

## Woodford County High School for Girls



Issue No. 470

27th February 2024



## GALA INTERNATIONAL EVENING 2024 TUESDAY 5<sup>TH</sup> MARCH 6-9PM

Woodford County High School, in association with its Parents & Friends Association, is hosting a Gala International Evening of music, dance, drama and poetry from across the world.



All girls, their parents and families are welcome to attend.

Dress code: traditional (optional).

Ticket prices are £5 for individuals, or £12 for families of 3 or more.

Please bring along additional money to buy food. A range of items with an international flavour will be available to purchase on the night.

All proceeds will go to the PFA, which funds school projects that benefit all of the girls.

Tickets are now available via Parentpay.

## **INSET DAY**

A reminder that Wednesday 6th March 2024 is a staff training day.

## GALA INTERNATIONAL EVENING 2024

## TUESDAY 5TH MARCH

The International evening is approaching and the school and the PFA are asking you for donations of culinary delights from your part of the world.

If you are able to offer catering at a discounted rate that would also be greatly appreciated.

## Examples of food could be:

- 1. Samosas
- 2. Backlava
- 3. Falafel
- 4. Bhajis
- 5. Natas
- 6. Paella/biryani

All offers would be accepted as long it is clear if it has nuts, eggs, non - veg, halal etc.

Food may be able to be heated up but that is TBC.

Many thanks and looking forward to a wonderful evening celebrating diverse flavours, as well as the enchanting performances from the young ladies.



## Valentine Cupcakes Competition







## We want to see your Valentine Cupcakes

Deadline: 29th February 2024

Make 6 Cupcakes and design them inspired by the Valentines season!

Send your entries to Mrs Harkess: harkessl@woodford.redbridge.sch.uk

Make sure you write the subject of the email as "Valentine Cupcakes" (full name and form)

Include a photograph of your dish **and** a picture of you with it.

Include a short written piece on your dish explaining your inspiration (not exceeding 100 words).

## **CERTIFICATE AND PRIZE FOR THE WINNER!**









## **AFTER SCHOOL CLUBS FEBRUARY 2024**





There are still a few places Available for after school Activities, Starting February 2024.

- \* Pop workshop=2 places
- \* Advanced cooking = 6places

Please book on ParentPay By Thursday 28th February, To secure your daughters place.

Thank you



The Biology department had 33 yr 12 students complete Paper 1 and Paper 2 of the British Biology Olympiad 2024 on Wednesday the 31<sup>st</sup> of January and Thursday the 1<sup>st</sup> of February. (45 minutes at lunchtime in CC3 and CC11).

The A level biology students received their results and we can confirm that the school received 2 Silver medals, 3 Bronze medals, 6 Highly Commended Medals, 5 Commended Medals and 17 Participation Medals.

The results are as below. Congratulations to all the A level biology students that took part. It is a very challenging competition and all students performed very well.

Mr Howes, Head of Biology

Silver — Meena and Amber

Bronze—Aleesha, Soha and Saniyya

Highly Commended—Zareen, Ridhi, Rebecca, Afnan, Miraal and Saanvi

Commended—Emaan, Lami'Ah, Hiba, Dhurgahz and Abia

**Participation**—Ayesha, Lathangi, Safiyah, Tania, Irtiza, Amina, Prisha, Sarah, Adiba, Nahien, Sameen, Varsana, Keira, Keyuraa, Janna, Sara and Aisha

## INFORMATION ON THE BRITISH BIOLOGY OLYMPIAD 2024

- The British Biology Olympiad 2024 comprises two 45-minute papers.
   They may be sat on separate occasions or back-to-back.
- The first paper contained many questions about all aspects of biology.
- The second paper contained longer problems.
- Students were presented with unfamiliar ideas and topics, and will have to use problem solving skills and intuition.

## To Celebrate



On Thursday 7th March 2024 Innovate will be serving up the below menu:

- \* Curried Cauliflower Cheese Filo Pie
- Cottage Pie
- Chicken and Mushroom Pie
- Apple Pie & Custard
- Key Lime Pie

## **ART EXHIBITION**

Woodford students will be participating in the annual community arts exhibition being held at the Hawkey Hall (March 9<sup>th</sup> - March 12th).

Year 12 A level art students have an exhibition of recent work in paint, print and clay selected by Ms Jerome and Ms Appleby. There will also be a display of year 9 clay work. The finale of the show will be celebrated in a lunch time concert featuring the school's talented jazz orchestra ably lead by Ms Hannent on saxophone and featuring Ms Hasler, Head of Sixth Form on trombone!

Woodford students & their families are encouraged to visit the show over the weekend of March 9<sup>th</sup> & 10th. Opening hours are 11am to 6pm, Saturday and Sunday. Entry is free of charge.



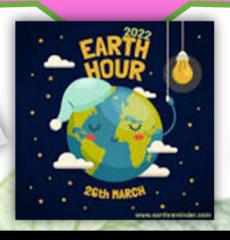
## Woodford County Eco Info

As a school community we all have the responsibility to create a sustainable future for our beautiful planet.



March 2024
sustainability and
environmental
awareness dates







World Wildlife Day— 3<sup>rd</sup> March

Big Plastic Count — 11<sup>th</sup> to 17<sup>th</sup> March

Great British Spring clean — 15<sup>th</sup> to 31<sup>st</sup> March

Global Recycling Day — 18<sup>th</sup> March

International Day of Forests — 21<sup>st</sup> March

World Water Day — 22<sup>nd</sup> March

Earth Hour — 23<sup>rd</sup> March

https://moralfibres.co.uk/environmental-days-and-dates-to-know/

## **Computer Programming Club**

Year 9's CATP 1 and CATP 2 exams for computer science are happening this week.

The Computer Science programming club starts on Wednesday, February 28th.

The club time is from 1:45 to 2:15 every Wednesday in SG3.

## **GCSE Computer Science Revision Club**

"Join our Computer Science Revision Club, tailored specifically for GCSE year 11 students! Dive deep into the most challenging topics, enhance your understanding, and conquer your exams with confidence.

Benefit from exclusive quizzes, comprehensive notes, and engaging Power-Points, all crafted with care. Don't miss this opportunity to boost your grades and knowledge in a supportive and interactive environment. See you there!"

Day, time and location: Every Thursday, During lunch in Room SG3

Run by: Ms. Paramesvaran (A\* A-Level Student)

Supervised by: Head of Department



## Music Extra-Curricular Timetable: Spring 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	Junior Choir Ms Nina (SF1) 13:30- 14:10  Brass Ensemble (Jubilee room) 13:45-14:15  Kalimba Club (Conference room) 13:40-14:15	Junior Band IBO (SF1) 13:30- 14:10  Flute ensemble (please speak to Ms Hannent if interested) KHN 13:40-14:10  Musical Theatre Club (Conference Room) 13:40-14:10	Jazz Band KHN (SF1) 13:40-14:15  String orchestra IBO (SF2) 13:40-14:15  Carnatic Ensemble (Jubilee Room 1) 13:30-14:20	Theory and GCSE/A-level support IBO (SF2) 13:40-14:15  Ukulele Club (SF1) 13:40-14:15  Senior choir KHA (SF1) 13:40-14:15	Orchestra IBO (SF1) 13:40-14:15  Guitar Ensemble (SF2) 13:40-14:15
After school		Chamber groups IBO (SF1/2) 15:45-16:30			



## WCHS - ECTT - Term 3

	<u>Mon</u>	<u>Tues</u>	<u>Weds</u>	<u>Thurs</u>	<u>Fri</u>
7.50-8.20am					Yr12&13
					Badminton-
					STA
<u>Lunchtime</u>	<u>Volleyball</u>	* <u>Netball</u>	Football Training	Yr10 & 11 GCSE	<u>Prisons Club</u>
<u>1.30-2pm</u>	(all) VJA	- SQUAD	Week A = yr7 & 8	Trampolining &	(Saanvi)
		<u>Training</u>	НВА	<u>Badminton</u>	
		Only*	Week B = yr9-11	STA & KRU	
		STA, VJA,	STA		
		HBA,		Netball for all	
		KRU	Athletics (all) KRI	(Kosom/Sampriti/	
		(Fatima)		Sara <b>)</b>	
			<b>Badminton</b> VJA		
			Week A = yr7&8	Cross Country	
			(Lekhana)	(all) KRI	
			Week B = yr9-11		
			(Pranathi)		
			Table Tennis KRU		
			From 22/1/24		
			In the conference		
			room		
2 20 4 20pm					
3.30-4.20pm			*FIXTURES*		









## WCHS THEATRE SOCIETY

## The Lion King

Tuesday 12<sup>th</sup> March @ 7.30pm Lyceum Theatre

## ONE TICKET AVAILABLE FOR £35.00

## TICKETS NOW ON SALE FOR...

THE PLAY THAT GOES WRONG—Wed 20th March @7.30pm, Duchess Theatre £27.50
THE HILLS OF CALIFORNIA—Tues 30th April @7pm, Harold Pinter Theatre £30
THE WITNESS FOR THE PROSECUTION. Tuesday 20th April 2027 @ 7:20pm. Lander

THE WITNESS FOR THE PROSECUTION – Tuesday  $30^{Th}$  April 2024 @ 7:30pm, London, County Hall £27.50

MAMMA MIA! - Wednesday 1st May @ 7:30pm, Novello Theatre £30

MRS DOUBTFIRE—Wednesday 22<sup>nd</sup> May @ 7.30pm, Shaftesbury Theatre £30

BACK TO THE FUTURE - Mon 10th June @ 7.30pm, Aldephi Theatre £40

STRANGER THINGS - Tues 9th July @ 7pm, Phoenix Theatre £35

SHREK THE MUSICAL - Thurs 25th July @ 2.30pm, Eventim Apollo £55

THE DEVIL WEARS PRADA - Wed 6th November @ 7:30pm, Dominion Theatre £30

The WCHS Theatre Society is a PFA initiative. An adult must accompany lower school students – this is not a school trip and is not supervised. For more information and to book tickets, email Ms Horn in the library.

PAYMENT MADE VIA PARENTPAY. Search for PFA Theatre Society.

<u>library@woodford.redbridge.sch.uk</u>

## SPRING 2024 WEBINAR SCHEDULE

Register with Mrs Horn in the Library
TIMETABLED LESSONS TAKE PRIORITY OVER WEBINARS
hornd@Woodford.redbridge.sch.uk



## FEBRUARY 2024

28th @ 1.00pm-1.45pm

28th @ 2.15pm-3.00pm

28th @ 4.30pm-5.30pm

29th @ 2.10pm-3.00pm

29th @ 4.00pm-5.00pm

Politics: Can We Control Nuclear Weapons?

History: The Making of a Superpower – USA, 1865-1975

Creative Writing Workshop

Psychology/Biology: Exploring Memory

English - The Picture of Dorian Gray

## **MARCH 2024**

4th @ 9.10am-9.55am

4th @ 10.30am-11.15am

5th @ 11.10am-11.55am

6<sup>th</sup> @ 2.00pm-2.45pm

6<sup>th</sup> @ 4.15pm-5.15pm

7<sup>th</sup> @ 4.30pm-5.15pm

7<sup>th</sup> @ 5.00pm-6.00pm

8<sup>th</sup> @ 12.45pm-1.30pm

11th @ 10.10am-11.00am

11th @ 12.45pm-1.30pm

**EPQ: Presentation Skills** 

Politics/International Relations @ Uni

Sport Psychology & Performance

HE: How to Write a Personal Statement

Linguistics: Child Language Development

Nursing @ Uni

International Women's Day: Healthcare - Medieval Origins & Practices

History: Strong or Weak Dictator? Hitler & the Nazi Political System

Classics: Love & Relationships

Law/Politics/Human Rights: Sending Refugees to Rwanda?

Register with Mrs Horn in the Library - hornd@woodford.redbridge.sch.uk



## **ALL WELCOME**

START FORMING YOUR GROUPS AND PLANNING REHEARSALS!

MORE DETAILS COMING SOON



# ILE OF

WHEN?

**WEDNESDAY 10TH JULY 18:00-20:00** 

WHERE?

**WCHS MAIN HALL** 

**AUDITIONS** 

AT THE BEGINNING OF THE SUMMER TERM



# LIVE FOR THE MOVEMENTS

Sign up today for **FREE** weekly fitness classes

Calling all girls aged 11-16! Check out our new MOVE TOGETHER FITNESS CLASSES.

Good for both body and mind our specially designed classes will help you to build strength, confidence and get you moving. It's the perfect opportunity to have fun with friends.

Find out more

## **MOVE TOGETHER**

Join our next class at...

Time:

Date:

Location:

nuffieldhealth.com/movetogether



# DENNIS & DYER LEARN - GET FIT - COMPETE DENNISANDDYERBOXINGACADEMY.CO.UK

## FREE FEMALE SELF-DEFENCE CLASSES!

Throughout February and March 2024, Dennis and Dyer are giving back to the local community and will be putting on a number of free self-defence classes for females.

We want to aid in the improvement of self-defence, confidence, and overall fitness!

Dates to book: February 4th 18th & March 3rd 17th at 11 am









Download the app and keep an eye out for the notifications. Free classes valid through Febuary and March 2024.



@DENNISANDDYERBA REECE-MENNIE.COM











These opportunities are for you!





## Have your say! Girls in Dance survey



AWA DANCE is launching a Girls in Dance Festival in 2025, to support and celebrate girls who enjoy dancing. We want to hear your voice! Take 5 minutes to help us making this the best opportunity for girls in dance.

## Girls in Dance Bootcamp (online)

## Saturday 13th April 2024, 12-2pm

Join our FREE online Girls in Dance Bootcamp to meet role models from the dance world, discover exciting opportunities & take part in a k-pop class!



## **AWA DANCE**

AWA DANCE is a charity dedicated to the leadership development of women and teenage girls, using the transformative power of dance as the tool to empower their voices



## **Educational Psychology Service Parent**

## Helpline



Would you like to talk to someone?

Do you need some support with creating a daily routine for your child?

Are you concerned about your child's emotional wellbeing?

Are you struggling to motivate your children at home or manage sibling relationships?

The Educational Psychology Service (EPS) are here to support you.

We have a **dedicated telephone helpline for parents/carers** where you will receive advice and guidance from a professional

Educational Psychologist.

The EPS helpline is available for all parents and carers - your child does not need to be known to the EPS, does not need to have a special educational need or additional support within school.

We welcome calls from all parents and carers.



## **EPS Helpline**

Telephone: 07741 331 009

Opening hours: Every Wednesday 10am - 4pm

Webpage: https://www.redbridge.gov.uk/schools/educational-psychology-service/

**FIND:** <u>Educational Psychology Service</u>

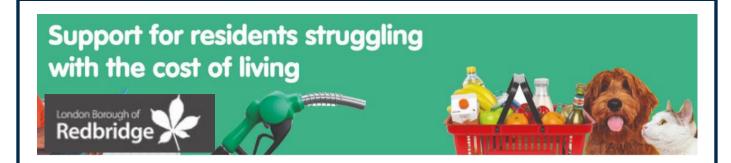
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@Redbridge\_aep Twitter account.

## Call to Action—Educational Psychology

Please click on the link to access the "Call To Action" video from the Redbridge Educational Wellbeing Team (REWT) and the Redbridge Mental Health Support Team (MHST), who work with students and staff here at Woodford. This video is specifically for parents and carers and is part of their "break the stigma" campaign.

Click here to access video



Please see the message below from The London Borough of Redbridge:

Please can you send the following links to families which will support them with the cost of living:

Cost of Living (redbridge.gov.uk)

<u>Cost of Living - Cost of Living payment (redbridge.gov.uk)</u>

Cost of Living - Foodbanks (redbridge.gov.uk)

There is the <u>Ilford Community Grocery</u> - we urge every family in need to join the Ilford Community Grocery, 25-29 Clements Rd where residents can buy food at 80% discount:

**For the longer term** you may be interested in buying your groceries at the Ilford Community Grocery. Join this grocery for £5 a year and you can buy 12 items for just £5. It is located at 25-29 Clements Rd, Ilford.

It is open Monday through Friday 9:30am - 4:30pm.

More details: https://communitygrocery.org.uk/ilford/



## PREGNANCY YOGA

MONDAY 7:30 - 8:30PM

DANCE STUDIO, WOODFORD COUNTY

HIGH SCHOOL

BOOK YOUR SPOT: YOUSEFIYOGA.COM



## Are you looking after a child who is not your own?



- Is the child under 16 (or 18 if they have a disability)?
- Are you NOT the child's step parent, sibling, aunt, uncle or grandparent? This also includes host families to overseas students
- Do you plan to have the child with you for more than 28 days?
- This is called "private fostering" and we must be LEGALLY notified to ensure the child is safe.

## Please contact Redbridge Children's Services: 020 8708 3885

## CPAT.Referrals@redbridge.gov.uk or visit: www.redbridge.gov.uk/private-fostering for more information

Aveți în grijă un copil care nu este al dvs.?

- Copilul are mai puțin de 16 ani (sau 18 ani dacă are un handicap)?
- NU sunteți părintele vitreg, fratele/sora, mătușa, unchiul sau bunicul/bunica copilului? Sunt incluse și familiile gazdă ale studenților din străinătate
- Intenționați să găzduiți copilul la dvs. mai mult de 28 de zile?
- Acest lucru se numește "private fostering" (plasament privat) și trebuie să fim anunțați LEGAL pentru a ne asigura de siguranța copilului.

Vă rugăm să contactati Redbridge Children's Services (Serviciile pentru copii din

020 8708 3885

CPAT.Referrals@redbridge.gov.uk

sau vizitati: www.redbridge.gov.uk/private-fostering pentru mai multe informatii

- کیا آپ ایسے بچے کی دیکھ بھال کر رہے ہیں جو آپ کا اپنا نہیں ہے؟

   کیا بچہ 16 سال آیا اگر وہ معذوری کا شکار ہے تو 18 سال) سے کم عمر ہے؟

   کیا آپ بچے کے سوتیلے والد/والدہ، بہن/بھائی، آنٹی، انکل یا دادا/دادی نہیں ہیں؟

   کیا آپ کا 28 دن سے زیادہ بچے کو اپنے پاس رکھنے کا ارادہ ہے؟

   اسے "نجی رضاعت" کہتے ہیں اور بچے کے محفوظ ہونے کو یقینی بنانے کے لیے ہمیں اس کی اطلاع دیا جانا لازم ہے۔

  اس کی اطلاع دیا جانا لازم ہے۔

  براہ کرم ریڈ برج سروسز برائے اطفال سے رابطہ کریں

CPAT.Referrals@redbridge.gov.uk یا مزید معلومات کے لیے:www.redbridge.gov.uk/private-fostering ملاحظہ کریں

- শিশুটি কি 16 বছরের কম বয়সী (অথবা তার কোনো অক্ষমতা থাকলে, সেক্ষেত্রে 18)?
- আপনি কি সম্ভানের সৎ পিতা/মাতা, ভাইবোন, খালা, চাচা বা দাদা-দাদি নন? এর মধ্যে বিদেশী ছাত্রদের জন্য হোস্ট পরিবারও অন্তর্ভুক্ত
- এটিকে "প্রাইভেট ফস্টারিং" বা "ব্যক্তিগত লালন-পালন" বলা হয় এবং শিশুটি নিরাপদ কিনা তা নিশ্চিত করতে আমাদের অবশাই আইনগতভাবে অবহিত করা উচিত।

অনুগ্রহ করে রেডব্রিজ চিলড্রেনস সার্ভিসের সাথে যোগাযোগ করুন এই নম্বরে: 020 8708 3885

CPAT.Referrals@redbridge.gov.uk

অথবা আরও তথ্যের জন্য এখানে যান: www.redbridge.gov.uk/private-fostering

- کیہ بچے دی عمر 16 ورھیاں توں گھٹ اے (یاں 18 ورھے جے اوبناں نوں کوئی معذوری اے)؟ کیہ تسیں بچے دے مترئے ماہے، بھین بھرا، چاچا چاچی، ماما مامی، تایا تائی یاں دادا دادی،
  - نانا نانی نہیں او؟ ایہدے وچ بابرلے ملکوں آئے پڑھیاراں دے میزبان ٹبر وی شامل نیں کیہ تہاڈا بچے نوں 28 دیہاڑیاں توں ودھ ویلے لئی آپنے کول رکھن دا ارادہ اے؟
- ایہتوں "نجی پرورش" آکھدے نیں تے سانوں قانونی طور تے اطلاع دینا لوڑی دا اے تاں کے یک

ہور جانکاری لئی مہرہانی کر کے Redbridge Children's Services نال رابطہ کرو:

020 8708 3885

CPAT.Referrals@redbridge.gov.uk

یاں www.redbridge.gov.uk/private-fostering وزٹ کرو۔

## DATES FOR THE DIARY

SPRING 2024		
Term	Thursday 4 January 2024	Friday 16 February 2024
Half-term	Monday 19 February 2024	Friday 23 February 2024
Term	Monday 26 February 2024	Thursday 28 March 2024
Spring Break	Monday 1 April 2024	Friday 12 April 2024
Non-Contact Day	Wednesday 6 March 2024	

SPRING 2024		
Term	Monday 15 April 2024	Friday 24 May 2024
Half-term	Monday 27 May 2024	Friday 31 May 2024
Term	Monday 3 June 2024	Tuesday 23 July 2024
Non-Contact Day	Thursday 27 June 2024	



## **KEY DATES TO REMEMBER**

5 March—International Evening
6 March—Non-Contact Day
21 March—Spring Concert
27 March—Career Fair
29 March—Bank Holiday
18 April—Year 8 Parents' Evening
30 April—Repton House Charity Week Begins
1 May—Year 10 Parents' Evening
9 May—Year 5 Virtual Open Evening

## **DROPPING OFF PUPILS**

We have had several instances recently where parents have stopped on the pedestrian crossing outside school to drop off their daughters. There have also been a number of cases of cars blocking the vehicular gate for the same reason.

Please ensure in future that students are dropped off in more sensible locations.

### 

## **REMINDER**

Please remind your daughter to bring in her lanyard, locker key and fob to school every day.

