







#### Music Rehearsal Schedule for 21<sup>st</sup> March

On Thursday 21<sup>st</sup> March, we will be rehearsing the below groups at the corresponding times for the Spring Concert in the evening at 7pm.

Please ask your child to leave class early so that you arrive on time to start.

It is the pupil's responsibility to make sure you are ready to start playing/singing at the times stated.

All rehearsals will take place in the main school hall.

**IMPORTANT:** Sixth Formers must be in their formal uniform, i.e white shirt, black trousers/skirt.

Period 1	Junior Band	
(08:50-09:20)		
Period 1	Senior Choir	
(09:20-09:50)		
Period 2	Guitar Ensemble	
(09:55-10:25)		
Period 2	String Orchestra	
(10:25-10:55)		
Period 3	Orchestra	
(Whole hour)		
Period 4	Junior Choir	
(12:20-12:50)		
Period 4	Musical Theatre Club	
	ividsical frieatre club	
(12:50-13:20)		
Period 5	Jazz Band	
(14:20-14:50)		
Period 5	Carnatic Ensemble	
(14:50-15:20)		
18:30	Brass Ensemble	



Venue: Conference Room and Dining Hall Cost: £5.00

**Open to all Sixth Form Students** please bring a prayer mat for Maghrib salat / prayers



#### **Valentine Cupcakes Competition Results**

Thank you to all the entrants for the Valentines Cupcake competition.

We were flooded with some amazing cupcakes, but there can only be one winner.

After much deliberation big congratulations to Alexa from 8B.

We enjoyed seeing a variety of toppings used to represent the valentines theme.







A big congrats to Hargun 10E who was our runner up .

Well done to both of you and thank you to all the others who entered.

IF YOUR CHILD IS FEELING UNDER THE WEATHER,

TO KNOW IF YOU SHOULD SEND THEM TO SCHOOL OR NOT.



UNLESS THEY HAVE A
TEMPERATURE OF
38 DEGREES OR ABOVE,
THEY'RE USUALLY
GOOD TO GO.

SEARCH NHS SCHOOL ILLNESS GUIDANCE.







#### **Medical Room during Ramadan**

Whenever a student attends the medical room they will be asked about their symptoms and this will inform the medical room staff about how to proceed.

Please do not be concerned about attending the medical room if you are fasting. We will ask you about your symptoms as usual but you will not be required to break your fast. We will enquire if you are fasting so that we can take this into account, in deciding the best advice to give you. For example, we will first try treatments that will not break your fast i.e. if a headache a cold compress or heat pack, if feeling light headed, resting for a short while before returning to class.

If we are recommending a treatment that would involve breaking your fast, we would be sure to give the option of consulting with your parents first as many students prefer to do this.

Illness can happen at any time so we wanted you to know that we recognise, respect and support the fact that students have different requirements according to their religious practices.

Regards

Mrs Kaye and Mrs Mann





#### Prayer Room during Ramadan

Students are reminded that we have spaces set aside for lunchtime prayer. In the main building the Spirituality Space is on the top floor.

In the Centenary Centre Lab 1 is available.

For the duration of Ramadan the Conference Room will serve as an additional prayer space.

#### After school clubs brochure



### APRIL-MAY ACTIVITIES WILL GO LIVE ON PARENTPAY ON WEDNESDAY MORNING.











IF YOU PAY BY CHILDCARE VOUCHER, PLEASE CONTACT

MS. DAWSON AS SOON AS POSSIBLE.

THANK YOU

#### **GCSE Computer Science Revision Club**

Join our Computer Science Revision Club, tailored specifically for GCSE year 11 students! Dive deep into the most challenging topics, enhance your understanding, and conquer your exams with confidence. Benefit from exclusive quizzes, comprehensive notes, and engaging PowerPoints, all crafted with care. Don't miss this opportunity to boost your grades and knowledge in a supportive and interactive environment. See you there!

Day, time and location: Every Thursday, During lunch in SG3

Run by: Ms. Paramesvaran (A\* A-Level Student)

**Supervised by: Head of Department** 



## ALI BABA AND THE FORTY THIEVES

A CLASSIC PERSIAN STORY OF ALI BABA, WHO ONE DAY DISCOVERS A SECRET THAT LEADS HIM AND HIS FAMILY INTO TROUBLE. BUT WHO HOLDS THIS SECRET? THE FORTY THIEVES OF COURSE, AND THEY WILL DO EVERYTHING THEY CAN TO REGAIN WHAT ONCE WAS SOLELY THEIRS...

# AUDITION FOR THIS YEARS SUMMER PLAY! BOTH SINGING AND NON-SINGING ROLES AVAILABLE

PLEASE COMPLETE THE SIGN-UP SHEETS IF INTERESTED BY MONDAY
18TH MARCH AT 3:30 PM

The sign-up sheets for the summer play are up in the Music department.

Students can sign up for acting roles, as well as parts in the orchestra and the chorus.

#### Music Extra-Curricular Timetable: Spring 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	Junior Choir Ms Nina (SF1) 13:30- 14:10  Brass Ensemble (Jubilee room) 13:45-14:15  Kalimba Club (Conference room) 13:40-14:15	Junior Band IBO (SF1) 13:30- 14:10  Flute ensemble (please speak to Ms Hannent if interested) KHN 13:40-14:10  Musical Theatre Club (Conference Room) 13:40-14:10	Jazz Band KHN (SF1) 13:40-14:15  String orchestra IBO (SF2) 13:40-14:15  Carnatic Ensemble (Jubilee Room 1) 13:30-14:20	Theory and GCSE/A-level support IBO (SF2) 13:40-14:15  Ukulele Club (SF1) 13:40-14:15  Senior choir KHA (SF1) 13:40-14:15	Orchestra IBO (SF1) 13:40-14:15  Guitar Ensemble (SF2) 13:40-14:15
After school		Chamber groups IBO (SF1/2) 15:45-16:30			



#### WCHS - ECTT - Term 3

	<u>Mon</u>	<u>Tues</u>	<u>Weds</u>	<u>Thurs</u>	<u>Fri</u>
7.50-8.20am					Yr12&13
					Badminton-
					STA
<u>Lunchtime</u>	<u>Volleyball</u>	* <u>Netball</u>	Football Training	Yr10 & 11 GCSE	<u>Prisons Club</u>
<u>1.30-2pm</u>	(all) VJA	- SQUAD	Week A = yr7 & 8	Trampolining &	(Saanvi)
		<u>Training</u>	НВА	<u>Badminton</u>	
		Only*	Week B = yr9-11	STA & KRU	
		STA, VJA,	STA		
		HBA,		Netball for all	
		KRU	Athletics (all) KRI	(Kosom/Sampriti/	
		(Fatima)		Sara <b>)</b>	
			<b>Badminton</b> VJA		
			Week A = yr7&8	Cross Country	
			(Lekhana)	(all) KRI	
			Week B = yr9-11		
			(Pranathi)		
			Table Tennis KRU		
			From 22/1/24		
			In the conference		
			room		
2 20 4 20pm					
3.30-4.20pm			*FIXTURES*		









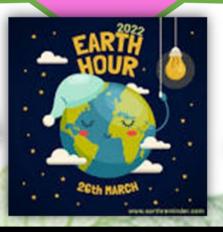
### Woodford County Eco Info

As a school community we all have the responsibility to create a sustainable future for our beautiful planet.



March 2024
sustainability and
environmental
awareness dates







Great British Spring clean – 15<sup>th</sup> to 31<sup>st</sup> March International Day of Forests – 21<sup>st</sup> March World Water Day – 22<sup>nd</sup> March Earth Hour – 23<sup>rd</sup> March

https://moralfibres.co.uk/environmental-days-and-dates-to-know/

# Careers Fair (Y10-Y13)

Date: 27/03/2024

Time: Period 3 - Period 5

**Location: Main Hall** 

A fantastic opportunity for students to meet one-on-one with employers to discuss potential pathways & explore careers in a variety of fields.

Any questions, please email summersh@woodford.redbridge.sch.uk

### Careers notice for parents

#### Calling for parent volunteers!

On the 27<sup>th</sup> March from 11:00 until 3:30, students of year groups 10, 11, 12 & 13 will have the opportunity to participate in a careers fair to meet employers and talk about career paths.

We already have a variety of different careers and organisations confirmed attending but if you are interested in volunteering to talk to students one-on-one about your career path and exciting moments so far, please do get in touch!

If you are interested please email in at summersh@woodford.redbridge.sch.uk with details about the career/sector you could represent, or if you have any further questions.

Thank you

Miss Summers





#### \*\*\* DONATIONS \*\*\*

\*\*\*NEEDED\*\*\*



The Medical Room is seeking donations of new white socks / tights in various sizes to keep as spare items for students who may need to change due to reasons such as accidents, wet feet or falling over.

Please send your donations to Mrs Kaye or Mrs Mann in the Medical Room, where they will be stored for future use.

Thank you in advance.

# WCHS THEATRE SOCIETY

#### The Play That Goes Wrong

Wednesday 20<sup>th</sup> March @ 7.30pm

**Duchess Theatre** 

#### ONE TICKET AVAILABLE FOR £27.50

#### TICKETS NOW ON SALE FOR...

THE HILLS OF CALIFORNIA—Tues 30th April @7pm, Harold Pinter Theatre £30

THE WITNESS FOR THE PROSECUTION – Tuesday  $30^{Th}$  April 2024 @ 7:30pm, London, County Hall £27.50

MAMMA MIA! - Wednesday 1st May @ 7:30pm, Novello Theatre £30

MRS DOUBTFIRE—Wednesday 22<sup>nd</sup> May @ 7.30pm, Shaftesbury Theatre £30

BACK TO THE FUTURE - Mon 10th June @ 7.30pm, Aldephi Theatre £40

STRANGER THINGS - Tues 9th July @ 7pm, Phoenix Theatre £35

KISS ME KATE—Wed 17th July @ 7.30pm, Barbican Theatre £30

SHREK THE MUSICAL - Thurs 25th July @ 2.30pm, Eventim Apollo £55

THE DEVIL WEARS PRADA - Wed 6th November @ 7:30pm, Dominion Theatre £30

The WCHS Theatre Society is a PFA initiative. An adult must accompany lower school students – this is not a school trip and is not supervised. For more information and to book tickets, email Ms Horn in the library.

PAYMENT MADE VIA PARENTPAY. Search for PFA Theatre Society.

library@woodford.redbridge.sch.uk

#### SPRING 2024 WEBINAR SCHEDULE

Register with Mrs Horn in the Library

TIMETABLED LESSONS TAKE PRIORITY OVER WEBINARS

hornd@Woodford.redbridge.sch.uk



#### MARCH 2024

20th @ 10.10am-11.00am

20th @ 2.15pm-3pm

20<sup>th</sup> @ 3.35pm-4.30pm

21st @ 12.45pm-1.30pm

21st @ 2.00pm-2.50pm

21st @ 4.00pm-4.45pm

25th @ 3.35pm-4.20pm

English: A Streetcar Named Desire

Nuclear Physics

Geography: Cities Resilient to Climate Change & Improving Liveability

Computational Chemistry

Psychology: The Caregiver - Role & Impact

Pharmacology: Drug Development

Biology: Engineering New Properties into DNA Using Synthetic Biology

#### APRIL 2024

9<sup>th</sup> @ 4.30pm-5.15pm

16<sup>th</sup> @ 4.30pm-5.15pm

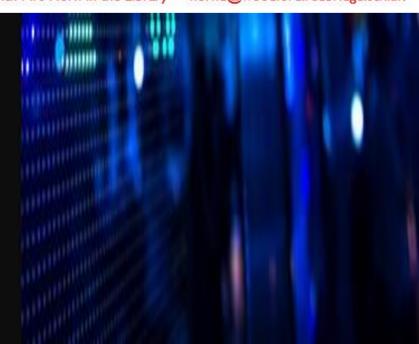
25th @ Ipm-2pm

How Do You Pay for Uni?

How Do I Manage My Money @ Uni?

Physics: The Physics Principles Behind Super Engineering Projects

Register with Mrs Horn in the Library - hornd@woodford.redbridge.sch.uk



**ALL WELCOME** 

**MORE DETAILS** 

**COMING SOON** 

WHEN?

**WEDNESDAY 10TH JULY** 18:00-20:00

WHERE? **WCHS MAIN HALL** 

**AUDITIONS** 

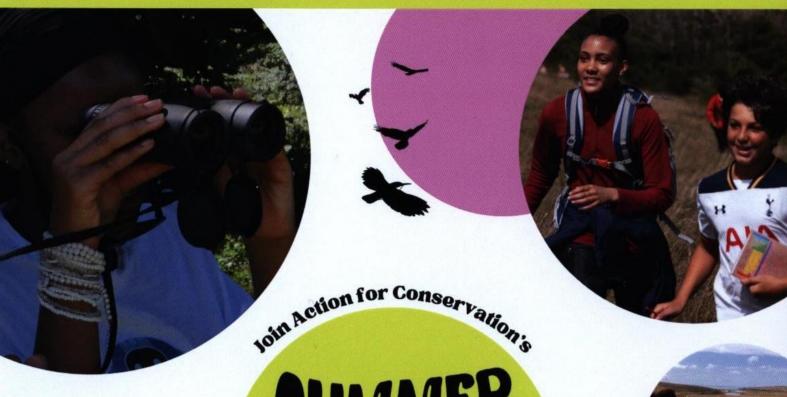
AT THE BEGINNING OF THE SUMMER TERM



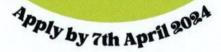
Sign-up sheets for Battle of the Bands are also up in the Music department.

All students are welcome, and auditions will take place in the first week back in school after the Easter break.

- EXPERIENCE HANDS ON CONSERVATION ACTIVITIES
   TAKE PART IN INSPIRING WORKSHOPS
  - LEARN TO LEAD YOUR OWN ENVIRONMENTAL PROJECT OR CAMPAIGN
- GAIN SKILLS & KNOWLEDGE ATTEND MOTIVATIONAL CAREER TALKS DISCOVER INCREDIBLE WILDLIFE •
- VISIT THE BEACH
   GO HIKING
   STARGAZE
   MAKE FRIENDS FOR LIFE
   HAVE THE BEST SUMMER EVER







Who? Young people aged 12-16 living in England & Wales

All-inclusive residential trips with the Action for Conservation team What?

Peak District, Pembrokeshire Coast & South Downs National Parks Where?

When? In July & August 2024

Explore nature, learn new skills, build your environmental knowledge & make friends for life! Why?



CONTACT: CAMPS@ACTIONFORCONSERVATION.ORG APPLY ONLINE AT: WWW.ACTIONFORCONSERVATION.ORG/CAMP









Search the Education Hub to find out more

#### **Barracudas Holiday Camp**

Barracudas holiday camp is opening at our school this Easter!

Barracudas is the UK's favourite school holiday provider for children aged 4½ to 14 years. With 80+ exciting activities including archery, arts and crafts, motorsports, sports, teambuilding and much more!

Ofsted registered, confidence building camps with high staff to child ratios, plus parents of the school receive an extra £20 off per child per week if they quote code HSCP24 at the time of booking.

Book now at www.barracudas.co.uk or call 01480 467 567.





# LIVE FOR THE MOVEMENTS

Sign up today for **FREE** weekly fitness classes

Calling all girls aged 11-16! Check out our new MOVE TOGETHER FITNESS CLASSES.

Good for both body and mind our specially designed classes will help you to build strength, confidence and get you moving. It's the perfect opportunity to have fun with friends.

Find out more

#### **MOVE TOGETHER**

Join our next class at...

Time:

Date:

Location:

nuffieldhealth.com/movetogether



# DENNIS & DYER LEARN - GET FIT - COMPETE DENNISANDDYERBOXINGACADEMY.CO.UK

### FREE FEMALE SELF-DEFENCE CLASSES!

Throughout February and March 2024, Dennis and Dyer are giving back to the local community and will be putting on a number of free self-defence classes for females.

We want to aid in the improvement of self-defence, confidence, and overall fitness!

Dates to book: February 4th 18th & March 3rd 17th at 11 am









Download the app and keep an eye out for the notifications. Free classes valid through Febuary and March 2024.



@DENNISANDDYERBA REECE-MENNIE.COM











These opportunities are for you!





#### Have your say! Girls in Dance survey



AWA DANCE is launching a Girls in Dance Festival in 2025, to support and celebrate girls who enjoy dancing. We want to hear your voice! Take 5 minutes to help us making this the best opportunity for girls in dance.

#### Girls in Dance Bootcamp (online)

#### Saturday 13th April 2024, 12-2pm

Join our FREE online Girls in Dance Bootcamp to meet role models from the dance world, discover exciting opportunities & take part in a k-pop class!



#### **AWA DANCE**

AWA DANCE is a charity dedicated to the leadership development of women and teenage girls, using the transformative power of dance as the tool to empower their voices



Monday 18<sup>th</sup> March is National Child Exploitation Awareness Day



# Children are being exploited by gangs involved in drug crime. Know the signs to spot.

County lines gangs use children and vulnerable people to courier drugs and money. A young person who is involved in county lines activity might exhibit some of these signs:



Persistently going missing from school or home, or being found out-of-area



Unexplained acquisition of money, clothes or mobile phones









Suspicion of self-harm, physical assault or unexplained injuries



Parental concerns



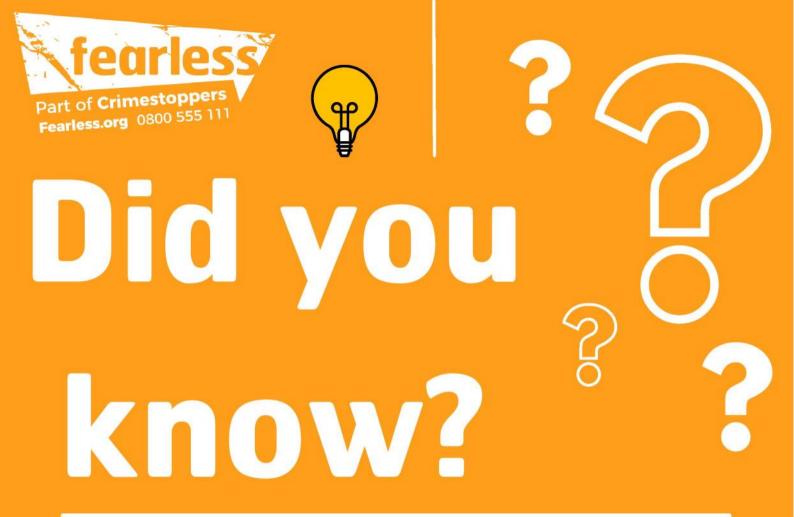
Significant decline in school performance



If you have concerns about your friends, tell your teacher or schools officer.







COUNTY LINES is a term used to describe gangs and organised criminal networks involved in exporting illegal drugs into one or more areas (within the UK), using dedicated mobile phone lines or other form of "deal line".

They are likely to exploit children and vulnerable adults to move (and store) the drugs and money, and they will often use coercion, intimidation, violence (including sexual violence) and weapons.

### **Educational Psychology Service Parent**

#### Helpline



Would you like to talk to someone?

Do you need some support with creating a daily routine for your child?

Are you concerned about your child's emotional wellbeing?

Are you struggling to motivate your children at home or manage sibling relationships?

The Educational Psychology Service (EPS) are here to support you.

We have a **dedicated telephone helpline for parents/carers** where you will receive advice and guidance from a professional

Educational Psychologist.

The EPS helpline is available for all parents and carers - your child does not need to be known to the EPS, does not need to have a special educational need or additional support within school.

We welcome calls from all parents and carers.



#### **EPS Helpline**

Telephone: 07741 331 009

Opening hours: Every Wednesday 10am - 4pm

Webpage: https://www.redbridge.gov.uk/schools/educational-psychology-service/

**FIND:** <u>Educational Psychology Service</u>

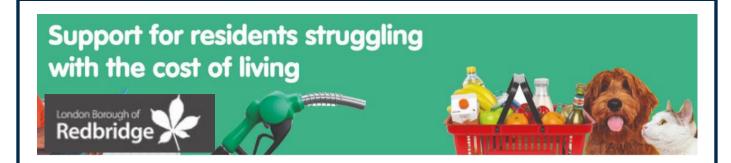
**Y** 

@Redbridge\_aep Twitter account.

#### Call to Action—Educational Psychology

Please click on the link to access the "Call To Action" video from the Redbridge Educational Wellbeing Team (REWT) and the Redbridge Mental Health Support Team (MHST), who work with students and staff here at Woodford. This video is specifically for parents and carers and is part of their "break the stigma" campaign.

Click here to access video



Please see the message below from The London Borough of Redbridge:

Please can you send the following links to families which will support them with the cost of living:

Cost of Living (redbridge.gov.uk)

<u>Cost of Living - Cost of Living payment (redbridge.gov.uk)</u>

Cost of Living - Foodbanks (redbridge.gov.uk)

There is the <u>Ilford Community Grocery</u> - we urge every family in need to join the Ilford Community Grocery, 25-29 Clements Rd where residents can buy food at 80% discount:

**For the longer term** you may be interested in buying your groceries at the Ilford Community Grocery. Join this grocery for £5 a year and you can buy 12 items for just £5. It is located at 25-29 Clements Rd, Ilford.

It is open Monday through Friday 9:30am - 4:30pm.

More details: https://communitygrocery.org.uk/ilford/



#### PREGNANCY YOGA

MONDAY 7:30 - 8:30PM

DANCE STUDIO, WOODFORD COUNTY

HIGH SCHOOL

BOOK YOUR SPOT: YOUSEFIYOGA.COM



#### Are you looking after a child who is not your own?



- Is the child under 16 (or 18 if they have a disability)?
- Are you NOT the child's step parent, sibling, aunt, uncle or grandparent? This also includes host families to overseas students
- Do you plan to have the child with you for more than 28 days?
- This is called "private fostering" and we must be LEGALLY notified to ensure the child is safe.

#### Please contact Redbridge Children's Services: 020 8708 3885

#### CPAT.Referrals@redbridge.gov.uk or visit: www.redbridge.gov.uk/private-fostering for more information

Aveți în grijă un copil care nu este al dvs.?

- Copilul are mai puțin de 16 ani (sau 18 ani dacă are un handicap)?
- NU sunteți părintele vitreg, fratele/sora, mătușa, unchiul sau bunicul/bunica copilului? Sunt incluse și familiile gazdă ale studenților din străinătate
- Intenționați să găzduiți copilul la dvs. mai mult de 28 de zile?
- Acest lucru se numește "private fostering" (plasament privat) și trebuie să fim anunțați LEGAL pentru a ne asigura de siguranța copilului.

Vă rugăm să contactati Redbridge Children's Services (Serviciile pentru copii din

020 8708 3885

CPAT.Referrals@redbridge.gov.uk

sau vizitati: www.redbridge.gov.uk/private-fostering pentru mai multe informatii

- کیا آپ ایسے بچے کی دیکھ بھال کر رہے ہیں جو آپ کا اپنا نہیں ہے؟

   کیا بچہ 16 سال آیا اگر وہ معذوری کا شکار ہے تو 18 سال) سے کم عمر ہے؟

   کیا آپ بچے کے سوتیلے والد/والدہ، بہن/بھائی، آنٹی، انکل یا دادا/دادی نہیں ہیں؟

   کیا آپ کا 28 دن سے زیادہ بچے کو اپنے پاس رکھنے کا ارادہ ہے؟

   اسے "نجی رضاعت" کہتے ہیں اور بچے کے محفوظ ہونے کو یقینی بنانے کے لیے ہمیں اس کی اطلاع دیا جانا لازم ہے۔

  اس کی اطلاع دیا جانا لازم ہے۔

  براہ کرم ریڈ برج سروسز برائے اطفال سے رابطہ کریں

CPAT.Referrals@redbridge.gov.uk یا مزید معلومات کے لیے:www.redbridge.gov.uk/private-fostering ملاحظہ کریں

- শিশুটি কি 16 বছরের কম বয়সী (অথবা তার কোনো অক্ষমতা থাকলে, সেক্ষেত্রে 18)?
- আপনি কি সম্ভানের সৎ পিতা/মাতা, ভাইবোন, খালা, চাচা বা দাদা-দাদি নন? এর মধ্যে বিদেশী ছাত্রদের জন্য হোস্ট পরিবারও অন্তর্ভুক্ত
- এটিকে "প্রাইভেট ফস্টারিং" বা "ব্যক্তিগত লালন-পালন" বলা হয় এবং শিশুটি নিরাপদ কিনা তা নিশ্চিত করতে আমাদের অবশাই আইনগতভাবে অবহিত করা উচিত।

অনুগ্রহ করে রেডব্রিজ চিলড্রেনস সার্ভিসের সাথে যোগাযোগ করুন এই নম্বরে: 020 8708 3885

CPAT.Referrals@redbridge.gov.uk

অথবা আরও তথ্যের জন্য এখানে যান: www.redbridge.gov.uk/private-fostering

- کیہ بچے دی عمر 16 ورھیاں توں گھٹ اے (یاں 18 ورھے جے اوبناں نوں کوئی معذوری اے)؟ کیہ تسیں بچے دے مترئے ماہے، بھین بھرا، چاچا چاچی، ماما مامی، تایا تائی یاں دادا دادی،
  - نانا نانی نہیں او؟ ایہدے وچ بابرلے ملکوں آئے پڑھیاراں دے میزبان ٹبر وی شامل نیں کیہ تہاڈا بچے نوں 28 دیہاڑیاں توں ودھ ویلے لئی آپنے کول رکھن دا ارادہ اے؟
- ایہتوں "نجی پرورش" آکھدے نیں تے سانوں قانونی طور تے اطلاع دینا لوڑی دا اے تاں کے یک

ہور جانکاری لئی مہرہانی کر کے Redbridge Children's Services نال رابطہ کرو:

020 8708 3885

CPAT.Referrals@redbridge.gov.uk

یاں www.redbridge.gov.uk/private-fostering وزٹ کرو۔

#### **DATES FOR THE DIARY**

SPRING 2024		
Term	Thursday 4 January 2024	Friday 16 February 2024
Half-term	Monday 19 February 2024	Friday 23 February 2024
Term	Monday 26 February 2024	Thursday 28 March 2024
Spring Break	Monday 1 April 2024	Friday 12 April 2024
Non-Contact Day	Wednesday 6 March 2024	

SPRING 2024		
Term	Monday 15 April 2024	Friday 24 May 2024
Half-term	Monday 27 May 2024	Friday 31 May 2024
Term	Monday 3 June 2024	Tuesday 23 July 2024
Non-Contact Day	Thursday 27 June 2024	



#### **KEY DATES TO REMEMBER**

21 March—Spring Concert
27 March—Career Fair
29 March—Bank Holiday
18 April—Year 8 Parents' Evening
30 April—Repton House Charity Week Begins
1 May—Year 10 Parents' Evening
9 May—Year 5 Virtual Open Evening
26 June—Year 11 Prom
27 June—INSET Day
3 July—Summer Showcase



#### **REMINDER**

Please remind your daughter to bring in her lanyard, locker key and fob to school every day.

