

Year 11

No.	Lesson Title	Learning Objectives
1	Healthy, long-term relationships (R)	<p>I can identify types of long-term relationships, including legal status</p> <p>I can identify the important elements in long-term relationships</p> <p>I can discuss what is required to sustain healthy long-term relationships</p>
2	Love and loss (R)	<p>I understand the relationship life-cycle</p> <p>I understand the choices I have in my relationships, including; ending a range of relationships, physical and non-physical relationship choices</p> <p>I can explain how a range of relationships can be ended including romantic relationships</p>
3	Sex Ed 1 (S)	<p>I know the facts about reproductive health, including fertility and the potential impact of lifestyle on fertility for men and women.</p> <p>I know that there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others.</p>
4	Sex Ed 2 (S)	<p>I know the facts about the full range of contraceptive choices, efficacy and options available.</p> <p>I know how the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing.</p> <p>I know about the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment.</p>
5	Sexual Pressure (R)	<p>I can describe a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others.</p> <p>I understand that they have a choice to delay sex or to enjoy intimacy without sex.</p>
6 + 7	Pregnancy (H)	<p>I know that there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help).</p>
8	Risky Behaviour (H)	<p>I know understand the use of alcohol and drugs can lead to risky sexual behaviour.</p> <p>I know where to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment.</p>
9	Criminal Behaviour (R)	<p>I know that some types of behaviour within relationships are criminal, including violent behaviour and coercive control.</p> <p>I know what constitutes sexual harassment and sexual violence and why these are always unacceptable.</p> <p>I understand the legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal.</p>

(R) = Relationship Education, (S) = Sex Education, (H) = Health Education