



7th November 2023

Dear Parents / Carers

### Islamophobic graffiti – interim update

You will understand that our priorities since my communication on Saturday afternoon have been a) to talk clearly to our students on the matter, voicing an unequivocal stance and seeking to reassure them, b) to assess risk and take appropriate actions, c) to launch a thorough investigation and d) to report a criminal matter to the police. Understandably we have received a great deal of communication over two days on the subject from parents and others associated with Woodford, as well, indeed, as from those with no connection with the school. Every communication from a parent or someone associated with Woodford is being read carefully and its contents noted. We don't at present have capacity to reply to all communications individually but I will seek to update parents and carers at intervals as we take the necessary actions.

To that end, actions yesterday included:

- Three headteacher assemblies condemning the anti-Palestinian, anti-Arab and islamophobic act of hate speech, acknowledging the shock, hurt and anger for everyone but and most particularly for Muslim members of our school community, both students, families and staff. Students were told a full investigation was under way, encouraged to come forward with any information which might be related and given means to do so, pointed towards sources of support and advised not to underestimate the role they themselves could play in providing reassurance to each other and healing our community
- Meeting with the police, reporting the crime and securing a police presence at the gate at the end of school day this week
- Booking a police officer to speak to students in assemblies on the subject of hate crime
- Launching a formal investigation
- Increased staff presence at Break Time and Lunch Time
- Providing students with an initial channel to express their feelings both on this outrage in school and also more broadly on the humanitarian crisis in Gaza & planning to incorporate further safe spaces for discussion going forward
- Ongoing discussion with the London Borough of Redbridge

Parents and carers are thanked for messages of support and positive suggestions as we seek to address and learn from this appalling incident.

Yours sincerely

Ms Jo Pomeroy  
Headteacher

# GRAFFITI INCIDENT

## Your chance to speak out

Dear all,

As Ms. Pomeroy mentioned in her address to all students on Monday 6<sup>th</sup> November we have set up an additional e-mail account for you as students to speak out on matters that are concerning you. We envisage that many of you will use this as a means of sharing your views about the events in the occupied Palestinian territory and Israel and specifically Gaza. You may also choose to focus on school, perhaps suggesting what more you would like to see at school to support you regarding this matter. When communicating, please be mindful of the language that you are using in your email and abstain from writing messages that can be deemed as hurtful or hateful. Whilst we will be unable to respond to every message, we will take on board ideas where we can in the context of a school environment.

Please use the email address [studentvoice@woodford.redbridge.sch.uk](mailto:studentvoice@woodford.redbridge.sch.uk)

For those of you who have any further information about the incident from Friday 3<sup>rd</sup> November, please also use the same email address and have in the subject: **Incident Friday 3<sup>rd</sup> November.**

***The information that you will provide will remain confidential, you may be asked to give further information if we feel it will help our investigations.***

**Dr. Cassim Ashraff**

**Assistant Headteacher**

## NON-UNIFORM DAYS TO RAISE FUNDS FOR HUMANITARIAN RELIEF IN THE OCCUPIED PALESTINIAN TERRITORIES AND ISRAEL

We are acutely aware of the suffering caused by the ongoing conflict, especially in Gaza. As a consequence we are raising funds for the Red Cross/Red Crescent relief efforts in that area.

# INTERNATIONAL



# FEDERATION

We shall therefore be holding non-uniform days to coincide with our House Drama festival. Those who are watching House Drama (either Tuesday or Wednesday) are asked to come to school in their House colours.

Payment of a minimum of £1.50 (more is, of course, welcome) can be made via Parentpay as usual. We will also be holding bucket collections on both days, plus on the evening of House Drama, so any additional cash donations at those times would be most welcome (£1 and £2 coins and notes only please). It goes without saying that your daughter should take care of any cash she brings into school until the 9.30am House Drama start time.

## Yr13 MMI medicine and dentistry event

Dear All,

Thank you so much to those who have registered their availability for the MMI Event at WCHS. Given the responses received, this email is to confirm that the event will be held on **Friday 8<sup>th</sup> December 2023**.

If you work in the medical or dental fields, and with the date now confirmed, please kindly fill in the form below to confirm your availability for the day. The event is expected to run from 9am - 1pm, with registration from 8am. I hope that you will be able to attend the whole event, but understand if this is not possible. You will have option to outline what times you are available should you only be able to make part of the event. Please note that multiple submissions are possible should you need to update your availability.

Also, should you know of anyone in the medical or dental fields who may be able to volunteer on the day, please forward the form onto them.

<https://forms.office.com/e/iai4eSRYnK>

Thank you so much, and I will be in touch soon with further details. Should you have any questions or queries, please do not hesitate to contact me.

Best wishes,

Saira Khan

Deputy Head of Science

[khans@woodford.redbridge.sch.uk](mailto:khans@woodford.redbridge.sch.uk)



## RAFFLE GIFTS

Please could you donate any unwanted gifts etc to the main school office.

We would like to create prize hampers for a raffle on the House Drama event, which is on 16 November 2023.

**Deadline for offering donations is 13 November 2023.**

Please be generous.

We are also looking for businesses who can donate any vouchers.

Many thanks

Iffat  
PFA







YEAR 9 STUDENTS

TOP SECRET

GOOD AT SOLVING PUZZLES?  
CRACKING CODES IN MINUTES?  
HAVE AN EYE FOR A PATTERN?  
QUICK - FORM YOUR TEAM!

N2 WILL BE HEADQUARTERS  
LINGUISTS ASSEMBLE!  
COMplete the sign up form here:

<https://forms.office.com/E/2APa7PXICA>

6 - 10 NOVEMBER 2023



## WEEK 1

### WEEK COMMENCING

6/11/2023 27/11/2023 18/12/2023 08/01/2024 29/01/2024 19/02/2024  
11/03/2024 01/04/2024 22/04/2024 13/05/2024 03/06/2024  
24/06/2024 15/07/2024

(V) - VEGETARIAN  
(VE) - VEGAN

## CLASSIC HOT & HEARTY

### CLASSIC MAIN MEALS

#### MONDAY

Fragrant Chicken Tagine with Jewelled  
Lemon Couscous

#### TUESDAY

Classic Beef Lasagne, Garden Salad &  
Homemade Garlic Bread

#### WEDNESDAY

Salt & Pepper Roast Chicken, Crisp  
Roasties, Roasted Root Vegetables &  
House Gravy

#### THURSDAY

Chicken Tikka Masala, Wholegrain &  
White Rice, Kachumber Salad & Mango  
Chutney

#### FRIDAY

Chip Shop "Fryday" Fish, Pizza or  
Fishcake & Chips with Peas & Tartare  
Sauce

### VEGETARIAN MAIN MEALS

#### MONDAY

Harissa Roasted Sweet Potato  
& Chickpea Tagine  
with Jewelled Lemon Couscous (VE)

#### TUESDAY

Vegetable & Mixed Bean Lasagne,  
Garden Salad & Homemade Garlic Bread  
(V)

#### WEDNESDAY

Crunchy Topped Macaroni Cheese,  
House Salad or Seasonal Vegetables (V)

#### THURSDAY

Goan Potato & Spinach Curry,  
Wholegrain & White Rice, Kachumber  
Salad & Mango Chutney (VE)

#### FRIDAY

Roasted Provencale Vegetable & Feta  
Pasty with Chips & Peas (V)

### DESSERTS

#### MONDAY

Berry & Apple  
Crumble with  
Custard

#### TUESDAY

Sticky Toffee  
Pudding with  
Butterscotch  
Sauce

#### WEDNESDAY

Pear & Cocoa  
Sponge with  
Custard

#### THURSDAY

Apple &  
Chocolate  
Pinwheel

#### FRIDAY

Manager's  
Special

**Fruit & Yoghurt Pots Available Daily**

**HOMEMADE SOUP &  
FRESHLY BAKED BREAD**  
Available Daily

**JACKET POTATOES**  
Topped with a Choice of: Cheese,  
Tuna or Beans Available Daily

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.







**MONDAY**

Buffalo  
Cauliflower  
Wings on Salt &  
Pepper Wedges  
(V)

**TUESDAY**

Greek Souvlaki  
Chicken

**WEDNESDAY**

Korean Crispy  
Fried Chicken

**THURSDAY**

Mei Goreng  
Indonesian Fried  
Noodles (V)

**FRIDAY**

Manager's Street  
Vibes Special

**NATURally**

**MONDAY**

Sweet Chilli  
Glazed Vegan  
Bites (VE)

**TUESDAY**

The Big Plant  
Burger (VE)

**WEDNESDAY**

Vegetable  
Gyozas in a Chilli  
& Ginger Broth  
(V)

**THURSDAY**

Lentil Buddha  
Bowl (VE)

**FRIDAY**

Vegan Bean &  
Jalapeno Burrito  
(VE)

**TRATTORIA**



**MONDAY**

Tomato & Basil  
Pasta

**TUESDAY**

Manager's  
Special

**WEDNESDAY**

Mozzarella &  
Tomato or Spicy  
Sausage, Cheese  
& Tomato Pizza

**THURSDAY**

Manager's  
Special

**FRIDAY**

Mozzarella &  
Tomato or BBQ  
Chicken, Cheese  
& Tomato Pizza

# Woodford County Eco Info

As a school community we all have the responsibility to create a sustainable future for our beautiful planet.

**November 2023**  
sustainability and  
environmental  
awareness dates



**World Vegan Month – 1<sup>st</sup> to 30<sup>th</sup> Nov**

**World Basking Shark Day – 3<sup>rd</sup> Nov**

**World Kindness Day – 13<sup>th</sup> Nov**

**One World Week – 14<sup>th</sup> to 20<sup>th</sup> Nov**

**World Fisheries Day - 21<sup>st</sup> Nov**

**Buy Nothing Day – 24<sup>th</sup> Nov**

**National Tree Week – 25<sup>th</sup> Nov to 3<sup>rd</sup> Dec**

**International Jaguar Day – 29<sup>th</sup> Nov**

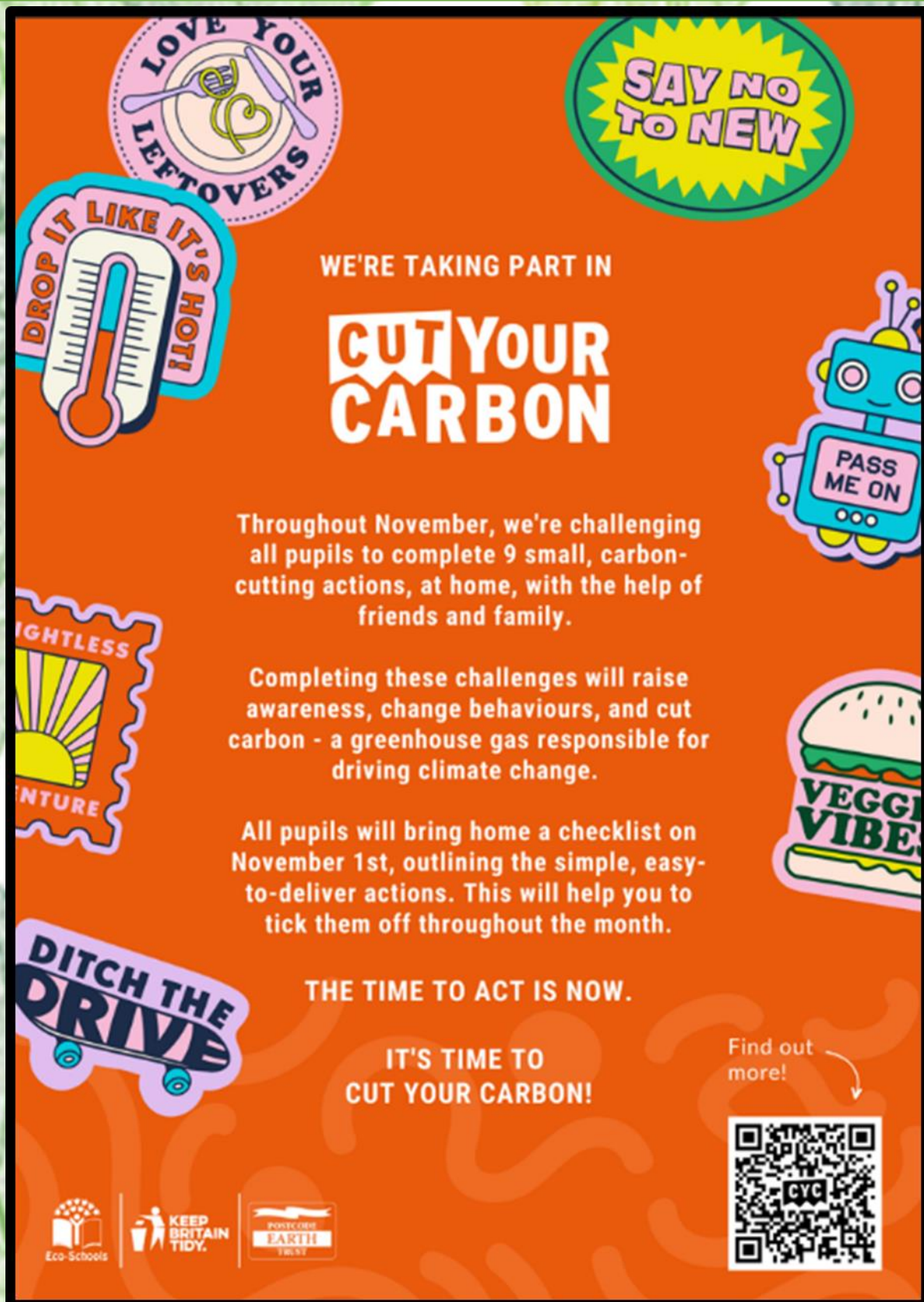
<https://moralfibres.co.uk/environmental-days-and-dates-to-know/#november-days>

[https://www.reduceuserecycle.co.uk/greenarticles/november\\_environmental\\_days.php](https://www.reduceuserecycle.co.uk/greenarticles/november_environmental_days.php)



# Woodford County Eco Info

As a school community we all have the responsibility to create a sustainable future for our beautiful planet.



**LOVE YOUR LEFTOVERS**

**SAY NO TO NEW**

**DROP IT LIKE IT'S HOT!**

**WE'RE TAKING PART IN**

## **CUT YOUR CARBON**

Throughout November, we're challenging all pupils to complete 9 small, carbon-cutting actions, at home, with the help of friends and family.

Completing these challenges will raise awareness, change behaviours, and cut carbon - a greenhouse gas responsible for driving climate change.


All pupils will bring home a checklist on November 1st, outlining the simple, easy-to-deliver actions. This will help you to tick them off throughout the month.


**VEGGIE VIBES**



**DITCH THE DRIVE**

**THE TIME TO ACT IS NOW.**

**IT'S TIME TO CUT YOUR CARBON!**

Find out more! 







## November is Cut Your Carbon month!

Eco-Schools is challenging all young people in England to take action on their carbon footprint. Completing 9 simple actions with families and friends will raise awareness, change behaviours, and Cut Your Carbon.

The school will submit the results to the National initiative run by Eco-Schools and then be entered into a Prize Draw.



1. Make at least one journey more sustainable

☐

2. Go meat-free for a day

☐

3. Have a no food-waste weekend

☐

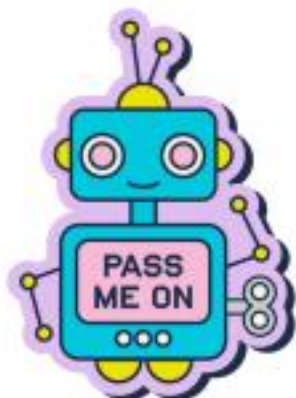
4. Turn down the heating by 1° for a week

☐

5. Design a flight-free holiday

☐

6. Say 'no' to a new item

☐

7. Donate something you no longer need

☐

8. Substitute 4 baths for 4 showers and limit them to 4 minutes

☐

9. Share carbon-cutting advice

☐

COMPLETED BY .....



## November is Cut Your Carbon month!

Eco-Schools is challenging all young people in England to take action on their carbon footprint. Completing these 9 simple actions with families and friends will raise awareness, change behaviours, and Cut Your Carbon - a greenhouse gas responsible for driving climate change.



So grab a magnet, stick this sheet on your fridge, and get going... the time to act is now!

1. **Make at least one journey more sustainable.** Transport is responsible for around 20% of global CO<sub>2</sub> emissions. So how about turning a car-ride to school into a bus-ride to school? Or perhaps a bus to the shops could become a bike to the shops?
2. **Go meat-free for a day.** Farmed animals are responsible for around 14% of the world's greenhouse gas emissions, so choose a day to go meat-free and discover how delicious cutting carbon can be. As an extra challenge, try going entirely plant-based for the day (meaning no dairy or eggs either) or attempt a meat-free day each week during November.
3. **Have a no food-waste weekend.** Prepare only what is needed, eat everything edible on your plate, and ensure any leftovers are saved for another time or used to create a new meal. Growing, processing, and transporting food releases greenhouse gases into the atmosphere, and even more gases are released if this food is binned and sent to landfill.
4. **Turn down the heating by 1° for a week.** Heating is the biggest source of CO<sub>2</sub> emissions in many homes. Dropping your heating 1° below your usual temperature for a week can reduce your carbon footprint and save your family money. You could even go further and commit to 18° for a week, as recommended by the World Health Organization.
5. **Design a flight free holiday.** Flying is bad for our planet, so for this challenge, we're asking you to appreciate exciting destinations closer to home – sit with your family and decide on a future trip you'd like to take that doesn't involve flying. This might be to visit Stonehenge in Wiltshire, try surfing in Cornwall, or go hiking in the Lake District.
6. **Say 'no' to a new item.** Write a list of every non-essential item you bought, or that was bought for you, last month and categorise each - e.g., clothing, toys, cosmetics. Choose a category and commit to not purchasing any items in this category for a month, because every item you buy has a carbon footprint.
7. **Donate something you no longer need.** Manufacturing new items releases carbon into the atmosphere. For example, producing a book releases about 1kg CO<sub>2</sub>, a t-shirt 7kg, and an iPhone, a whopping 60kg! Passing on things you no longer need is a great way to prevent emissions, so, swap a book with a friend, donate clothing that doesn't fit to charity, or pass on an unused device to a relative.
8. **Substitute 4 baths for 4 showers and limit them to 4 minutes.** Swapping a bath for a 4-minute shower can use up to 44 litres less water, saving the energy required to clean, transport, and heat this water. We recommend using a 4-minute song as a timer that you can sing-along to!
9. **Share carbon-cutting advice with someone.** To conquer climate change, we all need to work together, so share three pieces of carbon-cutting advice with people you know. You might remind a brother or sister not to waste food, challenge a grandparent to time their shower or share a plant-based recipe on social media. Don't forget to add #CutYourCarbon to your posts.

Get additional insight into your family's emissions.

Check out WWF's Carbon Footprint Calculator: <https://footprint.wwf.org.uk/>



[www.eco-schools.org.uk/eco-projects/cut-your-carbon](http://www.eco-schools.org.uk/eco-projects/cut-your-carbon)





# LIVE FOR THE MOVEMENT

Sign up today for **FREE**  
weekly fitness classes

Calling all girls aged 11-16! Check  
out our new **MOVE TOGETHER**  
**FITNESS CLASSES.**

Good for both body and mind  
our specially designed classes  
will help you to build strength,  
confidence and get you moving.  
It's the perfect opportunity to  
have fun with friends.

**Find out more**

## **MOVE TOGETHER**

Join our next class at...

Time:

Date:

Location:

[nuffieldhealth.com/movetogether](https://nuffieldhealth.com/movetogether)



# Support for residents struggling with the cost of living



Please see the message below from The London Borough of Redbridge:

Please can you send the following links to families which will support them with the cost of living:

[Cost of Living \(redbridge.gov.uk\)](https://redbridge.gov.uk/cost-of-living)

[Cost of Living - Cost of Living payment \(redbridge.gov.uk\)](https://redbridge.gov.uk/cost-of-living-payment)

[Cost of Living - Foodbanks \(redbridge.gov.uk\)](https://redbridge.gov.uk/cost-of-living-foodbanks)

There is the [Ilford Community Grocery](https://communitygrocery.org.uk/ilford/) - we urge every family in need to join the Ilford Community Grocery, 25-29 Clements Rd where residents can buy food at 80% discount:

**For the longer term** you may be interested in buying your groceries at the Ilford Community Grocery. Join this grocery for £5 a year and you can buy 12 items for just £5. It is located at 25-29 Clements Rd, Ilford.

It is open Monday through Friday 9:30am - 4:30pm.

More details: <https://communitygrocery.org.uk/ilford/>



# Educational Psychology Service Parent Helpline

Would you like to talk to someone?

Do you need some support with creating a daily routine for your child?

Are you concerned about your child's emotional wellbeing?

Are you struggling to motivate your children at home or manage sibling relationships?

The Educational Psychology Service (EPS) are here to support you.

We have a **dedicated telephone helpline for parents/carers** where you will receive advice and guidance from a professional

Educational Psychologist.

The EPS helpline is available for all parents and carers - your child does not need to be known to the EPS, does not need to have a special educational need or additional support within school.

We welcome calls from all parents and carers.

## EPS Helpline

Telephone: 07741 331 009

Opening hours:

Every Wednesday 10am - 4pm

Webpage: <https://www.redbridge.gov.uk/schools/educational-psychology-service/>

FIND: [Educational Psychology Service](#)

@Redbridge\_aep Twitter account.



PFA Year 7 Movie Night

Tuesday 28 November 3:45pm - 6pm

Haunted Mansion (12A)



Tickets: £7 inc. drink and popcorn!

Available to buy on Parent Pay

100 places only - no refunds

Location: Conference Room



**PFA** **CHS** and **FOCS** presents...

# WINTER DISCO

7 December 2023, 6pm - 8pm

Year 7 & 8

**BOOK  
TICKETS  
NOW**  
**£8.50**

\* Pay via parent pay

\*\* Refreshments available for purchase on the night





Dear Year 7 and Year 8 Parents

## Woodford County High School Joint Winter Disco with Ilford County High School

For Year 7 & 8 Pupils on

**Thursday 7<sup>th</sup> December 2023 6.00pm – 8.00pm**

**at Woodford County High School (School Hall)**

The Parents and Friends' Association (PFA) would like to invite pupils in Years 7 & 8 to a joint Disco which is being hosted by Woodford County High School and Ilford County High School.

The disco will take place at Woodford County High School on Thursday 7<sup>th</sup> December 2023 in the School Hall. The ticket price is **£8.50** per student. All parents will need to collect their daughters (or arrange for a family member to collect them) from Woodford County High School at 8.00pm. Students will not be allowed to leave unaccompanied. (Boys will be collected from the Hall, girls from the Dining Room.) We apologise that parking will not be available on site and ask that you make use of the Hawkey Hall Car Park. There will be parking enforcement at the school gate and they will turn away vehicles attempting to enter the site.

The Disco is a fund raising initiative on behalf of both PFAs and money raised will be divided between the two PFA charities. Refreshments will be on sale at the Disco so please ensure your daughter has some money as she may wish to make a purchase. The Disco will be supervised by Woodford and Ilford staff and PFA members. No external guests will be allowed entry and students will be required to stay on the premises until collected by a parent or family member at 8.00pm.

Please complete the permission form on ParentPay and ensure that payment has been made through ParentPay by **Friday 1<sup>st</sup> December 2023**. Your daughter may only take part if the permission form and payment have been received. Please note that this is a non-refundable event.

Yours sincerely

Ms Jo Pomeroy

Headteacher



## **Open Day**

**18<sup>th</sup> of November**

**from 10am to 2pm**

We are very excited about our upcoming Open Day on the 18<sup>th</sup> of November from 10am to 2pm, which is occurring at all 8 of our campuses on the same day. This is a great opportunity for your students to come have a look at our facilities and speak to our teaching and curriculum staff about their options and choices.

Details and booking can be found through this link:

<https://www.ncclondon.ac.uk/open-events/>



## PREGNANCY YOGA

MONDAY 7:30 - 8:30PM

DANCE STUDIO, WOODFORD COUNTY  
HIGH SCHOOL

BOOK YOUR SPOT: [YOUSEFIYOGA.COM](http://YOUSEFIYOGA.COM)



## STUDENTS EXHIBITION

MEET THE TEAM  
SHOWCASING  
STUDENTS WORK  
ENROLMENT ENQUIRES

THURSDAY 30TH  
NOVEMBER  
7PM-8.30PM

**BOOK NOW!**

@FINALCHECKSACADEMY





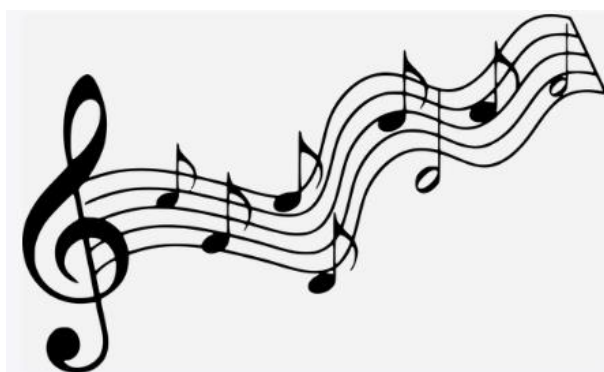
## WCHS - ECTT – Term 2

	<u>Mon</u>	<u>Tues</u>	<u>Weds</u>	<u>Thurs</u>	<u>Fri</u>
<u>Before School</u> <u>7.50-8.20am</u>					<b><u>Yr12&amp;13</u></b> <b><u>Badminton</u></b> STA
<u>Lunchtime</u> <u>1.30-2pm</u>	<b><u>Volleyball</u></b> <b><u>(all)</u></b> VJA  <b><u>Trampolin-</u></b> <b><u>ing</u></b> KRU Week A = yr9-11 Week B = yr7&8	<b><u>*Netball -</u></b> <b><u>SQUAD Train-</u></b> <b><u>ing Only*</u></b> + Sixth formers STA, VJA, HBA, KRU	<b><u>Football Train-</u></b> <b><u>ing</u></b> Week A = yr7 & 8 HBA Week B = yr9-11 STA  <b><u>Athletics</u></b> (all) KRI	<b><u>Badminton</u></b> VJA Week A = yr7&8 Week B = yr9-11	<b><u>Yr10 &amp; 11</u></b> <b><u>GCSE Tram-</u></b> <b><u>polining &amp;</u></b> <b><u>Badminton</u></b> STA & KRU  <b><u>Cross Coun-</u></b> <b><u>try</u></b> (all) KRI
<u>After-school</u> <u>3.30-4.20pm</u>			<b><u>*FIXTURES*</u></b>		



# Music Extra-Curricular Timetable: Winter 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lunchtime</b>	<b>Junior Choir</b> Ms Nina (SF1) 13:30- 14:10  <b>Senior choir</b> JMI (Main Hall) 13:40-14:15  <b>Brass Ensemble</b> (Jubilee room) 13:45-14:15  <b>Kalimba Club</b> (Conference room) 13:40-14:15	<b>Junior Band</b> IBO (SF1) 13:30- 14:10  <b>Flute ensemble</b> (please speak to Ms Hannent if interested) KHN 13:40-14:10  <b>Musical Theatre Club</b> (Conference Room) 13:40-14:10	<b>Jazz Band</b> KHN (SF1) 13:40-14:15  <b>String orchestra</b> IBO (SF2) 13:40-14:15  <b>Carnatic Ensemble</b> (Jubilee Room 1) 13:30-14:20  <b>Ukelele Club</b> (Jubilee Room 2) 13:40-14:15	<b>Theory and GCSE/A-level support</b> IBO (SF2) 13:40-14:15	<b>Orchestra</b> IBO (SF1) 13:40-14:15  <b>Guitar Ensemble</b> (SF2) 13:40-14:15
<b>After school</b>		<b>Chamber groups</b> IBO (SF1/2) 15:45-16:30			





## DATES FOR THE DIARY

<b>AUTUMN 2023</b>		
Term	Wednesday 6 September 2023	Friday 20 October 2023
<b>WCHS Remote Schooling</b>	Friday 15 September 2023	Students studying from home
<b>Half-term</b>	Monday 23 October 2023	Friday 27 October 2023
Term	Monday 30 October 2023	Wednesday 20 December 2023
<b>Non-Contact Day</b>	Thursday 12 October 2023	

<b>SPRING 2024</b>		
Term	Thursday 4 January 2024	Friday 16 February 2024
<b>Half-term</b>	Monday 19 February 2024	Friday 23 February 2024
Term	Monday 26 February 2024	Thursday 28 March 2024
<b>Spring Break</b>	<b>Monday 1 April 2024</b>	<b>Friday 12 April 2024</b>
<b>Non-Contact Day</b>	<b>Wednesday 6 March 2024</b>	



### KEY DATES TO REMEMBER

16 November—House Drama Event  
 23 November—GCSE Prize Giving 2023-24  
 28 November—Year 13 Parents Evening  
 4 December—Year 11 Parents Evening  
 14 December—Christmas Concert  
 18 December—Year 13 (2020-2021) Certificate & Social Event  
 20 December—End of Term



wchs\_geog  
 WoodfordCHS\_UK\_Geography



Instagram



### REMINDER

Please remind your daughter to bring in her lanyard, locker key and fob to school every day.

