

Woodford County High School for Girls

Bulletin

Issue No. 402

24th May 2022





Friday 27th May 2022 Street Party

Themed non-uniform day & associated competition

The Challenge: Dress to represent a specified decade of the Queen's reign:

- In fashion of the decade
- To represent an event or an inspirational person of the decade

Prizes: Years 7—10

- I. For the most striking / engaging costume in each Year Group
- II. For the best costume in each Form Gp
- III. For the form group in each year group making the greatest collective effort

Year 12

For the most striking / engaging costume in Year 12 & runners up prizes

Year Group Decade

Y7 1950s Y8 1960s Y9 1970s Y10 1980s Y12 1990s

Parents, please:

- encourage your child to take part
- make a £2 non-uniform donation via ParentPay, if in a position to do so
- Advise your child to bring a modest amount of cash to our Street Party





Duke of Edinburgh Bronze Award







Our Year 10 students have successfully completed their

Duke of Edinburgh Bronze expedition



last weekend











QVERDUE BQVS

Dear Students,

Please remember to return all overdue Library books before the end of term.

Overdue books not returned before the end of the year will incur an immediate replacement cost charge.

If you are not sure about the status of your Library Account, please see me.

Kind regards,
Mrs Horn
In the Library
Currently reading ... Vanity Fair

INTERNAL EXAMS

Internal exams are being held in the week beginning 6^{th} June. Timetables and instructions are being sent separately to the students via Show My Homework, but the timetable has been reproduced below for your information.

Years 7-10 will come into school and leave at their normal times (please remember that Year 9 will be finishing at 3.25pm from 6^{th} June). Year 12 will be on study leave and need only be present for their examinations, although they are free to come into school to study at any time.

Year 7	Monday 6 June	Tuesday 7 June	Wednesday 8 June	Thursday 9 June	Friday 10 June
P1	Computing	German (7A-C), Latin (7D-F)	PE (D-F)	Electronics	Revision
P2	Revision/Library (A)	PE (A-C)	Geography	PE (A-C)	PE (D-F)
Р3	Food & Nutrition	Revision/Library (D)	Revision	Revision/Library (E)	Product Design
P4	Revision/Library (F)	Music (Lab 1 (A), CC3 (B), CC11 (C), N2 (D), SG3 (E), AT5 (F))	History	English	Revision/Library (C)
LUNCH					
P5	French	Mathematics	Revision/Library (D)	Religious Studies	Science

Year 8	Monday 6 June	Tuesday 7 June	Wednesday 8 June	Thursday 9 June	Friday 10 June
P1	Revision	Music (A), Revision (B & C), PE (D-F)	Revision	PE (D-F)	History
P2	English	Revision/ Library (B)/Music (E.)	Religious Studies	Revision /Library (C)	Revision/Library (F)
	BREAK				
Р3	Revision/Library (A)/Music (D)	Electronics	Revision/Library (D)/ Music (B)	Computing	PE (A-C)
P4	Food & Nutrition	Mathematics	PE (A-C)/Revision/ Music (F)	Revision/ Library E/Music (C)	Revision
	LUNCH				
P5	German (A-C), Latin (D-F)	Geography	Product Design	Science	French

D						
Year 9	Monday 6 June	Tuesday 7 June	Wednesday 8 June	Thursday 9 June	Friday 10 June	
P1	Mathematics	Religious Studies	Revision	Computer Sci- ence	Electronics	
P2	Geography	French	Revision(A-C, E/ Li- brary (F)/Music (D)	Product Design	Food & Nutrition	
			BREAK			
Р3	Revision	English	Physics	Chemistry	Revision/Library C/Music C	
P4	History	Music (A), Library (B), Revision D-F	Revision /Library (D)	PE (A-C)	Revision/Music B/PE (D-F)	
			LUNCH			
P5	PE (A-C)/Revision (D, F)/Music E	Libary (A), Revision B & C), PE (D-F)	Biology	Revision/Library E/Music (F)	Latin/German	
Year 10	Monday 6 June	Tuesday 7 June	Wednesday 8 June	Thursday 9 June	Friday 10 June	
P1	RS (105 mins)	Classics (90 mins)	Latin (90 mins) & German (120 mins)	Music (90 mins) (SF1)/Physical Education (75 mins)	Computer Sci- ence (90 mins)	
			BREAK			
Р3	Geography (75 mins)	Physics (90 mins)	Chemistry (90 mins)	French (120 mins)	English Language (120 mins)	
			LUNCH			
P5	English Literature	History (80 mins)	Food (1 hr) & DT (80 mins)	Mathematics (70 mins)	Biology (90 mins)	
Year 12	Monday 6 June	Tuesday 7 June	Wednesday 8 June	Thursday 9 June	Friday 10 June	
SESSION 1	Chemistry 1 (75 mins), Politics 1 (90 mins) Conf, French (135 mins) N10	Biology 1 (75 mins), Computer Science (90 mins) (SH), Ger- man (135 mins) N10	Economics 2 (90 mins) Conf	Further Maths 2 (75 mins), History 2 (90 mins) Hall	Classics 2 (90 mins), Physics (75 mins), RS (2 hrs) Conf	
BREAK						
SESSION 2	Economics 1 (90 mins), SH, Music (2 hrs) SF 1	Further Maths 1, Geography 1 (75 mins), Classics (90 mins) Conf	Psychology (2 hrs), Physics 1 (75 mins) SH	Biology 2 (75 mins), Computer Sci- ence2 (90 mins) Hall	Geography 2, History 2 (90 mins) SH	
LUNCH						
SESSION 3	Mathematics 1 (75 mins) SH	English 1 (90 mins), Latin (1 hr) Conf	Mathematics 2 (75 mins) SH	English 2, Latin 2 (90 mins) Conf	Chemistry 2 (75 mins), Politics 2 (90 mins) SH)	

We wish them the very best in their endeavours.

What Parents and Carers Need to Know about

PPLE GUIDED ACCES

iPhones and iPads don't offer separate user accounts. So when you hand your Apple device to a child to play a game or watch a video, you're also handing them access to your email, the web, messaging and numerous other apps through which they could accidentally do something regrettable.

Apple Guided Access solves this potential problem by letting you restrict the iPhone or iPad to one particular app whenever your child uses the device. If they try and leave that app, they will be asked for a password or Face ID, meaning they can't access anything they shouldn't elsewhere on the device. Here, we show you how to find and set up the Guided Access feature, so you can confidently let your child borrow your iPhone or iPad.

Step3

Enable Guided
Access by tapping
the toggle at the
top, it should turn
green, and a new
series of options will

Step 4

0

You can now customise Guided Access. Under Passcode Settings, for example, you can set a six-digit passcode that must be entered to turn Guided Access back off. You'll also find an aution to guided suided. option to guit Guided Access using Face ID if your device has that feature.

or to that turn
to fill the control of the control

Step 6

ADULTS ONLY

Finally, you can alter the length of time before the device auto-locks. If your child is reading on the device's Kindle app, for example, you might want to stop the screen locking after only two minutes of nobody touching it—so they can read happily without interruption. You can select from pre-set time periods or disable the lock function altogether.

to

HHH

Step2

Step1

Step 6

Step2

Step 3

Step 4

Step 5

Meet Our Expert





#WakeUpWednesday

SOURCES: https://wupport.apple.com/en-gis/HT292612



www.nationalonlinesafety.com



@natonlinesafety





What Parents and Carers Need to Know about

On any social media platform, you'll often come across links to genuine-looking websites. They might include an exclusive offer for one of your favourite shops or invite you to complete a quiz in return for a particular reward. In some cases, clicking on these links takes you to a fake website where you are asked to provide your personal details. The whole enterprise is a ploy to capture sensitive details, such as your email address and password, which the scammers then exploit at your expense.

Clickjacking for fake rewards

Here, the attacker tries to lure you into clicking a link by offering something in return, such as a free gift for completing a survey. However, when the link is a licked, it collects the details of whoever fills out the survey. This might include full names, addresses, shane numbers and amail addresses. Scammers could use these to hack into your other accounts or simply sely our data to other criminals.

Malicious app downloads

Some cybercriminals design software that appears genuine or helpful (and is normally free) but has been created to steal your personal information. There may be a pop-up ad encoura ging you to download and install the app. Once the app is downloaded, the attacker can see any personal credentials you enter, and could then use this information for their own gain.

'Payment first' scams

Prevalent on sites such as Depop, these scams have spread to Facebook since it added the Marketplace feature. A user lists an item far sale and requests payment up front. Most anline stores work this way, but the crucial difference is that scammers ask for payment via PayPal friends and family – not goods and services. This means you can't dispute the payment the scammer keeps your maney, and you never receive the item.

Threats disguised as quizzes

Most quizzes on social media seem harmless, but many came with hidden threats. When you submit your answers, threats. When you submit your answers, you're also agreeing to terms and canditions which - in some cases - allow the quiz developer to sell your details to third parties. This puts you at greater risk of phishing attacks and sparm advertising emails. It might also give the app permission to use information from your profile.

Untrustworthy URLs

It's common an social media for URLs in posts to be shortened (to meet Twitter's character count, for instance). This may seem hamless, but it opens an avenue of attack for scammers who may be disguising a malicious link as legitimate. These links can install malware an the victim's device, which could lead to passwords being stolen or even be the precursor to ransomware attacks.

Angler phishing scams

Using a fake corporate social media account, the scammer pretends to be from customer services. When same are complains about customer service an companies about customer service soges social media, the fake account messages them asking for their name, phane number and email. If the user provides this info, they are directed to a fake website where they enter their login debails. The attacker can then steal their credentials or infect their

Set strong passwords

iways ensule that your passwords are not easily uessable. Try to use o mix of letters, numbers and special naracters so that ariminals cannot forcefully get control. pu should also change your passwords every so often to rovide further protection against your accounts being sken over. If you have any concerns about your account's rivacy, change the password.

Avoid opening suspicious emails

Review your privacy settings

Choose trusted download sources

Dan't download apps or files from urk nown sites – instead use verified and trustwarthy sources (such as Google Play or the App Stare for download to mobile devices). You can recognise safe sources by their trust esais. The browser address bar on a secure site starts 'https' instead of 'http'. A shield or lock symbol in the address bar also indicates that a site is secure.

Protect your personal information

Never enter personal information on unfamiliar websites. If you were redirected to a site from a social media post or an email link, putting in your personal details could give key information away to a scammer. Fraudsters may pose as pome one you snow to try and get your address or bank deto your and stry so, if this happens, block the user and tell you lamily, so the scammer can't try to deceive anyone else.

Install anti-virus software

Another key tip is to ensure that you have robust and reliable virus protection installed an any of your devices that support it. Anti-virus programmes will help to insulate you against cyber-attacks by blocking any malicious downloads or detecting any recently downloaded malware and removing it. Update your virus protection software regularly and carry out frequent scans of your device.

Meet Our Expert

Formed in 2016, Kryptokloud provides cyber security and resilience so lutions to its customers. With offices in the UK, the company offers managed service operational packages including cyber security monitoring and testing, risk audit, threat intelligence and incident response.





National #WakeUpWednesday









MUSIC CLUBS

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	Junior Choir	Junior Band	Jazz Band	Senior Choir	Orchestra
	(SF1)	IBO	KHN	КНА	IBO
	13:50- 14:35	(SF1)	(SF1)	(SF1)	(SF1)
		13:50- 14:40	13:25-14:15	13:25- 14:05	13:30-14:20
				Theory and	
				GCSE/A-level support	
				IBO	
				(SF2)	
After school	GCSE/A-level	Chamber			
	support	groups			
	IBO	IBO			
	(SF2)	(SF1)			
	15:45-16:30	15:45-16:30			
	Brass				
	Ensemble				
	(SF2)				
	15:45-16:15				

These music sessions will be on weekly, girls should bring their own instrument and no registration is required for the sessions.

PE Extra-curricular (Summer)

April - July 2022



	Monday	Tuesday	Wednesday	Thursday	Friday
Before School				Miss Runacres' Fitness Class Sports hall / Dance Studio 7:45 – 8:15 am	All Years Morning Mile JBR – Field 7:50-8:15
Lunch time (Times vary)	KS3 Netball shooting Katelynn (Y12) – Top netball courts 1:30 – 14:00	Running Club Rachael (Y12) Field/sports hall 14:00 – 14:20	Year 10 GCSE PE Theory KRI - SH3 1.30-2pm Year 7 & 8 Cricket VJA - Sports Hall 13:30-14:00	Y7/Y10 Dance Anjola (Y12) – Dance studio (Y10) 13:10–14:40 (Y7) 13:45–14:15 Year 9 & 10 Rounders KRI/KRU—Field Year 9 & 10 Rounders KRI/KRU—Field 13:40-14:20	All Years Athletics KRI – Field 13:30-14:10 Y8 Volleyball JBR – Field 13:30 – 14:15
After school	Y7 Rounders <i>VJA – Field</i> 15:45 – 16:45		All Years Football TLE – Field 15:45 – 16:45 Year 7 & 8	Year 8 & 9 Round- ers <i>JBR/KRU – Field</i> 15:45 – 16:45	

Miss Runacres's Fitness Sessions

All Year groups welcome!

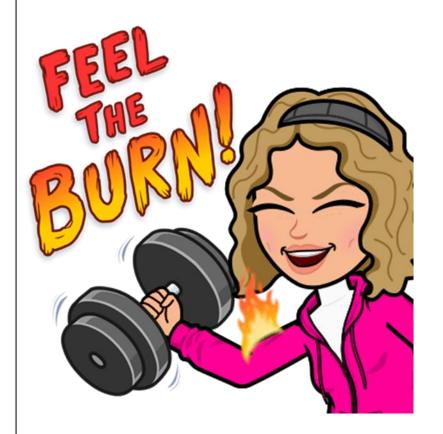
Will vary from:

- Legs, Bums & Tums class
- Circuits
- General fitness
- Ab attack class
- Zumba

Thursday mornings @7.45-8.15am

Sports hall/Dance studio

(Wear anything sporty & trainers
Bring a water bottle)



The beats will be pumping!

All years welcome



CROSS COUNTRY CLUB

Date: Every Tuesday

Time: 2:00 – 2:20

Location: Go to the Sports building to meet me and get changed.

I will register you.

If it is sunny, we go to the field; if it is wet, we stay indoors.

Queries: Talk to Rachael Law (Year 12)







Educational Psychology Parent Helpline

Would you like to talk to someone about difficulties that you or your child are experiencing during the COVID-19 pandemic? Do you need some support with creating a daily routine for your child? Are you concerned about your child's emotional wellbeing? Are you struggling to motivate your children at home or manage sibling relationships? The Educational Psychology Service are here to support you.

The Redbridge Educational Psychology Service have a **dedicated telephone helpline for parents/carers** where you will receive advice and guidance from a professional psychologist.

The EPS helpline is available for all parents and carers - your child does not need to be known to the EPS, does not need to have a special educational need or additional support within school. We welcome calls from all parents and carers.



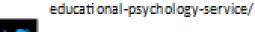
EPS Helpline

Telephone: 07741 331 009

Opening hours:

Every Wednesday 10am - 4pm

Webpage: https://www.redbridge.gov.uk/schools/



FIND: Educational Psychology Service

@Redbridge_aep Twitter account.

Dates for the Diary

SUMMER 2022		
Term	Tuesday 19 April 2022	Friday 27 May 2022
Half-term	Monday 30 May 2022	Friday 3 June 2022
Term	Monday 6 June 2022	Friday 22 July 2022
Non-Contact Day	Wednesday 29 June 2022	

KEY DATES TO REMEMBER

27 May—Non-Uniform Day to Celebrate the Queen's Jubilee
Week of 6 June—Internal Exams Week
15 June—Year 12 Chemistry Practical Day
20 June—UCAS fortnight begins
28 June—Year 12 Induction Day
29 June—INSET Day
1 July— Year 13 Leavers' Day



6 July—Summer Showcase 14 & 15 July—Summer Production Show

REMINDER

Please remind your daughter to bring in her lanyard, locker key and fob to school every day.