	Kerboddle has all digital editions of science & history textbooks
All	SnapRevise: as the name suggests Revise!
4/5	JStor access via the school website (+More). Username: WCHS / Password: Apple2019 (case sensitive). This is an electronic journal service, mostly used by Sixth Formers but everyone can access it – have a look at it.
All	Artstor. This is an art resource that we have access to until 22 <sup>nd</sup> January so try it today. Username: jcs001@jcsonlineresources.org Password: Testimonial
3/4	Collins Connect for science revision, access via the school website (+More)
3/4	GCSE Pod
All	Massolit – short video courses on lots of subjects. You need to create your own account – use your school email address.

# Spring 2021 Webinar Schedule

#### **February**

- 1. Register with each event via the link <u>using</u> your school email address
- 2. Advise Mrs Horn, in the Library, which event(s) you have registered for 3. Enjoy!

- 11<sup>th</sup> February @ 1115 1215 <u>Geography/Science</u>: Water & Ice on Mars with Sheffield University
- 11<sup>th</sup> February 1300 1345 Nursing: Graduates from UEA Tell Their Story
- 11<sup>th</sup> February @ 1715 1800 <u>PE</u>: Keeping Fit (Mind & Body) @ University with Robin Lovatt of Aberystwyth University
- 23<sup>rd</sup> February @ 1415 1500 <u>Geography</u>: Antarctic Ice Shelves in a Warming World with Dr Tom Holt of Aberystwyth University
- 24<sup>th</sup> February @ 1300-1400 <u>Medicine</u>: Orthopaedic Treatment with UEA
- 25<sup>th</sup> February @ 1330 1430 <u>Psychology</u>: Attachment Research in Action with Goldsmiths & the University of Sheffield
- 25<sup>th</sup> February @ 1715 1800 <u>HE</u>: Getting the Most Out of Uni Life Your Guide to Clubs & Societies @ Aberystwyth University
- 26<sup>th</sup> February @ 1100 1200 <u>Classics</u>: Virgil & the Aeneid with UEA & the University of Reading

#### Spring 2021 Webinar Schedule March

- 1. Register with each event via the link <u>using your</u> school email address
- 2. Advise Mrs Horn, in the Library, which event(s) you have registered for 3. Enjoy!

- 1<sup>st</sup> March @ 1415 1500 <u>Biochemistry</u>: Parasites & Proteins with Aberystwyth
- 1<sup>st</sup> March @ 1415-1515 <u>Nursing</u>: Mental Health Acute & Critical Care Needs with Surrey University & Sheffield University
- 2<sup>nd</sup> March @ 1115 1215 <u>Philosophy</u>: Ethics with the University of Reading & UEA
- 2<sup>nd</sup> March @ 1415 1500 <u>Maths</u>: The Spread of Disease in Population.
   Modelling & Testing with Professor Simon Cox & Dr Kim Kenobi of Aberystwyth University
- 3<sup>rd</sup> March @ 1115-1215 English Lit/Film: The Great Gatsby The Novel's Context, Its Exploration of 1920s Issues & Reinterpretation in Film with UEA
- 4<sup>th</sup> March @ 1115 1215 <u>Creative Writing</u>: Skills Workshop with Dr Jake Huntley of UEA
- 4<sup>th</sup> March 1715 1800 <u>HE</u>: Not Just Any University Location Your Guide to Studying Away From Home with Aberystwyth University

#### Spring 2021 Webinar Schedule March

- Register with each event via the link <u>using your</u> school email address
   Advise Mrs Horn, in the Library, which event(s) you
- have registered for 3. Enjoy!

- 1<sup>st</sup> March @ 1415 1500 <u>Biochemistry</u>: Parasites & Proteins with Aberystwyth
- 5<sup>th</sup> March 1245 1330 <u>Politics</u>: Prospects for International Cooperation with the University of Nottingham
- 8<sup>th</sup> March 1415-1500 Politics/History: Fake News in the Age of Trump & Putin with Aberystwyth University
- 9<sup>th</sup> March @ 1245 1345 <u>Film Studies</u>: Experimental Film (1960 2000)
   with UEA & Nottingham University
- 9<sup>th</sup> March @ 1415 1500 <u>History</u>: Music in the Civil Rights Movement
- 10<sup>th</sup> March @ 1415 1515 <u>Design</u>: Design Tutorial with Goldsmiths (NB a design brief will be set before the session)
- 11<sup>th</sup> March @ 0930 1030 Maths: Modelling Case Studies & Skills with UEA and Nottingham University
- 11<sup>th</sup> March @ 1400-1500 <u>Natural Sciences</u>: A Trip Through A Carbon NanoZoo with the Society for Natural Sciences
- 15<sup>th</sup> March @ 1415 1500 Sport & Exercise Science: Wearable Technology

#### Spring 2021 Webinar Schedule March

- 1. Register with each event via the link <u>using your</u> school email address
- 2. Advise Mrs Horn, in the Library, which event(s) you have registered for 3. Enjoy!

- 16<sup>th</sup> March @ 1415 1500 <u>Psychology</u>: I See What You Mean. I Mean, I See What You See Now! With Aberystwyth University
- 17<sup>th</sup> March @ 1245 1345 <u>Engineering</u>: Exploring & Utilising (Outer) Space with the University of Sheffield
- 18<sup>th</sup> March @ 1330 1415 <u>Tourism</u>: Hospitality & Leisure Graduates Tell Their Story
- 22<sup>nd</sup> March @ 1245-1330 Engineering: Recycled Aeroplanes? with UEA
- 23<sup>rd</sup> March @ 1415 1500 <u>Law</u>: Miscarriages of Justice with Dr Sam Poyser of Aberystwyth University
- 24<sup>th</sup> March @ 1415 1515 <u>Law</u>: Reasoning Masterclass with Professor Andreas Stephan of UEA
- 25<sup>th</sup> March @ 1115 1215 <u>Linguistics</u>: How Can Studying Linguistics Help Your Language Learning? With Glasgow University



RUN WHEREVER YOU ARE **DONATE FOR AMNESTY INTERNATIONAL** 

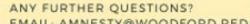


AND RUI YOUR 1

FUN RUN

CONTRIE Thank you AND well done to all those who 'RAN For Her'

FOR AMN Email amnesty@woodford.redbridge.sch.uk SOCIETIE with your photos!













#### Wellbeing Tips from Ms. Menon

Plan your day: Give structure to your days. Start and end your working day at the same time every day. Make sure that you have planned enough time for rest, relaxation and exercise.

Let go of what you can't control: You can't control everything that is happening around you. Focus of the things that you are able to control like your personal wellbeing and let go of things that are beyond your control. Limit watching news and social media usage if that makes you anxious.

Move more everyday: Make sure that you don't stay in one place all day long. Make sure that you step away from your screens between lessons. Stepping outside or running up and down the stairs during breaks can help you to keep physically active.

Try a relaxation technique: Focusing on the present is a good way to manage anxieties. Practice meditation and breathing techniques to help you relax. There were two meditation exercises in bulletin 3.

Connect with others: Keep in touch with friends and family. Speak to your Form Tutor or any other members of staff you are comfortable with if you are worried or anxious or feeling isolated. Keeping connected will always help you to be positive and is good for your mental health.

Improve your sleep: Make sure you go to bed and wake up at the same time even during the weekend. Try to get at least 8 hours of sleep every day, 10 hours is recommended.

Allow natural light to come into your room. This will help regulate the body clock. Avoid screen usage an hour before your bed time to help you unwind and sleep better. Regular hours of sleep will help you to focus and helps to improve your performance.



If you are finding things challenging, as we all do from time to time, do remember to check that you are including the 5 ways to well-being in your daily life, in whatever way you can. Remember the 5 ways to well-being are:

Connect (Talk and Listen, feel connected, be there)

Be Active (Do what you can: Enjoy what you do: Move your mood)

Take Notice (Remember the simple things that give you joy)

Keep Learning (Embrace new experience, see opportunities, surprise yourself)

**Give** (Your time, your words, your presence)

It is often helpful to talk through concerns or worries with family or a friend so do both reach out to others and be there for your friends and family should they need to talk to you. Sometimes talking through a worry can really help.

Sometimes it may be helpful for you or a friend to access support to access help outside of or in addition to family and/or friends. You can contact the school in several ways to do this and there are various people who can offer help and support.

#### **CONFIDENTIALITY**

If you speak to a member of school staff about a private matter this will usually remain confidential between

you and that member of staff. If the member of staff thinks that it is a good idea to involve someone else such as another member of staff, an external agency or your parents they would talk to you about this and get your consent. However, all members of staff have a duty to pass on information to only the school Safeguarding Team if they had concerns about your own safety or that or another member of the school community. The Safeguarding Team is limited to Mrs Greenfield and Mrs Holman.

#### **HOW TO ACCESS SUPPORT**

Tootoot – this is a way of contacting the school anonymously. You can access Tootoot from the School Website and you would have been sent a login to your school email at the start of the year. You can use Tootoot to get help with problems that you are having at school or to report something you are worried about. There is a small selection of staff who will receive your message when it is sent and will endeavour to answer as soon as they can.

Form tutor – the first place you should go if you have any problems is to your form tutor. They will offer advice if they can and /or will direct you to the relevant person in the school who can help. Currently you may be able to speak to your tutor at the end of a Teams Meeting or by emailing into the relevant KS Administrator asking your Form Tutor to contact you (you would not need to give any details). You could also get a message to them through Tootoot but would need to give your name so that they would know who to contact.

Head of Year – form tutors usually work closely with Head of Year. You can also go directly to your Head of Year if you would prefer to do this.

Continued below/ .....

Student Guidance Team – Mrs Holman and Ms Menon are available to speak to you if you have a problem, whether related to school or more personal and will guide you as to the best way to deal with the problem. They may offer to see you again themselves or advise you to see a school counsellor.

School Counsellor – Feeling overwhelmed? Scared because your parents are splitting up? Feel like you don't fit in? Sometimes it's just not possible to sort through tough times alone. Problems can build up and you may lose sleep, find you can't concentrate on school work/homework, or even become depressed. When you need to talk to someone, your school counsellor can be a great person to help you through your bad times. They will listen and help. They'll take your problem seriously and work with you to find a good solution. School counsellors are trained to help with most issues. Please speak to your Form Tutor or other member of staff or enquire via Tootoot. Speaking to a counsellor is informal, just like a chat.

Counselling is very informal, like having a chat and the Counsellors may ask questions or give advice. The sessions are about you and is your time to speak about what is worrying you.

#### **Helpful websites:**

You can text: YM to 85258 for free 24/7 support

https://youngminds.org.uk/

Online well-being platform that is accessible through mobile, tablet and desktop and free.

https://www.kooth.com/

**HOPELINEUK (PAPYRUS)** 

Phone: 0800 068 4141

https://www.papyrus-uk.org/

Email: pat@papyrus-uk.org

Text: 07860039967

(Mon - Fri 0900 - 2200 and Sat - Sun 1400 -2200)







## **Opportunities**



Grayson Perry's Art Club is back for a second series and we can't wait!

Some of you may already know that during the first lockdown, Grayson's Art Club provided a creative outlet that helped us get through a challenging time. Well we are shadowing him again...this series the themes are: Family; Nature; Food; Dreams; Work & Travel. All year groups can get involved- you don't have to submit artwork for all 6 weeks/themes- it can be even for one of the weeks or for your favourite theme out of the 6!

If you want to participate, you can submit your art work online directly to Grayson @

https://www.graysonsartclub.com/submit-your-art

Additionally, we at Woodford would love to see all your amazing art so please submit a photo of your artwork to Mrs Horn at:



Hornd@woodford.redbridge.sch.uk each week or by Friday 19th March 2021, latest.

Try to ensure that your photo is of professional quality, it is clear and has been taken in a well-lit environment. Also keep an eye on the school's Twitter feed and Student Bulletin, for your art making a showcase!

We will be collecting artwork submissions up until the deadline of **Friday 19**th **March 2021** and once in, we will select the 3 winners from each theme, who will all receive a special PRIZE!

If you would like to know more on this great art project or have any questions, then please talk to your Art teacher or Mrs Horn in the Library.

### Practical Activities to Learn at Home

#### Do you want to enhance your coding skills? Are you ready to learn more at home?

Please find a list of interesting practical project ideas that you can learn at home. It is all online and it contains a mixture of programming projects and some including Electronics:

#### **Programming Projects**

- Calming LEDS <a href="https://microbit.org/projects/make-it-code-it/calming-leds/">https://microbit.org/projects/make-it-code-it/calming-leds/</a>
- Thermometer <u>https://microbit.org/projects/make-it-code-it/thermometer/</u>
- Try out machine learning with Scratch [Raspberry Pi] https://www.youtube.com/watch?v=rQwJvn-noHg
- Create your own video game [Raspberry Pi] - <a href="https://www.youtube.com/watch?v=mqE-">https://www.youtube.com/watch?v=mqE-</a> <a href="https://www.youtube.com/watch?v=mqE-">He2F0cw&list=PLxyaWvsfmq49REpw7XnAvhsLZI3ZbDScx</a>
- Against the Clock [Micro:bit] Learn how to make a timer <a href="https://projects.raspberrypi.org/en/projects/against-the-clock">https://projects.raspberrypi.org/en/projects/against-the-clock</a>
- Nightlight [Micro:bit] A nightlight that lights up your micro:bit's LED display in the dark https://microbit.org/projects/make-it-code-it/nightlight/
- Make a Chase Game
   https://scratch.mit.edu/projects/editor/?tutorial=all
- Compass North <u>https://microbit.org/projects/make-it-code-it/compass-north/</u>
- Step Counter
   <a href="https://microbit.org/projects/make-it-code-it/step-counter/">https://microbit.org/projects/make-it-code-it/step-counter/</a>
   Scratch Guitar Play real chords on an electric micro:bit guitar.

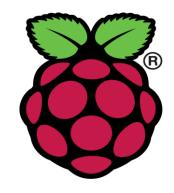
https://microbit.org/projects/make-it-code-it/scratch-guitar/

 Make Music https://scratch.mit.edu/projects/editor/?tutorial=all

#### Programming combined with Electronics

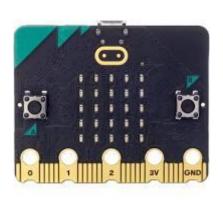
For some of these projects you will need some electronics components, have a look and have a go:

- Make it blink [Raspberry Pi] https://www.youtube.com/watch?v=r2kfPti-sUl
- Blinking LED Circuit Stickers [Material Required]
   https://www.instructables.com/Holiday-Cards-with-Chibitronics-Blinking-LED-Circu/
- DIY Kids Traffic Lights with Arduino & Recycled Materials [Material Required]
  - https://www.youtube.com/watch?v=2QN8tdJy3cE&feature=em b logo
- Arduino Tutorial: Mini Piano [Material Required]
   https://www.youtube.com/watch?v=niiFx9eiCZk&feature=emb\_l
   ogo
- Buzz Wire Game [Material Required]
   https://www.youtube.com/watch?v=mXleSlmRQuc&feature=em
   b\_logo











#### Free Saturday Clubs for all Year 9, 10 and 11 students - launching at 10am this Saturday 27th February for ten weeks

From this morning, we are keenly accepting online applications to all four Saturday Club programme options being hosted free of charge and virtual initially, then at our Barking & Dagenham College Campus as soon as we're able.

These exciting opportunities are available to all young people aged 13–16 and will develop advanced skills in areas that you currently enjoy or wish to discover and to learn much more about. In 2021, we are offering the following four options:

**Option 1 - Esports as a future career** - This Saturday Club option would cover an introduction to employability roles within the growing Esports sector, alongside designing and the creation of content. The sessions will allow all Club members to experience broadcasting a live stream, looking at tactics\strategies when playing ESports and finally event planning and the organisation and hosting, of an end of course ESports Tournament. <a href="https://saturday-club.org/club/barking-and-dagenham-college-esports/">https://saturday-club.org/club/barking-and-dagenham-college-esports/</a>

**Option 2 - Film & Media creation -** This Club would introduce you to our brand-new film and audio recording studio within the on-campus, East London Institute of Technology - ELIoT. All Club participants would get the amazing opportunity to create a short film and soundtrack and then edit both into a final broadcast standard, production. At the end of the programme, all the films would be showcased in a Film event held at the College and shown online nationally. <a href="https://saturday-club.org/club/barking-and-dagenham-college-film-media/">https://saturday-club.org/club/barking-and-dagenham-college-film-media/</a>

**Option 3 - Creative Industries, Art & Design -** This programme will immerse you in a wide range of exciting and engaging creative arts workshops exploring various Art & Design processes and using sector-standard equipment which will release and enhance all your inner skills and abilities. You will cover different areas of practices, from Fashion to Architecture to Graphic Design and much more. You will need an internet connection, a tablet/phone/computer to join, a free zoom account and something to draw with. <a href="https://saturday-club.org/club/barking-and-dagenham-college/">https://saturday-club.org/club/barking-and-dagenham-college/</a>

**Option 4 - Art & Design, Designing and creating your unique phone case.** You will be measuring your own phone using industry standard equipment, drawing the design in 2D and 3D using CAD and 3D printing, choosing and testing materials and finally, laser cutting to make the final and unique product. You should have predicted pass grades in GCSE English, Maths, Science and Design & Technology would be preferred - this option will start online on Saturday 6th March. <a href="https://saturday-club.org/club/barking-and-dagenham-college-product-design/">https://saturday-club.org/club/barking-and-dagenham-college-product-design/</a>

This is a free Saturday Club programme for all Year 9, 10 and 11 students - launching online at 10am this Saturday 27th February for ten weeks

#### **David Staley**

Schools Engagement and Alumni Officer

Direct: 0203 667 0215

Please view and share our Course Guide for 2021/22

https://barkingdagenhamcollege.pagetiger.com/ckezgxe/1



National Careers Week may look different this year, but it can still be impactful and relevant to your students. You can use content from LifeSkills created with Barclays, the free employability programme, as part of your week of activities to deliver practical and interactive sessions to students in all locations.

To help you get started, here's how you could use LifeSkills as part of National Careers Week. This range of lesson plans, interactive tools and resources can be accessed as a class or by students independently through our Young People hub.

#### onday - 20-30 minutes

Start with the Wheel of strengths to help students discover job roles that might be a match for their skills and interests.

#### Tuesday - 30-60 minutes

Explore diversity, why it's important in the workplace and how to become an inclusivity champion with our case studies and Online lesson film.

#### Wednesday - 5-90 minutes

Develop students' CV skills by getting them to write a CV, perhaps for a role from their Wheel of strengths results.

#### Thursday – 15-90 minutes

Now they've discovered how to apply for a job, give students the skills to succeed in interviews with our Virtual interview practice tool.

#### Friday – 60-90 minutes

Finish by preparing students for different roles with an activity utilising case study films, featuring young people in a range of industries.

If your students want to explore the workplace further, point them to our Virtual Work Experience hub where they can learn about the skills needed in the workplace through interactive tools, films and workplace briefs. We've simplified our website so they won't need to sign up to access some of our resources.

Register today to access all the above and more, and why not book a call with the team to see how you can continue to focus on employability skills in your lesson planning through LifeSkills.

Ages 12-18 | 'Live Online' or In-Person at UCL



Architecture | Computer Science | Dentistry | Engineering | Investment Banking | Medicine | Psychology | Veterinary Medicine

Supercharge your students' potential today. Hands-on, immersive career experiences now available in 8 STEM-related industries.

Register now for a unique opportunity to work alongside experienced engineers, doctors, psychologists, vets and others this term. Students can choose to attend 'Live Online' before Easter or inperson later in April. Our in-person events have strict COVID measures in place.

Please share this email with students and parents so they can register now. You can download a PDF of this email <a href="https://example.com/here/">here</a>.

Register Now (Ages 15-18) Register Now (Ages 12-14)



#### **BUILT FOR YOUNG CREATORS**

The Young Songwriter 2021 competition is open for entries – a fantastic opportunity for musical & creative pupils



Dear Dr Ashraff,

Do you have pupils (aged 8-18) who love writing songs? The Young Songwriter 2021 competition is now open for entries and we can't wait to hear what your pupils have to say!

Many teachers have said that announcing The Young Songwriter competition opportunity is an inspiring way to engage, motivate and boost the confidence of musical & creative pupils. This year it's more important than ever.

## $\frac{\textbf{FIND OUT MORE ABOUT THE}}{\textbf{YOUNG SONGWRITER COMP}} \rightarrow$

#### Calling all young songwriters!

- Aged 8-18? Written your own original songs? Fancy writing your first song?
- The Song Academy Young Songwriter 2021 competition #SAYS21 is open for entries until the 31st March 2021.
- Win great prizes (including a recording studio session and Yamaha equipment worth £1,000), have opportunities to be heard & connect to young songwriters worldwide.
- With judges including Fraser T Smith, Tom Odell, Miranda Cooper, Calum Scott & Tom Grennan this year is set to be bigger than ever!
- Check out <u>songacademy.co.uk/SAYS21</u> for inspiration, tips on songwriting and how to enter #SAYS21.

Gen Z has something to say and we can't wait to hear it! Be part of an exciting and uplifting community of young songwriters across the world – listening to everyone's songs, feeling connected and having access to exclusive opportunities!

Thanks for helping us to inspire young people to express themselves and find their voice. We're looking forward to listening to their songs.

All the best Rowena & The Song Academy Team

FIND OUT MORE & ENTER THE COMPETITION  $\rightarrow$