

School Birthday Celebrations



We will celebrate the school's 103rd birthday this Thursday, 29 September.

To mark the celebrations, the school day is collapsed and a number of events take place including:

- Students bake cakes at home and bring these in to school Dining Hall for the cakes to be judged—see leaflet below
- Formal Parade and Service
- Cutting of the School Birthday Cake and a slightly extended break and lunch time
- An event per year group—all activities this year are focusing on teamwork (i.e. Quiz, Murder Mystery, Dragon's Den Activity, Problem Solving Challenge etc)

Please note, **Years 7,8 & 10 will need to wear a long sleeve blouse** for the Parade and the Service. Afterwards students can change into non-uniform.

Payments for the School Birthday activities are now due for Year 7 and Year 10 pupils.

Parents of **Year 7**—please visit ParentPay and choose 'Year 7 School Birthday Activity'

Parents of **Year 10**—please visit ParentPay and choose 'Year 10 Carousel (TPSC)'

If you have not already paid, please make sure you do as soon as possible. Thank you.

Year 11 is going to an outdoor activity centre, please remember to prepare a packed lunch, they will leave school at 8am and expect to be back by 6.15pm.

WOODFORD'S ANNUAL SCHOOL BIRTHDAY BAKE OFF

The categories:

1. Traditional
Woodford themed
cake
2. Non-traditional
cake (a novelty
cake)

Prizes:

- Prizes available for 1st, 2nd and 3rd place for each key stage (KS3, KS4 and KS5)
- 1st and 2nd place prizes: cookery book and rosette each
- 3rd place prize: rosette



Thursday 29th September
Bring your cake to the
dining room before 8:30



Clearly label your cake with your full name, form and the category you are entering.

Please remember do not use nuts or products containing nuts!!

Geography Visit to Iceland 28 October-2 November 2022: Information Evening

An information evening for parents and year 11 and sixth for students who are going to Iceland is to be held on Monday 3rd October at 6pm (please arrive from 5.45pm) in the Main Hall of the school. The aim of the meeting is to share with you final details about the trip to Iceland as well as answer any questions you might have. **If possible, I would like to request that at least one parent attends the meeting.** The meeting should last no more than 1 hour. Students are welcome to attend but it is not essential.



Sixth Form Trip to Paris 13-16 October 2022: Final Information Evening

The final information evening regarding the Paris trip will take place on Thursday 29th September, from 6.30pm until approximately 7.30pm. This will be taking place on MS Teams.

At the meeting, we will share the itinerary, emergency procedures, suggested packing list and other relevant information. It will also be the opportunity to ask any questions you may have about the visit. As such, if you are a student going on this trip, it is **mandatory** for you to attend this meeting, and highly recommended that a parent or guardian do so also.





WOODFORD COUNTY HIGH SCHOOL

Sixth Form Virtual Open Evening

**Tuesday 18th October 2022
5.30-8.00pm**

On our website and Microsoft Teams

Booking now open via our website:

www.woodford.redbridge.sch.uk

Click on Sixth Form > Sixth Form Virtual Open Evening





Five Penny Race

Save the date and your 5p coins

We will be holding our Five Penny Race on 11 October 2022.

It is a great school tradition, it is a House competition—students compete against other houses, laying 5p coins next to each other in a straight line and whichever House has the longest line wins.

Lots of fun to be had by the students on the day.

Please collect your 5p coins and give them to your daughter to bring to school on

11 October 2022

Money raised will be donated to



Thank you



Seriously Overdue Library Books - Return ASAP

**Books borrowed before holidays they are
now overdue & must be returned.**

**Overdue notices will be in Form registers
this week identifying all overdue books.**

**Library etiquette & ethics is very
important!!!**



OVERDUE



USE OF PRIVATE TUTORS

We are aware that many parents choose to use private tutors for their daughters while they are studying at the school. This is not a practice we would encourage for the academic subjects we teach, although we appreciate that in certain circumstances it may be useful.

Whilst there are many good tutors, and it is clearly for you as parents to make this decision, there are a number of educational reasons for avoiding using tutors for regular academic subjects if possible:

- Many tutors focus on how to pass examinations rather than the teaching of a subject in its broader sense. This narrow approach impoverishes the curriculum.
- Students who are tutored in subjects outside school are often less focused in class, which is not only detrimental to their own studies, but can also be a distraction for others.
- Tutoring takes up time that might be more constructively utilised elsewhere – for example in taking part in extra-curricular activities, completing homework for non-tutored subjects or simply allowing pupils some “down time”.
- It can damage enjoyment of the subject: girls simply get fed up with over-exposure to a subject.
- It can create an unhealthy over-reliance on tutoring. This makes it more difficult for girls to develop their independence, which is an absolutely vital attribute as they progress through the school and then go on to university.
- It inhibits creativity. Because of the narrow focus of much tutoring, those who are over-reliant on it find it difficult to think laterally and problem solve.
- Many tutors are not especially expert in their subject. We frequently have to deal with girls who have been taught something that is simply wrong. If this is not detected early it can be difficult to get them to “unlearn” it.
- We have a well-rounded curriculum taught by expert teachers. In the vast majority of cases, tutoring is simply unnecessary.

Should you decide that you would still like to employ a tutor for your daughter, please note that the school cannot make any recommendations. We also do not allow our own teachers to tutor girls who are studying here even if they do not teach them.

If you employ a tutor you must, of course, assure yourself of their suitability to work with children and of their qualifications for the task in hand. Attached to this bulletin is some safeguarding guidance from the London Borough of Redbridge which you might find useful.

C. Jenkins,

Deputy Headteacher



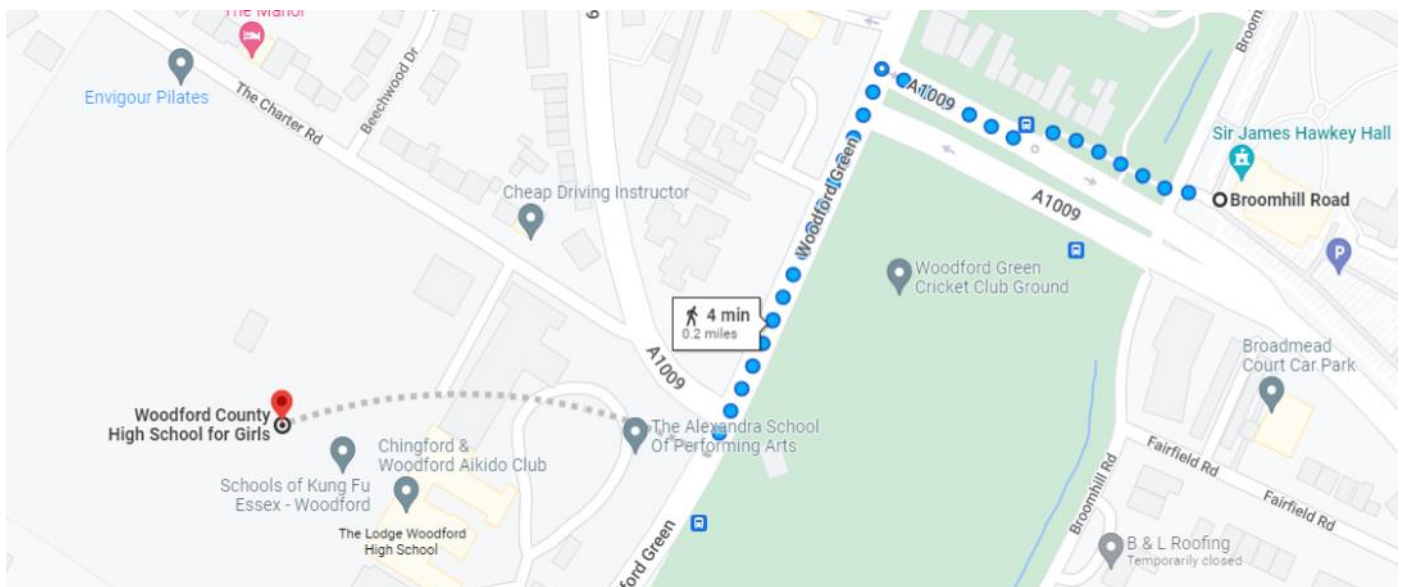
PARKING / STOPPING AROUND THE SCHOOL

We have already had numerous complaints from residents around the school regarding parking on double yellow lines, parking across their drives and blocking the road.

If you do drive your child to school, please park at the Sir James Hawkey Hall car park (IG8 0BG), see map below. It is a short distance from the school with ample parking available. If you are unable to do so, then please show consideration to our neighbours. Students can easily be dropped a short distance from the school and walk the remainder of the journey.

Could we also request that when collecting or dropping off your child you do not sit with your car engine idling.

Thank you.





Gardening

Gardening club is a fun way to directly impact the school grounds.

We grow vegetables, create bouquets for events and this year we're launching a Gardener's journal.

Gardening club is also available for yr. 10s DofE skill or volunteering section

Timings: Week A Thursday 1:30 PM
Week B Wednesday 1:30 PM- in the square courtyard outside the RS block

Open to years 7 to 11

Contact: Amanah Amin on teams not email.

or come to N9 at Wednesday lunchtime from 1:40- 2:00



Come and join us for

Prisons Club

Fridays after school 3.45—4.10pm in the Sports Hall

Run by Lilla in Year 11 and supervised by Miss Gribble

Years 9,10 & 11 welcome

Free to attend

Team B's Prison	Team A	Team B	Team A's Prison
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HIT BOX



Inspiring and transforming lives through boxing



- England Boxing affiliated Boxing Leader
- Non-contact Boxing class
- Improve mental alertness and general health
- Strengthen upper and lower body
- Increase balance and Aerobic fitness
- Build confidence
- More importantly- have fun!

FREE FOR ALL!



Available to Year 10 and 11

Every Tuesday from 15:45 - 16:45. Gloves will be provided should you not own a pair of boxing gloves.

P.E. EXTRA-CURRICULAR TIMETABLE

WCHS - ECTT – Term 1

	<u>Mon</u>	<u>Tues</u>	<u>Weds</u>	<u>Thurs</u>	<u>Fri</u>
<u>Before School</u> <u>7.50-8.20am</u>	All Years – Badminton Sports Hall KST	All Years – Volleyball Sports Hall VJA			Badminton for y12 & 13 ONLY STA
<u>Lunchtime</u> <u>1.30-2pm</u>	All Years – Basketball Sports Hall VJA All years Dance Dance studio STA	All years football Sports Hall/Field STA	<u>Running Club – led by Rachael Yr13 student</u> Netball for ALL (courts) KK	Badminton Sports Hall VJA STA – Y9-13 Trampolining All Years – Athletics Sports Hall/Field KRI	Trampolining – Y7&8 KRU
<u>Afterschool</u> <u>3.45-4.45pm</u>	A.S.C self defence Sports hall All years – Games (dodgeball / kickball etc.) Courts KST	Boxing External Coach Year 10 & 11 (Sign up required) KRU A.S.C JIU JITSU Sports hall	Netball Training/Fixture (courts) INVITE ONLY STA VJA KRU KRI	A.S.C DANCE Dance Studio	Prisons - led by Lilla Yr11 student 3.45 – 4.10pm Supervised by Ms Gribble Years 9, 10 & 11



Congratulations to all students who took part in the first cross country meet of the year at Lee Valley.
You all did amazingly on a tough course.



Music Extra-curricular Timetable: Autumn 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	Junior Choir (SF1) 13:30- 14:10 Brass Ensemble MTH (SF2) 13:45-2:15 Kalimba Club (Jubilee Rooms) 13:45-14:20	Junior Band IBO (SF1) 13:30- 14:10 Musical Theatre club (Conference room) 13:40-14:15	Jazz Band KHN (SF1) 13:40-14:15 String orchestra IBO (Conference Room) 13:40-14:15 Carnatic Ensemble Jubilee Room 1	Senior Choir KHA (SF1) 13:40- 14:15 Theory and GCSE/A-level support IBO (SF2) 13:40-14:15	Orchestra IBO (SF1) 13:40-14:15 Guitar and Ukulele Ensemble (SF2) 13:40-14:15
After school		Chamber groups IBO (SF1/2) 15:45-16:30			

The next recital evening is on Thursday 20th October, from 6-8pm. Students of all ages are welcome to audition for a slot to perform as a soloist or as a small group.

Auditions are taking place on the 3rd, 4th and 6th of October.

Audition sign-up sheets are on display in the Music department.

Jazz band is a group for wind, brass and percussion players of grade 4/5+ standard. We primarily play big band music but there are opportunities to learn improvisation skills and perform solos within ensemble playing. We perform at concerts and events like the summer showcase.

Junior choir is our main choral ensemble for years 7-9, run by Yolanda Thompson from Redbridge Music Centre. It is also an excellent group to participate in for new students in year 7, reinforcing musicianship skills required during the curriculum. No previous singing experience is required, and so the group gives great confidence to those looking for a friendly environment to develop their abilities while also producing high-quality performances for concerts.

The **orchestra** is the main music ensemble of the school which plays music from the classical repertoire plus arrangements and film music. All string/wind and brass instruments are welcome and entry requirements are for students to be at least grade 4 standard.

String orchestra is a group for all string instruments for students at least grade 3 in standard. We will be tackling some 20th-century Russian repertoire this term.

Junior band is an excellent group for younger musicians, from those just beginning on an instrument up to grade 3 in standard, to engage in an ensemble playing a variety of musical arrangements. All types of instruments are welcome, regardless of previous experience. Again, this is an excellent opportunity for younger musicians to build up confidence in performance and develop skills which also strongly support their curriculum work.

The **brass ensemble** welcomes students from beginner to advanced level to take part playing music for the end-of-term concerts. This group is particularly appropriate for musicians who have previously done the year 8 brass projects as part of the curriculum lessons, and is an excellent next step in developing their instrumental skills. Instruments can also be provided by the tutor so please do come even if you do not own an instrument.

The **senior choir** is an excellent ensemble for years 10-13 which tackles more challenging and diverse repertoire for performance in concerts and other functions. Again, as with other groups, new-comers are always welcome in this friendly and supportive environment.

Theory and **GCSE/A-level support** provides theory tuition at all levels for those wishing to build up their theory knowledge. GCSE and A level students are also supported in their studies for example in coursework or revision.

Chamber groups – This is an opportunity for self-led student groups to run rehearsals with the support of music staff when required.





WCHS Woodford County High School for Girls

After school clubs brochure

November-December 2022



Dear parents, please keep an eye out for the new brochure, coming out at the end of this week.

The new Year 7's will have preferential bookings before the rest of the school.

Activities will payable via parentpay, on a first come first served basis, and early booking is advisable.

Payment by childcare voucher is accepted, please contact Ms Dawson directly.



Thank you

Ms Dawson after School clubs co-ordinator.



WORK EXPERIENCE OPPORTUNITIES

Our current year 11 students are due to go out on Work Experience from 3rd-14th July next summer, after their GCSE exams.

They are now busy networking and approaching businesses for opportunities. If any parents are in a position to be able to offer a placement to any of our students, we would love to hear from you.

Please email Mrs Marion Smith at

smithm@woodford.redbridge.sch.uk

with some information about your business and what you would be able to offer.

Thank you to those parents who have offered to come in to talk about their work in response to my earlier request. If any others are willing to do the same, or create a video about their work, please let me know.

Thank you

Lunch menu for week of 26 September 2022:

	WEEK 1	Classic Favourites	SOUTHERN STYLE	Great British Roast	KURRY	Fish & Chips
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HALAL & NON-HALAL MAIN MEAL		CLASSIC BEEF LASAGNE Garlic Bread	CHICKEN & SAUSAGE JAMBALAYA WITH FRESH LIME & CORIANDER	LEMON & THYME ROASTED CHICKEN LEG Yorkshire Pudding, Gravy	BEEF KEEMA CURRY 50/50 Rice, Naan Bread	BATTERED FISH/ SALMON FISHCAKES Chips
VEGETARIAN MEAL		VEGAN BOLOGNAISE Garlic Bread	ASIAN VEGETABLE & NOODLE STIR FRY Carrot & Sesame Salad	BAKED MACARONI CHEESE WITH A CRUNCHY TOPPING	VEGAN JERK QUORN BURRITO Rice	SPICY BEAN ENCHILADA Tomato Sauce
VEGETABLE		GARDEN SALAD PEAS	SHREDDED GREENS	SEASONAL VEGETABLES	SWEET CHILLI SLAW	PEAS CHIPS
PASTA POTS		TOMATO & BASIL				
		PESTO PASTA	QUORN BOLOGNAISE	CHEESE SAUCE	CARBONARA	CHEESE SAUCE
JACKET POTATO		TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS				
DESSERT		BERRY & APPLE CRUMBLE Custard	CORNFLAKE CRISPY CAKE	LEMON SPONGE Custard	SPICED APPLE SPONGE Vanilla Sauce	CHILLED COCONUT RICE PUDDING
FRUIT		SELECTION OF FRUIT DAILY				
YOGHURT POTS		SELECTION OF YOGHURT POTS DAILY				
TRY OUR HOME-MADE SOUP WITH FRESHLY BAKED BREAD		LOOK OUT FOR AMAZING BLUE DOT MEAL DEALS	PIZZAS, WRAPS & PANINIS FRESH OPTIONS EVERY DAY	TAKE HOME A TAKEAWAY Collect Before You Go Home	LUNCH MEAL DEAL Check out what's on offer today!	WATCH OUT FOR OUR POP UP & STREET FOOD PROMOTIONS
		All of Our Deli Range, Sandwiches, Salads & Desserts are FRESHLY MADE HERE DAILY				

Lunch menu for week of 3 October 2022:

	WEEK 2	Classic Favourites	SOUTHERN STYLE	Great British Roast	KURRY	Fish & Chips
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HALAL & NON-HALAL MAIN MEAL		TRADITIONAL SAUSAGE & MASH Onion Gravy	MEXICAN BURRITO BAR Various Fillings	ROAST TURKEY Yorkshire Pudding, Gravy	CARIBBEAN CHICKEN CURRY 50/50 Rice, Naan Bread	BATTERED FISH/ SALMON FISHCAKES Chips
VEGETARIAN MEAL		VEGAN SAUSAGE & MASH Onion Gravy	REFRIED BEAN BURRITO BAR Various Toppings	QUORN ROAST Yorkshire Pudding, Gravy	VEGETABLE NOODLES & SOYA BEAN STIR FRY	PIZZA WRAP Chips
VEGETABLE		CARROTS PEAS	SWEETCORN	SEASONAL VEGETABLES	GINGER FRIED GREENS	BEANS GARDEN SALAD PEAS
PASTA POTS		TOMATO & BASIL				
		QUORN BOLOGNAISE	CARBONARA	PESTO	ARRABIATA	CHEESE SAUCE
JACKET POTATO		TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS				
DESSERT		JAM SPONGE Custard	PEAR & GINGER CRUMBLE Cinnamon Custard	CHOCOLATE SPONGE Chocolate Sauce	APPLE & BLACKBERRY CRUMBLE Custard	SYRUP SPONGE Custard
FRUIT		SELECTION OF FRUIT AVAILABLE DAILY				
YOGHURT POTS		SELECTION OF YOGHURT POTS AVAILABLE DAILY				
TRY OUR HOME-MADE SOUP WITH FRESHLY BAKED BREAD		LOOK OUT FOR AMAZING BLUE DOT MEAL DEALS	PIZZAS, WRAPS & PANINIS FRESH OPTIONS EVERY DAY	TAKE HOME A TAKEAWAY Collect Before You Go Home	LUNCH MEAL DEAL Check out what's on offer today!	WATCH OUT FOR OUR POP UP & STREET FOOD PROMOTIONS
		All of Our Deli Range, Sandwiches, Salads & Desserts are FRESHLY MADE HERE DAILY				

WEEK 3					
	Classic Favourites MONDAY	SOUTHERN STYLE TUESDAY	Great British Roast WEDNESDAY	KURRY THURSDAY	Fish & Chips FRIDAY
HALAL & NON-HALAL MAIN MEAL	CLASSIC BEEF BOLOGNAISE 50/50 Pasta	HOUSE RUBBED JERK CHICKEN	SALT & PEPPER CHICKEN Roast Potatoes, Gravy	THAI RED CHICKEN CURRY White Rice	BATTERED FISH/ SALMON FISHCAKES Chips
VEGETARIAN MEAL	ROASTED PEPPER & QUORN MOUSSAKA	MIXED BEAN ENCHILADA	CAULIFLOWER CHEESE & GREENS PASTA BAKE	VEGETABLE BALTI White Rice	BEAN BURGER Chips
VEGETABLE	SWEETCORN GARDEN SALAD	RICE N PEAS, SWEET CHILLI SLAW	SEASONAL VEGETABLES MIXED SALAD	LIME & CORIANDER SLAW	BEANS GARDEN SALAD PEAS
PASTA POTS	TOMATO & BASIL				
	QUORN BOLOGNAISE	CARBONARA	PESTO	ARRABIATA	CHEESE SAUCE
JACKET POTATO	TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS				
DESSERT	APPLE & BERRY PIE Ice Cream	WARM CHOCOLATE BROWNIE Chocolate Sauce	JAM SPONGE Custard	PANCAKE BAR Fruit Toppings	BANANA BREAD & BUTTER PUDDING Custard
FRUIT	SELECTION OF FRUIT AVAILABLE DAILY				
YOGHURT POTS	SELECTION OF YOGHURT POTS AVAILABLE DAILY				

TRY OUR HOME-MADE **SOUP** WITH FRESHLY BAKED BREAD

LOOK OUT FOR AMAZING BLUE DOT MEAL DEALS

PIZZAS, WRAPS & PANINIS FRESH OPTIONS EVERY DAY

TAKE HOME A TAKEAWAY
Collect Before You Go Home

LUNCH MEAL DEAL
Check out what's on offer today!

WATCH OUT FOR OUR **POP UP & STREET FOOD PROMOTIONS**

All of Our Deli Range, Sandwiches, Salads & Desserts are **FRESHLY MADE HERE DAILY**

Are you in Year 7 or 8 and want some maths help?

MATHS CLUB

Or just extra maths?

One-to-One Support

Drop in

Year 10 Tutors

CC9 Every Wednesday Lunchtime

Maths Club is a drop in session open to all Year 7 and Year 8 students run by Ms Gribble and older students. Students will normally receive one-to-one support and can ask for maths challenges or specific maths topics they would like help with.

The sessions start at 1:40pm and finish by 2:20pm in CC9.



INVESTIN

IMMERSIVE CAREER EXPERIENCES



4.9/5 from 1,200+
Trustpilot Reviews



WEEKEEND CAREER EXPERIENCES FOR AGES 12-18

NOVEMBER - DECEMBER 2022

Students can register now for our autumn term career opportunities, which are available in 19 cutting-edge industries. Students will learn directly from some of the world's best professionals - doctors, lawyers, engineers, investment bankers and more - through a series of live, interactive simulations which provide tailor-made professional experience to ages 12-18.

All programmes take place on Sundays at UCL; students can also attend live online if they prefer.

View and Register:
AGES 15-18

View and Register:
AGES 12-14

EXPERIENCES FOR EVERYONE



MEDICINE



STEM



**LAW &
POLITICS**



**BUSINESS
& FINANCE**



**CREATIVE ARTS
& MEDIA**



DISCOVER ALL

£1 to join

AFRICAN X CARRIBBEAN YOUTH DANCE WORKSHOP



All ages + levels
welcome !

come & celebrate Black History Month this year
with an open class followed by a carnival
procession in East London !!

Time: 1-4PM

Date: Saturday 22-10-22

Location: Redbridge Central Library,
Ilford

to REGISTER contact:

+44 7906 343050

adannawomensgroup@gmail.com





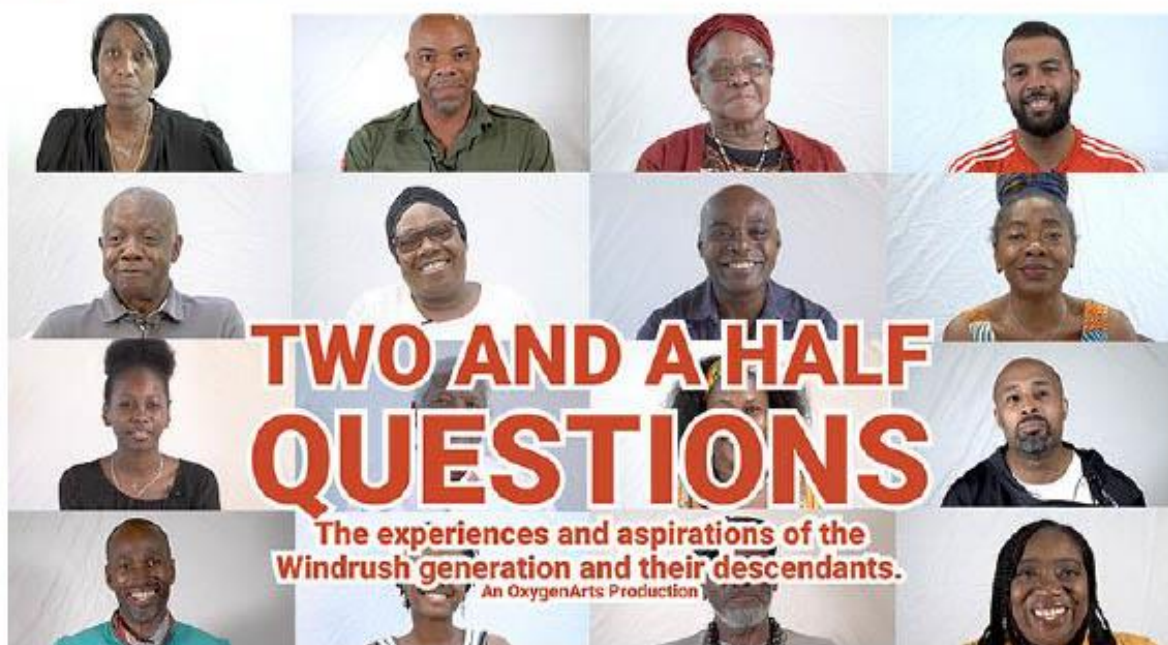
The Black Image **A Talk by Black History Walks**

A very revealing presentation, film and talk by Black History Walks, which shows how Europeans have deliberately altered the image of African people to show negativity.

In the 15th century African people were portrayed in European art as noble, sophisticated and intelligent. With the rise of Empire these images were thrown out and replaced with demeaning stereotypes which still inform public opinion via children's books and Hollywood movies.

Black History Walks was set up in 2007. Since then, the organisation has established a reputation for its diverse programme of high-quality walks, tours, talks, educational courses, resources and film events

3 October 2022, 6.30pm-9pm
Redbridge Central Library
£4



Two & a Half Questions A Windrush Film & Q&A

Join Vision Redbridge and Oxygen Arts for a special screening of *Two and a Half Questions* on **Thursday 29 September**. This new film is an exploration of the lives and aspirations of the Windrush generation and those who came after them. Working with a group of young people, the filmmaker, Clovis Lowe, captured interviews with people of Caribbean and African heritage from all walks of life, from lawyers and dancers to politicians, social workers and entrepreneurs.

The film will be available to view on the Vision website on 29 September. Join the director, Clovis Lowe and one of the young filmmakers for a Q&A about the issues raised by the film and the challenges of producing a film with young people during Covid.

Free- online Screening- all day | Q&A from 7pm

BLACK HISTORY MONTH



BLACKBRITS.CO.UK

PRESENTS

AFRICAN & CARIBBEAN COMMUNITY FAIRS

BlackBrits.co.uk are back with another 2 day extravaganza celebrating the best of Black British culture.

SATURDAY 1 OCTOBER 2022 | 12PM-5PM | FREE ENTRY:

Information Stalls, Advice Sessions and Seminars- everything you need to live a happy, healthy & enriched lifestyle!

SEMINARS FEATURING: HOW TO BECOME AN ENTREPRENEUR | PERSONAL DEVELOPMENT | MENTAL HEALTH | FINANCES | HEALTH & WELLBEING

SUNDAY 2 OCTOBER 2022 | 11AM-6PM | £2 ADULTS £1 CHILDREN:

Nothing but positive vibes! A fun day for all the family!

**STALLS FEATURING: FOOD & DRINKS | MUSIC | SOFT FURNISHINGS
FASHION & JEWELLERY | SKIN & HAIR CARE | BOOKS | ARTS & CRAFTS**

**REDBRIDGE CENTRAL LIBRARY, CLEMENTS RD,
ILFORD IG1 1EA**

For more events please visit:

www.visionrcl.org.uk/blackhistorymonth



BAME: Let's Debate and Create!

What is BAME and Who is BAME?

Join the celebrated lawyer, playwright and poet David Neita, for a debate about the term BAME.

Are you aged 14-21 years?

Are you Black or Asian, a Minority or Ethnic = BAME?

Do you consider yourself BAME? Does the word BAME offend you or do you take it in your stride?

Join us for this 'live' debate. Let's have a conversation, air and hear your views and let's create a spoken word piece that reflects what it's like to be young, black and British.

8 October 2022 | 2pm-4pm | Redbridge Central Library | FREE

ZUMBA



Contact Claire
07538 861038
Dance Studio High Rd
Woodford, Woodford
Green IG8 9LA

Claire O'Shea
Professional Dancer
Zumba Instructor
Monday Zumba
7.00pm

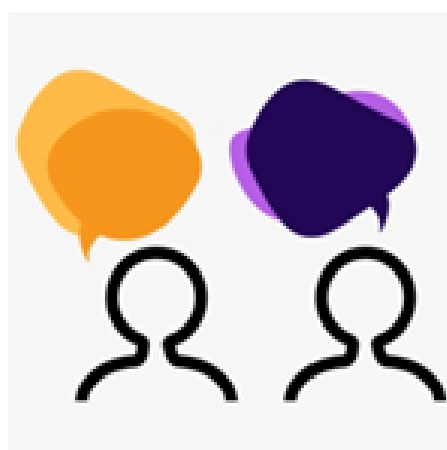


Educational Psychology Parent Helpline

Would you like to talk to someone about difficulties that you or your child are experiencing during the COVID-19 pandemic? Do you need some support with creating a daily routine for your child? Are you concerned about your child's emotional wellbeing? Are you struggling to motivate your children at home or manage sibling relationships? The Educational Psychology Service are here to support you.

The Redbridge Educational Psychology Service have a **dedicated telephone helpline for parents/carers** where you will receive advice and guidance from a professional psychologist.

The EPS helpline is available for all parents and carers - your child does not need to be known to the EPS, does not need to have a special educational need or additional support within school. We welcome calls from all parents and carers.



EPS Helpline

Telephone: 077 41 3 31 009

Opening hours:

Every Wednesday 10am - 4pm

Webpage: <https://www.redbridge.gov.uk/schools/educational-psychology-service/>



FIND: [Educational Psychology Service](#)

@Redbridge_aep Twitter account.

DATES FOR THE DIARY

AUTUMN 2022		
Term	Monday 5 September 2022	Friday 21 October 2022
Half-term	Monday 24 October 2022	Friday 28 October 2022
Term	Monday 31 October 2022	Tuesday 20 December 2022
Non-Contact Day	Friday 7 October 2022	

SPRING 2023		
Term	Thursday 5 January 2023	Friday 10 February 2023
Half-term	Monday 13 February 2023	Friday 17 February 2023
Term	Monday 20 February 2023	Friday 31 March 2023
Non-Contact Day	Tuesday 7 March 2023	

SUMMER 2023		
Term	Monday 17 April 2023	Friday 26 May 2023
Half-term	Monday 29 May 2023	Friday 2 June 2023
Term	Monday 5 June 2023	Friday 21 July 2023
Non-Contact Day	Wednesday 28 June 2023	



KEY DATES TO REMEMBER

- 29 September—School Birthday Celebrations**
- 29 September—Sixth Form Paris Trip Information Evening (online)**
- 3 October—Iceland visit information evening (in school)**
- 6 October—School Finishes 30 minutes early**
- 6 October—Year 6 Open Evening**
- 7 October—Inset Day**
- 11 October—5 Penny Race**
- 18 October—6th Form Open Evening**
- 20 October—Music Recital Evening**



Advance notice: School to finish 30 minutes early on Thursday 6 October 2022

A ticketed on-site Open Evening is being held on Thursday 6 October to enable those Year 6 students who have taken the 11+ (17 September 2022) to tour the school.

Our students will be released 30 minutes early that afternoon to enable preparations to be made for the event. KS3 students will leave at 2.50pm, others at 3.00pm. The 679 buses assigned to the school will run to correspond with those times. No homework club or after school activities will run that evening. Where WCHS students are helping out with the event, parents will be informed.

Friday 7 October is a non-pupil day (Staff Training).

REMINDER

Please remind your daughter to bring in her lanyard, locker key and fob to school every day.

