

# AN AFRICAN ADVENTURE



In the summer of 2010 two groups of Woodford girls, team “Tro Tro” and team “Zingolo”, ventured into the depths of Ghana,

not knowing what experiences they would encounter. They had planned for nearly 18 months; working together to raise funds, plan an itinerary and prepare themselves as much as possible for the culture shock they were about to experience. Finally the time had arrived and the teams landed in Ghana to find themselves welcomed by smiles, warmth and hospitality from the local people. It was overwhelming. Both teams worked at a kindergarten school, helping to render and decorate the classrooms to make a fun but educational learning environment. During this time they also experienced the local culture of the community; learning how to cook Ghanaian food, playing the local drums, fetching water from the well, and generally interacting with locals. It was heart breaking to say goodbye to the friends that the teams had made during their time on project but it was time to move on to other adventure

The journeys through Ghana led the teams to isolated villages, tumbling waterfalls, exotic rainforests, mountain tops and bustling markets. They encountered giant spiders, ants in their pants (literally) and even more friendly

locals. They learnt to expect the unexpected and realised they could achieve anything if they worked together as a team. The final part of the adventure allowed the teams to relax on isolated beaches, feel the atmosphere of the old slave forts, canoe and kayak in the sea, and simply to have showers and a well deserved rest. Both teams arrived in Ghana as wide eyed, naive girls, but left as humble, mature young women. Definitely an experience of a life time that would not have been possible without the dedication and hard work of the staff and leaders from Woodford and Wilderness expertise



**Miss P Sehmi**  
**Expedition Organiser**

