

## Fun at Fairlop



Just before half term we visited Fairlop Waters as part of our OAA assessment. It was a really hot day and we were all very excited. When we arrived at Fairlop, Mrs Moore and Mrs Baillie split us into groups; there were 2 dragon boats, 3 bell boats and 2 katakanu's.



We were all given a life jacket and a paddle and then our instructors helped us into the boats. To be honest I was really scared, especially about falling in, but there was actually no need to be. It was so much fun! We all really enjoyed learning how to paddle using the correct technique and working as a team to put our newfound skills into practise and race the other boats. Even if PE isn't your favourite subject, it's great to just give it a go. You don't have to be amazing at it, the key thing is that you enjoy yourself, who knows you might discover a hidden talent.

**Phoebe, Year 9**