

Year 8 PE Residential Report

Friday 18th October saw the PE Department's first Outdoor Adventures Activity Residential. 44, Year 8 students and all members of the PE department set off on the coach to Liddington PGL. Although cold and at times wet, everyone had a great weekend. The days were fully loaded for students with a mix of activities, requiring various skill sets. Students worked independently and within teams to help enable them to complete all the tasks given to them. Activities were both mentally and physically challenging.



"I loved PGL and I wished it was longer."

"I really enjoyed the trip and had lots of fun meeting new people and making new friends. I also really enjoyed all the fun activities we did."

"I especially enjoyed the activities that involved being high in the air."

"I overall thought the trip was a great experience and I would love to go on another trip like this again!"

"I loved the canoeing as we were playing lots of fun games and it was all about teamwork"

"I think my favourite was the giant swing because of the height it was really fun, and I loved the element of surprise and how they tricked us into pulling the rope that made us drop."

"I really enjoyed Ambush because it was really exciting and because it was an evening activity."