



PARENT GOVERNOR VACANCIES

We have vacancies on our Governing Body for Parent Governors.

If you would like to become a Parent Governor, or nominate someone for the role, please read the next three pages carefully.

Parent Governor Nomination Form

Election of 3 Parent Governors

Please PRINT IN **BLOCK CAPITAL LETTERS** the name and address of the person being nominated for election:

Full Name:

E-Mail Address:

Address:

Handwritten signature of person nominated for the vacant positions above:

Handwritten signature of proposer

(Parent/carer of another student at currently Woodford County High School):

Name and address in **BLOCK CAPITAL** letters of proposer above:

Handwritten signature of seconder

(Parent/carer of another student currently at Woodford County High School):

Name and address in **BLOCK CAPITAL** letters of seconder above:

NOTE: The proposer and seconder above **must** be a parent/carer of a student currently on the school roll at Woodford County High School.

Personal Statement

(**Maximum 100** words)-You may **type** this on a separate sheet as an attachment as it will be sent out in the form it is received. Please ensure you put your name on the separate sheet if supplying your statement in that way:

Note: Please undertake a word count on your statement as it must not exceed **100** words in total and could be deemed null and void.

I wish to submit my nomination for the election of the vacant parent governor position.

I confirm: (i) that I am willing to stand as a candidate for election as a parent governor and (ii) that I am not disqualified from holding office for any of the reasons set out in Annex A (below).

Handwritten Signature:

Date:

Completed nomination forms must be returned by hand to:

Mrs Natalie Diamond, Headteacher's PA via the Main School Office

Deadline: Wednesday 9th November 2022 (3.00pm)

Annex A: Qualifications and disqualifications to serve as a school governor

A governor must be aged 18 or over at the time of his/her election or appointment and cannot hold more than one governorship at the same school.

A person is disqualified from holding or continuing to hold office as a governor or associate member if he or she:

- is subject to a bankruptcy restriction order, an interim bankruptcy restrictions order, a debt relief restrictions order or an interim debt relief restrictions order;
- has had his/her estate sequestrated and the sequestration has not been discharged, annulled or reduced;
- is subject to:
 - a disqualification order or disqualification undertaking under the Company Directors Act 1986
 - a disqualification order under the Companies Directors Disqualification (Northern Ireland) Order 2002
 - a disqualification undertaking accepted under the Company Directors Disqualification (Northern Ireland) Order 2002
 - an order made under section 429(2)(b) of the Insolvency Act 1986 (failure to pay under a county court administration order);
- has been removed from the office of charity trustee or trustee for a charity by an order made by the Charity Commission or Commissioners or High Court on the grounds of any misconduct or mismanagement in the administration of the charity, or under section 34 of the Charities and Trustees Investment (Scotland) Act 2005 from being concerned in the management or control of anybody;
- is included in the list of people considered by the Secretary of State as unsuitable to work with children;
- is disqualified from working with children or subject to a direction under section 142 of the Education Act 2002;
- is disqualified from working with children under sections 28, 29, or 29A of the Criminal Justice and Court Services Act 2000;
- is disqualified from registration under Part 2 of the Children and Families (Wales) Measure 2010 for child minding or providing day care;
 - is disqualified from registration under Part 3 of the Childcare Act 2006;
- has received a sentence of imprisonment (whether suspended or not) for a period of not less than 3 months (without the option of a fine) in the 5 years before or since becoming a governor;
- has received a prison sentence of 2½ years or more in the 20 years before becoming a governor;
- has at any time received a prison sentence of 5 years or more;
- has been convicted under section 547 of EA 1996 (nuisance or disturbance on school premises) or under section 85A of the Further and Higher Education Act 1992 (nuisance or disturbance on educational premise) during the 5 years prior to or since appointment or election as a governor;
- is employed at the school for more than 500 hours per academic year if wishing to stand for parent governor at the same school;
- is an elected member of the Local Authority (applies to parent and community governors only);
- has refused a request by the clerk to the governing body to make an application under section 113B of the Police Act 1997 for a criminal records certificate;
- has been disqualified from holding office as a governor of this school due to failure to attend governing body meetings for a continuous period of six months.

FREE ONLINE WORKSHOPS FOR REDBRIDGE PARENTS

Join our Mental Health Support Team Parent/Carer Week

We are offering free online workshops which provide opportunities to learn about a range of topics and hear about the support the MHST offer in your schools.

**PLEASE SIGN UP TO
THE SESSIONS BY
SCANNING THE QR
CODES
OR COPYING THE
LINKS,
AND THEN ENTERING
YOUR DETAILS.**

What is the MHST?

An introduction to Redbridge Mental Health Support Team. We invite parents to meet our team and hear about the service we offer.

Monday 7th November 2022



tinyurl.com/2hmvk5zf

12:30-1:30pm



tinyurl.com/bdm6vf43

7:00pm-8:00pm

Understanding Low Mood

We will share the psychology behind low-mood and provide helpful tips to develop emotional and practical strategies to support your teenager.

Tuesday 8th November 2022



<https://tinyurl.com/5n7wvyhp>

12:30-1:30pm



<https://tinyurl.com/2s4hfd6x>

7:00pm-8:00pm

Brave! Managing anxiety with complex needs

An introduction to anxiety: how it is developed, maintained and tips on what you can do to help. It will give consideration to supporting those who have additional needs such as social communication or learning needs.

Wednesday 9th November 2022



<https://tinyurl.com/36uctu7>

12:30-1:30pm



<https://tinyurl.com/mrxhh2za>

7:00pm-8:00pm

Future proofing for exam resilience

This webinar will consider how to recognise signs of exam stress, and strategies to help your child to overcome exam stress so they can perform at their best.

Thursday 10th November 2022



<https://tinyurl.com/nhzjx3c2>

12:30-1:30pm



<https://tinyurl.com/4cx6verj>

7:00pm-8:00pm

Understanding Body Image

Supporting young people with body acceptance and sharing strategies to develop emotional resilience

Friday 11th November 2022



<https://tinyurl.com/2p87v5b9>

12:30-1:30pm



<https://tinyurl.com/smbdar7>

7:00pm-8:00pm

There are still a few places available for after school activities, starting next week.

- ◇ *Calligraphy*
- ◇ *Pop workshop*
- ◇ *Boxing*
- ◇ *Calligraphy*
- ◇ *Drama*

Please book on parentpay by Friday, to secure your daughters place.

*Unfortunately we have had to cancel a few clubs due to low uptake.
You have been refunded via parentpay.*

Cancelled clubs are:

- ◇ *Musical theatre*
- ◇ *Dance*
and
- ◇ *Intermediate cooking*



Are you in Year 7 or 8 and want some maths help?

MATHS CLUB

Or just extra maths?

One-to-One Support

Drop in

Year 10 Tutors

CC9 Every Wednesday Lunchtime

Maths Club is a drop in session open to all Year 7 and Year 8 students run by Ms Gribble and older students. Students will normally receive one-to-one support and can ask for maths challenges or specific maths topics they would like help with.

Year 7 & 8 Movie Night

Tuesday 22nd November

3.45pm – 6pm

Jungle Cruise (12A)

£7 via ParentPay by 17/11/22
(incl. ticket, popcorn & a drink)

Limited to 130 places

Extra Refreshments on sale

Location: Conference Room



WOODFORD CAREERS

Offers for support with year 11 Work Experience (3rd-14th July 2023) continue to trickle in, for which we are very grateful.

Please consider whether you would be able to offer a placement to one of our students in your place of work, even if you can't offer a full fortnight. Get in touch by emailing smithm@woodford.redbridge.sch.uk



COATS AROUND SCHOOL

A large number of students are wearing coats in corridors between lessons and some times wearing them in lessons themselves.

This is unnecessary. The buildings are well-heated and transition between them is too brief to cause serious discomfort.

Coats must be left in lockers. They may be collected to be worn outside at break and lunchtime and girls in Years 7-9 may take them to their lesson period 5 because they leave earlier than the rest of the school.

Exceptions are made for torrential rain and very severe cold weather.

Coats may be confiscated for all or part of the school day at the discretion of teachers.



P.E. EXTRA-CURRICULAR TIMETABLE

	<u>Mon</u>	<u>Tues</u>	<u>Weds</u>	<u>Thurs</u>	<u>Fri</u>
<u>Before School</u> <u>7.50-8.20am</u>	All Years – Badminton Sports Hall KST	All Years – Volleyball Sports Hall VJA			Badminton for y12 & 13 ONLY STA
<u>Lunchtime</u> <u>1.30-2pm</u>	All Years – Basketball Sports Hall VJA All years Dance Dance studio STA	All years football Sports Hall/Field STA	<u>Running Club – led by Rachael Yr13 student</u> Netball for ALL (courts) KK	Badminton Sports Hall VJA STA – Y9-13 Trampolining All Years – Athletics Sports Hall/Field KRI	Trampolining – Y7&8 KRU
<u>Afterschool</u> <u>3.45-4.45pm</u>	A.S.C self defence Sports hall All years – Games (dodgeball / kickball etc.) Courts KST	Boxing External Coach Year 10 & 11 (Sign up required) KRU A.S.C JIU JITSU Sports hall	Netball Training/Fixture (courts) INVITE ONLY STA VJA KRU KRI	A.S.C DANCE Dance Studio	Prisons - led by Lilla Yr11 student 3.45 – 4.10pm Supervised by Ms Gribble Years 9, 10 & 11

WCHS - ECTT – Term 1

Come and join us for

Prisons Club

**Fridays after school 3.45—4.10pm
in the Sports Hall**

Run by Lilla in Year 11 and supervised by Miss Gribble

Years 9,10 & 11 welcome

Team B's Prison	Team A	Team B	Team A's Prison
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Music Extra-curricular Timetable: Autumn 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	Junior Choir (SF1) 13:30- 14:10 Brass Ensemble MTH (SF2) 13:45-2:15 Kalimba Club (Conference room) 13:45-14:20	Junior Band IBO (SF1) 13:30- 14:10 Musical Theatre club (Conference room) 13:40-14:15	Jazz Band KHN (SF1) 13:40-14:15 String orchestra IBO (Conference Room) 13:40-14:15 Carnatic Ensemble Jubilee Room 1 13:40-2:15	Senior Choir KHA (SF1) 13:40- 14:15 Theory and GCSE/A-level support IBO (SF2) 13:40-14:15	Orchestra IBO (SF1) 13:40-14:15 Guitar and Ukulele Ensemble (SF2) 13:40-14:15
After school		Chamber groups IBO (SF1/2) 15:45-16:30			

Jazz band is a group for wind, brass and percussion players of grade 4/5+ standard. We primarily play big band music but there are opportunities to learn improvisation skills and perform solos within ensemble playing. We perform at concerts and events like the summer showcase.

Junior choir is our main choral ensemble for years 7-9, run by Yolanda Thompson from Redbridge Music Centre. It is also an excellent group to participate in for new students in year 7, reinforcing musicianship skills required during the curriculum. No previous singing experience is required, and so the group gives great confidence to those looking for a friendly environment to develop their abilities while also producing high-quality performances for concerts.

The **orchestra** is the main music ensemble of the school which plays music from the classical repertoire plus arrangements and film music. All string/wind and brass instruments are welcome and entry requirements are for students to be at least grade 4 standard.

String orchestra is a group for all string instruments for students at least grade 3 in standard. We will be tackling some 20th-century Russian repertoire this term.

Junior band is an excellent group for younger musicians, from those just beginning on an instrument up to grade 3 in standard, to engage in an ensemble playing a variety of musical arrangements. All types of instruments are welcome, regardless of previous experience. Again, this is an excellent opportunity for younger musicians to build up confidence in performance and develop skills which also strongly support their curriculum work.

The **brass ensemble** welcomes students from beginner to advanced level to take part playing music for the end-of-term concerts. This group is particularly appropriate for musicians who have previously done the year 8 brass projects as part of the curriculum lessons, and is an excellent next step in developing their instrumental skills. Instruments can also be provided by the tutor so please do come even if you do not own an instrument.

The **senior choir** is an excellent ensemble for years 10-13 which tackles more challenging and diverse repertoire for performance in concerts and other functions. Again, as with other groups, new-comers are always welcome in this friendly and supportive environment.

Theory and **GCSE/A-level support** provides theory tuition at all levels for those wishing to build up their theory knowledge. GCSE and A level students are also supported in their studies for example in coursework or revision.

Chamber groups – This is an opportunity for self-led student groups to run rehearsals with the support of music staff when required.



PEOPLE'S PAVILION DESIGN COMPETITION

BEYOND
THE
BOX

A DESIGN COMPETITION FOR 14 - 18 YEAR OLD'S LIVING IN EAST LONDON

WEEKEND WORKSHOP DATES

PLEASE SIGN-UP FOR THE BOROUGH YOU LIVE IN!

Workshops run from 10am - 3pm

TO ENTER, YOU MUST ATTEND BOTH THE
SATURDAY AND SUNDAY WORKSHOPS FOR YOUR BOROUGH!

HACKNEY

SATURDAY 22ND, SUNDAY 23RD - OCTOBER 2022

REDBRIDGE

SATURDAY 5TH, SUNDAY 6TH - NOVEMBER 2022

HAVERING

SATURDAY 19TH, SUNDAY 20TH - NOVEMBER 2022

TOWER HAMLETS

SATURDAY 3RD, SUNDAY 4TH - DECEMBER 2022

BARKING & DAGENHAM

SATURDAY 7TH, SUNDAY 8TH - JANUARY 2023

NEWHAM

SATURDAY 21ST, SUNDAY 22ND - JANUARY 2023

WALTHAM FOREST

SATURDAY 28TH, SUNDAY 29TH - JANUARY 2023



THE WINNING
TEAM GETS AN
ALL-EXPENSES
PAID STUDY
TRIP TO
VENICE!

FOR MORE INFO / TO SIGN UP



SCAN HERE

OREMAIL
KUDZAI@BEYONDTHEBOXCONSULTANTS.COM

PEOPLE'S PAVILION DESIGN COMPETITION

BEYOND THE
BOX

ARE YOU AGED 14 - 18?
DO YOU LIVE IN EAST LONDON?
INTERESTED IN DESIGN AND ARCHITECTURE?

Apply to enter the People's Pavilion design competition and you could win an all-expenses paid study trip to Venice.

Workshops are taking place across East London
between Oct 2022 - Jan 2023

You are welcome to attend the workshops with a team you have formed, or form one with the aspiring designers you meet on the day!

The winning design will be built in the summer of 2023 and will host a cultural festival produced by young people.

Hit the QR code to sign up!

FOR MORE INFO / TO SIGN UP



SCAN HERE

Lecture opportunity for Sixth Form students and parents at Forest School

Please use [this booking form](#) to book your places should you wish to attend.



**St
James's
Place**



**AKSHAT
KUMAR**

Finance

**Making your money
work for you**

Our speaker is an Old Forester, Akshat Kumar, who is a financial adviser at St. James' Place, the UK's largest asset management firm which looks after over £150 billion of client assets. Akshat helps individuals and business owners with tax planning, investment management, inheritance, children's futures, retirement planning, pension consolidation and other financial services.



The lecture will highlight the importance of budgeting for the future and enable pupils to start thinking about how to navigate themselves financially through university.

The lecture will also touch upon how parents and carers can start to plan their children's pensions and will look at the benefits of Junior ISAs.

Years 12-13 and their parents/carers are invited for refreshments from 3:30pm in the Upper Library before attending the lecture.

**Thursday 10th November
4.00pm - 5.00pm
Deaton Theatre**

LOST PROPERTY

Our lost property box (located near the Main School Office) is full.

If your child has misplaced something, please ask them to come and check the box.

Jewellery, watches, USB sticks and glasses can be picked up from the main reception—please check the photo below to see if you recognise any of the items. Thank you.



REMINDER

Please remind your daughter to bring in her lanyard, locker key and fob to school every day.



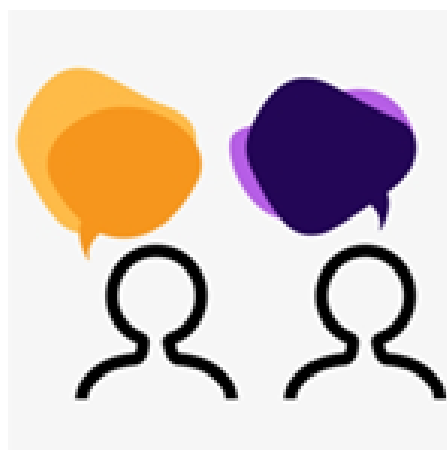


Educational Psychology Parent Helpline

Would you like to talk to someone about difficulties that you or your child are experiencing during the COVID-19 pandemic? Do you need some support with creating a daily routine for your child? Are you concerned about your child's emotional wellbeing? Are you struggling to motivate your children at home or manage sibling relationships? The Educational Psychology Service are here to support you.

The Redbridge Educational Psychology Service have a **dedicated telephone helpline for parents/carers** where you will receive advice and guidance from a professional psychologist.

The EPS helpline is available for all parents and carers - your child does not need to be known to the EPS, does not need to have a special educational need or additional support within school. We welcome calls from all parents and carers.



EPS Helpline

Telephone: 077 41 3 31 009

Opening hours:

Every Wednesday 10am - 4pm

Webpage: <https://www.redbridge.gov.uk/schools/educational-psychology-service/>



FIND: [Educational Psychology Service](#)

@Redbridge_aep Twitter account.

DATES FOR THE DIARY

AUTUMN 2022		
Term	Monday 5 September 2022	Friday 21 October 2022
Half-term	Monday 24 October 2022	Friday 28 October 2022
Term	Monday 31 October 2022	Tuesday 20 December 2022
Non-Contact Day	Friday 7 October 2022	

SPRING 2023		
Term	Thursday 5 January 2023	Friday 10 February 2023
Half-term	Monday 13 February 2023	Friday 17 February 2023
Term	Monday 20 February 2023	Friday 31 March 2023
Non-Contact Day	Tuesday 7 March 2023	

SUMMER 2023		
Term	Monday 17 April 2023	Friday 26 May 2023
Half-term	Monday 29 May 2023	Friday 2 June 2023
Term	Monday 5 June 2023	Friday 21 July 2023
Non-Contact Day	Wednesday 28 June 2023	



KEY DATES TO REMEMBER

17 November—House Drama Event
Week of 21 November—Warner House Charity Week
22 November—Year 7 & 8 Movie Night
24 November—GCSE Prizegiving 2022-23
29 November—Year 13 Parents Evening
5 December—Year 11 Parents Evening
8 December—Christmas Concert
12 December—Year 13 (2020-2021) Certificate & Social Event
20 December—End of Term