

PSHCE Overview – KS3

	Year 7	Year 8	Year 9
Term 1	<p>Community & Responsibility</p> <ul style="list-style-type: none"> • Woodford Charter • School Birthday <p>Relationships & Sex Education</p> <ul style="list-style-type: none"> • Friendships <p>Bullying and Discrimination</p> <ul style="list-style-type: none"> • Bullying or Banter? <p>Media and Digital Literacy</p> <ul style="list-style-type: none"> • eSafety • Office 365 <p>Money & Work</p> <ul style="list-style-type: none"> • Finance – Budgeting • Unifrog Training 	<p>Personal Safety</p> <ul style="list-style-type: none"> • eSafety talk <p>Money & Work</p> <ul style="list-style-type: none"> • Career stereotyping • My skills and abilities • Skills for the future • Income and Taxation <p>Community & Responsibility</p> <ul style="list-style-type: none"> • The Law • Crime and sentencing • Equality and the Law 	<p>Community & Responsibility</p> <ul style="list-style-type: none"> • Responsible activism • Liberties enjoyed by British Citizens • Volunteering • Foreign Aid • Unicef • Human Rights <p>Money & Work</p> <ul style="list-style-type: none"> • Finance – Credit and Debit cards • Fraud • Labour markets and exploring careers
Term 2	<p>Money & Work</p> <ul style="list-style-type: none"> • Shopping Ethically <p>Mental Health</p> <ul style="list-style-type: none"> • Resilience • Mindfulness <p>Media and Digital Literacy</p> <ul style="list-style-type: none"> • Safer Internet Day <p>Relationships & Sex Education</p> <ul style="list-style-type: none"> • Discernment • Families • Love & Relationships 	<p>Physical Health</p> <ul style="list-style-type: none"> • Dental Health • Healthy Living • The effect of drugs <p>Mental Health</p> <ul style="list-style-type: none"> • Stress <p>Media and Digital Literacy</p> <ul style="list-style-type: none"> • Safer Internet Day <p>Relationships & Sex Education</p> <ul style="list-style-type: none"> • Types of relationships • Coercion and control • Love & Relationships 	<p>Money & Work</p> <ul style="list-style-type: none"> • GCSE Options talks <p>Community & Responsibility</p> <ul style="list-style-type: none"> • Our changing environment • Sustainable environment <p>Media and Digital Literacy</p> <ul style="list-style-type: none"> • Safer Internet Day <p>Relationships & Sex Education</p> <ul style="list-style-type: none"> • Healthy and Unhealthy Relationships • Same sex relationships • Consent

<p>Term 3</p>	<p>Physical Health</p> <ul style="list-style-type: none"> • Healthy Diet • Healthy Living <p>Growing & Changing</p> <ul style="list-style-type: none"> • Body Image • Puberty • Sanitary Products <p>Personal Safety</p> <ul style="list-style-type: none"> • Sexual Harassment <p>Community & Responsibility</p> <ul style="list-style-type: none"> • Youth Travel Ambassadors • Personal Identity • Stereotyping • Extremism 	<p>Physical Health</p> <ul style="list-style-type: none"> • First Aid <p>Growing & Changing</p> <ul style="list-style-type: none"> • Self-Confidence <p>Bullying and Discrimination</p> <ul style="list-style-type: none"> • First Impressions • Prejudice and discrimination <p>Community & Responsibility</p> <ul style="list-style-type: none"> • Homelessness • Religious Stereotyping • Islamophobia • Preventing Radicalisation • Extremism • British values and tolerating other faiths 	<p>Relationships & Sex Education</p> <ul style="list-style-type: none"> • Parent and Child Relationships • Family problems • Running away <p>Personal Safety</p> <ul style="list-style-type: none"> • Sexual Harassment <p>Physical Health</p> <ul style="list-style-type: none"> • Healthy Lifestyles <p>Mental Health</p> <ul style="list-style-type: none"> • Being self-aware • Mental wellbeing • Managing Anxiety
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PSHCE Overview – KS4

	Year 10	Year 11
Term 1	<p>Personal Safety</p> <ul style="list-style-type: none"> eSafety talk <p>Money & Work</p> <ul style="list-style-type: none"> KS3 to KS4 transition Unifrog Training <p>Mental Health</p> <ul style="list-style-type: none"> Facts and perception Supporting emotional and mental health <p>Community & Responsibility</p> <ul style="list-style-type: none"> Electoral system Government Human rights & International Law Equality & the Law 	<p>Money & Work</p> <ul style="list-style-type: none"> Work experience A-Level Options Step-up to Sixth Form <p>Relationships & Sex Education</p> <ul style="list-style-type: none"> Healthy long-term relationships Love & loss Sex Education Contraception Sexual Pressure
Term 2	<p>Physical Health</p> <ul style="list-style-type: none"> What keeps me healthy Extraordinary bodies and minds Disease prevention Drugs awareness <p>Media and Digital Literacy</p> <ul style="list-style-type: none"> What keeps me safe Pornography Safer Internet Day 	<p>Relationships & Sex Education</p> <ul style="list-style-type: none"> Pregnancy Abortion Risky behaviour Criminal behaviour <p>Money & Work</p> <ul style="list-style-type: none"> Apprenticeships UCAS and University Personal statement and CV writing
Term 3	<p>Growing & Changing</p> <ul style="list-style-type: none"> Managing change and decision making Physical and Emotional Change Gender stereotypes and Gender identity <p>Relationships & Sex Education</p> <ul style="list-style-type: none"> Power in relationships 	<p>Community & Responsibility</p> <ul style="list-style-type: none"> Valuing diversity Understanding and preventing extremism How are people drawn in to extremist groups

Personal Safety

- Sexual Harassment

Money & Work

- Employability
- Skills - Leadership
- Skills - Teamwork
- Skills - Problem Solving
- Workers rights & unions