

We are delighted to advise that we had raised £991.25 for the Moroccan Earthquake Appeal and Libyan Floods Appeal, British Red Cross.

Well done all that were involved.



## AFTER SCHOOL CLUBS JANUARY 2024

*There are still a few places  
Available for after school  
Activities,  
Starting January 2024.*

- ♣ Pop workshop=2 places
- ♣ Calligraphy=2 places
- ♣ Self-defence=1 place

*Please book on ParentPay  
By Friday 12<sup>th</sup> January  
To secure your daughters  
place.*

*Thank you*



# Christmas cake Competition

The year 10 G.C.S.E. Food and Nutrition students used their last two lessons before the Christmas holidays to bake and decorate cakes with a Christmas theme. They had the choice of making a large cake or cupcakes and they could also work alone or in pairs. Judging is always hard so we put it to the vote. A photograph of each cake was shown during form time across all year 9 classes and the votes were cast – see results below.

## First Place

Maria. L. 10F  
Hayden. P. 10F

## Second Place

Mandi. D. 10F  
Nabiha. R. 10F

## Third Place

Naayab. A. 10A



It is always amazing and encouraging to see the talent and enthusiasm of our GCSE food students.

Hugely impressed by our students creativity and technical skills as shown in the handmade figures, homemade ginger bread biscuits and detailed designs.

- Mrs Grant.



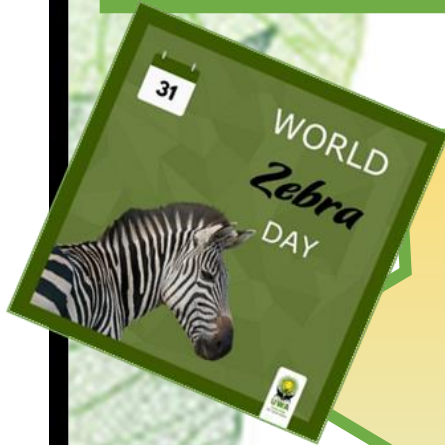
A huge congratulations and well done to everyone who took part!



# Woodford County Eco Info

As a school community we all have the responsibility to create a sustainable future for our beautiful planet.

## January and February 2024 Sustainability



**WORLD  
WETLANDS  
DAY**

**Big Schools Birdwatch – 8<sup>th</sup> Jan to 19<sup>th</sup> Feb**

**Big Garden Birdwatch – 26<sup>th</sup> Jan to 28<sup>th</sup> Jan**

**International Zebra Day – 31<sup>st</sup> Jan**

**World Wetlands Day – 2nd Feb**

**World Pangolin Day – 17<sup>th</sup> Feb**

**International Polar Bear Day – 27<sup>th</sup> Feb**

[https://www.reduceusecycle.co.uk/greenarticles/february\\_environmental\\_days.php](https://www.reduceusecycle.co.uk/greenarticles/february_environmental_days.php)

<https://greenecofriend.co.uk/environmental-awareness-calendar/>

## Year 8 HPV (Human Papilloma Virus) Vaccination

HPV (Human Papilloma Virus) Vaccination Dear Parent/Carer, HPV (Human Papillomavirus) causes around 9,000 cancers each year in the UK, most of which can be prevented by having the HPV vaccine. HPV is responsible globally for 5% of all cancers.

**The HPV vaccine is universally offered as routine in year 8.**

Why should your child have the HPV vaccination?

- The vaccine protects against some types of cancer caused by the HPV viruses, such as cervical cancer, some mouth and throat cancers and cancer of the anus and genital areas.
- The vaccine protects against different types of HPV. Two of these types cause 70% of cervical cancers and are present in 60% of head and neck cancers.
- The vaccine is more effective in preventing cancers associated with HPV if given at a younger age which is why it is offered to people aged 12-13.
- The HPV vaccine has been shown to prevent hundreds of deaths from cervical cancer every year. It is expected that more deaths will be prevented as boys receive the vaccine in addition to girls.

Your child only needs ONE dose of HPV vaccine to be protected. The vaccine is FREE on the NHS.

**Year 8 will be receiving their HPV Vaccine in school on Tuesday 16th February.**

**For further information on the vaccine please visit:**

**[assets.publishing.service.gov.uk](https://assets.publishing.service.gov.uk)**

**Please complete the consent form by following this link, even if you wish to refuse.**

**[Vaccination UK Immunisation \(schoolvaccination.uk\)](https://schoolvaccination.uk) - Redbridge**



# Music Extra-Curricular Timetable: Spring 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lunchtime</b>	<b>Junior Choir</b> Ms Nina (SF1) 13:30- 14:10  <b>Senior choir</b> JMI (Main Hall) 13:40-14:15  <b>Brass Ensemble</b> (Jubilee room) 13:45-14:15  <b>Kalimba Club</b> (Conference room) 13:40-14:15	<b>Junior Band</b> IBO (SF1) 13:30- 14:10  <b>Flute ensemble</b> (please speak to Ms Hannent if interested) KHN 13:40-14:10  <b>Musical Theatre Club</b> (Conference Room) 13:40-14:10	<b>Jazz Band</b> KHN (SF1) 13:40-14:15  <b>String orchestra</b> IBO (SF2) 13:40-14:15  <b>Carnatic Ensemble</b> (Jubilee Room 1) 13:30-14:20	<b>Theory and GCSE/A-level support</b> IBO (SF2) 13:40-14:15  <b>Ukelele Club</b> (SF1) 13:40-14:15	<b>Orchestra</b> IBO (SF1) 13:40-14:15  <b>Guitar Ensemble</b> (SF2) 13:40-14:15
<b>After school</b>		<b>Chamber groups</b> IBO (SF1/2) 15:45-16:30			

*The audition sign-up sheet for Music Recital Evening (Thursday 8<sup>th</sup> February) is now up in the Music Department. The auditions will be taking place on Tuesday 23rd, Wednesday 24th, and Thursday 25<sup>th</sup> January.*



*Auditions will take place in the Music department. Please ensure that you arrive a few minutes early for your audition in order to get your instrument and music ready beforehand. You MUST make sure that you can attend before signing up. If you are unavailable for the above lunchtimes, please speak to Dr Bonnici.*

## WCHS - ECTT – Term 3

	<u>Mon</u>	<u>Tues</u>	<u>Weds</u>	<u>Thurs</u>	<u>Fri</u>
<u>7.50-8.20am</u>					<b><u>Yr12&amp;13</u></b> <b><u>Badminton-</u></b> <b>STA</b>
<u>Lunchtime</u> <u>1.30-2pm</u>	<b><u>Volleyball</u></b> <b><u>(all)</u></b> VJA	<b><u>*Netball</u></b> <b><u>- SQUAD</u></b> <b><u>Training</u></b> <b><u>Only*</u></b> STA, VJA, HBA, KRU (Fatima)	<b><u>Football Training</u></b> Week A = yr7 & 8 HBA Week B = yr9-11 STA  <b><u>Athletics</u></b> (all) KRI  <b><u>Badminton</u></b> VJA Week A = yr7&8 (Lekhana) Week B = yr9-11 (Pranathi)  <b><u>Table Tennis</u></b> KRU From 22/1/24 In the conference room	<b><u>Yr10 &amp; 11 GCSE</u></b> <b><u>Trampolining &amp;</u></b> <b><u>Badminton</u></b> STA & KRU  <b><u>Netball for all</u></b> (Kosom/Sampriti/ Sara)  <b><u>Cross Country</u></b> (all) KRI	<b><u>Prisons Club</u></b> (Saanvi)
<u>3.30-4.20pm</u>			<b><u>*FIXTURES*</u></b>		



# WCHS THEATRE SOCIETY

## Guys & Dolls

Tuesday 6<sup>th</sup> February @ 7.30pm

Bridge Theatre

(STANDING ONLY)

This is immersive theatre – you become part of the cast & crew – it's amazing!

**TICKETS AVAILABLE FOR £27.50**

### TICKETS NOW ON SALE FOR...

THE LION KING – **ONE TICKET LEFT**—Tuesday 12<sup>th</sup> March 2024 @ 7:30pm, Lyceum Theatre **£35**

LONDON TIDE – Monday 15<sup>th</sup> April 2024 @ 7pm, National Theatre (Lyttelton) **£15**

THE LION KING – Tuesday 23<sup>RD</sup> April 2024 @ 7:30pm, Lyceum Theatre **£30**

THE WITNESS FOR THE PROSECUTION – Tuesday 30<sup>th</sup> April 2024 @ 7:30pm, London, County Hall **£27.50**

MAMMA MIA! – Wednesday 1<sup>st</sup> May 2024 @ 7:30pm, Novello Theatre **£30**

THE DEVIL WEARS PRADA – Wednesday 6<sup>th</sup> November 2024 @ 7:30pm, Dominion Theatre **£30**

The WCHS Theatre Society is a PFA initiative. An adult must accompany lower school students – this is not a school trip and is not supervised. For more information and to book tickets, email Ms Horn in the library.

**PAYMENT MADE VIA PARENTPAY. Search for PFA Theatre Society.**

[library@woodford.redbridge.sch.uk](mailto:library@woodford.redbridge.sch.uk)



WOODFORD PANTOMIME PRESENTS

# Robin Hood

and his Merry Men

**1ST-14TH  
JANUARY  
2024**

written by  
**CARTWRIGHT &  
HOULERSHAW**

*noda*

Re-cast by Woodford Pantomime

*Sponsored by*  
**THE STOW  
BROTHERS**

Sir James Hawkey Hall Woodford Green IG8 0BG

**01992 524371**

**[www.woodfordpantomime.co.uk](http://www.woodfordpantomime.co.uk)**



# SPRING 2024 WEBINAR SCHEDULE

Register with Mrs Horn in the Library  
TIMETABLED LESSONS TAKE PRIORITY OVER WEBINARS  
hornd@Woodford.redbridge.sch.uk



## JANUARY 2024

17 <sup>th</sup> @ 11.10am-12.00noon	Neuroscience: A Tour of the Human Brain
17 <sup>th</sup> @ 2pm-2:45pm	EPQ/Psychology: Research Methods
18 <sup>th</sup> @ 11.15am-12noon	Law/Politics/Geography: Human Rights & Modern Slavery
18 <sup>th</sup> @ 3:45pm-4:45pm	MFL: French Politics
22 <sup>nd</sup> @ 4:15pm – 5pm	Biology: Blood & Gas Exchange During Surgery
22 <sup>nd</sup> @ 4:15pm – 5:15pm	Economics: Market Failure
23 <sup>rd</sup> @ 2:15pm-3pm	Biology: Genes & Ecosystems
24 <sup>th</sup> @ 4:15pm-5:15pm	Economics/Politics: Distribution of Wealth
29 <sup>th</sup> @ 11:10am-11:55am	Maths/Stats: Hypothesis Testing
29 <sup>th</sup> @ 1pm-1:45pm	Politics: Media Influence on Voting Behaviour & on Political Parties

## FEBRUARY 2024

1 <sup>st</sup> @ 3.45pm-4.30pm	HE: Creating Impressive Academic Profiles & Enhancing Uni Applications
5 <sup>th</sup> @ 11.15am-12.00noon	Economics : Aggregate Demand - UK
5 <sup>th</sup> @ 4.15pm-5.15pm	Geography/Politics: Global Conflict Perspectives & Debate
6 <sup>th</sup> @ 12.05pm-12.50pm	English: A Doll's House by Ibsen
6 <sup>th</sup> @ 3.35pm-4.35pm	Maths @ Uni
7 <sup>th</sup> @ 2.00pm-2.45pm	EPQ: Academic Writing
8 <sup>th</sup> @ 2.05pm-2.50pm	Chemistry: Principles of Bonding Applied to New Materials
22 <sup>nd</sup> @ 4.30pm-5.15pm	HE: How Do You Pay for Uni? Student Finance, Scholarships & Budgets
27 <sup>th</sup> @ 11.00am-12.00noon	Quantum Physics
27 <sup>th</sup> @ 1.00pm-1.45pm	Computer Science: Algorithms, Ethics & Legislation
27 <sup>th</sup> @ 3.35pm-4.20pm	Inorganic Chemistry: Metals in Medicine
28 <sup>th</sup> @ 1.00pm-1.45pm	Politics: Can We Control Nuclear Weapons?
28 <sup>th</sup> @ 2.15pm-3.00pm	History: The Making of a Superpower – USA, 1865-1975
28 <sup>th</sup> @ 4.30pm-5.30pm	Creative Writing Workshop
29 <sup>th</sup> @ 2.10pm-3.00pm	Psychology/Biology: Exploring Memory
29 <sup>th</sup> @ 4.00pm-5.00pm	English – The Picture of Dorian Gray

Register with Mrs Horn in the Library - hornd@woodford.redbridge.sch.uk





# LIVE FOR THE MOVEMENT

Sign up today for **FREE**  
weekly fitness classes

Calling all girls aged 11-16! Check  
out our new **MOVE TOGETHER**  
**FITNESS CLASSES.**

Good for both body and mind  
our specially designed classes  
will help you to build strength,  
confidence and get you moving.  
It's the perfect opportunity to  
have fun with friends.

**Find out more**

## **MOVE TOGETHER**

Join our next class at...

Time:

Date:

Location:

[nuffieldhealth.com/movetogether](https://nuffieldhealth.com/movetogether)







# DENNIS & DYER

LEARN - GET FIT - COMPETE

[DENNISANDDYERBOXINGACADEMY.CO.UK](http://DENNISANDDYERBOXINGACADEMY.CO.UK)

# FREE FEMALE SELF-DEFENCE CLASSES!

Throughout February and March 2024, Dennis and Dyer are giving back to the local community and will be putting on a number of free self-defence classes for females.

We want to aid in the improvement of self-defence, confidence, and overall fitness!

Dates to book: February 4th 18th & March 3rd 17th at 11 am



Download the app and keep an eye out for the notifications. Free classes valid through February and March 2024.



ENGLAND BOXING AFFILIATED

@DENNISANDDYERBA  
REECE-MENNIE.COM 



# Call to Action—Educational Psychology

Please click on the link to access the “Call To Action” video from the Redbridge Educational Wellbeing Team (REWT) and the Redbridge Mental Health Support Team (MHST) , who work with students and staff here at Woodford. This video is specifically for parents and carers and is part of their “break the stigma” campaign.

[Click here to access video](#)



# Educational Psychology Service Parent Helpline

Would you like to talk to someone?

Do you need some support with creating a daily routine for your child?

Are you concerned about your child's emotional wellbeing?

Are you struggling to motivate your children at home or manage sibling relationships?

The Educational Psychology Service (EPS) are here to support you.

We have a **dedicated telephone helpline for parents/carers** where you will receive advice and guidance from a professional

Educational Psychologist.

The EPS helpline is available for all parents and carers - your child does not need to be known to the EPS, does not need to have a special educational need or additional support within school.

We welcome calls from all parents and carers.

## EPS Helpline

Telephone: 07741 331 009

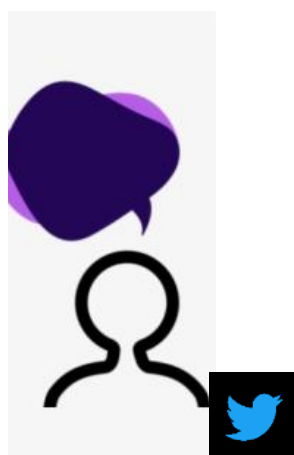
Opening hours:

Every Wednesday 10am - 4pm

Webpage: <https://www.redbridge.gov.uk/schools/educational-psychology-service/>

FIND: [Educational Psychology Service](#)

@Redbridge\_aep Twitter account.



## Support for residents struggling with the cost of living



Please see the message below from The London Borough of Redbridge:

Please can you send the following links to families which will support them with the cost of living:

[Cost of Living \(redbridge.gov.uk\)](https://redbridge.gov.uk/cost-of-living)

[Cost of Living - Cost of Living payment \(redbridge.gov.uk\)](https://redbridge.gov.uk/cost-of-living-payment)

[Cost of Living - Foodbanks \(redbridge.gov.uk\)](https://redbridge.gov.uk/cost-of-living-foodbanks)

There is the [Ilford Community Grocery](https://communitygrocery.org.uk/ilford/) - we urge every family in need to join the Ilford Community Grocery, 25-29 Clements Rd where residents can buy food at 80% discount:

**For the longer term** you may be interested in buying your groceries at the Ilford Community Grocery. Join this grocery for £5 a year and you can buy 12 items for just £5. It is located at 25-29 Clements Rd, Ilford.

It is open Monday through Friday 9:30am - 4:30pm.

More details: <https://communitygrocery.org.uk/ilford/>



### PREGNANCY YOGA

MONDAY 7:30 - 8:30PM

DANCE STUDIO, WOODFORD COUNTY  
HIGH SCHOOL

BOOK YOUR SPOT: [YOUSEFIYOGA.COM](https://yousefiyoga.com)



## DATES FOR THE DIARY

SPRING 2024		
Term	Thursday 4 January 2024	Friday 16 February 2024
Half-term	<b>Monday 19 February 2024</b>	<b>Friday 23 February 2024</b>
Term	Monday 26 February 2024	Thursday 28 March 2024
Spring Break	Monday 1 April 2024	Friday 12 April 2024
Non-Contact Day	<b>Wednesday 6 March 2024</b>	

SPRING 2024		
Term	Monday 15 April 2024	Friday 24 May 2024
Half-term	<b>Monday 27 May 2024</b>	<b>Friday 31 May 2024</b>
Term	Monday 3 June 2024	Tuesday 23 July 2024
Non-Contact Day	<b>Thursday 27 June 2024</b>	



### KEY DATES TO REMEMBER

17 January—Year 7 Parents Evening  
 23 January—Year 12 Parents Evening  
 8 February—Music Recital Evening  
 12 February—Year 9 Parents Evening  
 16 February—HPV Single Dose—Year 8  
 16 February—Year 7, 8, 9 & 11 Form Photos  
 5 March—International Evening  
 6 March—Non-Contact Day  
 21 March—Spring Concert



### REMINDER

Please remind your daughter to bring in her lanyard, locker key and fob to school every day.

