





Issue No. 405

21st June 2022



Appointment of a DPO (Schools)

We have appointed an external Data Protection Officer (DPO) to oversee the School's compliance with data protection. Their assistance will help us meet our obligations and they will be the first point of contact for any help you require. We wanted to let you know of their contact details should you have any data protection questions as well as an overview of their duties and responsibilities.

Contact Details

You can contact the DPO on the details below: -

DPO: Judicium Consulting Limited

Address: 72 Cannon Street, London, EC4N 6AE

Email: dataservices@judicium.com
Web: www.judiciumeducation.co.uk

Telephone: 0203 326 9174

Duties and Responsibilities

Judicium's role includes the following: -

- Informing and advising the School about obligations to comply with the UK GDPR and other data protection laws;
- To assist in complying with data protection;
- To advise on all data protection related matters that may come up in the course of your day-to-day work; and
- To act as the main contact point for the Information Commissioner's Office (ICO) and with other individuals.

They will audit the School annually to ensure we meet compliance.

If you have any questions about data protection or freedom of information then please do contact them on the details above. If you would like further information on how we use your data please see our privacy notice which can be found on the School Website.



Competition in MFL

In conjunction with your lesson this week on the value of languages for future plans, please see information about a competition.

• All students in y7 – 10, y12 are invited to participate in a competition

to promote the **value of studying languages** for **future plans** (eg world of work or other opportunities).

- Student work can be completed as an **individual** or as **a pair**.
- · Student work must be original.
- There will be **Prizes** for the best entries.
- Entries will be displayed in the MFL department.
- Deadline: Friday 1st July. Work should be given to your French or German teacher.

You may wish to create: a poster, an advertising campaign, an interview. The choice is yours!





UNDERSTANDING LOW MOOD



Free Webinar for Redbridge Parents and Carers!

The Redbridge Mental Health Support Team will deliver this session. We will share the psychology behind low mood and provide helpful tips to develop emotional and practical strategies to support your teenager.

When: June 22nd, Wednesday, 7 PM Where: Online Zoom Webinar

Register below.

Click URL link or scan QR code:

https://zoom.us/webinar/register/WN_2DfX9pXXREC00znA7X_QNg



ANY QUERIES EMAIL: MHST@REDBRIDGE.GOV.UK.

UC/S Fortnight For Year 12 students 27th June – 8th July 2022

Monday 27th	Period 2	Personal Statement workshop 1 (sign-up) – CC11
	Period 4	Personal Statement workshop 2 (sign-up) – H3
	Lunchtime talk	Degrees and careers in Pharmacy & Pharmacology: Ms Razzaque – Lab 9, 1.30pm
Tuesday 28th	Period 5	Personal Statement workshop 3 (sign-up) – CC3
Wednesday 29th	n INSET DAY	
Thursday 30th	Period 5	Personal Statement workshop 4 (sign-up) – H3
		Studying for Sustainability: London Interdisciplinary School (sign-up) – CR
		Scottish Universities:
		An introduction from St Andrews (sign-up) – Block
Friday 1st	Period 2	Personal Statement workshop 5 (sign-up) – H3
	Period 5	Personal Statement workshop 6 (sign-up) – N10
Monday 4th	Period 5	Personal Statement workshop 7 (sign-up) – CC3
Tuesday 5th	Period 4	Personal Statement workshop 8 (sign-up) – H3
	Lunchtime talk	Studying abroad - Years abroad and the US system: Ms Llewelyn-Evans and Dr Christensen - N1, 1.30pm
Wednesday 6th	Period 4	Personal Statement workshop 9 (sign-up) – CC11
	Period 5	Studying against Inequality: London Interdisciplinary School (sign-up) – Block
		Personal Statement workshop 10 (sign-up) – CC11
Thursday 7th	Period 5	Personal Statement workshop 11 (sign-up) – H3
		Oxbridge Preparation Programme Session 1: 2pm, Block / online
Friday 8th	Period 4	Apprenticeships workshop: finding out more and how to apply (sign-up) – CC11
Also during	Period 5	Personal Statement workshop 12 (sign-up) – Lab 1

- Predicted Grade discussions in tutorials
- Daily questions your chance to ask about all things UCAS
- Parent/Carer Information Evening Tuesday 5th July

SUMMER PRODUCTION 2022



SHOW DATES: Thursday 14th & Friday 15th July

7:00 pm

'THE SOUND of MUSIC' is an award-winning show

Set against the snow-covered Austrian mountains in the 1930's, a young woman named Maria is failing miserably in her attempts to become a nun. She is sent out from the convent to fill a temporary post as governess in the home of Navy Captain Georg von Trapp, a widower with seven difficult and mischievous children. It is a life-changing experience for both Maria and the whole of the von Trapp family and, as Nazi Germany tightens its grip on free Austria, there is only one way to escape.

Tickets: Adults £8-00

Students £5-00

Will be available via ParentPay from 30th June



INVESTIN

AMBITION BEYOND EDUCATION





SUMMER CAREERS CHALLENGE

FREE CAREERS CONTENT FOR STUDENTS

CLICK TO DOWNLOAD

We are delighted to share an inspirational piece of careers content to help you improve your employability skills this summer.

Our Summer Careers Challenge encourages students to gain valuable experience and skills as they work through a series of tasks, reflecting on their progress at each stage.

The school with the most submissions will receive a free-of-charge masterclass in a career of their choice.

Students who send us their completed journal will be in with a chance of winning Amazon vouchers and free membership to our state-of-the-art careers platform, AmbitionX.

SUMMER EXPERIENCE UPDATE

Looking for the ultimate, immersive career experience this summer? Some of our summer experiences are already full; register now to avoid disappointment!

> VIEW & REGISTER: AGES 15-18

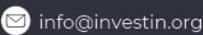
VIEW & REGISTER: AGES 12-14













Cyber Security Focus. A Guide to Protecting Your Online Identity

Your online identity is at risk. In a world where we're all spending more time online, we're building



increasingly comprehensive profiles of information on the web.

These days, you can Google almost anyone and find out what they look like, where they're from, what they do for a living and more.

Unfortunately, just like your "offline" identity, your online presence is subject to threats.

The more fraudsters and scammers can find out about you online, the more exposed you are to problems like <u>identity</u> <u>theft</u>, theft, and more.

In fact, <u>around half of all fraud incidents</u> in 2019 throughout the UK were cyber-related.

What is an Online Identity, and Why is it Important?

Simply put, your online identity is a series of data points related to who you are and what you do online. The information available about you in the digital world can range all the way from photos posted on social media, to email addresses, telephone numbers, and even bank details.

Every time you log onto a website with your email address, share something on Facebook, or fill out a form online, you're submitting information about yourself to the web. This "digital identity" is quickly becoming a key target for criminals.

Learning how to protect your digital identity is important because we're all spending more time online and sharing more information on the web. Younger people (the generations most active online) are seeing a rapid increase in the number of attacks they face on the web. In fact, people in their 20s and 30s are twice as likely than people 40 and over to report losing money online.

Younger adults who are more likely than other age groups to use mobile apps for payments, transfer money online, and manage their finances online are also 77% more likely than older people to lose money through email scams.

General Rules for Online Privacy and Safety

Protecting yourself from fraud, hackers, and cybercriminals means making your digital identity more difficult to access. This can seem like a huge task when you consider how much information most people share online every day, but the process can be simpler than it seems. All you need to do is start with some basic steps, such as:

- **Limiting the information, you share:** Avoid sharing more information about yourself online than you absolutely need to. You don't necessarily need to give your real name and address to sign up for an email newsletter, for instance.
- **Use stronger passwords:** Choose strong, unique passwords to protect yourself against hackers. Your passwords should be unique, long, and not something someone can easily guess. <u>Diceware</u> is a great tool for generating random passwords if you're struggling.
- **Never use the same password more than once:** If a hacker guesses one of your passwords, and you're using the same details on other applications, they can easily gain access to a wider number of accounts. Switch up your passwords, and use password managers if you have a hard time remembering everything.
- **Use multi-factor authentication:** Multi-factor authentication requires you to enter a code sent to your email or phone number, or another form of authentication outside of a password to access vulnerable accounts. This reduces your risk of security breaches.

Protecting Your Identity on Social Media

Social media is one of the biggest sources of information hackers can access when collecting data on a potential target. These days, virtually anyone can find out a lot about who you are just by checking your Facebook or Instagram page. Think carefully about how you share content online.

Most social media channels will allow you to adjust your privacy settings, so your information is only available to people within your social circle. Make the most of this feature to lock strangers out of your digital identity. You could also consider using an alias or nickname instead of your real name.

When you're finished using social media websites, log out of them or use private/incognito browsing to prevent hackers from tracking you around the web.

When you're on social media, make sure you never share information like:

- The name of your first school
- Your mother's maiden name
- Information about when you'll be in or out of town
- Location data, like your address
- Details of expensive new purchases

Staying Secure When Surfing the Web

When you're surfing the web, you're not just browsing online, you're also leaving a trail of information wherever you go. Your browser automatically collects historical information and cookies as you surf. A good way to reduce the amount of data collected is to use an incognito or private browsing mode. Just remember, incognito mode will only stop browsers from saving information — it does not make your browsing anonymous.

If you want to <u>browse more anonymously</u>, a VPN can hide your location and stop your internet service provider (ISP) from seeing your web activity. However, many VPNs will still store your information, so you'll need to ensure you trust the service.

When browsing the web, be cautious about the sites you visit. All of the websites you use should be protected with HTTPS.

This means the web pages are encrypted. When using this, ISPs and other third parties can see the web addresses you visit but they can't see what you're doing, or intercept data.

Make sure your website addresses begin with 'HTTPS'. The browser extension: "HTTPS Everywhere" can ensure you always use HTTPS when possible.

Remember, fake websites are common too. While they might look like they belong to a legit company, they can steal data like login and payment details. Always double-check you're using the correct web address for any company. Most browsers can tell you if there's a problem with a site's security or encryption, which is often a clue that the site is not genuine.

Protecting Your Emails

Finally, email is another area where your digital identity is at risk. Studies <u>suggest 1 in every 99</u> emails is a phishing attack.

A good way to protect yourself is to silo your emails. Have one primary account you use for the most important things, like connecting with friends and banking. For other services, you can use disposable email addresses and secondary emails.

Not only will a secondary email add an extra layer of protection, but it can help to reduce the amount of spam in your inbox too.

It's crucial to protect your email address because it's usually the tool you'll use to recover access to other accounts. Watch out for:

- **Scam emails:** Scammers will often send emails that appear as though they're from legitimate companies, like banks, payment services, and delivery companies. These can often contain files with viruses, or links to fake websites.
- **Requests for sensitive data:** Legitimate companies will never ask for bank details, passwords, or other sensitive information over email.
- **Blackmail:** Blackmail scams, where people claim to have information about you in order to convince you to send them money, are common.

While the online world can be a dangerous place, it's important to remember there are plenty of ways to protect yourself with the right strategy. Use the steps above to keep your online identity secure.

Written in collaboration with Rebekah Carter, Contributor at Broadband.co.uk.

Photo by Cottonbro

Written by Broadband Genie on June 16, 2022 14:16

Online safety Training for Parents - June 2022

Dear Parents'

Our Online E-safety training course for parents June 2022 is available via the link below of via the school website.

This can be carried out in the comfort of your own home at a time that suits you best! There is no time limit once you commence the training but please allow yourself twenty minutes to complete this comfortably.

Don't forget to enter your name in full at the start as once completed you will be able to download your certificate. The most up to date training link can always be found here on the school website.

Click here to start your online safety Training for Parents – June 2022

Regards Mrs Del Giudice Network Manager



MUSIC CLUBS

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	Junior Choir	Junior Band	Jazz Band	Senior Choir	Orchestra
	(SF1)	IBO	KHN	КНА	IBO
	13:50- 14:35	(SF1)	(SF1)	(SF1)	(SF1)
		13:50- 14:40	13:25-14:15	13:25- 14:05	13:30-14:20
				Theory and	
				GCSE/A-level support	
				IBO	
				(SF2)	
				13:30-14:20	
After school	GCSE/A-level	Chamber			
	support	groups			
	IBO	IBO			
	(SF2)	(SF1)			
	15:45-16:30	15:45-16:30			
	Brass				
	Ensemble				
	(SF2)				
	15:45-16:15				

These music sessions will be on weekly, girls should bring their own instrument and no registration is required for the sessions.

PE Extra-curricular (Summer)

April - July 2022



	Monday	Tuesday	Wednesday	Thursday	Friday
Before School				Miss Runacres' Fitness Class Sports hall / Dance Studio 7:45 – 8:15 am	All Years Morning Mile JBR – Field 7:50-8:15
Lunch time (Times vary)	KS3 Netball shooting Katelynn (Y12) – Top netball courts 1:30 – 14:00	Running Club Rachael (Y12) Field/sports hall 14:00 – 14:20	Year 10 GCSE PE Theory KRI - SH3 1.30-2pm Year 7 & 8 Cricket VJA - Sports Hall 13:30-14:00	Y7/Y10 Dance Anjola (Y12) — Dance studio (Y10) 13:10—14:40 (Y7) 13:45—14:15 Year 9 & 10 Rounders KRI/KRU—Field 13:40-14:20	All Years Athletics KRI – Field 13:30-14:10 Y8 Volleyball JBR – Field 13:30 – 14:15
After school	Y7 Rounders <i>VJA – Field</i> 15:45 – 16:45		All Years Football TLE – Field 15:45 – 16:45 Year 7 & 8	Year 8 & 9 Round- ers JBR/KRU – Field 15:45 – 16:45	

Miss Runacres's Fitness Sessions

All Year groups welcome!

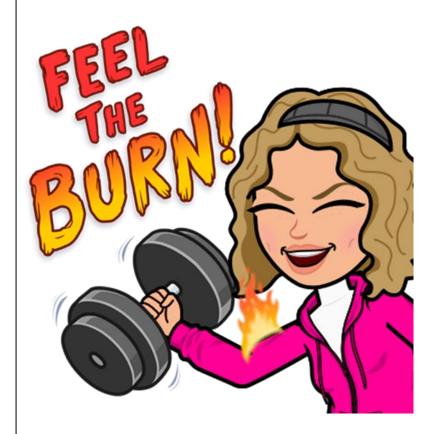
Will vary from:

- Legs, Bums & Tums class
- Circuits
- General fitness
- Ab attack class
- Zumba

Thursday mornings @7.45-8.15am

Sports hall/Dance studio

(Wear anything sporty & trainers
Bring a water bottle)



The beats will be pumping!

All years welcome



CROSS COUNTRY CLUB

Date: Every Tuesday

Time: 2:00 – 2:20

Location: Go to the Sports building to meet me and get changed.

I will register you.

If it is sunny, we go to the field; if it is wet, we stay indoors.

Queries: Talk to Rachael Law (Year 12)



Are you looking after a child who is not your own?

- Is the child under 16 (or 18 if they have a disability)?
- Are you NOT the child's step parent, sibling, aunt, uncle or grandparent? This also includes host families to overseas students
- Do you plan to have the child with you for more than 28 days?
- This is called "private fostering" and we must be LEGALLY notified to ensure the child is safe.

Please contact the Child Protection and Assessment Team (CPAT):

020 8708 3885

CPAT.Referrals@redbridge.gov.uk

or visit www.redbridge.gov.uk/private-fostering for more information





Educational Psychology Parent Helpline

Would you like to talk to someone about difficulties that you or your child are experiencing during the COVID-19 pandemic? Do you need some support with creating a daily routine for your child? Are you concerned about your child's emotional wellbeing? Are you struggling to motivate your children at home or manage sibling relationships? The Educational Psychology Service are here to support you.

The Redbridge Educational Psychology Service have a **dedicated telephone helpline for parents/carers** where you will receive advice and guidance from a professional psychologist.

The EPS helpline is available for all parents and carers - your child does not need to be known to the EPS, does not need to have a special educational need or additional support within school. We welcome calls from all parents and carers.



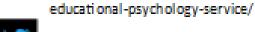
EPS Helpline

Telephone: 07741 331 009

Opening hours:

Every Wednesday 10am - 4pm

Webpage: https://www.redbridge.gov.uk/schools/



FIND: Educational Psychology Service

@Redbridge_aep Twitter account.

Dates for the Diary

SUMMER 2022		
Term	Tuesday 19 April 2022	Friday 27 May 2022
Half-term	Monday 30 May 2022	Friday 3 June 2022
Term	Monday 6 June 2022	Friday 22 July 2022
Non-Contact Day	Wednesday 29 June 2022	

KEY DATES TO REMEMBER



20 June—UCAS fortnight begins
28 June—Year 12 Induction Day
29 June—INSET Day
1 July— Year 13 Leavers' Day
5 July—Year 7&8 Movie Night (all places now taken)
6 July—Summer Showcase

14 & 15 July—Summer Production Show - "The Sound of Music"

LOST PROPERTY

Could you please instruct your daughters to have a look in the Lost Property wooden trunk (main reception) for any items that they are missing.

Due to unclaimed items still left and despite our numerous requests, by <u>Friday 24th June 2022</u>, all uncollected items will be disposed of and also given to charity.

We appreciate your co-operation.