



issue No. 392





We have an **INSET DAY** next Tuesday, 8th March 2022.

Please don't send your daughter to school unless she is taking part in the Duke of Edinburgh Awards (Y10) in which case she needs to be here for 9am.



Inset Day
.. school closed to
pupils

### YEAR 8

Vaccination UK will be in school on Thursday 10<sup>th</sup> March to deliver the second dose of the HPV immunisation. These will be taking place in the conference room.



### Second Covid vaccination for 12 – 15 year olds

We have been given a date of Thursday 31<sup>st</sup> March 2022 for the second Covid vaccination to be given in school. Please check your emails regularly for further information and the electronic consent form which you will need to complete, even if you already completed it for the first dose. The

closing date for consent will be 27<sup>th</sup> March so we are expecting the consent form to be sent to the school approximately a week before that date.



# LAST CHANCE

for a

# FIRST AUDITION

for

# 'THE SOUND of MUSIC'

Everyone who would like to take part in the show must come along to one of the first auditions

The <u>final</u> first audition will be held during lunchtime on Mar 2

THE MAJORITY OF CHARACTERS AND THE SUPPORTING CHORUS WILL SING
THE FIRST AUDITIONS WILL BE FOR SINGING

EVERYONE WILL HAVE A CHANCE TO LEARN AND PRACTISE THE AUDITION SONGS NO PREVIOUS KNOWLEDGE OF THE SHOW IS NEEDED

THE FIRST AUDITION IS OPEN TO ALL YEARS & WILL TAKE PLACE IN ROOM H1

Wed 2 Mar 1.30pm - KS4/5 students 1.50pm - KS3 students

### **Students in Years 10-13**

who have <u>completed</u> a first singing audition, are invited to attend one of the two lunchtime reading auditions in room H1

Tue 1 Mar 1.15pm – 2.15pm KS4/5 students

Thu 3 Mar 1.15pm – 2.15pm KS4/5 students

SOME STUDENTS WILL BE INVITED BACK FOR A SECOND SINGING AUDITION OR FOR A READING AUDI-TION

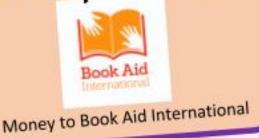
**BEFORE THE FINAL CASTING IS DECIDED** 



WORLD BOOK DAY Thursday 3rd March

favourite book character

£2 on parent pay



Face Paint, quizzes and more



IN THE LIBRARY

### **BREAKFAST**

Get your day off to a good start with a healthy, tasty breakfast.

Have more energy, less headaches/dizzy spells and be ready to learn.

Check out the NHS website for quick and easy ideas.

https://www.nhs.uk/live-well/eat-well/healthy-breakfasts-recipes/



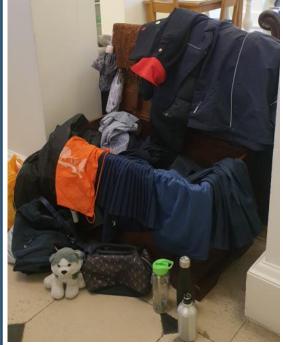
<u>WATER</u> Please ensure your daughter is bringing water to school with them every







### **LOST PROPERTY**



The lost property box is full again. If you have misplaced an item, please have a look in the box by the main school office.

Jewellery and watches can be collected from the main school office.

Thank you



### **REMINDER**

Please remind your daughter to bring in her face mask, lanyard, locker key and fob to school every day.

# Safeguarding concern:

# YUBO App trending nationally – an UNSAFE and UN-REGULATED dating app for teenagers

The Metropolitan Police have asked to draw parental attention to a problematic app that has recently had some media attention. The app "YUBO" formally known as "Yellow" is being touted as a dating app for under 18s referred to as "Tinder for Teens". That prospect alone should raise alarm bells for parents and professionals working to keep young people safe. Some of the most worrying features of the app are that it heavily promotes live streaming as the primary chat method, allows chat groups to be set up with no filter on content or topics along with features very akin to apps like "Tinder" such as swiping left/right on profiles for people in your area.

There have been reports of sexual offences after meetings arranged through this app and <u>The Times</u> did an article about the appalling content (racist and sexualised and promoting substance abuse) young people can be exposed to using it, along with other media outlets such as <u>The Sun and New York Post</u>.



Below is the app logo. Please ensure your children are not using this app, explaining the dangers to help them recognise the inherent risks.

For further information see below.

Yubo is a location-based social networking app previously known as 'Yellow.' It has been dubbed 'Tinder for teens' due to its similarities with the adult dating app, in which users swipe to find matches. Yubo allows users to livestream themselves to anyone watching, and rate other users.



What parents need to know about



### WHO IS USING YUBO?

WHO IS USING YUBO?

Although its official guidelines suggest the app is for people aged 18+, those aged between 13 and 17 can create a profile with parental permission. Furthermore, the app does not verify ages or identities upon sign-up, leading to fears that it could be exploited by those seeking to target children. Adults can set up fake profiles for sexual reasons, while children younger than 13, with access to the internet, could pretend to be older than they are.

### LIVE-STREAM FOOTAGE

Yubo states that it uses a combination of technical tools and human moderators to check the content created by Yubo, but since users can comment on footage in real-time this could mean that children could be exposed to derogatory or unpleasant language. Media reports indicate that teens are being pressured Into undressing live on camera for strangers, sending nude photos, and are even lured into face-to-face meetings on Yubo. Any users can take screenshots or copies of live streams, alter them and share them with others.

### SNAPCHAT

While the Yubo app doesn't directly link to Snap chat anymore – users still tend to share their Snapchat usernames on their profiles, making them very easy to add on Snapchat without ever speaking to the individual. On Snap chat, if your child's location feature is switched on, there is a high chance that strangers can find your child's exact location.

### **BULLYING & MENTAL HEALTH**

The way Yubo works is that users 'swipe' to accept or decline to talk to someone. Whether users accept or decline is all based on their profile picture, meaning there is the potential that children could be left with low self-esteem if declined. Receiving comments about their appearance can have a negative impact on a child's emotional wellbeing, leaving them feeling less confident about how they look or how interesting they are. Bullying includes actions such as making threats or spreading rumours about people. As users have the ability to screenshot copies of live streams and private messages etc., they can use these screengrabs as forms of blackmail, making the person feel victimised, embarrassed and unsafe.

# Top Tips for Parents



### HAVE A CHAT

Start a conversation with your teenager so that they know how to stay safe online. Don't be embarrassed to talk about inappropriate online content with your children and look out for secretive or reserved behaviour when it comes to their internut devices.

DISCUSS YUBO GUIDELINES

Take time to go through Yubo's Community Guidelines, which
all users receive a link to, when they sign up to the app.

Anyone who does not follow the guidelines may have their
content removed or account suspended. Guidelines include
advice on not posting any fake pictures or pretending to be
anyone else.

YUBO GUIDELINES FOR PARENTS
Yubo offers a guide (http://parents-guide.yubo.live) to
reassure parents about their child's usage. It explains how
the app works, how children can stay safe and outlines its
Tive-step approach to safety; including Sign-up, Profile
Settings, Community Guidelines, Moderation and Reporting.

REMOVE LOCATION FEATURE
In their 'Profile' settings, children can hide their dity and choose to connect with people who are only located within a certain radius of their location.

### PROOF OF AGE

Yubo recently updated its security settings so that users who attempt to change their date of birth after signing up now have to send proof of ID to the app in order to verify the change.

### **ENCOURAGE RESPECT**

REMIND your teeragor to always consider anything they are about to share online and to think about whether they would do that in the 'real world', or whether they are posting something they may regret at a later data. Encourage your child to think about the language they use online and to think carefully before making a comment on contant posted by someone else.

### AVOIDING UNEXPECTED IMAGES

Yubo suggests that teanagers ask the person they are talking with to share a picture of themselves with a spoon on their head to prove they are really who they say they are in their picture. Another tip is to avoid profiles with only one photo as these are often catfish's someone who pretends to be somebody else by creating false identities.

### **AVOIDING UNEXPECTED IMAGES**

Report any suspicious activity. You can report any concerns by clicking on the 'flag' icon within the app or by visiting 'Yubo's Safety Cantre' at http://safety.yailw.co. This includes pornographic, sexually implicit content, bullying, grooming and fake accounts.

### PREPARE FOR 'GOING LIVE'

Yubo users can 'Go Live' during a chat with friends or choose to live stream 'Anyono' on Yubo. To help your child avoid sharing too much, help them to consider whether they really want the world seeing what they are doing. If they are going to watch streams they should also know how to report anything that makes them feel upset, uncomfortable.



A whole school community approach to onlines afety

www.nationalonlinesafety.com

Email us at helb @nationalonlinesafety.comor.call us on 0800368 8061



### FREE PARENT WEBINAR SERIES

Technology – 1<sup>st</sup> March, 6-7 pm Stress & Wellbeing – 22<sup>nd</sup> March, 6-7 pm

Elevate is an external organisation that has been working with us to help Year 10 students become more effective learners. We realise that these are challenging times and it is important for students to self-motivate, manage their time and prepare effectively for their success over the next few months.

Please note, these webinars are suitable for parents of students across all Key Stages.

Free Sign up: https://get.elevatecoaching.info/uk/register

### **ELEVATE HELPS OVER 1 MILLION STUDENTS ANNUALLY**



### Global Reach

Elevate Education works with students across Australia, Singapore, Malaysia, Hong Kong, South Africa, New York, California, and the United Kingdom



# Trusted by 3000+ schools

Elevate partners with over 3000 schools worldwide to understand their challenges, techniques, and processes for maximising student success.



### Research Driven

Elevate Education's study skills are based off research and best practice knowledge from working with schools globally for 19 years.

# Take the 2022 Fluor® Engineering Challenge START FINE BOND BOULD PAPEL TURE Build a paper ball run! (How can you make the ball's path take as long as possible?)

The Fluor Engineering Challenge is a global competition run by the ScienceBuddies.org.

Build the slowest ball run using the allowed materials and enter it to be in with a chance of winning \$1000 for Woodford.

To find out more visit <a href="https://www.sciencebuddies.org/fluor-challenge-2022">https://www.sciencebuddies.org/fluor-challenge-2022</a> for details of competition and

https://www.sciencebuddies.org/science-fair-projects/project-ideas/CE p030/civil-engineering/paper-ball-run-challenge for the rules.

If you enter please send a picture of your entry to Mrs Peters!



### **Technology Survey**

# Year 7 Technology Survey - 2022

Dear parents, guardians,

Would you kindly complete this technology survey for us. The information collected in this survey will be used to assist us with future planning.

# **MUSIC CLUBS**

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	Junior Choir	Junior Band	Jazz Band	Senior Choir	Orchestra
	(SF1)	IBO	KHN	КНА	IBO
	13:50- 14:35	(SF1)	(SF1)	(SF1)	(SF1)
		13:50- 14:40	13:25-14:15	13:25- 14:05	13:30-14:20
			String orchestra	Theory and	
			IBO	GCSE/A-level	
			(SF2)	support	
			13:30-14:20	IBO	
				(SF2)	
				13:30-14:20	
After school	GCSE/A-level support	Chamber groups			
	IBO	IBO			
	(SF2)	(SF1)			
	15:45-16:30	15:45-16:30			
	Brass				
	Ensemble				
	(SF2)				
	15:45-16:15				

These music sessions will be on weekly, girls should bring their own instrument and no registration is required for the sessions.

# PE Extra-curricular (Spring)

## February 2022



	Monday	Tuesday	Wednesday	Thursday	Friday
Before School				Year 9 Badminton HBA Sports Hall 7:50-8:20	All Year Groups Morning Mile  JBR - Field 7:50-8:15  Year 11 Badminton  VJA Sports Hall 7:50-8:20
Lunch time (Times vary)	Year 10 Badminton HBA Sports Hall 13:35-14:00  Year 9 & 10 Football JBR Field 13:45 – 14:30	Running Club Rachael Lam (Y12) Field 13:40 – 14:10  Year 11 Volleyball VJA Sports Hall 13:30 – 14:00	Year 7 & 8 Football TLE Playground 13:30-14:00  Boxercise Invitation Only HBA Dance Studio 13:40-14:10  Year 10 GCSE PE Theory KRI - SH3 1.30-2pm  Year 7 Cricket VJA Sports Hall 13:30-14:00	Year 9 Netball HBA Netball Courts 13:40-14:20  Year 8 Badminton JBR Sports Hall 13:35 – 14:05	Year 7 & 8 Athletics KRI Sports hall 13:30-14:10
After school	Year 7 Netball VJA Sports Hall 15:40 – 16:40			Year 8 Netball JBR Sports Hall 15:40 – 16:50	Y10 Prisons JGR Sports Hall 3:45 – 4:15





Would you like to represent Redbridge at the London Youth Games 2022?

Netball

School Years 9 & Under (born after 1/9/07)

To register—<a href="https://airtable.com/shr71a6oaWcVGxVVn">https://airtable.com/shr71a6oaWcVGxVVn</a>

**Trials** 

Thursday 19th May, 7-9pm @ West Hatch High School, High Rd, Chigwell IG7 5BT





You must live or go to school in the London Borough of Redbridge.

active.redbridge@visionrcl.org.uk

YOUR BOROUGH
YOUR SPORT
YOUR PASSION

LONDON YOUTH GAMES.ORG





# METROPOLITAN POLICE RECRUITMENT EVENT

A '4 Day' recruitment event is being held to showcase the different pathways available to becoming a police officer or Detective. At the event you'll be able to ask questions about the role itself and the recruitment process



- Exciting & challenging role
- Be part of a professional team
- Make a real difference
- Amazing opportunities & variety
- Job Security
  - Obtain a BSc Hons Degree FULLY FUNDED!
- £30k during training
- £34K after training
- £48k (with 7yrs service)
- Free Oyster Travel Card

Venue:

The Mercury Shopping Centre Romford, RM1 3EE

Date:

Thurs 3rd Mar - Sun 6th Mar

Time:

10am - 5:00pm (Each Day)

#BTheChangeUWant2C



METROPOLITAN POLICE



Turn Over For Details



# A career like no other

The Metropolitan Police Service is dedicated to keeping London safe. We are looking for people from all backgrounds, with diverse skills and experiences to join; so that we can better represent the communities we serve.

As a police officer, you'll be making a difference to peoples lives, supporting local communities, tackling serious crime and safeguarding those most vulnerable. With two entry pathways to join as a PC, you'll earn a competitive starting salary, whilst also working towards gaining a professional qualification.

### Police Constable Degree Apprenticeship (PCDA)

Fully-funded, three-year programme for non-degree holders, leading to a BSc (Hons) degree in Professional Policing Practice on successful completion.

### Degree Holder Entry Programme (DHEP)

Fully-funded, two-year programme for degree holders, leading to a Graduate Diploma in Professional Policing Practice upon successful completion.

### **Detective Degree Holder Entry Programme**

Joining the Met as a new Detective Constable is just the beginning of your journey. With the Detective Degree Holder Entry Programme, a fully-funded two-year programme for degree holders, you'll gain a Graduate Diploma in Professional Policing Practice upon successful completion.

If you're interested, please register your details with the East Area Outreach Team by:

# Clicking on the QR code

(using your phone camera) scroll down to where it says

'Contact Outreach Team' and

click on the link





Follow us on twitter @EA\_OutreachMPS



Send email to eaoutreach@met.police.uk







# Educational Psychology Parent Helpline

Would you like to talk to someone about difficulties that you or your child are experiencing during the COVID-19 pandemic? Do you need some support with creating a daily routine for your child? Are you concerned about your child's emotional wellbeing? Are you struggling to motivate your children at home or manage sibling relationships? The Educational Psychology Service are here to support you.

The Redbridge Educational Psychology Service have a **dedicated telephone helpline for parents/carers** where you will receive advice and guidance from a professional psychologist.

The EPS helpline is available for all parents and carers - your child does not need to be known to the EPS, does not need to have a special educational need or additional support within school. We welcome calls from all parents and carers.



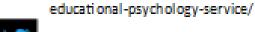
### **EPS Helpline**

Telephone: 07741 331 009

Opening hours:

Every Wednesday 10am - 4pm

Webpage: https://www.redbridge.gov.uk/schools/



FIND: Educational Psychology Service

@Redbridge\_aep Twitter account.

# **Dates for the Diary**

SPRING 2022			
Term	Tuesday 4 January 2022	Friday 11 February 2022	
School Closure In Lieu of 3 June 2022	Friday 11 February 2022		
Half-term	Monday 14 February 2022	Friday 18 February 2022	
Term	Monday 21 February 2022	Friday 1 April 2022	
Non-Contact Day	Tuesday 8 March 2022		
SUMMER 2022			
Term	Tuesday 19 April 2022	Friday 27 May 2022	
Half-term	Monday 30 May 2022	Friday 3 June 2022	
Term	Monday 6 June 2022	Friday 22 July 2022	
Non-Contact Day	Wednesday 29 June 2022		



### **KEY DATES TO REMEMBER**

Week of 28 February—House Charity Week (Warner)

2 March—LAST CHANCE Audition for the Summer Production

3 March—World Book Day—Non-Uniform Day

Week of 7 March—National Careers Week

8 March—INSET Day

8 March—Duke of Edinburgh Training Day 10 March—HPV 2nd Dose—Year 8

17 March—Year 8 Parents Evening

24 March—Spring Concert

Week of 28 March—Reports for Years 7, 9, 10 12 & 13 Issued 31 March—2nd Covid Vaccination for 12-15 year olds 25 April—Year 10 Parents' Evening 29 April—Non-Uniform Day (Haven House) 2 May—Bank Holiday