Woodford County High School for Girls

Bulletin

Issue No. 458

14th November 2023

Dear Parents / Carers

This rather wet autumnal week brings with it arguably Woodford's favourite annual competition.

Excitement levels are high in school. Students across the year groups have been working over many weeks now to bring us colourful, creative and engaging excerpts from popular musicals.

School audiences are enjoying performances today and tomorrow and, as you know, there's a ticketed event for families on Thursday evening. The event this year is paired with fund raising for the Red Crescent / Red Cross and their humanitarian undertakings in the Occupied Territories of Palestine, in Israel and particularly Gaza. You will find details of how to contribute to our fundraising below.

As we continue to investigate the islamophobic graffiti which shocked and appalled us a week ago, we seek actively both to heal our own community and to express our deep concern for all who have lost lives or been injured or who have been made to feel unsafe in their own homes.

Ms Jo Pomeroy

Headteacher

NON-UNIFORM DAYS TO RAISE FUNDS FOR HUMANITARIAN RELIEF IN THE OCCUPIED PALESTINIAN TERRITORIES AND ISRAEL

We are acutely aware of the suffering caused by the ongoing conflict, especially in Gaza.

As a consequence we are raising funds for the Red Cross/Red Crescent relief efforts in that area.

INTERNATIONAL

FEDERATION

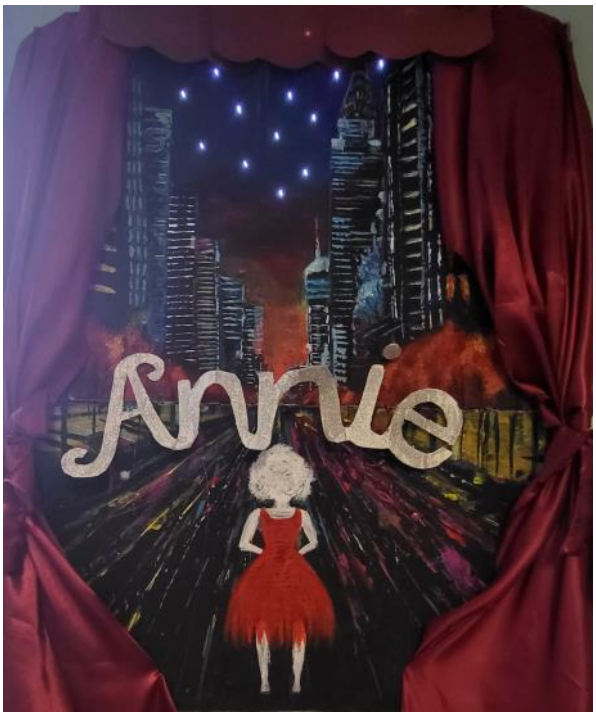
We shall therefore be holding non-uniform days to coincide with our House Drama festival. Those who are watching House Drama (either Tuesday or Wednesday) are asked to come to school in their House colours.

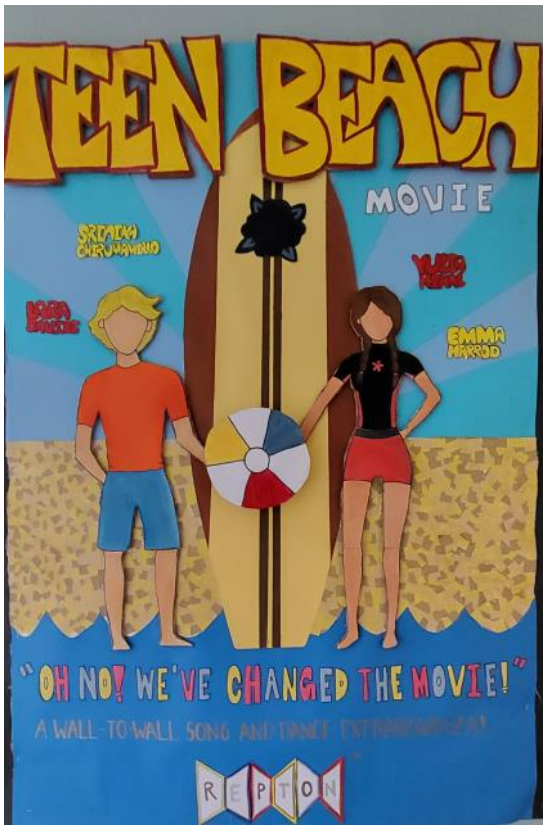
Payment of a minimum of £1.50 (more is, of course, welcome) can be made via Parentpay as usual. We will also be holding bucket collections on both days, plus on the evening of House Drama, so any additional cash donations at those times would be most welcome (£1 and £2 coins and notes only please). It goes without saying that your daughter should take care of any cash she brings into school until the 9.30am House Drama start time.

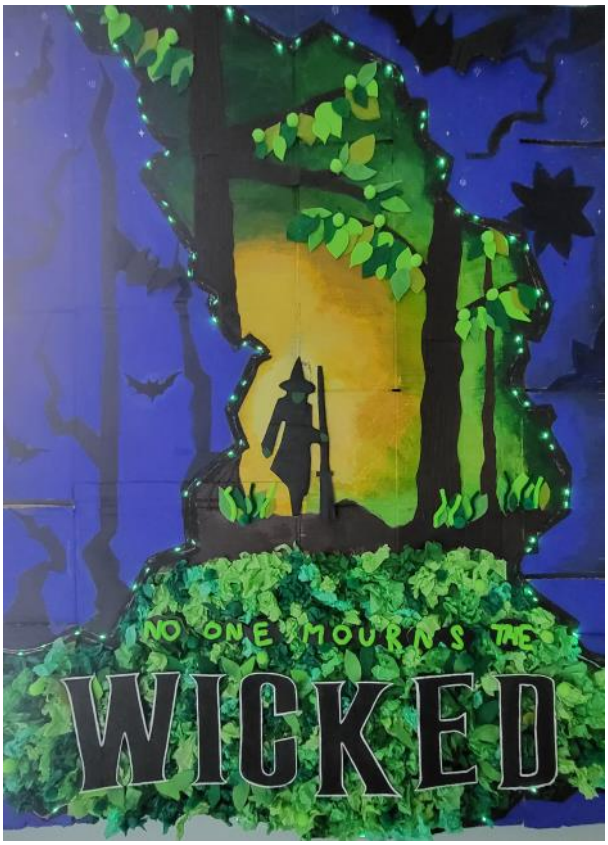
HOUSE DRAMA EVENT

Our House Drama event is taking place this Thursday, 16th November 2023 at 6pm.

If your child is taking part in House Drama and you have not received an email with a link to book tickets, please email schooladmin@woodford.redbridge.sch.uk







CHRISTMAS CONCERT

Dear parents,

As you may know, the Christmas Concert is on Thursday 14th December, 7PM. Tickets will become available to you today, via a letter containing a link to TicketSource. Tickets will first be available to parents of students who are performing on the night, and then will be opened up to everyone else in a few weeks' time.

Thank you,

WCHS Music Department

NEWTON HOUSE CHARITY WEEK

We are pleased to inform you that during Newton House Charity Week (week of 9th November 2023) - Bazaar, Raffle and Cake Sale - we have raised £426.36 for Children in Need.

BBC Children in Need

WCHS THEATRE SOCIETY

Hamilton

Tuesday 9th January @ 7.30pm

(Excellent Seats @) Victoria Palace Theatre

LIMITED TICKETS AVAILABLE @ £40.00

TICKETS NOW ON SALE FOR ...

The Motive & The Cure, Wed 10th Jan, 7.50pm @ Noel Coward Theatre £50

Guys & Dolls, Tues 6th Feb, 7.50pm @ The Bridge Theatre. Standing Only £27.50 (TOTALLY IMMERSIVE – YOU ARE PART OF THE SET – it's a great show)

Hadestown, Tues 27th Feb, 7.50pm @ Lyric Theatre (£30)

INSET DAY SPECIAL - The Cursed Child, Wed 6th March, Part A 2pm & Part B 7pm @ Palace Theatre £50 (for both Parts)

COMING SOON ... LONDON TIDE; MAMMA MIA!; THE DEVIL WEARS PRADA

The WCHS Theatre Society is a PFA initiative. An adult must accompany lower school students – this is not a school trip and it is not supervised.

TO BOOK TICKETS + MORE INFORMATION - EMAIL MS HORN IN THE LIBRARY

LIBRARY@WOODFORD.REDBRIDGE.SCH.UK

PFA Year 7 Movie Night

Tuesday 28 November 3:45pm - 6pm

Haunted Mansion (12A)

Tickets: £7 inc. drink and popcorn!

Available to buy on Parent Pay

100 places only - no refunds

Location: Conference Room

WOODFORD COUNTY HIGH SCHOOL

High Road,
Woodford Green,
Essex IG8 9LA

Telephone: 020 8504 0611
www.woodford.redbridge.sch.uk

Headteacher Ms Jo Pomeroy M.A, M.Ed

Dear Year 7 and Year 8 Parents

Woodford County High School Joint Winter Disco with Ilford County High School

For Year 7 & 8 Pupils on

Thursday 7th December 2023 6.00pm – 8.00pm

at Woodford County High School (School Hall)

The Parents and Friends' Association (PFA) would like to invite pupils in Years 7 & 8 to a joint Disco which is being hosted by Woodford County High School and Ilford County High School.

The disco will take place at Woodford County High School on Thursday 7th December 2023 in the School Hall. The ticket price is **£8.50** per student. All parents will need to collect their daughters (or arrange for a family member to collect them) from Woodford County High School at 8.00pm. Students will not be allowed to leave unaccompanied. (Boys will be collected from the Hall, girls from the Dining Room.) We apologise that parking will not be available on site and ask that you make use of the Hawkey Hall Car Park. There will be parking enforcement at the school gate and they will turn away vehicles attempting to enter the site.

The Disco is a fund raising initiative on behalf of both PFAs and money raised will be divided between the two PFA charities. Refreshments will be on sale at the Disco so please ensure your daughter has some money as she may wish to make a purchase. The Disco will be supervised by Woodford and Ilford staff and PFA members. No external guests will be allowed entry and students will be required to stay on the premises until collected by a parent or family member at 8.00pm.

Please complete the permission form on ParentPay and ensure that payment has been made through ParentPay by **Friday 1st December 2023**. Your daughter may only take part if the permission form and payment have been received. Please note that this is a non-refundable event.

Yours sincerely

Ms Jo Pomeroy

Headteacher

Venue : Woodford County High School
PFA
and
FO
presents...
WINTER
DISCO
7 December 2023, 6pm - 8pm
Year 7 & 8
BOOK
TICKETS
NOW
£8.50
* Pay via parent pay
** Refreshments available for purchase on the night

Woodford County Eco Info

As a school community we all have the responsibility to create a sustainable future for our beautiful planet.

November 2023
sustainability and environmental awareness dates

World Vegan Month – 1st to 30th Nov

World Basking Shark Day – 3rd Nov

World Kindness Day – 13th Nov

One World Week – 14th to 20th Nov

World Fisheries Day - 21st Nov

Buy Nothing Day – 24th Nov

National Tree Week – 25th Nov to 3rd Dec

International Jaguar Day – 29th Nov

https://moralfibres.co.uk/environmental-days-and-dates-to-know/#november-days

https://www.reducereuserecycle.co.uk/greenarticles/november_environmental_days.php

Woodford County Eco Info

As a school community we all have the responsibility to create a sustainable future for our beautiful planet.

Complete the 9 small challenges above

As a school community we can work together to CUT OUR CARBON

TAKE ACTION NOW!

November is Cut Your Carbon month!

Eco-Schools is challenging all young people in England to take action on their carbon footprint. Completing these 9 simple actions with families and friends will raise awareness, change behaviours, and Cut Your Carbon - a greenhouse gas responsible for driving climate change.

So grab a magnet, stick this sheet on your fridge, and get going... the time to act is now!

1. **Make at least one journey more sustainable**. Transport is responsible for around 20% of global CO2 emissions. So how about turning a car-ride to school into a bus-ride to school? Or perhaps a bus to the shops could become a bike to the shops?
2. **Go meat-free for a day**. Farmed animals are responsible for around 14% of the world's greenhouse gas emissions, so choose a day to go meat-free and discover how delicious cutting carbon can be. As an extra challenge, try going entirely plant-based for the day (meaning no dairy or eggs either) or attempt a meat-free day each week during November.
3. **Have a no food-waste weekend**. Prepare only what is needed, eat everything edible on your plate, and ensure any leftovers are saved for another time or used to create a new meal. Growing, processing, and transporting food releases greenhouse gases into the atmosphere, and even more gases are released if this food is binned and sent to landfill.
4. **Turn down the heating by 1° for a week** Heating is the biggest source of CO2 emissions in many homes. Dropping your heating 1° below your usual temperature for a week can reduce your carbon footprint and save your family money. You could even go further and commit to 18° for a week, as recommended by the World Health Organization.
5. **Design a flight free holiday.** Flying is bad for our planet, so for this challenge, we're asking you to appreciate exciting destinations closer to home – sit with your family and decide on a future trip you'd like to take that doesn't involve flying. This might be to visit Stonehenge in Wiltshire, try surfing in Cornwall, or go hiking in the Lake District.
6. **Say 'no' to a new item**. Write a list of every non-essential item you bought, or that was bought for you, last month and categorise each - e.g., clothing, toys, cosmetics. Choose a category and commit to not purchasing any items in this category for a month, because every item you buy has a carbon footprint.
7. **Donate something you no longer need**. Manufacturing new items releases carbon into the atmosphere. For example, producing a book releases about 1kg CO2, a t-shirt 7kg, and an iPhone, a whopping 60kg! Passing on things you no longer need is a great way to prevent emissions, so, swap a book with a friend, donate clothing that doesn't fit to charity, or pass on an unused device to a relative.
8. **Substitute 4 baths for 4 showers and limit them to 4 minutes.** Swapping a bath for a 4-minute shower can use up to 44 litres less water, saving the energy required to clean, transport, and heat this water. We recommend using a 4-minute song as a timer that you can sing-along to!
9. **Share carbon-cutting advice with someone.** To conquer climate change, we all need to work together, so share three pieces of carbon-cutting advice with people you know. You might remind a brother or sister not to waste food, challenge a grandparent to time their shower or share a plant-based recipe on social media. Don't forget to add #CutYourCarbon to your posts.

Get additional insight into your family's emissions.
Check out WWF's Carbon Footprint Calculator: **https://footprint.wwf.org.uk/**

AUTUMN 2023 WEBINARS

Register with Mrs Horn, in the Library.

hornd@woodford.redbridge.sch.uk

13th, 12.30pm – 1.15pm: English / Drama – Shakespeare's First Folio with Solent Uni

14th, 11.10am – 11.55am: English – A Doll's House Contemporary Production with UEA

14th, 1.00pm – 1.45pm: Natural Sciences – Unlocking the Brain with Medical Imaging

14th, 2.15pm – 3.00pm: Philosophy – A Thinking Skills 'Workout' with UEA

14th, 4.30pm – 5.15pm: HE Applying to Uni with UEA

15th, 12.45pm – 1.30pm: History – Henry VIII & Monarchical Power with Portsmouth

15th, 2pm – 2.50pm: Law – Legal Reasoning with UEA

15th, 4.15pm – 5.00pm: Engineering – CAE Using Physics in Design

16th, 11.15am – 12.00pm: History – Sweating Primary Sources with Goldsmiths' Uni

16th, 4.15pm – 5.15pm: English – The Duchess of Malfi with UEA

NOVEMBER 2023

20th, 12.45pm – 1.30pm: Politics – Global Governance & Climate Change with Aberystwyth Uni

20th, 3.45pm – 4.30pm: Media – Ownership & Control with Aberystwyth Uni

20th, 3.45pm – 4.45pm: MFL @ University with Bath & Portsmouth Unis

21st, 12.45pm – 1.30pm: Politics – The Battle for the New World Order with UEA

21st, 4.30pm – 5.15pm: HE Student Finance with UEA

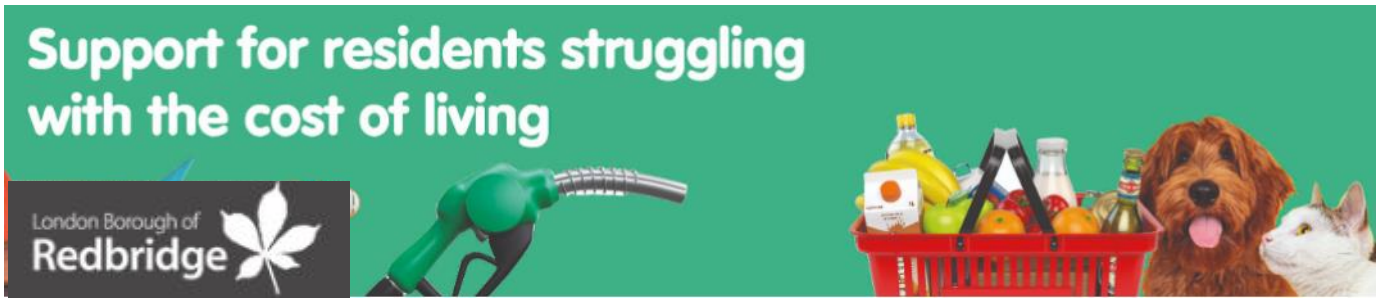
22nd, 11.00am – 12.00pm: MFL Film Society – 'Almanya Willkommen in Deutschland' with Nottingham Uni

22nd, 4.30pm – 5.15pm: Law – Building a Defence with Goldsmiths' Uni

23rd, 4.30pm – 5.15pm: Medicine – Mental Health & Wellbeing in the NHS with UEA

24th, 11.10am – 11.55am: RS/Philosophy – Religion & Science with Warwick Uni

REGISTER WITH MRS HORN, IN THE LIBRARY. *hornd@woodford.redbridge.sch.uk*



Please see the message below from The London Borough of Redbridge:

Please can you send the following links to families which will support them with the cost of living:

Cost of Living (redbridge.gov.uk)

Cost of Living - Cost of Living payment (redbridge.gov.uk)

Cost of Living - Foodbanks (redbridge.gov.uk)

There is the Ilford Community Grocery - we urge every family in need to join the Ilford Community Grocery, 25-29 Clements Rd where residents can buy food at 80% discount:

For the longer term you may be interested in buying your groceries at the Ilford Community Grocery. Join this grocery for £5 a year and you can buy 12 items for just £5. It is located at 25-29 Clements Rd, Ilford.
It is open Monday through Friday 9:30am - 4:30pm.

More details: https://communitygrocery.org.uk/ilford/

London Borough of Redbridge

Educational Psychology Service Parent Helpline

Would you like to talk to someone?

Do you need some support with creating a daily routine for your child?

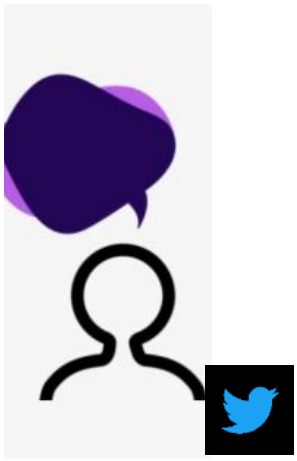
Are you concerned about your child's emotional wellbeing?

Are you struggling to motivate your children at home or manage sibling relationships?

The Educational Psychology Service (EPS) are here to support you.

We have a **dedicated telephone helpline for parents/carers** where you will receive advice and guidance from a professional Educational Psychologist.

The EPS helpline is available for all parents and carers - your child does not need to be known to the EPS, does not need to have a special educational need or additional support within school. We welcome calls from all parents and carers.



EPS Helpline

Telephone: 07741 331 009

Opening hours:

Every Wednesday 10am - 4pm

Webpage: https://www.redbridge.gov.uk/schools/educational-psychology-service/

FIND: Educational Psychology Service

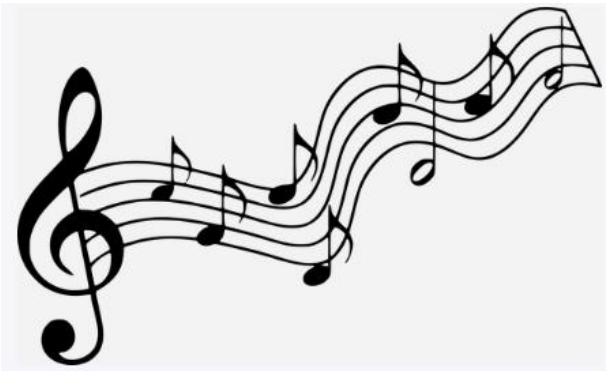
@Redbridge_aep Twitter account.

WCHS - ECTT – Term 2

	Mon	Tues	Weds	Thurs	Fri
Before School 7.50-8.20am					**Yr12&13 Badminton** STA
Lunchtime 1.30-2pm	**Volleyball (all)** VJA **Trampolining** KRU Week A = yr9-11 Week B = yr7&8	*__Netball - SQUAD Training Only__* + Sixth formers STA, VJA, HBA, KRU	**Football Training** Week A = yr7 & 8 HBA Week B = yr9-11 STA **Athletics** (all)	**Badminton** VJA Week A = yr7&8 Week B = yr9 -11	**Yr10 & 11 GCSE Trampolining & Badminton** STA & KRU **Cross Country** (all) KRI
After-school 3.30-4.20pm			***FIXTURES***		

Music Extra-Curricular Timetable: Winter 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	**Junior Choir** Ms Nina (SF1) 13:30- 14:10 **Senior choir** JMI (Main Hall) 13:40-14:15 **Brass Ensemble** (Jubilee room) 13:45-14:15 **Kalimba Club** (Conference room) 13:40-14:15	**Junior Band** IBO (SF1) 13:30- 14:10 **Flute ensemble** (please speak to Ms Hannent if interested) KHN 13:40-14:10 **Musical Theatre Club** (Conference Room) 13:40-14:10	**Jazz Band** KHN (SF1) 13:40-14:15 **String orchestra** IBO (SF2) 13:40-14:15 **Carnatic Ensemble** (Jubilee Room 1) 13:30-14:20 **Ukelele Club** (Jubilee Room 2) 13:40-14:15	**Theory** and **GCSE/A-level support** IBO (SF2) 13:40-14:15	**Orchestra** IBO (SF1) 13:40-14:15 **Guitar Ensemble** (SF2) 13:40-14:15
After school		**Chamber groups** IBO (SF1/2) 15:45-16:30			



Nuffield Health

LIVE FOR THE MOVEMENT

Sign up today for **FREE** weekly fitness classes

Calling all girls aged 11-16! Check out our new **MOVE TOGETHER FITNESS CLASSES.**

Good for both body and mind our specially designed classes will help you to build strength, confidence and get you moving. It's the perfect opportunity to have fun with friends.

Find out more

MOVE TOGETHER

Join our next class at...

Time:

Date:

Location:

nuffieldhealth.com/movetogether

It takes a special person to care for a special person.

Gloria Samuel, Service Manager for Fostering and Children with Disabilities Services in Redbridge Council, previously fostered for 20 years. Many of the children she cared for had physical and learning disabilities. Now retired from fostering, Gloria states "I don't think potential foster carers realise just how much training and support is available when looking after children who happen to be disabled or have additional needs. There are many different care packages offered to support the child and foster carers fully and the training involved is outstanding".

If you are considering fostering and would like to know more, please email fostering@redbridge.gov.uk or call us on 020 8708 6068 or visit https://www.redbridge.gov.uk/fosteringschools to book a place at one of our information sessions.

DATES FOR THE DIARY

AUTUMN 2023		
Term	Wednesday 6 September 2023	Friday 20 October 2023
WCHS Remote Schooling	Friday 15 September 2023	Students studying from home
Half-term	Monday 23 October 2023	Friday 27 October 2023
Term	Monday 30 October 2023	Wednesday 20 December 2023
Non-Contact Day	Thursday 12 October 2023	

SPRING 2024		
Term	Thursday 4 January 2024	Friday 16 February 2024
Half-term	Monday 19 February 2024	Friday 23 February 2024
Term	Monday 26 February 2024	Thursday 28 March 2024
Spring Break	**Monday 1 April 2024**	**Friday 12 April 2024**
Non-Contact Day	**Wednesday 6 March 2024**	

KEY DATES TO REMEMBER

16 November—House Drama Event
23 November—GCSE Prize Giving 2023-24
28 November—Year 13 Parents Evening
4 December—Year 11 Parents Evening
14 December—Christmas Concert
18 December—Year 13 (2020-2021) Certificate & Social Event
20 December—End of Term

REMINDER

Please remind your daughter to bring in her lanyard, locker key and fob to school every day.