



Woodford County
High School for Girls

Bulletin

Issue No. 380 16th November 2021



The Woodford County High School

House Drama Festival

is taking place on Wednesday 17th and Thursday 18th November 2021

Please note, this year we are **not** having an evening performance for parents, the girls will be watching the following production during school hours



The Road to El Dorado — Highams

Enchanted — Repton

Hocus Pocus — Warner

High School Musical — Newton



To All Year 7's

Each Year, Harrisons Catering offer our new Year 7 students a free school meal so that you can sample the great food and service they have on offer

When: Friday 12 November 2021

What: This is a 2 course meal consisting of either

☐ A hot dish or a sandwich

And for dessert – a piece of the
“cake of the day”

How it works:

- ☐ The value of this offer is £2.15 per student
- ☐ If you decide you want extras such as a drink, another snack, or a baguette / wrap, help yourself, though you will need to pay for these at the till. (The canteen will log your food and take £2.15 off the total cost)
- ☐ Please make sure you have funds on your parent pay account to pay for any extras
- ☐ No need to pre-order, just visit the canteen that day, choose your option and head to the tills

Whether you are a regular visitor to the canteen or would like a chance to try out the services, this invitation is open to all year 7's

We hope you enjoy what we have to offer

HARRISONS CATERING SERVICES

Lost property wooden trunk in Reception

We still have a large number of unclaimed outdoor coats and school uniform sitting in the large lost property box in reception.

We have sent numerous messages out asking for goods to be collected.

For your information, all goods will be discarded at the end of this week,

Friday 19th November 2021.

Thank you for co-operation.





School Christmas Lunch

Wednesday 15th and Thursday 16th December

Christmas Lunch will be served on 2 days this year during the normal lunchtime period.

The days will be split as follows:

Wednesday 15th December—Forms 7 (A-C), 8 (A-C), 9 (A-C), 10, (A-C), 11(A-C) Staff & 6th Form

Thursday 16th December—Forms 7 (D-F), 8 (D-F), 9 (D-F), 10 (D-F), 11(D-F) Staff & 6th Form

The cost of the Christmas meal will be £3.50, and will be served by ticket only. Tickets must be purchased and paid in advance at the tills at Breakfast and Lunch sessions from Monday 29th November till Friday 3rd December.

There will be a meat and vegetarian option consisting of

**Roast Halal/Non Halal Turkey OR Butternut Squash & Mushroom Loaf with a selection of
Roast Potatoes, Baton Carrots, Brussel Sprouts, Pigs in Blankets, Sage and Onion Stuffing and Gravy.
Chocolate cake topped with orange butter cream Or Chocolate mince pie.**

Tickets will be on sale up until Friday 3rd December as numbers need to be known in advance for catering purposes

On the days /times you are not having a Christmas dinner, PLEASE BRING A PACKED LUNCH.

There will be the usual snacks / sandwiches at breakfast and morning break.

Please ensure that you purchase your tickets in advance



The Christmas concert will take place on **Thursday 9th December at 7:00pm.**

The following extra-curricular groups will be involved in this:

- Jazz band
- Orchestra
- Flute ensemble
- String quintet
- String orchestra
- Senior choir
- Junior choir
- Junior band
- Year 8 brass (classes 8A, B and C who are doing brass project for their curriculum)
- Year 7 will also be singing for the concert.

Please make a note of the date. Information about tickets will be available in due course.



Christmas Concert Hamper Appeal

*For our first Christmas concert since lockdown,
we are looking for items to be able to raffle on the day!*

*Please give generously for our school,
all funds raised help the girls: -*



Luxury Toiletries, Candles



**Any Vouchers for a business
owned by a parent**



Luxury Biscuits/Chocolates

**** No Alcohol pls.**

Donations to be dropped to

School Office by 9th December 2021.





Advanced Notice

WCHS will be taking part in the National Christmas Jumper Day to raise money for Save the Children. This is on Friday 10th December.
Plan / save up / create / make / customise your jumper!

WWW.WOODFORD.REDBRIDGE.SCH.UK

**FOLLOW US ON
SOCIAL MEDIA**



@WCHS_UK



@WoodfordCHS_UK



CAKE SALE

MONDAY 13TH DECEMBER

BREAK TIME IN
THE DINING HALL

Cake donations, made by parents/carers/girls,
to be taken to MAIN DINING HALL
before morning registration on
Monday 13th December

* NO NUTS IN ACCORDANCE WITH SCHOOL POLICY *

* FACE MASKS TO BE WORN WHILE PURCHASING CAKES *

Thank you!



50p - £1 PER CAKE

All proceeds will go to Parents and Friends Association

PRIZEGIVING 2021

Our Prizegiving Evening for Academic Year 2020-21's Year 11 went very well last week, with many parents joining us virtually for the webcast event. Below is a letter we received today from the Speaker's chosen charity.



Patrons
Colin Salmon
John Barnes MBE
David Haye
Eleanor Smith

Board of Trustees
Laverne Walker
Charlotte Dawkins
Monica Meade
Jeremie Alamazani
Dean Forbes

Woodford County High School
High Road
Woodford Green
Essex
IG8 9LA

15th November 2021

Attn: Ms. Emma Wightman

Dear Ms. Wightman

Woodford County High School – Prizegiving Event 11th November 2021

On behalf of the ACLT charity and the patients and families of patients we represent in the UK and around the world, we would like to thank you, the teachers, staff, and students at Woodford County High School for the kind cheque donation of £100.00; on behalf of Ms Mavs Amonoo-Acquahn being a guest speaker at your recent prizegiving event

As a small charity, the continuation of our lifesaving work relies on the generosity of supporters like yourself; your donation will help us meet costs and fund patient appeals and donor registration drives.

ACLT is driven by a belief that no patient needing a matching stem cell (bone marrow) or organ transplant should die waiting for a donor to be found. ACLT supports patients and their families and continues to recruit potential stem cell donors, blood and organ donors whilst campaigning for better services for all patients diagnosed as needing a transplant.

With your support, we'll continue Changing Attitudes, Giving Hope, Saving Lives

Yours sincerely

Beverley De-Gale OBE
ACLT Chief Operating Officer & Co-Founder

Holiday Activities and Food Programme – December 2021

What is the Holiday Activities and Food Programme?

Also known as HAF, this programme is being provided to enable eligible children to access the following during the school holidays:

- ✓ Daily physical activity
- ✓ Enriching activities ✓ Nutritional education

Children and young people who took part in the summer had a great time and made new friends too.

When is it?

Sessions will take place from 10.00am to 2.00pm, Monday 20 December to Thursday 23 December 2021. Once we've confirmed your place, you'll be able to turn up on all four days, but you don't have to. If you have other plans then you can just join in on one, two or three days instead.

Where is it?

Primary age children will be able to attend one of the following sites:

- Cranbrook Primary School, The Drive, Ilford, Essex, IG1 3PS
- Coppice Primary School, Manford Way, Chigwell, Essex, IG7 4AL
- Fullwood Primary School, Burford Close, Barkingside, Ilford, Essex, IG6 1ER
- Ray Lodge Primary School, Snakes Lane East, Woodford Green, Essex, IG8 7JQ
- South Park Primary School, Water Lane, Seven Kings, Ilford, IG3 9HF
- Uphall Primary School, Uphall Road, Ilford, Essex, IG1 2JD
- Woodlands Primary School, Loxford Lane, Ilford, Essex, IG1 2PY

Secondary age children will be able to attend one of the following sites:

- Caterham High School, Caterham Avenue, Clayhall, Ilford, IG5 0QW
- Oaks Park High School, 45-65 Oaks Lane, Ilford, IG2 7PQ
- If you live in Ilford and are unable to travel to Oaks Park or Caterham, we will also be running a transport service daily, to and from the front of Loxford School, Loxford Lane to the Oaks Park High School HAF.

We are also considering running online activities sessions for children who are unable to attend in person. If you are interested in these sessions, please indicate so on the application form and we will contact you with the relevant login details, if there is sufficient public interest.

Is my child eligible?

Your child will need to meet both of the following:

- ✓ Eligible for, and in receipt of, Free School Meals (not including those accessing universal entitlement for Free School Meals unless they also meet the eligibility criteria for FSM)
- ✓ Age 5-16 years

How do I book?

If you would like your child to take part, please register your interest no later than 5.00pm on Friday 10 December 2021 at <https://forms.office.com/r/tu6QRztcG5>. Places are on a first come first served basis so please book as soon as possible to avoid disappointment.

MUSIC CLUBS

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	Junior Choir Conference Room 13:50- 14:35	Junior Band IBO (SF1) 13:50-14:40	Jazz Band KHN (SF1) 13:25-14:15 GCSE/A-level support IBO (SF2) 13:25- 14:05	Senior Choir KHA (SF1) 13:25- 14:05 Theory IBO (SF2) 13:30-14:20	Orchestra IBO (SF1) 13:30-14:20
After school	String orchestra IBO (SF1) 15:45-16:30 Brass Ensemble (SF2) 15:45-16:15	Chamber groups IBO (SF1) 15:45-16:30			

These music sessions will be on weekly, girls should bring their own instrument and no registration is required for the sessions.

PE Extra-curricular (Autumn 2)
November 2021



	Monday	Tuesday	Wednesday	Thursday	Friday
Before School			Y7/8 Sports hall athletics <i>JBR - Sports hall</i> 7:50 – 8:20		All Year Groups - Morning Mile <i>JBR – Field</i> 7:50-8:15 Year 11 Badminton <i>VJA – Sports Hall</i> 7:50-8:20
Lunch time (Times vary)	Year 9 Badminton <i>HBA – Sports Hall</i> 13:40-14:20	Running Club with Rachael Lam (Y12) Field 13:30 – 14:00	Year 7/8 Football <i>TLE – Netball courts</i> 13:30-14:00 All Years – Athletics <i>KRI – Sports hall</i> 13:25-14:10 Year 9/10 Football <i>HBA – Netball courts</i> 13:40-14:20	Year 9 Netball <i>HBA - Netball Courts</i> 13:30-14:20 Year 10 Netball <i>KRI – Netball Courts/Sports Hall</i> 13:10-14:00	Y12/13 Netball <i>LMA – Sports Hall</i> 13:10 – 2:00 Boxercise (Invitation Only) <i>HBA – Dance Studio</i> 13:40-14:10 Year 10 GCSE Catch Up <i>KRI</i> 13:30-14:00
After school	Year 7/8 Football <i>JBR - Field</i> 15:45-16:30 Year 9/10/11 Netball <i>VJA/LMA – Sports Hall</i> 15:30-16:30	All years Trampolining <i>JBR/LMA – Sports Hall</i> 15:40 -16:40	Year 7 Netball <i>VJA/LMA – Sports Hall</i> 15:45-16:45	Year 8 Netball <i>JBR – Sports Hall</i> 15:45-16:45	

All years welcome



CROSS COUNTRY CLUB

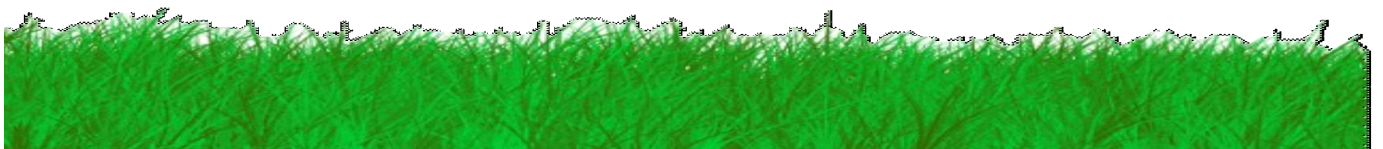
Date: Every Tuesday

Time: 1:40 – 2:00

Location: Go to the Sports building to meet me and get changed. I will register you.

If it is sunny, we go to the field; if it is wet, we stay indoors.

Queries: talk to Rachael Lam (Year 12)



Camps – London Pulse Netball

Dear Pulse Fans, our Xmas Camps will be at our home venue this year!

Take the opportunity to go Xmas shopping at Westfield whilst your child plays with some of our Netball stars in the best Netball Arena in the Country!

londonpulsenetball.com



The poster features a black background with white snowflakes. At the top left is the 'LONDON PULSE' logo, with 'PULSE' in a large, stylized font. Below it is a cartoon reindeer head with a red nose and antlers, positioned above a pink rectangular button labeled 'CAMPS'. The main text reads 'DECEMBER NETBALL CAMPS AT THE COPPER BOX ARENA' in bold white capital letters, followed by 'HOSTED BY' in smaller white capital letters, and 'Pulse Players' in a large, pink, cursive script. On the right side, four circular portraits of female netball players are arranged vertically, each with a pink border and connected by thin pink lines. The bottom of the poster has a white, wavy snow-like border containing the text 'BOOK NOW!' in bold pink capital letters and '20TH, 21ST & 23RD DECEMBER' in bold black capital letters.

LONDON PULSE

CAMPS

DECEMBER NETBALL CAMPS AT THE COPPER BOX ARENA

HOSTED BY

Pulse Players

BOOK NOW!
20TH, 21ST & 23RD DECEMBER

**SILVER CAPS
ACCREDITED CLUB**

**AP SAINTS**
Netball Club



**AGES 10-14
WEEKLY TRAINING SESSIONS**

AP SAINTS NC

**LOCATION: LAMMAS SCHOOL AND SIXTH FORM, 150
SEYMOUR ROAD, LONDON E10 7LX**

**DATE: EVERY WEDNESDAY STARTING 3RD NOVEMBER 2021
Time: 5:30-7:30PM**

**JOIN US FROM 3RD NOVEMBER FOR FRIENDLY BUT INTENSE
TRAINING SESSIONS TO IMPROVE BALL SKILLS, FITNESS AND
TECHNICAL & TACTICAL SKILLS**

**COMPETING IN A COMPETITIVE DIVISION IN THE ESSEX MET
NETBALL LEAGUE WITH FORTNIGHTLY MATCHES**

TO JOIN EMAIL SHANA.APSAINTS@GMAIL.COM



With over 14 million daily users, Discord is one of the most popular communication tools for gamers. It allows you to create or join what are known as 'servers', where different users can talk in groups via text message or voice call. There is also the option to send direct messages and make video calls.



What parents need to know about **DISCORD**



INAPPROPRIATE CONTENT

While most parents allow their child to use Discord, they may not be aware of the content that is available. There is a lot of inappropriate content on the platform, including images, videos and text that are not suitable for children.



SEXUAL IMAGERY

Discord has a large community of users, many of whom are adults. This means there is a risk of sexual imagery being shared on the platform, which is not suitable for children.



RISK OF CYBERBULLYING

Discord is a social platform, which means it is easy for users to interact with each other. This can lead to cyberbullying, where users are harassed or threatened online.



HIDDEN CHARGES

While Discord is free to use, there are some hidden charges that parents should be aware of. These include charges for premium features, such as custom avatars and roles.



RISK OF CYBERCRIME

Discord is a popular platform for gamers, which means it is also a target for cybercriminals. There is a risk of users being scammed or having their accounts hacked.



STRANGER DANGER

Discord is a social platform, which means it is easy for users to interact with strangers. This can lead to stranger danger, where users are contacted by someone they do not know.



Top Tips to Protect Your Child



1 BEWARE OF WHAT'S SHARED

While most parents allow their child to use Discord, they may not be aware of the content that is available. There is a lot of inappropriate content on the platform, including images, videos and text that are not suitable for children.



2 IMPROVE SECURITY SETTINGS

To help protect your child, make sure they set strong passwords. You should also consider using two-factor authentication, which adds an extra layer of security to your account.



3 CHECK THEIR FRIEND LIST

Discord is a social platform, which means it is easy for users to interact with each other. This can lead to cyberbullying, where users are harassed or threatened online.



4 REPORT & BLOCK SUSPICIOUS USERS

Discord is a social platform, which means it is easy for users to interact with each other. This can lead to cyberbullying, where users are harassed or threatened online.



5 BEWARE OF NSFW CONTENT

Discord is a social platform, which means it is easy for users to interact with each other. This can lead to cyberbullying, where users are harassed or threatened online.



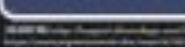
6 SHOW RESPECT TO OTHERS

Discord is a social platform, which means it is easy for users to interact with each other. This can lead to cyberbullying, where users are harassed or threatened online.



7 TURN ON SAFE MESSAGING

You should encourage your child to enable the Safe Messaging option. This will help protect them from receiving inappropriate messages from strangers.



Meet our expert

Dr. Jane Wootton is a leading expert in child psychology and has worked with a number of children's charities, including the NSPCC, to help protect children from online risks.

**"When I grow up,
I want to be a superhero!"**

London Borough of
Redbridge 



Foster for Redbridge

0208 708 6068

fostering@redbridge.gov.uk

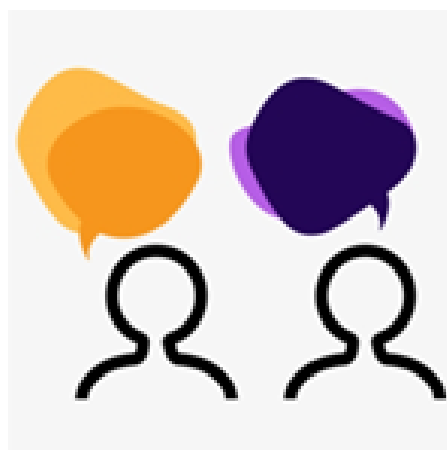


Educational Psychology Parent Helpline

Would you like to talk to someone about difficulties that you or your child are experiencing during the COVID-19 pandemic? Do you need some support with creating a daily routine for your child? Are you concerned about your child's emotional wellbeing? Are you struggling to motivate your children at home or manage sibling relationships? The Educational Psychology Service are here to support you.

The Redbridge Educational Psychology Service have a **dedicated telephone helpline for parents/carers** where you will receive advice and guidance from a professional psychologist.

The EPS helpline is available for all parents and carers - your child does not need to be known to the EPS, does not need to have a special educational need or additional support within school. We welcome calls from all parents and carers.



EPS Helpline

Telephone: 077 41 3 31 009

Opening hours:

Every Wednesday 10am - 4pm

Webpage: <https://www.redbridge.gov.uk/schools/educational-psychology-service/>



FIND: [Educational Psychology Service](#)

@Redbridge_aep Twitter account.

Dates for the Diary

AUTUMN 2021		
Term	Friday 3 September	Friday 22 October
Half-term	Monday 25 October	Friday 29 October
Term	Monday 1 November	Friday 17 December
Non Contact Day	Friday 8 October	
SPRING 2022		
Term	Tuesday 4 January 2022	Friday 11 February 2022
Half-term	Monday 14 February 2022	Friday 18 February 2022
Term	Monday 21 February 2022	Friday 1 April 2022
Non Contact Day	Tuesday 8 March 2022	
SUMMER 2022		
Term	Tuesday 19 April 2022	Friday 27 May 2022
Half-term	Monday 30 May 2022	Friday 3 June 2022
Term	Monday 6 June 2022	Friday 22 July 2022
Non Contact Day	Wednesday 29 June 2022	



KEY DATES TO REMEMBER

Tuesday 30th November—Year 11 Parents Evening
 Thursday 9th December—Christmas Concert
 Friday 10th December—Christmas Jumper Day
 6th to 10th December—House Charity Week (Warner)
 Monday 6th December—Year 13 Parents Evening
 Thursday 9th December—Christmas Concert
 15th/16th December—Years 7 & 8 Flu Vaccines