



# Woodford County High School for Girls

## Bulletin

Issue No. 383

7th December 2021



Tues 7 December 2021

Dear Parents / Carers

With the announcement of a new COVID 19 variant, your continuing support of twice-weekly at home lateral flow testing for secondary age pupils is sought and information is provided (below) about Onsite Lateral Flow Testing upon the return to school in January 2022

We continue to work hard in school to keep Covid-19 at bay and to follow the precautions to minimise the spread of Covid 19 with the school community. We have updated our Risk Assessment to reflect the use of CO2 monitors in classrooms and the changes announced by Government last weekend in light of the new Omicron variant. [Covid Risk Assessment \(November 2021\)](#). Infections have been low but having now been notified of at least 5 cases in two cohorts (Year 7 and Year 9) in the last ten days, we have now met an (early) outbreak threshold. Our cautious approach on return to school in September means the intervention steps now required of us by Public Health are not dramatic. Students and staff are already asked to wear masks in corridors and communal spaces – we will be reinforcing this message. We will continue to ensure classrooms are well ventilated and that girls are outside at breaks and lunchtimes whenever this is possible. There is already a requirement for the wearing of masks on school and public transport. Students remain free to wear masks in lessons for those where case numbers remain below the COVID outbreak Thresholds. However, for classes or groups where the threshold has been reached, these students have been asked to wear masks during lesson time and to continue to take frequent Lateral Flow Testing at home .

There is no cause for alarm but you are asked to reinforce the importance of the following with your child:

- ♦ Wearing a face mask on public and school transport
- ♦ Wearing a face mask in school in corridors and communal spaces (and in classrooms if instructed by the school)
- ♦ Observing careful hand hygiene
- ♦ Continuing with twice weekly lateral flow testing and reporting results both to public health and by e-mail to WCHS. [covidresult@woodford.redbridge.sch.uk](mailto:covidresult@woodford.redbridge.sch.uk) . (Test kits are available via form tutors.)
- ♦ Keeping a sensible distance from others
- ♦ Staying at home if experiencing Covid-19 symptoms, or if required to quarantine (after travel), or to isolate (after close contact and /or if instructed to do so by NHS Track and Trace)
- ♦ Taking the necessary PCR tests following any travel abroad (and isolating until negative results received)
- ♦ Making an informed decision about Covid-19 vaccination and/ or flu vaccination in due course (if eligible)

You will have heard the announcement last weekend that schools are required to undertake one round of Lateral Flow Testing onsite as students return to school on Tuesday 4 January 2022. We will provide students with further information on the testing regime in the coming days, but we also **encourage you to ensure your child undertakes and reports on a Lateral Flow Test on Sunday 2 January 2022 at home.**

For students who have already taken part in on-site testing at WCHS, we have the necessary consent on file. However, now we need to request consent for those students who have not yet been tested on site here. Parental consent is required for students in years 7 -11. Students in Years 12 & 13 will be asked to provide written consent for themselves. A link to the relevant form will be sent out via groupcall, we ask that this is completed **before** the end of this school term.

## Calendar changes in response to updated local and national guidance (Covid-19 control measures)

### Change of live events to online events

We have taken the decision to move to online viewings for events scheduled for later this term which otherwise would have welcomed audiences on site. The decision has not been taken lightly but in the interests of continuity of education and in order to prioritise the safety of everyone in the WCHS community. **The Christmas Concert** will now be available to view online via *You Tube* on Thursday 16 December at 6pm (Joining instructions will be provided.)

\*\*\*\*\*

To finish on a happier note:

### Additional Bank Holiday to celebrate the Queen's Platinum Jubilee

You are probably aware that an additional bank holiday has been awarded in 2022 to mark the Queen's Platinum Jubilee. (The annual end-of-May bank holiday has been moved to Thursday 2 June and the additional day is Friday 3 June, creating a long weekend.)

The additional day falls in the half term holiday so in itself would not make any difference to school children and their teachers. For this reason schools have been told they can assign the additional day elsewhere in the year.

Governors have ratified the decision for WCHS to make **Friday 11 February** (the day before we start half term) a holiday. This adds a bit of flex to people's half term arrangements and lengthens a weekend. We have updated the calendar on the school website to this end. You are free to inform your child of this additional day of holiday, and to make plans as you wish.

Yours sincerely

Ms Jo Pomeroy  
Headteacher

### What you can find inside this week's Bulletin:

Pages 1-2	Letter from Headteacher	Page 16	Music Clubs
Pages 3-4	Covid management letter from Redbridge	Page 17	PE Extra-Curricular (Autumn 2)
Page 5	Candy Cane Delivery Service	Page 18	London Youth Games poster
Pages 6	Christmas Jumper Day	Page 19	Cross Country Club information
Page 7	Cake sale	Page 20	Rugby for girls & women
Page 8	Christmas Concert now online!	Page 21	Camps – London Pulse Netball
Page 9	After School clubs	Page 22	Islington Art Society Art Exhibition
Page 10	New After School club	Page 23	Foster in Redbridge
Page 11	Amnesty Society – Write for Rights campaign		School Social Media
	Parental Survey (Years 7-13)	Page 24	Educational Psychology Parent Helpline
Page 12	2 <sup>nd</sup> doses of the Covid-19 vaccine for 16-17 year olds	Pages 25-26	Careers at Woodford
	Years 7-11 Flu Immunisation information	Page 27	Information from the Metropolitan Police
Page 13	Raise money for Woodford County while shopping online	Pages 28-34	What parents need to know about TikTok
Page 14	Online Safety Training for Parents	Page 35	Lost Property / Lanyard/Locker key/Fob reminder
Page 15	Holiday Activities and Food Programme – Dec21	Page 36	Dates for the Diary / Important Dates

**We have received the below letter on Covid management from the borough:**



**People Directorate**

**Colin Stewart**

Operational Director - Education and Inclusion

**Lynton House, 255-259 High Road  
Ilford, Essex IG1 1NN**

Please ask for: Colin Stewart

Direct line: 020 8708 3378

[colin.stewart@redbridge.gov.uk](mailto:colin.stewart@redbridge.gov.uk)

Date: 3 December 2021

Dear Parent/Carer

**Re: Public Health advice to reduce COVID-19 transmission in schools**

You will be aware from recent government that additional measures have been introduced in schools in response to the Omicron variant. In addition, the number of positive cases among school-age pupils has continued to increase across the country and although the increases in Redbridge are not at the levels seen in other areas, the number of positive cases among pupils in our schools is growing.

We want our pupils to have the best chance to recover from the impact of the pandemic on their education – and to do that we need to ensure that pupils can attend as often as possible. The schools are working closely with Public Health and the Council to put in place as many measures as possible to help reduce the numbers of positive cases within schools.

We need all families to help their children and help their schools. We encourage you to take the following steps so you can help us all to keep schools open for as many pupils as possible and to then have a healthy break over the coming school holiday period.

**Regular Lateral Flow Test (LFT) testing**

The most effective way to identify positive cases is through twice weekly, if not daily, lateral flow testing. By identifying students who test positive before they come to school, this will help reduce the spread of covid within school. Many young people



with covid do not display symptoms, so regular testing helps to identify both symptomatic and asymptomatic cases.

Please test your children regularly with lateral flow tests. This needs to be done at least twice a week if your child attends a secondary school. Many parents and carers already do this. For parents whose children are new to Year 7 this year, this will be different to what you would have been asked to do when your child was in primary school. However, now that the children are in secondary, we want to particularly encourage parents of Year 7 pupils to start with regular lateral flow testing if you have not done this before.

If the lateral flow test is positive, you must keep your child off school until a PCR test result is received. If the PCR test is negative, your child can return. If it is positive, they must remain off school for 10 days following the first symptoms (or from the date of the test result if there were no symptoms present)

### **Testing in a covid positive household**

If someone in your household has tested positive, we recommend that everyone in the household undertakes 7 days of daily testing with lateral flow tests. LFTs should be taken for 7 days from the date of COVID-19 symptoms started in the household or from the date of the first positive test if there are no symptoms. In addition, all household members should be encouraged to undertake a PCR test. Covid is commonly spread amongst a household, even in those who are vaccinated.

Please note that anyone who has had a positive PCR result within the last 90 days should not get a further test unless they have developed symptoms.

Lateral flow tests can be ordered online: [Order coronavirus \(COVID-19\) rapid lateral flow tests](#).

### **Limiting social/non-essential activity in covid positive households**

If someone in your household has tested positive, your children should still attend school unless they have symptoms or unless they test positive. However, we recommend that you limit social or non-essential activity before and after the school day for 10 days from the date of the first positive test if there are no symptoms or 10 days from the date that COVID-19 symptoms started in the household. This includes playdates, sports, parties, and any extracurricular activities. This will help to reduce ongoing transmission across the borough.

### **Covid vaccinations**

We would encourage everyone 12 years and above to have the covid vaccination. It is very easy to book a vaccination at a local pharmacy or clinic via the [NHS booking service](#) or by calling Healthbridge on 0204 506 8833.

Thank you for all your support as we continue to work to keep Redbridge safe.

Yours sincerely



**Colin Stewart**  
Operational Director - Education and Inclusion



**Gladys Xavier**  
Director of Public Health



IN SUPPORT OF THE HOMELESS  
CHARITY, CRISIS, SIXTH FORMERS  
HAVE ORGANISED A



# CANDY CANE DELIVERY SERVICE



You can purchase 1-5 gift bags  
each for yourself, others or  
teachers which will contain 2  
candy canes and some sweets  
all packaged in a bag with a  
personalised label to be  
delivered on the last week of  
term.

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DEADLINE • FRIDAY 10TH DECEMBER  
AVAILABLE ON PARENT PAY • £1.50 EACH



**Crisis  
at Christmas**





Save the Children  
**CHRISTMAS  
JUMPER DAY**



Friday 10<sup>th</sup> December is WCHS Christmas  
Jumper Day!

**£1.50\*\***

Wear a **CHRISTMAS JUMPER\*** with your **non-uniform**  
and help to raise money for the Save the Children

\*Christmas Jumper OR Customise a jumper!



**CHRISTMAS  
JUMPER DAY**

\*\* Parent Pay is open! Please donate your £1.50 via  
parent pay



# CAKE SALE

## MONDAY 13<sup>TH</sup> DECEMBER

BREAK TIME IN  
THE DINING HALL

Cake donations, made by parents/carers/girls,  
to be taken to MAIN DINING HALL  
before morning registration on  
Monday 13<sup>th</sup> December

\* NO NUTS IN ACCORDANCE WITH SCHOOL POLICY \*

\* FACE MASKS TO BE WORN WHILE PURCHASING CAKES \*

Thank you!



50p - £1 PER CAKE

All proceeds will go to Parents and Friends Association



We regret to inform you that due to current circumstances, there will no longer be a live concert on Thursday 9<sup>th</sup> December.

However, on Thursday 16<sup>th</sup>, a recorded concert will be premiered on Youtube at 6:00pm.

[\*The link to watch the concert on Thursday 16<sup>th</sup> November will be available here.\*](#)

We have many exciting groups on offer:

- Jazz Band
- Brass Band
- String Orchestra
- Kalimba Club
- Junior Choir
- Flute Ensemble
- Carnatic Ensemble
- Junior Band
- String Quintet
- Year 8 Brass Ensemble
- Orchestra
- Senior Choir
- Junior Choir
- Year 7 Choir

**As we would normally be fundraising on the night and we won't be able to do so this year, a ParentPay account has been set up. Please donate—as usual the money will be split between the Music Department and Haven House. Thank you**

Those of you who have sent in items for Christmas Concert Hamper appeal, thank you, but as the concert is online and there won't be a raffle you can ask your daughter to collect the item from the school office.



## AFTER SCHOOL CLUBS

January 2022



Dear parents, we have a few spaces left in January's after school clubs, these are available on parentpay now.

- ❖ Musical theatre.
- ❖ Cakes & cookies.
- ❖ Basic Cooking.
- ❖ Street food.
- ❖ Self defence
- ❖ Drama.

Thank you.





**New club just added!**

## **Activity 12: Friday** Contemporary Pop Music Workshops.

Take part in focused workshops, looking at vocal technique and visual performance to develop your inner pop artist. Work on different genres of contemporary music and learn to sing solo as well as in a group. Become more confident in the use of the voice with technical tips and vital information about voice production. Learn how to hold an audience's attention and use the stage to incorporate an entire performance. Also, learn how to sing in harmony as a vocal group and work with a microphone and PA system.

Nicola has been a vocal coach for 23 years after a successful career singing, writing and recording her own albums and touring the world to promote them. She has also worked as a backing singer for major artists and has many students who have gone on to establish successful careers within the pop and contemporary world of music.

Everyone has a beautiful voice and can harness their ability and improve their skills. Singing creates a sense of wellbeing, emotional release and confidence booster that filters into every aspect of their life.

Take part in performing in a mini concert at the end of each group of sessions.

**This activity will be held on Fridays and costs £40.80 for a 5 week session**

You were sent a notification from ParentPay this week that a new item entitles **“Amnesty Society—Write for Rights campaign”** has been added.

The Amnesty Society would like to raise funds for their ‘Write for Rights’ campaign, as part of which students across the school are writing letters which will need to be posted abroad. They are hoping to raise money to help pay for postage of these letters, written in support of victims of Human Rights abuses, as well as a donation from the school to Amnesty International to support this campaign more widely.

**Please donate £1-£3.**



### Parental Survey (Y7-13)

**At Woodford, we value the opinions of the parents / carers of our students.**

**We would therefore be grateful if you would complete the following questionnaire to help us to ensure that we continue to successfully meet the needs of our students and their parents.**

**We would like to hear from as many parents has possible.**

**It should only take a few minutes to complete.**

**Many thanks in advance for your assistance.**

[Click here to complete our Parental Survey \(Y7-13\)](#)

**Woodford County High School**  
**Parental Survey**





### **16 – 17 year olds now eligible for second dose of Covid-19 vaccination**

The Joint Committee on Vaccination and Immunisation (JCVI) has advised that all healthy 16 to 17 year olds should be offered a second dose of the Pfizer vaccine.

The decision is based on a review of the latest evidence and has been accepted by the Government.

The second vaccine dose is available to these young people 12 weeks or more following the first vaccine dose. For those in this age group who have had the Covid-19 infection, the second vaccine dose can be given 12 weeks or more following the first vaccine dose, or 12 weeks following a positive Covid-19 test result, whichever is later. Those young people deemed 'at risk' will continue to be offered a second dose 8 weeks after their first dose.

16 and 17 year olds can access their second injection like the general public through vaccination centres, community pharmacies and GP- led primary care sites.

## **YEARS 7 - 11**

Flu Immunisations will be taking place throughout the day in the conference room on Wednesday 15<sup>th</sup> & Thursday 16th December.

Please complete the consent form that has been sent home with your child and return to Mrs Sawyer in the medical room by 02/12/21.



**Did you know that you can raise money for the school's PFA while doing your Christmas shopping?**



It's simple to use and it's free.

easyfundraising turns your everyday online shopping into free donations for your favourite cause. How? Just start your online shopping first at easyfundraising, then shop as normal. Our retailers will then make a small donation to say "thank you".

They have 4700+ retailers to choose from and so far we've raised over £35 million for thousands of community groups, schools, sports clubs, small and large charities across the UK.

You can create an account supporting Woodford County High School PFA by clicking [here](#).

**£15 bonus donation** when you sign up

Terms and conditions apply

**Raise donations for Woodford  
County High School PFA -  
Redbridge whenever you shop  
online**

Turn your everyday online shopping into FREE donations

Over **£35m** raised for good causes through easyfundraising



Support Woodford County High School  
PFA - Redbridge

**£1,444.26**

Total raised

**57**

Supporters

[Support this cause](#)

# Online safety Training for Parents

December 2021

Dear Parents

Congratulations to those of you that completed the online safety training last month.

Due to popular demand this is being made available again for parents that missed out last month.

Remember that this can be carried out in the comfort of your own home at a time that suits you best! There is no time limit once you commence the training but please allow yourself twenty minutes to complete this comfortably.

Don't forget to enter your name in full at the start as once completed you will be able to download your certificate. The most up to date training link can always be found [here](#) on the school website.

[Click here to start your online safety Training for Parents](#)

Regards

Mrs Del Giudice

Network Manager





## Holiday Activities and Food Programme – December 2021

### What is the Holiday Activities and Food Programme?

Also known as HAF, this programme is being provided to enable eligible children to access the following during the school holidays:

- ✓ Daily physical activity
- ✓ Enriching activities
- ✓ Nutritional education

Children and young people who took part in the summer had a great time and made new friends too.

### When is it?

Sessions will take place from 10.00am to 2.00pm, Monday 20 December to Thursday 23 December 2021. Once we've confirmed your place, you'll be able to turn up on all four days, but you don't have to. If you have other plans then you can just join in on one, two or three days instead.

### Where is it?

Primary age children will be able to attend one of the following sites:

- Cranbrook Primary School, The Drive, Ilford, Essex, IG1 3PS
- Coppice Primary School, Manford Way, Chigwell, Essex, IG7 4AL
- Fullwood Primary School, Burford Close, Barkingside, Ilford, Essex, IG6 1ER
- Ray Lodge Primary School, Snakes Lane East, Woodford Green, Essex, IG8 7JQ
- South Park Primary School, Water Lane, Seven Kings, Ilford, IG3 9HF
- Uphall Primary School, Uphall Road, Ilford, Essex, IG1 2JD
- Woodlands Primary School, Loxford Lane, Ilford, Essex, IG1 2PY

Secondary age children will be able to attend one of the following sites:

- Caterham High School, Caterham Avenue, Clayhall, Ilford, IG5 0QW
- Oaks Park High School, 45-65 Oaks Lane, Ilford, IG2 7PQ
- If you live in Ilford and are unable to travel to Oaks Park or Caterham, we will also be running a transport service daily, to and from the front of Loxford School, Loxford Lane to the Oaks Park High School HAF.

We are also considering running online activities sessions for children who are unable to attend in person. If you are interested in these sessions, please indicate so on the application form and we will contact you with the relevant login details, if there is sufficient public interest.

### Is my child eligible?

Your child will need to meet both of the following:

- ✓ Eligible for, and in receipt of, Free School Meals (not including those accessing universal entitlement for Free School Meals unless they also meet the eligibility criteria for FSM)
- ✓ Age 5-16 years

### How do I book?

If you would like your child to take part, please register your interest no later than 5.00pm on Friday 10 December 2021 at <https://forms.office.com/r/zxM5YtLyYk>. Places are on a first come first served basis so please book as soon as possible to avoid disappointment.

### I completed a HAF request form in November 2021 but have not heard anything. What now?

We had significant issues with the HAF request form that was online in November 2021. Therefore, your application may have been lost. We sincerely apologise for the inconvenience caused by this but if you haven't already received a booking confirmation then we ask that you complete a further HAF application request. If you would like support in this matter or to check if your application was received, please email us at [haf@redbridge.gov.uk](mailto:haf@redbridge.gov.uk).

# MUSIC CLUBS

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lunchtime</b>	<b>Junior Choir</b> Conference Room 13:50- 14:35	<b>Junior Band</b> IBO (SF1) 13:50-14:40	<b>Jazz Band</b> KHN (SF1) 13:25-14:15  <b>GCSE/A-level support</b> IBO (SF2) 13:25- 14:05	<b>Senior Choir</b> KHA (SF1) 13:25- 14:05  <b>Theory</b> IBO (SF2) 13:30-14:20	<b>Orchestra</b> IBO (SF1) 13:30-14:20
<b>After school</b>	<b>String orchestra</b> IBO (SF1) 15:45-16:30  <b>Brass Ensemble</b> (SF2) 15:45-16:15	<b>Chamber groups</b> IBO (SF1) 15:45-16:30			

These music sessions will be on weekly, girls should bring their own instrument and no registration is required for the sessions.

**PE Extra-curricular (Autumn 2)**  
**December 2021**



	Monday	Tuesday	Wednesday	Thursday	Friday
Before School			<b>Y7/8 Sports hall athletics</b> <i>JBR - Sports hall</i> 7:50 – 8:20		<b>All Year Groups - Morning Mile</b> <i>JBR – Field</i> 7:50-8:15  <b>Year 11 Badminton</b> <i>VJA – Sports Hall</i> 7:50-8:20
Lunch time (Times vary)	<b>Year 9 Badminton</b> <i>HBA – Sports Hall</i> 13:40-14:20	<b>Running Club with Rachael Lam (Y12)</b> Field 13:30 – 14:00	<b>Year 7/8 Football</b> <i>TLE – Netball courts</i> 13:30-14:00  <b>All Years – Athletics</b> <i>KRI – Sports hall</i> 13:25-14:10  <b>Year 9/10 Football</b> <i>HBA – Netball courts</i> 13:40-14:20	<b>Year 9 Netball</b> <i>HBA - Netball Courts</i> 13:30-14:20  <b>Year 10 Netball</b> <i>KRI – Netball Courts/Sports Hall</i> 13:10-14:00	<b>Y12/13 Netball</b> <i>LMA – Sports Hall</i> 13:10 – 2:00  <b>Boxercise (Invitation Only)</b> <i>HBA – Dance Studio</i> 13:40-14:10  <b>Year 10 GCSE Catch Up</b> <i>KRI</i> 13:30-14:00
After school	<b>Year 7/8 Football</b> <i>JBR - Field</i> 15:45-16:30  <b>Year 9/10/11 Netball</b> <i>VJA/LMA – Sports Hall</i> 15:30-16:30	<b>All years Trampolining</b> <i>JBR/LMA – Sports Hall</i> 15:40 -16:40	<b>Year 7 Netball</b> <i>VJA/LMA – Sports Hall</i> 15:45-16:45	<b>Year 8 Netball</b> <i>JBR – Sports Hall</i> 15:45-16:45	



# LONDON YOUTH GAMES



# 2022

Would you like to represent Redbridge at the  
London Youth Games 2022?

Boys & Girls Indoor Cricket (No County Players)  
School Years 8 & Under

Trials  
Girls TBC

Boys Monday 6th &  
13th December 7.00—  
8.30pm @ Wanstead  
Leisure Centre



You must live or go to school in the London Borough of Redbridge.

[active.redbridge@visionrcl.org.uk](mailto:active.redbridge@visionrcl.org.uk)

YOUR **BOROUGH**  
YOUR **SPORT**  
YOUR **PASSION**

LONDON  
YOUTH  
GAMES.ORG



#THISISLYG

# All years welcome



## **CROSS COUNTRY CLUB**

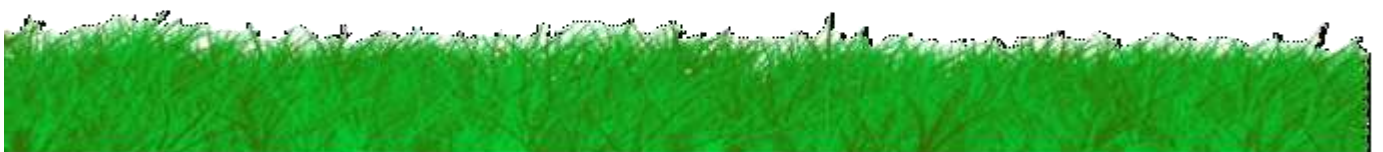
*Date: Every Tuesday*

*Time: 1:40 – 2:00*

*Location: Go to the Sports building to meet me and get changed. I will register you.*

*If it is sunny, we go to the field; if it is wet, we stay indoors.*

*Queries: talk to Rachael Lam (Year 12)*



Wanstead Rugby club invites  
Woodford County girls  
to go and try rugby

# Girls & Womens Touch Rugby

Get Involved | Get Social | Have Fun

Sunday's from November  
21st 2021 | 1pm - 3pm

All Ages  
Welcome

## Contact

[info@kdwsportscoachinglimited.com](mailto:info@kdwsportscoachinglimited.com)

020 8550 1561

Centenary Field, Roding Lane North  
Woodford, IG8 8JR



**Wanstead RFC**





## Camps – London Pulse Netball

Dear Pulse Fans, our Xmas Camps will be at our home venue this year!

Take the opportunity to go Xmas shopping at Westfield whilst your child plays with some of our Netball stars in the best Netball Arena in the Country!

[londonpulsenetball.com](http://londonpulsenetball.com)



The poster features a black background with white snowflakes. At the top left is the 'LONDON PULSE' logo, with 'LONDON' in small white letters above 'PULSE' in large white letters, and a pink circle with a white lightning bolt. Below the logo is a cartoon reindeer with a red nose and antlers, with a pink box labeled 'CAMPS' underneath. To the right of the reindeer are four circular portraits of female netball players, each wearing a pink jersey, arranged in a vertical line. The text 'DECEMBER NETBALL CAMPS AT THE COPPER BOX ARENA' is written in large white capital letters. Below this, 'HOSTED BY' is written in small white letters, followed by 'Pulse Players' in large pink cursive script. At the bottom, a white wavy line represents snow, with the text 'BOOK NOW!' in pink and '20TH, 21ST & 23RD DECEMBER' in black.

**LONDON PULSE**

**CAMPS**

**DECEMBER NETBALL CAMPS AT THE COPPER BOX ARENA**

HOSTED BY

*Pulse Players*

**BOOK NOW!**  
**20TH, 21ST & 23RD DECEMBER**

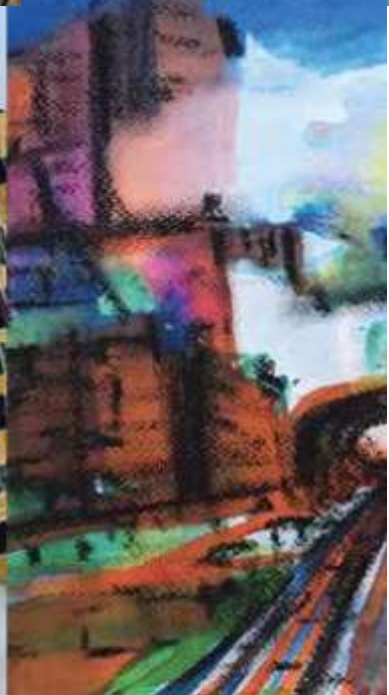




*The Art Teacher Ms Khanum is  
taking part in a group*

*Art exhibition.*

*Everyone is warmly invited to  
view her latest artwork.*



## Islington Art Society 80th Anniversary Exhibition

*Paintings, drawings, original prints, ceramics,  
collage, sculpture, photography*

**8th - 12th December 2021**

Wednesday – Saturday : 1pm to 7pm

Meet the Artists: Sunday 12th December

1pm to 2pm (Exhibition closes at 2pm)

**Espacio Gallery, 159 Bethnal Green Road, London E2 7DG**

Nearest Tubes: Liverpool Street, Bethnal Green;

Overground: Shoreditch High Street; and Buses: 8, 388

*Admission free  
No need to book*

[www.islingtonartsociety.org.uk](http://www.islingtonartsociety.org.uk)  
[www.espaciogallery.com](http://www.espaciogallery.com)

Art Credits: Pauline Cushnie / Dawn Finn / Ruben Flores / Jenni Gregory / Brian Innes  
Michael Llewellyn / Sue Loder / Jo Pethybridge / Matthew Theobald



**"When I grow up,  
I want to be a superhero!"**

London Borough of  
**Redbridge** 



**Foster for Redbridge**

**0208 708 6068**

**fostering@redbridge.gov.uk**

[WWW.WOODFORD.REDBRIDGE.SCH.UK](http://WWW.WOODFORD.REDBRIDGE.SCH.UK)

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[@WoodfordCHS\\_UK](https://twitter.com/WoodfordCHS_UK)

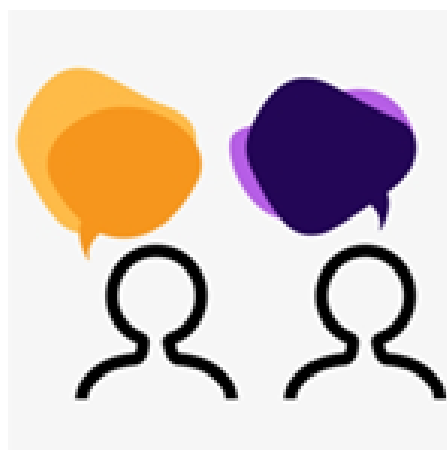


## Educational Psychology Parent Helpline

*Would you like to talk to someone about difficulties that you or your child are experiencing during the COVID-19 pandemic? Do you need some support with creating a daily routine for your child? Are you concerned about your child's emotional wellbeing? Are you struggling to motivate your children at home or manage sibling relationships? The Educational Psychology Service are here to support you.*

The Redbridge Educational Psychology Service have a **dedicated telephone helpline for parents/carers** where you will receive advice and guidance from a professional psychologist.

The EPS helpline is available for all parents and carers - your child does not need to be known to the EPS, does not need to have a special educational need or additional support within school. We welcome calls from all parents and carers.



### EPS Helpline

Telephone: 077 41 3 31 009

Opening hours:

Every Wednesday 10am - 4pm

Webpage: <https://www.redbridge.gov.uk/schools/educational-psychology-service/>



FIND: [Educational Psychology Service](#)

@Redbridge\_aep Twitter account.



# INVESTIN

AMBITION BEYOND EDUCATION

## YOUR INVITATION TO SUCCESS BEYOND SCHOOL

You are cordially invited to the latest in our  
Success Beyond School events series.

Free-of-charge, live online parent events designed to give  
you the essential tools needed to support your child  
on their career journey



FREE TO  
ATTEND

## REGISTER NOW

See reverse for more details

## LEARNING TO LEAD

Join us to help supercharge your child's  
leadership skills today

**WEDNESDAY 24TH NOVEMBER | 7.00PM-8.00PM (GMT)**

## BUILDING A FUTURE IN FINANCE

Learn from leading experts on how your child can  
break into the finance industry

**WEDNESDAY 1ST DECEMBER | 7.00PM-8.00PM (GMT)**

## LEVEL UP WITH LAW

Discover expert tips on how to support your child in  
their law career journey

**WEDNESDAY 8TH DECEMBER | 7.00PM-8.00PM (GMT)**

# SCAN TO REGISTER



[www.investin.org](http://www.investin.org)



Youth Engagement Team

EA Command Unit

Dear Parent or Carer,

There have been a number incidents in various schools where school children have been posting malicious information about school staff on social media platforms such as TikTok. This may include falsely accusing them of criminal offences involving children. Obviously this is very distressing to staff and their families.

Can you please remind your child that this is a criminal offence under the Malicious Communications Act 1988:

*Where a person sends a letter, electronic communication or article of any description which conveys a message which is indecent or grossly offensive, a threat or information which is false and known or believed to be false by the sender*

So even if a child writes something about a member of school staff which is false or grossly offensive 'just as a bit of fun' or as a rumour and then posts it on social media – they commit a criminal offence.

The child may then be at risk of permanently excluded and/or prosecution.

As your safer schools police team, we work hard with your school to avoid school children becoming excluded or criminalised, but sometimes where the level of harm or distressed caused is so severe we have little choice but to follow these routes.

Please speak to your child regarding the sensible use of social media. Consider also using parental software to restrict what they can access and monitor where appropriate. We would also advise consideration to not allowing your children to have access to social media in their bedrooms so that this remains a safe space and reduces the opportunities to misuse social media.

If your child does genuinely suspect any adult (school staff or otherwise) of committing criminal offences then they must report this to either a senior staff member, or the police. They can also confidentially speak to Childline or report crime anonymously via the Fearless website.

If you would like to speak further about this I am happy to be contacted via [Adam.Richmond@met.police.uk](mailto:Adam.Richmond@met.police.uk) or please speak to your local school's safer schools officer.

Yours sincerely,

Adam Richmond

Inspector for Redbridge Schools Safer School Police







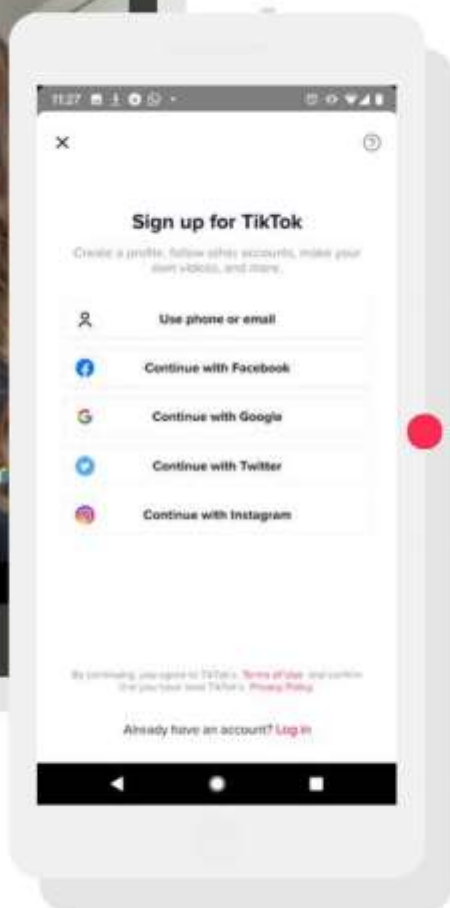
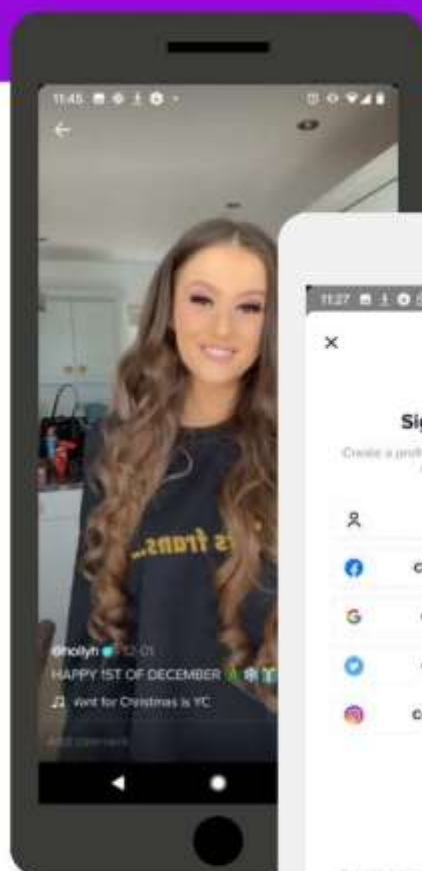
# Inside TikTok

internet  
matters.org

*A short form mobile video  
platform available in over  
150 countries around the world*

13

The minimum  
age for users  
is 13



## Getting started

### How does it work?

Once you download the app, you can instantly see the videos that others have posted on the app but to comment, like or share your own you have to set up an account.

### Setting up an account

There are two ways to sign up, using an email, mobile number or through an existing account like Google, Instagram, Twitter or Facebook:

1. Choose birthday
2. Click 'Sign up with email or number'
3. Set your password



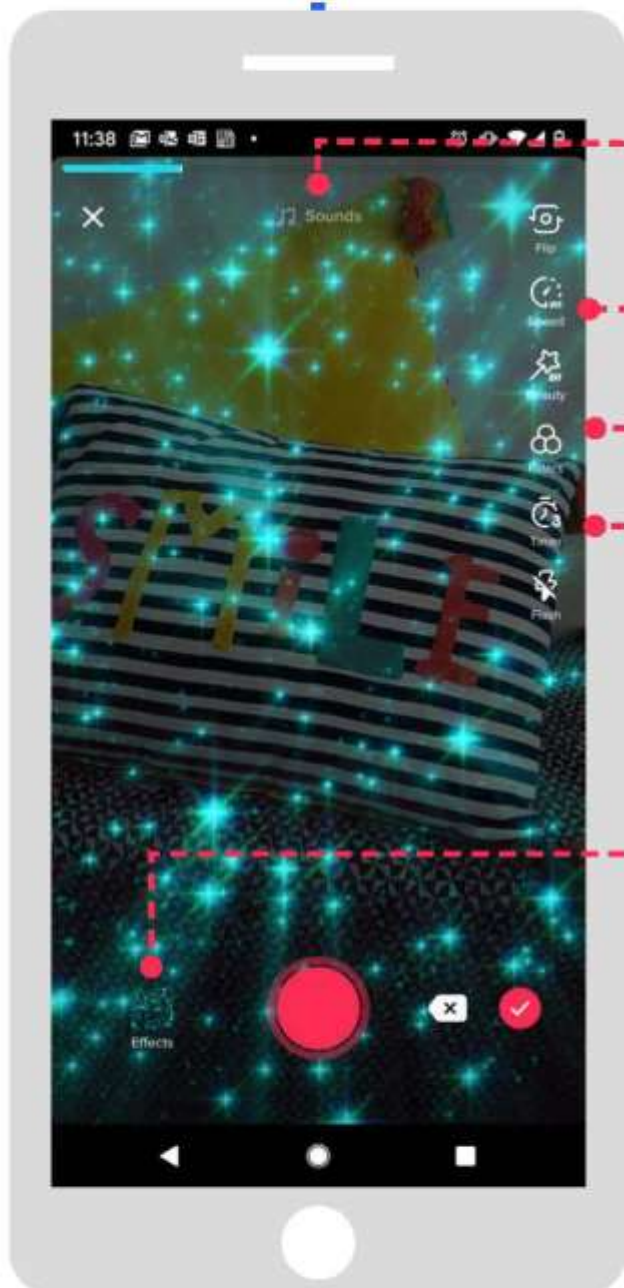
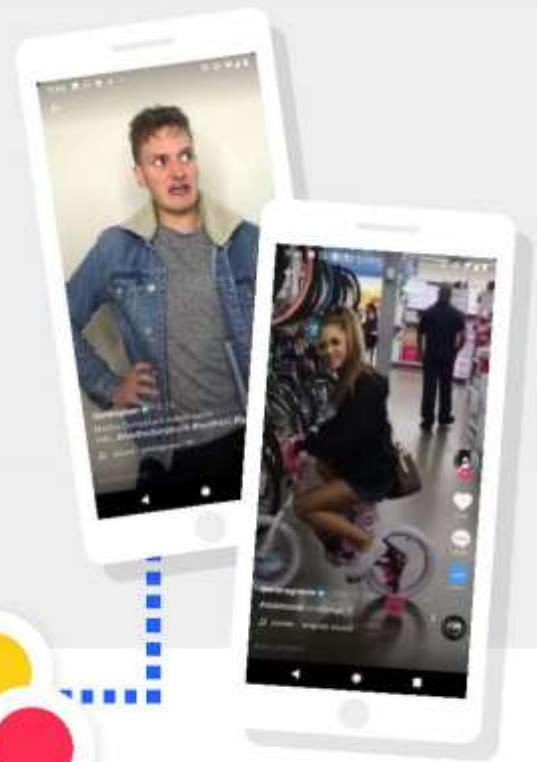
## Getting creative with videos

TikTok allows users to create short-form video clips with a range of special effects to gain a following and build a community around their passions.

These videos can be shared outside of TikTok on other accounts linked to a user's profile.

### How to create videos on TikTok

1. Click the '+' button - tap the '+' button at the bottom of and then you can choose a video from your album to upload.
2. Shoot - tap to shoot - **Hold the red button** to shoot a video. You can split the video into multiple sections, 15s videos are recommended but you can capture up to 60s.



#### 1. Pick a sound

Tap "**pick a sound**" at the top to search for a suitable song.

#### 2. Speed

You can set the speed of your video by tapping this button.

#### 3. Filters

Choose a filter to make an even cooler video.

#### 4. Countdown

If you want to prepare yourself better, you can tap the "**countdown**" button on the right and then the shooting will start after a three-second countdown.

#### 5. Effects

There will be hundreds of stickers waiting for you if you **tap the effects button** on the bottom of the screen.

### Edit your video

You can cut sound, adjust the volume, pick a new sound or change a filter on this page



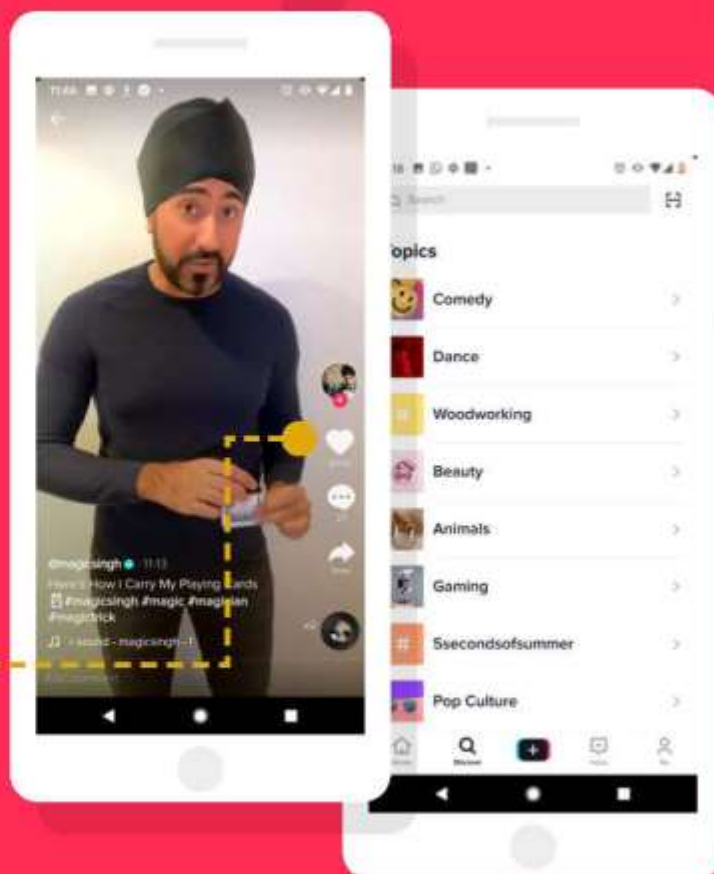
# What you'll find on TikTok

In the **For You** feed, you'll see videos our community love alongside the world's trending content. The more you swipe, the more the content becomes tailored to your tastes.

## #Challenges

The **'hashtag challenge'** is an online challenge initiated by TikTok to inspire users to express themselves through their creative content.

**Note:** When you press  on a video you like, you'll get more of the same type of video in your feed



## Keeping it positive

There are a number of ways that the app helps users stay creative while staying safe

### Safety Centre

[TikTok.com/safety](https://www.tiktok.com/safety) – this features a series of policies and tools to promote a positive in-app environment for all.

### Safety videos

'You are in Control' video series offers users useful information and safety guidelines on tools available to stay safe.



## Clear community guidelines

TikTok's Community Guidelines strictly prohibit posting, sharing or promoting the following:

- Harmful or dangerous content
- Graphic or shocking content
- Discrimination or hate speech
- Nudity or sexual activity
- Child safety infringement
- Harassment or cyberbullying
- Impersonation, spam, or other misleading content
- Intellectual property and workplace content
- Other malicious activity

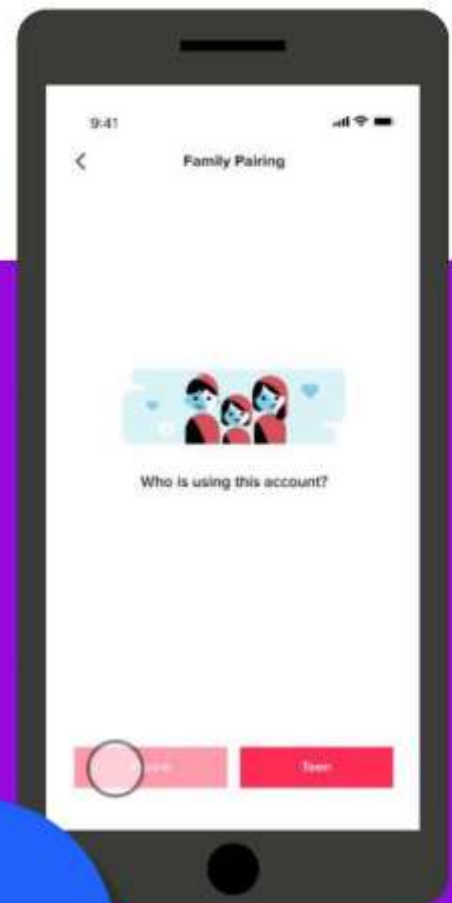


16



## Live streaming

The minimum age limit to host a live stream **will still remain 16+**, however, TikTok has updated their policy so only users aged 18 and over can purchase and give virtual gifts, and also only those 18 and over can receive gifts from their fans



## Family Pairing

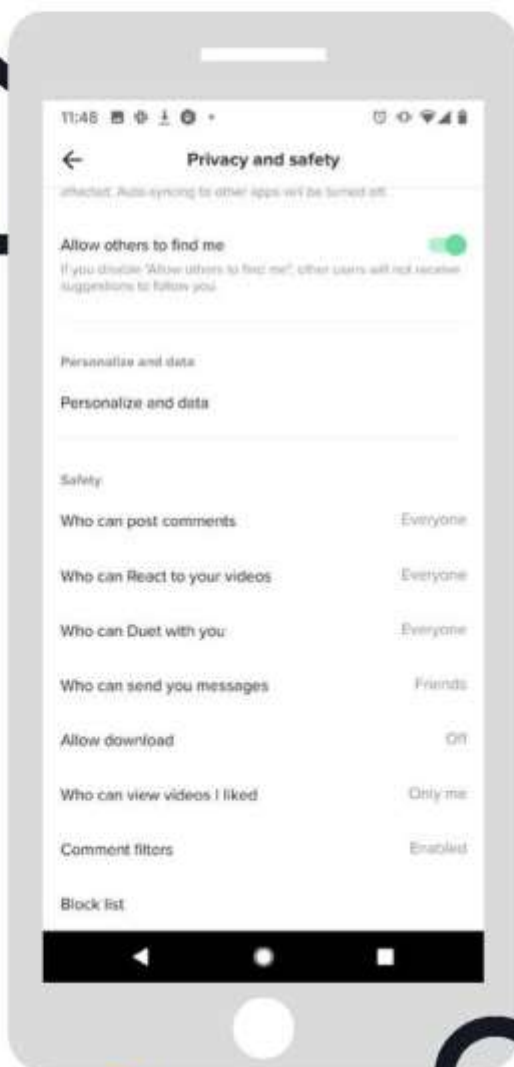
Family Pairing links a parent's TikTok account to their teen's and once enabled, they will be able to **control Digital Wellbeing features**, including: Screen Time Management, Direct Messages and Restricted Mode.





# Making use of privacy settings

You can find the privacy & safety settings within the **"Privacy and Settings"** section on the TikTok app.



## Allow others to find me

By disabling this function other users can't find you when searching for your TikTok profile.

## Private account

You can set your account to private, so only your friends can see your videos.

## Who Can Send Me Comments

Choose who can comment under your videos.

## Who Can Duet with Me

Decide who can duet with you.

## Who Can React to Me

Decide who can react to your videos.

## Who Can Send Me Messages

Choose who can send you private messages on TikTok.

## Filter Comments

Use the self-defined comment filter to make sure no one can post comments under your videos using words that you find hurtful.

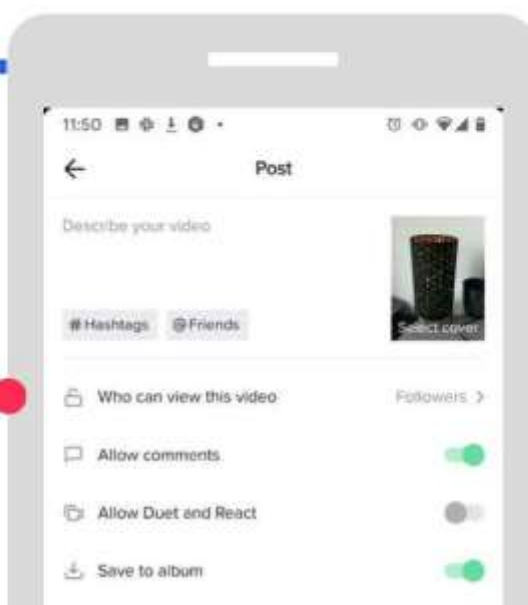
## Allow Download

Disable downloads to ensure no one can download your videos.

## My Block List

You can block people on TikTok you don't want to interact with. Moreover, before uploading each video, the app lets you decide who you want to share it with.

**Top Tip:** Even after uploading each video you can still make changes to its privacy settings. To change who can see your video after uploading it click on the three dots next to the video and go to **"Permission Settings"**



# Reporting issues on TikTok

If you find content that seems inappropriate, such as abuse, spam, or anything else that violates our community policy, you can report it directly in the app.

## Report an account:

1. Go to the profile page of the account you want to report
2. Tap the **Menu** button
3. Tap on **"Report"**
4. Follow the instructions on the screen

## Report a Video:

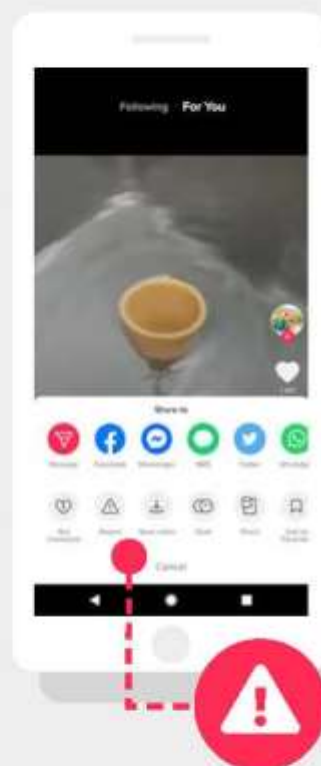
1. On the TikTok screen, tap **Menu**
2. Tap on **"Report"**
3. Follow the instructions on the screen

## Report a comment

1. Tap the comment you want to report
2. Tap on **"Report"**
3. Follow the instructions on the screen

## Report a chat

1. Open the conversation you want to report
2. Tap on the **name of the person/ group (iOS)** or on the **Menu button (Android)**
3. Tap on **"Report"**
4. Follow the instructions on the screen



## Staying in control of screen time

By enabling the Digital Wellbeing feature, you can control the time spent on TikTok and limit the appearance of content that may not be appropriate for all audiences.

You can find these features in the **"Privacy and Settings"** section within the TikTok app.



## Screen Time Management

With this feature users will be able to select if they want to spend 40, 60, 90 or 120 minutes per day on the app. This feature is password protected. If users reach their screen time limit they will need to enter a password to continue to use TikTok.

## Restricted Mode

Once enabled, this setting will limit the appearance of content that may not be appropriate for all audiences. The feature is activated via a password.



## **Lost property wooden trunk in Reception**

We have a large number of unclaimed outdoor coats and school uniform sitting in the large lost property box in reception.

Please remind your daughter to check the box if she has misplaced something.

We shall be emptying the lost property trunk at the end of term. Any unclaimed items will be disposed of.

Thank you for co-operation.



**Students are still forgetting to bring in  
their face mask, lanyard, locker key  
and fob to school.**

**Please remind your daughter to bring  
these items in daily.**

# Dates for the Diary

<b>AUTUMN 2021</b>		
<b>Term</b>	Friday 3 September	Friday 22 October
<b>Half-term</b>	<b>Monday 25 October</b>	<b>Friday 29 October</b>
<b>Term</b>	Monday 1 November	Friday 17 December
<b>Non Contact Day</b>	Friday 8 October	
<b>SPRING 2022</b>		
<b>Term</b>	Tuesday 4 January 2022	Friday 11 February 2022
<b>School Closure In Lieu of 3 June 2022</b>	Friday 11 February 2022	
<b>Half-term</b>	<b>Monday 14 February 2022</b>	<b>Friday 18 February 2022</b>
<b>Term</b>	Monday 21 February 2022	Friday 1 April 2022
<b>SUMMER 2022</b>		
<b>Term</b>	Tuesday 19 April 2022	Friday 27 May 2022
<b>Half-term</b>	<b>Monday 30 May 2022</b>	<b>Friday 3 June 2022</b>
<b>Term</b>	Monday 6 June 2022	Friday 22 July 2022
<b>Non Contact Day</b>	Wednesday 29 June 2022	



## KEY DATES TO REMEMBER

6th to 10th December—House Charity Week (Warner)  
 Friday 10th December—Christmas Jumper Day  
 Monday 13th December—Cake Sale  
 15th/16th December—Christmas Lunch  
 15th/16th December—Years 7 –11 Flu Vaccines  
 Thursday 16th December—Christmas Concert premiering on YouTube  
 Tuesday 4th January—First day of term, lateral flow testing, Year 11  
 mock fortnight begins